

# HOUSE BILL 1276

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CF SB 716

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By: **Delegates A. Washington, Frush, Nathan–Pulliam, and V. Turner**

Introduced and read first time: February 7, 2014

Assigned to: Health and Government Operations

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## A BILL ENTITLED

1 AN ACT concerning

2 **Child Care Centers – Healthy Eating and Physical Activity Act**

3 FOR the purpose of requiring certain rules and regulations for licensing and operating  
4 child care centers to require child care centers providing care to children under  
5 a certain age to have in attendance a certain individual who has had certain  
6 breast–feeding education and training; requiring the regulations to contain  
7 certain provisions as to beverages served by a child care center to children in  
8 the child care center’s care; requiring the regulations to require a child care  
9 center to adopt limits on certain screen time; requiring the limits on screen time  
10 to contain certain provisions; and generally relating to rules and regulations for  
11 licensing and operating child care centers.

12 BY repealing and reenacting, with amendments,  
13 Article – Family Law  
14 Section 5–573  
15 Annotated Code of Maryland  
16 (2012 Replacement Volume and 2013 Supplement)

17 SECTION 1. BE IT ENACTED BY THE GENERAL ASSEMBLY OF  
18 MARYLAND, That the Laws of Maryland read as follows:

19 **Article – Family Law**

20 5–573.

21 (a) The State Superintendent shall adopt rules and regulations for licensing  
22 and operating child care centers.

23 (b) These rules and regulations shall:

24 (1) ensure safe and sanitary conditions in child care centers;

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EXPLANATION: CAPITALS INDICATE MATTER ADDED TO EXISTING LAW.

[Brackets] indicate matter deleted from existing law.



1                   (2)    ensure proper care, protection, and supervision of children in child  
2 care centers;

3                   (3)    ensure the health of children in child care centers by:

4                   (i)     monitoring children for signs and symptoms of child abuse;

5                   (ii)    instructing licensees and staff concerning child abuse  
6 detection and reporting;

7                   (iii)  monitoring health practices to help prevent the spread of  
8 disease; and

9                   (iv)   monitoring the care of infants and children with special  
10 needs;

11                  (4)    promote the sound growth and development of children in child  
12 care centers;

13                  (5)    carry out otherwise the purposes and requirements of this Part VII  
14 of this subtitle, including imposition of intermediate sanctions to ensure compliance;

15                  (6)    prohibit a child from remaining at a child care center for more than  
16 14 hours in 1 day unless the Department issues an exception for that child based on  
17 guidelines set by the State Superintendent;

18                  (7)    (i)     require that a child care center have in attendance at all  
19 times at least 1 individual who is responsible for supervision of children, including  
20 children on field trips, and who holds a current certificate indicating successful  
21 completion of approved:

22                                 1.    basic first aid training through the American Red  
23 Cross or through a program with equivalent standards; and

24                                 2.    cardiopulmonary resuscitation (CPR) training  
25 through the American Heart Association or through a program with equivalent  
26 standards appropriate for the ages of children for whom care is provided in the child  
27 care center; and

28                                 (ii)  require that a child care center serving more than 20  
29 children have in attendance certificate holders described in item (i) of this item in a  
30 ratio of at least 1 certificate holder for every 20 children;

31                  **(8)    REQUIRE THAT A CHILD CARE CENTER PROVIDING CARE TO**  
32 **ANY CHILD UNDER THE AGE OF 1 YEAR HAVE IN ATTENDANCE AT ALL TIMES AT**

1 LEAST 1 INDIVIDUAL WHO IS RESPONSIBLE FOR SUPERVISION OF CHILDREN  
2 AND WHO HAS HAD BREAST-FEEDING EDUCATION AND TRAINING IN:

3 (I) THE PROPER METHODS FOR PROVIDING EXPRESSED OR  
4 FROZEN BREAST MILK TO CHILDREN UNDER THE AGE OF 1 YEAR WHO ARE  
5 BEING BREAST-FED;

6 (II) MAINTAINING A DAILY RECORD OF THE TIME AND  
7 AMOUNT OF EXPRESSED MILK OR FORMULA THAT A BREAST-FED CHILD UNDER  
8 THE AGE OF 1 YEAR RECEIVES; AND

9 (III) SUPPORTING MOTHERS WITH COMPLETE AND  
10 CULTURALLY COMPETENT INFORMATION AND MATERIALS ON  
11 BREAST-FEEDING; AND

12 ~~[(8)]~~ (9) (i) require that a child care center that receives notice of  
13 a contaminated drinking water supply from the child care center's supplier of water, in  
14 accordance with § 9-410 of the Environment Article or otherwise, send notice of the  
15 drinking water contamination to the parent or legal guardian of each child attending  
16 the child care center; and

17 (ii) require that the notice sent by the child care center shall:

18 1. be sent within 10 business days after receipt of the  
19 notice of contamination from the child care center's water supplier;

20 2. be in writing;

21 3. identify the contaminants and their levels in the  
22 center's water supply; and

23 4. describe the child care center's plan for dealing with  
24 the water contamination problem until the child care center's water is determined by  
25 the appropriate authority to be safe for consumption;

26 ~~[(9)]~~ (10) (i) require a child care center to have a written  
27 emergency preparedness plan for emergency situations that require evacuation,  
28 sheltering in place, or other protection of children, such as in the event of fire, natural  
29 disaster, or other threatening situation that may pose a health or safety hazard to the  
30 children in the child care center;

31 (ii) require the plan under item (i) of this item to include:

32 1. a designated relocation site and evacuation route;

1                   2.     procedures for notifying parents or other adults  
2 responsible for the child of the relocation;

3                   3.     procedures to address the needs of individual  
4 children, including children with special needs;

5                   4.     procedures for the reassignment of staff duties during  
6 an emergency, as appropriate; and

7                   5.     procedures for communicating with local emergency  
8 management officials or other appropriate State or local authorities; and

9                   (iii)   require a child care center to train staff and ensure that  
10 staff are familiar with the plan; [and]

11                   [(10)] (11)   require a child care center to have window coverings in  
12 accordance with § 5-505 of this subtitle;

13                   **(12) AS TO BEVERAGES SERVED BY A CHILD CARE CENTER TO**  
14 **CHILDREN IN THE CHILD CARE CENTER'S CARE:**

15                   **(I)   PROHIBIT BEVERAGES WITH ADDED SWEETENER,**  
16 **EITHER NATURAL OR ARTIFICIAL, OR CONTAINING CAFFEINE, EXCEPT FOR**  
17 **INFANT FORMULA OR COMPLETE BALANCED NUTRITIONAL PRODUCTS**  
18 **DESIGNED FOR CHILDREN;**

19                   **(II)   LIMIT JUICE TO NOT MORE THAN 6 OUNCES OF 100%**  
20 **FRUIT JUICE PER CHILD PER DAY;**

21                   **(III)   REQUIRE THAT, WHENEVER MILK IS SERVED, ONLY 1%**  
22 **OR NONFAT MILK BE SERVED TO CHILDREN AT LEAST 2 YEARS OLD, UNLESS**  
23 **OTHERWISE ORDERED BY A PHYSICIAN OR HEALTH PRACTITIONER; AND**

24                   **(IV)   REQUIRE THAT CLEAN AND SAFE DRINKING WATER BE**  
25 **READILY AVAILABLE AND ACCESSIBLE THROUGHOUT THE DAY; AND**

26                   **(13) (I)   REQUIRE A CHILD CARE CENTER TO ADOPT LIMITS ON**  
27 **SCREEN TIME OR TIME SPENT PASSIVELY WATCHING A DIGITAL MONITOR OR**  
28 **DISPLAY, INCLUDING A TELEVISION, A COMPUTER, A TABLET, A SMART BOARD,**  
29 **OR ANY OTHER SCREEN; AND**

30                   **(II)   REQUIRE THE LIMITS ON SCREEN TIME TO INCLUDE:**

1                                   **1. A PROHIBITION ON SCREEN TIME FOR CHILDREN**  
2 **UNDER THE AGE OF 2 YEARS; AND**

3                                   **2. A LIMIT OF 30 MINUTES PER DAY OF**  
4 **COMMERCIAL-FREE SCREEN TIME FOR CHILDREN AT LEAST 2 YEARS OLD IN**  
5 **HALF-DAY PROGRAMS AND 60 MINUTES PER DAY OF COMMERCIAL-FREE**  
6 **SCREEN TIME FOR CHILDREN AT LEAST 2 YEARS OLD IN FULL-DAY PROGRAMS.**

7                   SECTION 2. AND BE IT FURTHER ENACTED, That this Act shall take effect  
8 October 1, 2014.