## By: **Delegate Hayes** Introduced and read first time: February 16, 2015 Assigned to: Rules and Executive Nominations

# A BILL ENTITLED

## 1 AN ACT concerning

# Health Occupations – Athletic Trainers – Evaluation and Treatment Protocols – Approval

4 FOR the purpose of altering the definition of "practice athletic training" to include  $\mathbf{5}$ instruction to tactical athletes regarding the care and prevention of athletic injuries 6 while engaging in tactical athletic activity; granting, except under certain 7 circumstances, immunity from civil liability to a member of the State Board of 8 Physicians for an act or omission relating to the approval of a certain evaluation and 9 treatment protocol; authorizing an athletic trainer to assume certain duties under 10an evaluation and treatment protocol on the date of receipt by the Board of a written 11 recommendation of approval from the Athletic Trainer Advisory Committee under 12certain circumstances; authorizing an athletic trainer, on receipt of a temporary 13 practice letter, to practice a certain specialized task under certain circumstances if 14an evaluation and treatment protocol is pending approval by the State Board of 15Physicians; requiring the Board to send a certain notice to a certain primary 16supervising physician and certain athletic trainer if the Board disapproves a certain 17protocol or a certain specialized task under a certain protocol; requiring a certain 18 athletic trainer to cease to practice under a certain protocol or to perform a certain 19specialized task after receiving a certain notice of disapproval; altering certain 20definitions; defining certain terms; and generally relating to the practice of athletic 21 trainers.

- 22 BY repealing and reenacting, with amendments,
- 23 Article Health Occupations
- 24 Section 14–5D–01 and 14–5D–11
- 25 Annotated Code of Maryland
- 26 (2014 Replacement Volume)
- 27 BY adding to
- 28 Article Health Occupations
- 29 Section 14–5D–11.3

EXPLANATION: CAPITALS INDICATE MATTER ADDED TO EXISTING LAW. [Brackets] indicate matter deleted from existing law.



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$\frac{1}{2}$	Annotated Code of Maryland (2014 Replacement Volume)		
$\frac{3}{4}$	SECTION 1. BE IT ENACTED BY THE GENERAL ASSEMBLY OF MARYLAND, That the Laws of Maryland read as follows:		
5	Article – Health Occupations		
6	14–5D–01.		
7	(a)	In this subtitle the following words have the meanings indicated.	
$\frac{8}{9}$	(b) "Alternate supervising physician" means one or more physicians designated by the supervising physician to provide supervision of an athletic trainer:		
10		(1) During the absence of the supervising physician; and	
11 12	the Board.	(2) In accordance with the evaluation and treatment protocol on file with	
13	(c)	"Athlete" means an individual who participates in an athletic activity.	
$\begin{array}{c} 14 \\ 15 \end{array}$	(d) that:	"Athletic activity" means exercise, recreation, sport, competition, or game	
$\begin{array}{c} 16 \\ 17 \end{array}$	stamina, or	(1) Requires physical strength, range of motion, flexibility, control, speed, agility; and	
18 19 20	(2) Is associated with a setting as defined under this section[, an educational institution, or a professional, amateur, or recreational sports club or athletic organization].		
$\begin{array}{c} 21 \\ 22 \end{array}$	(e) "Athletic injury" means an injury that affects an athlete's participation or performance in an athletic activity.		
23	(f)	"Board" means the State Board of Physicians.	
$\begin{array}{c} 24 \\ 25 \end{array}$	(g) under § 14–	"Committee" means the Athletic Trainer Advisory Committee established 5D–04 of this subtitle.	
26	(h)	"Educational institution" includes:	
$\begin{array}{c} 27 \\ 28 \end{array}$	of the State	(1) The schools in the public elementary and secondary education system	
29 30	Education A	(2) A noncollegiate educational institution governed under § 2–206 of the Article; and	

1 (3) An institution of higher education as defined in § 10–101 of the 2 Education Article.

3 (i) "Evaluation and treatment protocol" means a document that is executed by a 4 physician and an athletic trainer that meets the requirements of § 14–5D–11 of this 5 subtitle.

6 (j) "License" means a license issued by the Board to practice athletic training.

7 (k) "Licensed athletic trainer" means an individual who is licensed by the Board 8 to practice athletic training.

9 (l) "Licensed health care practitioner" means an individual licensed, certified, or 10 otherwise authorized to practice a health occupation under this article.

(m) "National certifying board" means the National Athletic Trainers' Association
 Board of Certification, Inc., or its successor organization.

13 (n) "Nonsupervising physician" means a physician licensed by the Board who is 14 not the supervising physician of the licensed athletic trainer.

15 (o) "Outside referral" means a request for treatment from a nonsupervising 16 physician or licensed health care practitioner.

17 (p) (1) "Practice athletic training" means application of the following 18 principles and methods for managing athletic injuries for athletes in good overall health 19 under the supervision of a licensed physician:

20 (i) Prevention;

21 (ii) Clinical evaluation and assessment;

- 22 (iii) Immediate care; and
- 23 (iv) Treatment, rehabilitation, and reconditioning.
- 24 (2) "Practice athletic training" includes:

25 (i) Organization and administration of an athletic training 26 program; [and]

(ii) Instruction to coaches, athletes, parents, medical personnel, and
 community members regarding the care and prevention of athletic injuries; AND

(III) INSTRUCTION TO TACTICAL ATHLETES REGARDING THE
 CARE AND PREVENTION OF ATHLETIC INJURIES WHILE ENGAGING IN TACTICAL
 ATHLETIC ACTIVITY.
 (3) "Practice athletic training" does not include:

- 5 (i) The practice of:
- 6 1. Chiropractic, including adjustments, manipulation, or 7 high velocity mobilizations of the spine or extremities;
- 8 2. Massage therapy;
- 9 3. Medicine;
- 104.Occupational therapy;
- 115.Physical therapy; or
- 12 6. Podiatry;
- 13(ii)The reconditioning of systemic neurologic injuries, conditions, or14disease; or
- (iii) Except for the conditioning of an athlete under the supervision
  of a treating physician, the treatment, rehabilitation, or reconditioning of nonathletic
  injuries or disease.
- 18 (q) "Setting" means [a]:
- 19 (1) [Location where an athletic activity, as defined in subsection (d) of this 20 section, is being held] **AN EDUCATIONAL INSTITUTION**;

# 21 (2) A PROFESSIONAL, AN AMATEUR, OR A RECREATIONAL SPORTS 22 CLUB OR ATHLETIC ORGANIZATION;

- 23 [(2)] (3) [Health] A HEALTH or fitness club;
- 24 [(3)] (4) [Clinic] A CLINIC or hospital;
- 25 [(4)] (5) [Corporation] A CORPORATION; or
- 26 [(5)] (6) [Government] A GOVERNMENT agency.
- 27 (R) "STATE OR LOCAL PUBLIC SAFETY EMPLOYEE" MEANS AN INDIVIDUAL 28 WHO IS:

1	(1)	A CAREER OR VOLUNTEER MEMBER OF:
2		(I) A FIRE DEPARTMENT;
3		(II) AN AMBULANCE COMPANY OR SQUAD; OR
4		(III) A RESCUE COMPANY OR SQUAD;
5	(2)	A LAW ENFORCEMENT OFFICER;
6	(3)	A CORRECTIONAL OFFICER; OR
7	(4)	A MEMBER OF THE MARYLAND NATIONAL GUARD.
8 9	[(r)] (S) the Board to super	"Supervising physician" means a physician who has been approved by cvise one or more athletic trainers.

10 **[(s)] (T)** "Supervision" means the responsibility of a physician to provide 11 ongoing and immediately available instruction, in person, by telephone, or by other 12 electronic means, that is adequate to ensure the safety and welfare of a patient and is 13 appropriate to the setting.

14 **(U) "T**ACTICAL ATHLETE" MEANS AN ATHLETE WHO PARTICIPATES IN 15 TACTICAL ATHLETIC ACTIVITY.

16 (V) "TACTICAL ATHLETIC ACTIVITY" MEANS HIGH–RISK ACTION OR 17 MOVEMENT THAT REQUIRES PHYSICAL STRENGTH, RANGE OF MOTION, 18 FLEXIBILITY, CONTROL, SPEED, STAMINA, AGILITY, OR AN AEROBIC OR ANAEROBIC 19 FITNESS LEVEL THAT IS:

(1) REQUIRED AS PART OF THE JOB PERFORMANCE OF A STATE OR
 LOCAL PUBLIC SAFETY EMPLOYEE OR AN ACTIVE DUTY MEMBER OF THE UNITED
 STATES ARMED FORCES; AND

- 23 (2) ASSOCIATED WITH A SETTING.
- 24 14–5D–11.

25 (a) Nothing in this title may be construed to authorize an athletic trainer to 26 practice except under the supervision of a licensed physician and in an approved setting.

27 (b) Before an athletic trainer may practice athletic training, the athletic trainer 28 shall:

(1)1 Obtain a license under this subtitle:  $\mathbf{2}$ (2)Enter into a written evaluation and treatment protocol with a licensed physician; and 3 4 (3)Obtain Board approval of the evaluation and treatment protocol.  $\mathbf{5}$ (c) An evaluation and treatment protocol shall: 6 (1)Describe the qualifications of the licensed physician and licensed 7 athletic trainer; 8 Describe the settings where the athletic trainer may practice: (2)9 (3)Describe the physician supervision mechanisms that the physician will use to give direction to the athletic trainer: 10 11 Specify the treatment procedures the athletic trainer may perform: (4)12Describe tasks the athletic trainer may not perform; (5)13(6)Describe specialized tasks the supervising physician is delegating to the 14athletic trainer to perform with documentation of competencies, certification, credentials, 15or any other requirements established by the Board to support the delegation of the specialized tasks; 16 17(7)Indicate whether the athletic trainer may accept outside referrals from 18nonsupervising physicians and other licensed health care practitioners; 19(8)Designate an alternate supervising physician, if appropriate or 20necessary; and 21Contain an attestation that states the supervising physician will be (9)22responsible for providing ongoing and immediately available instruction that is adequate to ensure the safety and welfare of a patient and is appropriate to the setting. 2324An athletic trainer may accept an outside referral from a nonsupervising (d) 25physician or licensed health care practitioner if: 26The supervising physician specifies in the evaluation and treatment (1)protocol that the athletic trainer may accept referrals from a nonsupervising physician or 2728licensed health care practitioner: 29The nonsupervising physician or licensed health care practitioner has (2)seen the athlete and has written an order for the care of the athlete; and 30

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The treatment procedures to be used by the athletic trainer are: 1 (3)2(i) Within the scope of practice of an athletic trainer; and 3 (ii) Included in the evaluation and treatment protocol that the athletic trainer has entered into with the supervising physician. 4  $\mathbf{5}$ In the event of a sudden departure, incapacity, or death of a supervising (e) 6 physician, a designated alternate supervising physician may assume the role of the 7 supervising physician by submitting an evaluation and treatment protocol to the Board within 15 days of the event. 8 9 **(F)** A MEMBER OF THE BOARD IS IMMUNE FROM CIVIL LIABILITY FOR ANY 10 ACT OR OMISSION WHEN APPROVING AN EVALUATION AND TREATMENT PROTOCOL AS PROVIDED UNDER SUBSECTION (B)(3) OF THIS SECTION, IF THE MEMBER OF THE 11 BOARD IS ACTING IN GOOD FAITH WHEN APPROVING THE EVALUATION AND 1213 TREATMENT PROTOCOL. 14-5D-11.3. 14IN THIS SECTION, "PENDING" MEANS THAT AN EVALUATION AND 15(A) TREATMENT PROTOCOL THAT INCLUDES SPECIALIZED TASKS IN A SETTING THAT 16DOES NOT MEET THE REQUIREMENTS UNDER § 14–5D–11 OF THIS SUBTITLE HAS 17BEEN EXECUTED AND SUBMITTED TO THE BOARD FOR ITS APPROVAL, BUT: 18

19 (1) THE COMMITTEE HAS NOT MADE A RECOMMENDATION TO THE 20 BOARD AS PROVIDED UNDER § 14–5D–06 OF THIS SUBTITLE; OR

21 (2) THE BOARD HAS NOT MADE A FINAL DECISION REGARDING THE 22 EVALUATION AND TREATMENT PROTOCOL.

(B) AN ATHLETIC TRAINER MAY ASSUME THE DUTIES UNDER AN
EVALUATION AND TREATMENT PROTOCOL ON THE DATE OF RECEIPT BY THE BOARD
OF A WRITTEN RECOMMENDATION OF APPROVAL OF THE PROTOCOL FROM THE
COMMITTEE AS PROVIDED UNDER § 14–5D–06 OF THIS SUBTITLE IF:

27(1) THE EVALUATION AND TREATMENT PROTOCOL DOES NOT28INCLUDE SPECIALIZED TASKS; OR

29 (2) THE EVALUATION AND TREATMENT PROTOCOL INCLUDES 30 SPECIALIZED TASKS THAT THE BOARD HAS PREVIOUSLY APPROVED UNDER § 31 14–5D–11 OF THIS SUBTITLE. 1 (C) SUBJECT TO SUBSECTION (D) OF THIS SECTION, IF AN EVALUATION AND 2 TREATMENT PROTOCOL IS PENDING, ON RECEIPT OF A TEMPORARY PRACTICE 3 LETTER FROM THE BOARD, AN ATHLETIC TRAINER MAY PRACTICE THE SPECIALIZED 4 TASK IF:

5 (1) THE PRIMARY SUPERVISING PHYSICIAN PREVIOUSLY HAS BEEN 6 APPROVED TO SUPERVISE ONE OR MORE ATHLETIC TRAINERS IN THE 7 PERFORMANCE OF THE SPECIALIZED TASK; AND

8 (2) THE ATHLETIC TRAINER PREVIOUSLY HAS BEEN APPROVED BY 9 THE BOARD TO PERFORM THE SPECIALIZED TASK.

10 (D) IF THE BOARD DENIES THE PENDING EVALUATION AND TREATMENT 11 PROTOCOL OR A SPECIALIZED TASK UNDER THE PROTOCOL, THE BOARD SHALL 12 PROVIDE THE PRIMARY SUPERVISING PHYSICIAN AND THE ATHLETIC TRAINER WITH 13 WRITTEN NOTICE OF THE DISAPPROVAL.

14 **(E)** AN ATHLETIC TRAINER WHO RECEIVES NOTICE THAT THE BOARD HAS 15 DISAPPROVED AN EVALUATION AND TREATMENT PROTOCOL OR A SPECIALIZED 16 TASK UNDER THE EVALUATION AND TREATMENT PROTOCOL IMMEDIATELY SHALL 17 CEASE:

- 18 (1) TO PRACTICE UNDER THE PROTOCOL; OR
- 19 (2) TO PERFORM THE SPECIALIZED TASK.

20 SECTION 2. AND BE IT FURTHER ENACTED, That this Act shall take effect 21 October 1, 2015.