C3

8lr1947 CF SB 702

# By: Delegates Sample–Hughes, Angel, Barron, Bromwell, Hayes, Kipke, Morhaim, and Rosenberg

Introduced and read first time: February 9, 2018 Assigned to: Health and Government Operations

### A BILL ENTITLED

1 AN ACT concerning

# Health Insurance - Behavioral Health Assessments, Services, and Treatment for Patients Provided Opioids - Coverage

4 FOR the purpose of requiring certain insurers, nonprofit health service plans, and health  $\mathbf{5}$ maintenance organizations that provide certain benefits to provide certain coverage 6 for a certain behavioral health assessment and certain services provided by certain 7 comprehensive pain management programs and certain substance use disorder 8 treatment programs; requiring certain coverage for up to a certain number of 9 sessions of a certain assessment if a certain provider orders the assessment for a 10 certain policyholder or subscriber and the assessment is performed by a certain 11 provider; requiring certain coverage for certain services if a certain assessment 12supports a certain determination by a certain provider and a certain provider refers 13a certain policyholder or subscriber to a certain comprehensive pain management program or substance use disorder treatment program; establishing certain 14 15requirements if a certain entity requires certain prior authorization; prohibiting a 16certain entity from requiring certain documentation if a certain entity requires 17certain prior authorization; defining certain terms; providing for the application of 18 this Act; providing for a delayed effective date; and generally relating to health 19insurance and patients provided opioids.

20 BY adding to

- 21 Article Insurance
- 22 Section 15–853
- 23 Annotated Code of Maryland
- 24 (2017 Replacement Volume)
- 25

Preamble

26 WHEREAS, Opioid use for pain management is a clinically appropriate treatment 27 modality; and

EXPLANATION: CAPITALS INDICATE MATTER ADDED TO EXISTING LAW. [Brackets] indicate matter deleted from existing law.



$\frac{1}{2}$	WHEREAS, A subset of patients using opioids for pain management are at high risk for serious adverse outcomes, including opioid misuse; and
$egin{array}{c} 3 \\ 4 \\ 5 \end{array}$	WHEREAS, Providers prescribing opioids for pain, after a certain period of time, need to reevaluate a patient's risk for serious adverse outcomes, including opioid misuse; and
$egin{array}{c} 6 \ 7 \ 8 \end{array}$	WHEREAS, A behavioral health assessment will assist the provider in referring a patient at risk for serious adverse outcomes, including opioid misuse, to appropriate comprehensive pain management or substance use disorder services; now, therefore,
9 10	SECTION 1. BE IT ENACTED BY THE GENERAL ASSEMBLY OF MARYLAND, That the Laws of Maryland read as follows:
11	Article – Insurance
12	15-853.
$13\\14$	(A) (1) IN THIS SECTION THE FOLLOWING WORDS HAVE THE MEANINGS INDICATED.
15	(2) "ASSESSMENT PROVIDER" MEANS A PROVIDER WHO:
$\begin{array}{c} 16 \\ 17 \end{array}$	(I) IS LICENSED UNDER THE HEALTH OCCUPATIONS ARTICLE; AND
18 19	(II) HAS THE AUTHORITY TO PROVIDE A BEHAVIORAL HEALTH ASSESSMENT:
20 21	1. WITHIN THE SCOPE OF PRACTICE OF THE PROVIDER'S LICENSE; AND
22 23	2. IN THE ORDINARY COURSE OF BUSINESS OR PRACTICE OF A PROFESSION.
$\begin{array}{c} 24 \\ 25 \end{array}$	(3) "DSM" MEANS THE MOST RECENT EDITION OF THE DIAGNOSTIC AND STATISTICAL MANUAL OF MENTAL DISORDERS.
26	(4) "ORDERING PROVIDER" MEANS A PROVIDER WHO:
27	(I) IS LICENSED UNDER THE HEALTH OCCUPATIONS ARTICLE;
28	(II) HAS THE AUTHORITY TO ORDER AN ASSESSMENT:

 $\mathbf{2}$ 

1 1. WITHIN THE SCOPE OF PRACTICE OF THE PROVIDER'S  $\mathbf{2}$ LICENSE: AND 3 2. IN THE ORDINARY COURSE OF BUSINESS OR 4 **PRACTICE OF A PROFESSION; AND**  $\mathbf{5}$ (III) IS TREATING A PATIENT FOR PAIN. 6 **(B) THIS SECTION APPLIES TO:** 7 (1) INSURERS AND NONPROFIT HEALTH SERVICE PLANS THAT 8 PROVIDE HOSPITAL, MEDICAL, OR SURGICAL BENEFITS TO INDIVIDUALS OR GROUPS ON AN EXPENSE-INCURRED BASIS UNDER HEALTH INSURANCE POLICIES OR 9 CONTRACTS THAT ARE ISSUED OR DELIVERED IN THE STATE; AND 10 11 (2) HEALTH MAINTENANCE ORGANIZATIONS THAT **PROVIDE** 12HOSPITAL, MEDICAL, OR SURGICAL BENEFITS TO INDIVIDUALS OR GROUPS UNDER CONTRACTS THAT ARE ISSUED OR DELIVERED IN THE STATE. 13 14**(C)** AN ENTITY SUBJECT TO THIS SECTION SHALL PROVIDE COVERAGE FOR: 15(1) A BEHAVIORAL HEALTH ASSESSMENT TO DETERMINE THE RISK 16 FOR OPIOID MISUSE OR OPIOID USE DISORDER AS SPECIFIED IN SUBSECTION (D) OF 17THIS SECTION; AND SERVICES PROVIDED BY A COMPREHENSIVE PAIN MANAGEMENT 18 (2) 19 PROGRAM FOR OPIOID WEANING OR A SUBSTANCE USE DISORDER TREATMENT 20**PROGRAM AS SPECIFIED UNDER SUBSECTION (E) OF THIS SECTION.** 21**(D)** THE COVERAGE REQUIRED UNDER SUBSECTION (C)(1) OF THIS SECTION SHALL INCLUDE COVERAGE OF UP TO TWO SESSIONS OF A BEHAVIORAL HEALTH 2223ASSESSMENT IF: 24(1) AN ORDERING PROVIDER ORDERS A BEHAVIORAL HEALTH 25ASSESSMENT FOR A POLICYHOLDER OR SUBSCRIBER WHO: 26**(I)** HAS TAKEN OPIOID MEDICATION FOR MORE THAN 3 27MONTHS FOR AN INJURY OR A CONDITION THAT WAS ORIGINALLY DIAGNOSED AS 28ACUTE OR POSTSURGICAL; 29(II) HAS TAKEN OPIOID MEDICATION FOR MORE THAN 6 30 MONTHS FOR AN INJURY OR A CONDITION THAT HAS BEEN DIAGNOSED AS CHRONIC;

	4 HOUSE BILL 1344
$\frac{1}{2}$	(III) REPORTS POOR PAIN CONTROL AFTER AN INCREASE IN DOSE OR FREQUENCY OF ONE OR MORE OPIOIDS PRESCRIBED TO THE PATIENT;
3	(IV) EXHIBITS OPIOID–SEEKING BEHAVIOR;
4 5	(V) HAS A HISTORY OF OPIOID OR OTHER SUBSTANCE MISUSE; OR
$6 \\ 7$	(VI) HAS HAD A PREVIOUS DIAGNOSIS OF A MENTAL HEALTH DISORDER, AS DEFINED BY DSM, INCLUDING:
8	<b>1.</b> MAJOR DEPRESSIVE DISORDER;
9	2. GENERALIZED ANXIETY;
10	<b>3.</b> BIPOLAR DISORDER; OR
11	4. SCHIZOPHRENIA; AND
12 13	(2) THE BEHAVIORAL HEALTH ASSESSMENT IS PERFORMED BY AN ASSESSMENT PROVIDER.
14 15 16 17	(E) THE COVERAGE REQUIRED UNDER SUBSECTION (C)(2) OF THIS SECTION SHALL INCLUDE COVERAGE FOR SERVICES PROVIDED BY A COMPREHENSIVE PAIN MANAGEMENT PROGRAM FOR OPIOID WEANING OR BY A SUBSTANCE USE DISORDER TREATMENT PROGRAM IF:
18 19 20	(1) A BEHAVIORAL HEALTH ASSESSMENT COVERED UNDER SUBSECTION (D) OF THIS SECTION SUPPORTS A DETERMINATION BY THE ORDERING PROVIDER THAT THE POLICYHOLDER OR SUBSCRIBER:
$\begin{array}{c} 21 \\ 22 \end{array}$	(I) WOULD BENEFIT FROM A COMPREHENSIVE PAIN MANAGEMENT PROGRAM FOR OPIOID WEANING; OR
$\begin{array}{c} 23\\ 24 \end{array}$	(II) MEETS THE CRITERIA FOR A SUBSTANCE USE DISORDER AS DEFINED BY DSM; AND
$\frac{25}{26}$	(2) THE ORDERING PROVIDER REFERS THE POLICYHOLDER OR SUBSCRIBER TO:
27 28	(I) A COMPREHENSIVE PAIN MANAGEMENT PROGRAM FOR OPIOID WEANING; OR

**(II)** A SUBSTANCE USE DISORDER TREATMENT PROGRAM. **(F)** IF AN ENTITY SUBJECT TO THIS SECTION REQUIRES PRIOR **AUTHORIZATION:** (1) FOR COVERAGE OF A BEHAVIORAL HEALTH ASSESSMENT AS SPECIFIED UNDER SUBSECTION (D) OF THIS SECTION, THE ENTITY: **(I)** SHALL PROVIDE THE PRIOR AUTHORIZATION WITHIN 3 DAYS AFTER THE ORDER FOR THE ASSESSMENT IS PRESENTED BY THE PATIENT TO AN ASSESSMENT PROVIDER; AND MAY NOT REQUIRE ANY DOCUMENTATION OTHER THAN THE **(II)** ORDER FOR THE ASSESSMENT AS A CONDITION FOR THE PRIOR AUTHORIZATION: AND (2) FOR COVERAGE OF SERVICES PROVIDED BY A COMPREHENSIVE PAIN MANAGEMENT PROGRAM FOR OPIOID WEANING OR A SUBSTANCE USE DISORDER PROGRAM AS SPECIFIED IN SUBSECTION (E) OF THIS SECTION, THE **ENTITY:** SHALL PROVIDE THE PRIOR AUTHORIZATION WITHIN 3 **(I)** DAYS AFTER THE ORDERING PROVIDER MAKES THE REFERRAL FOR THE SERVICES; AND **(II)** MAY NOT REQUIRE ANY DOCUMENTATION OTHER THAN THE REFERRAL AND THE RESULTS OF THE BEHAVIORAL HEALTH ASSESSMENT PERFORMED IN ACCORDANCE WITH SUBSECTION (D) OF THIS SECTION AS A CONDITION FOR THE PRIOR AUTHORIZATION. SECTION 2. AND BE IT FURTHER ENACTED, That this Act shall apply to all policies, contracts, and health benefit plans subject to this Act that are issued, delivered, or renewed in the State on or after January 1, 2019. SECTION 3. AND BE IT FURTHER ENACTED, That this Act shall take effect

27 January 1, 2019.

1

 $\mathbf{2}$ 

3

4

 $\mathbf{5}$ 

6

7

8

9

10 11

12

13

14 15

16

17

18

19

20

21

22

23

24

25

26

 $\mathbf{5}$