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By: Senator Augustine

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Assigned to: Finance

Committee Report: Favorable with amendments

Senate action: Adopted

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CHAPTER

1 AN ACT concerning

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Health Insurance – Coverage for Mental Health Benefits and Substance Use Disorder Benefits – Requirements and Reports <u>Treatment Criteria</u>

FOR the purpose of requiring certain carriers, on or before a certain date each year, to submit a report to the Maryland Insurance Commissioner to demonstrate the carrier's compliance with the federal Mental Health Parity and Addiction Equity Act; requiring certain carriers, on or before a certain date each year, to submit a report to the Commissioner on data for certain benefits by certain classification; requiring the reports to include certain information and be submitted in a certain manner; requiring the reports to be prepared in coordination with certain entities, contain a certain statement, and be made available to certain persons in a certain manner; requiring the reports to exclude certain identifiable information; requiring the Commissioner to review the reports, notify a carrier of noncompliance with certain federal law, and require the carrier to take certain actions under certain circumstances; requiring the Commissioner to impose a certain penalty for each day a carrier fails to submit a certain report; requiring that certain funds be used only for certain purposes; requiring the Commissioner, on or before a certain date, to develop certain forms and, in consultation with certain persons, adopt certain regulations; requiring an insurer, nonprofit health service plan, or health maintenance organization to use certain criteria for all medical necessity and utilization management determinations for substance use disorder benefits; repealing a certain limitation on the amount of copayment that an insurer, nonprofit health service plan, or health maintenance organization may charge under certain circumstances; requiring certain carriers to include certain information in a certain notice of an adverse decision or grievance by a carrier; requiring certain carriers to

EXPLANATION: CAPITALS INDICATE MATTER ADDED TO EXISTING LAW.

[Brackets] indicate matter deleted from existing law.

<u>Underlining</u> indicates amendments to bill.

Strike out indicates matter stricken from the bill by amendment or deleted from the law by amendment.

1	inelu	de cert	ain inf	ormation in certain notice of a coverage decision or appeal decision	
2	by a carrier; defining certain terms <u>a certain term;</u> making stylistic changes <u>a</u>				
3	stylistic change; providing for a delayed effective date for certain provisions of this				
4	Act ;	provid	ing for	the application of certain provisions of this Act; and generally	
5	relat	ing to	coverag	ge for mental health benefits and substance use disorder benefits.	
6	BY adding	50			
7	Artie	le – In	suranc)	
8	Secti	on 15-	144		
9	Anne	tated	Code of	'Maryland	
10	(2017	Repla	icemen	t Volume and 2018 Supplement)	
11	BY repealir	ıg and	reenac	ting, with amendments,	
12	Artic	le – In	suranc	е	
13	Secti	on 15–	-802 , 15	5–10A–02, and 15–10D–02	
14	Anno	tated	Code of	Maryland	
15	(2017)	Repla	acemen	t Volume and 2018 Supplement)	
16	SEC'	ΓΙΟΝ :	1. BE I'	Γ ENACTED BY THE GENERAL ASSEMBLY OF MARYLAND,	
17				nd read as follows:	
18				Article - Insurance	
19	15-144.				
		(4)	-		
20	(A)	、 (1)	IN TI	HS SECTION THE FOLLOWING WORDS HAVE THE MEANINGS	
21	INDICATEI	5			
22		(2)	"CAI	RIER" MEANS:	
23			(I)	AN INSURER;	
20			(1)	The Indonesia,	
24			(II)	A NONPROFIT HEALTH SERVICE PLAN; OR	
25			(III)	A HEALTH MAINTENANCE ORGANIZATION.	
0.0		(0)	(-)	(Expression and Expression and Expre	
26		(3)	(I)	"FINANCIAL REQUIREMENTS" INCLUDES:	
27				1. DEDUCTIBLES;	
28				2. COPAYMENTS;	
29				3. COINSURANCE; AND	
30				4. ANY OUT-OF-POCKET MAXIMUMS.	

1 2	AGGREGATED LI	` ,	"FINANCIAL REQUIREMENTS" DOES NOT INCLUDE E OR ANNUAL DOLLAR LIMITS.
3 4	· ·		DICAL/SURGICAL BENEFITS" HAS THE MEANING STATED IN 45 ID 29 C.F.R. 2590.712(A).
5 6	` '		NTAL HEALTH BENEFITS" HAS THE MEANING STATED IN 45 HD 29 C.F.R. 2590.712(A).
7 8	` '		NQUANTITATIVE TREATMENT LIMITATION" HAS THE 5 C.F.R. § 146.136(A) AND 29 C.F.R. 2590.712(A).
9 10 11	` ,	TAL H	CITY ACT" MEANS THE PAUL WELLSTONE AND PETE EALTH PARITY AND ADDICTION EQUITY ACT OF 2008 AND 45 C.F.R. 147.160.
12	(8)	<u>"PAI</u>	RITY ACT CLASSIFICATIONS" MEANS:
13		(I)	IN-NETWORK BENEFITS;
4		(II)	INPATIENT OUT-OF-NETWORK BENEFITS;
15		(III)	OUTPATIENT IN-NETWORK BENEFITS;
6		(IV)	OUTPATIENT OUT-OF-NETWORK BENEFITS;
17		(V)	PRESCRIPTION DRUG BENEFITS; AND
18		(VI)	EMERGENCY CARE BENEFITS.
9	(9)	" QU/	ANTITATIVE TREATMENT LIMITATIONS" MEANS NUMERICAL
20	` '	•	THE TREATMENT OR BENEFIT OFFERED UNDER A PLAN OR
21	COVERAGE.		
22	(10)	"Sui	STANCE USE DISORDER BENEFITS" HAS THE MEANING
23	` '		146.136(A) AND 29 C.F.R. 2590.712(A).
24	(11)	"TRI	EATMENT LIMITATIONS" INCLUDES LIMITS BASED ON:
25		(I)	THE FREQUENCY OF TREATMENT;
26		(II)	NUMBER OF VISITS;
7		4111	DAVS OF COVERACE: AND

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1	(IV) DAYS IN A WAITING PERIOD.
2	(B) This section applies to a carrier that delivers, or issues for
3	DELIVERY, AN INDIVIDUAL, GROUP, OR BLANKET HEALTH BENEFIT PLAN IN THE
4	STATE.
5	(c) (1) On or before July 1 each year, each carrier shall submit
6	A REPORT TO THE COMMISSIONER TO DEMONSTRATE THE CARRIER'S COMPLIANCE
7	WITH THE PARITY ACT.
8	(2) THE REPORT SUBMITTED UNDER PARAGRAPH (1) OF THIS
9	SUBSECTION SHALL:
0	(I) LIST ALL MENTAL HEALTH BENEFITS, SUBSTANCE USE
1	DISORDER BENEFITS, AND MEDICAL/SURGICAL BENEFITS OFFERED BY THE
2	CARRIER AND THE PLACE THAT EACH BENEFIT IS OFFERED IN THE APPLICABLE
13	PARITY ACT CLASSIFICATION OR SUBCLASSIFICATION;
4	(II) LIST ALL MENTAL HEALTH BENEFITS AND SUBSTANCE USE
$_{5}$	DISORDER BENEFITS THAT ARE EXCLUDED FROM COVERAGE BY THE CARRIER AND
16	A DETAILED EXPLANATION FOR THE EXCLUSION;
17	(HI) LIST ANY ANNUAL OR LIFETIME DOLLAR LIMITS ON MENTAL
18	HEALTH BENEFITS, SUBSTANCE USE DISORDER BENEFITS, AND MEDICAL/SURGICAL
9	BENEFITS OFFERED BY THE CARRIER AND PROVIDE AN ACTUARIAL
20	DEMONSTRATION THAT ANY ANNUAL OR LIFETIME DOLLAR LIMIT COMPLIES WITH
21	THE PARITY ACT;
22	(IV) LIST ALL FINANCIAL REQUIREMENTS FOR MENTAL HEALTH
23	BENEFITS, SUBSTANCE USE DISORDER BENEFITS, AND MEDICAL/SURGICAL
24	BENEFITS OFFERED BY THE CARRIER BY CLASSIFICATION AND SUBCLASSIFICATION
25	AND PROVIDE AN ACTUARIAL DEMONSTRATION THAT THE FINANCIAL
26	REQUIREMENTS SATISFY THE SUBSTANTIALLY ALL AND PREDOMINANT STANDARDS
27	OF THE PARITY ACT, INCLUDING:
28	1. A DESCRIPTION OF THE METHODOLOGY USED TO
29	DETERMINE THE DOLLAR AMOUNT OF ALL PLAN PAYMENTS FOR THE
30	SUBSTANTIALLY ALL AND PREDOMINANT ANALYSIS; AND
31	2. AN IDENTIFICATION OF ANY CUMULATIVE FINANCIAL

REQUIREMENTS FOR MENTAL HEALTH BENEFITS AND SUBSTANCE USE DISORDER

BENEFITS AND VERIFICATION OF COMPLIANCE WITH THE PARITY ACT;

1	(V) LIST ALL QUANTITATIVE TREATMENT LIMITATIONS FOR
2	MENTAL HEALTH BENEFITS, SUBSTANCE USE DISORDER BENEFITS, AND
3	MEDICAL/SURGICAL BENEFITS OFFERED BY THE CARRIER BY CLASSIFICATION AND
4	SUBCLASSIFICATION AND PROVIDE AN ACTUARIAL DEMONSTRATION THAT THE
5	QUANTITATIVE TREATMENT LIMITATIONS SATISFY THE SUBSTANTIALLY ALL AND
6	PREDOMINANT STANDARDS OF THE PARITY ACT, INCLUDING:
7	1. A DESCRIPTION OF THE METHODOLOGY USED TO
8	DETERMINE THE DOLLAR AMOUNT OF ALL PLAN PAYMENTS FOR SUBSTANTIALLY
9	ALL AND PREDOMINANT ANALYSIS; AND
10	2. AN IDENTIFICATION OF ANY CUMULATIVE FINANCIAL
11	REQUIREMENTS FOR MENTAL HEALTH BENEFITS AND SUBSTANCE USE DISORDER
12	BENEFITS AND VERIFICATION OF COMPLIANCE WITH THE PARITY ACT;
13	(VI) LIST ALL NONQUANTITATIVE TREATMENT LIMITATIONS
14	THAT APPLY TO MENTAL HEALTH BENEFITS, SUBSTANCE USE DISORDER BENEFITS,
15	AND MEDICAL/SURGICAL BENEFITS OFFERED BY THE CARRIER BY CLASSIFICATION
16	AND IDENTIFY THE DESCRIPTION OF THE NONQUANTITATIVE TREATMENT
17	LIMITATIONS IN THE CARRIER'S PLAN DOCUMENTS;
18	(VII) LIST THE FACTORS CONSIDERED IN THE DESIGN OF EACH
19	NONQUANTITATIVE TREATMENT LIMITATION LISTED UNDER ITEM (VI) OF THIS
20	PARAGRAPH;
21	(VIII) IDENTIFY THE SOURCES USED TO DEFINE OR ESTABLISH A
22	THRESHOLD FOR APPLYING THE FACTORS LISTED UNDER ITEM (VII) OF THIS
23	PARAGRAPH, INCLUDING:
24	1. THE TITLE AND QUALIFICATIONS OF THE EMPLOYEE
25	WHO MAKES THE DECISIONS RELATED TO THE ADOPTION AND IMPLEMENTATION OF
26	THE FACTORS;
27	2. A DESCRIPTION OF HOW THE FACTORS WERE USED TO
28	APPLY EACH NONQUANTITATIVE TREATMENT LIMITATION TO MENTAL HEALTH
29	BENEFITS, SUBSTANCE USE BENEFITS, AND MEDICAL/SURGICAL BENEFITS;
30	3. AN EXPLANATION ABOUT WHETHER ANY FACTOR WAS
31	GIVEN MORE WEIGHT THAN ANOTHER FACTOR; AND
32	4. IF A FACTOR WAS GIVEN MORE WEIGHT THAN
33	ANOTHER FACTOR, THE REASON FOR THE DIFFERENCE IN WEIGHTING:

_	
1	(IX) AN ANALYSIS THAT DEMONSTRATES, FOR THE PLAN AS
2	WRITTEN AND IN OPERATION, THE PROCESSES, STRATEGIES, AND EVIDENTIARY
3	STANDARDS USED IN DEVELOPING AND APPLYING EACH NONQUANTITATIVE
4	TREATMENT LIMITATION IS COMPARABLE TO AND APPLIED NO MORE STRINGENTLY
5	TO MENTAL HEALTH BENEFITS AND SUBSTANCE USE DISORDER BENEFITS THAN TO
6	MEDICAL/SURGICAL BENEFITS, INCLUDING:
7	1. THE ANALYSIS, AUDIT, OR METHOD USED TO ASSESS
8	COMPARABILITY UNDER THIS ITEM;
9	2. ANY FACTORS USED, EVIDENTIARY STANDARDS
10	RELIED ON, AND THE PROCESS EMPLOYED IN DEVELOPING AND APPLYING A
11	NONQUANTITATIVE TREATMENT LIMITATION FOR MENTAL HEALTH BENEFITS,
12	SUBSTANCE USE BENEFITS, AND MEDICAL/SURGICAL BENEFITS; AND
13	3. ANY IDENTIFICATION MEASURES THAT WERE USED TO
14	ENSURE COMPARABLE APPLICATION OF NONQUANTITATIVE TREATMENT
15	LIMITATIONS THAT ARE IMPLEMENTED BY THE CARRIER AND ANY ENTITY
16	DELEGATED TO MANAGE MENTAL HEALTH BENEFITS, SUBSTANCE USE BENEFITS, OR
17	MEDICAL/SURGICAL BENEFITS ON BEHALF OF THE CARRIER;
18	(X) INCLUDE A RECORD OF ALL CLAIMS SUBMITTED FOR
19	MENTAL HEALTH BENEFITS, SUBSTANCE USE BENEFITS, AND MEDICAL/SURGICAL
20	BENEFITS AND THE NUMBER OF CLAIMS DENIED FOR EACH BENEFIT BY
21	CLASSIFICATION; AND
22	(XI) IDENTIFY THE PROCESS USED TO COMPLY WITH THE
23	PARITY ACT DISCLOSURE REQUIREMENTS FOR MENTAL HEALTH BENEFITS,
24	SUBSTANCE USE DISORDER BENEFITS, AND MEDICAL/SURGICAL BENEFITS,
25	INCLUDING:
26	1. THE CRITERIA FOR A MEDICAL NECESSITY
27	DETERMINATION;
28	2. REASONS FOR A DENIAL OF BENEFITS; AND
29	3. IN CONNECTION WITH INTERNAL CLAIMS AND
30	APPEALS, PLAN DOCUMENTS THAT CONTAIN INFORMATION ABOUT PROCESSES,
31	STRATEGIES, EVIDENTIARY STANDARDS, AND ANY OTHER FACTORS USED TO APPLY
32	A NONQUANTITATIVE TREATMENT LIMITATION.
33	(D) ON OR BEFORE JULY 1 EACH YEAR, EACH CARRIER SHALL SUBMIT A
34	REPORT TO THE COMMISSIONER ON THE CARRIER'S DATA FOR MENTAL HEALTH

1	BENEFITS, SUBSTANCE USE DISORDER BENEFITS, AND MEDICAL/SURGICAL
2	BENEFITS BY PARITY ACT CLASSIFICATION, INCLUDING:
3	(1) THE DELIVERY OF MENTAL HEALTH AND SUBSTANCE US
4	DISORDER SERVICES, INCLUDING THE TOTAL NUMBER OF MEMBERS WHO RECEIVED
5	SERVICES FOR A COVERED BENEFIT UNDER § 18-840 OF THIS ARTICLE IN THE
6	IMMEDIATELY PRECEDING CALENDAR YEAR, REPORTED SEPARATELY FOR
7	PRIMARY DIAGNOSIS OF MENTAL ILLNESS OR MENTAL DISORDER AND A PRIMAR
8	DIAGNOSIS OF ALCOHOL OR DRUG MISUSE BASED ON THE FOLLOWING LEVELS O
9	CARE:
10	(I) OUTPATIENT;
10	
11	(II) INTENSIVE OUTPATIENT;
12	(III) OPIOID TREATMENT SERVICES;
13	(IV) PARTIAL HOSPITALIZATION;
1 1	(N) DECIDENDIAL ODE A OMENIO.
14	(V) RESIDENTIAL TREATMENT;
15	(VI) INPATIENT TREATMENT; AND
	(- ,
16	(VII) CRISIS RESIDENTIAL SERVICES;
17	(2) THE TOTAL NUMBER OF MEMBERS RECEIVING SERVICES FO
18	WHICH DATA IS PROVIDED UNDER ITEM (1) OF THIS SUBSECTION CALCULATED PE
19	1,000 MEMBERS;
20	(3) UTILIZATION MANAGEMENT REQUIREMENTS AND PLA
21	DECISIONS RELATED TO PRIOR AUTHORIZATION AND CONCURRENT OR CONTINUING
22	REVIEW BY PARITY ACT CLASSIFICATION, INCLUDING:
29	(I) THE NUMBER AND PERCENT OF COVERED SERVICES AN
$\frac{23}{24}$	
44	PRESCRIPTION DRUGS SUBJECT TO EACH LEVEL OF REVIEW;
25	(II) THE NUMBER AND PERCENT OF REQUESTED SERVICES AN
26	PRESCRIPTION DRUGS APPROVED AT EACH LEVEL OF REVIEW:

PRESCRIPTION DRUGS DENIED AT EACH LEVEL OF REVIEW;

(HI) THE NUMBER AND PERCENT OF REQUESTED SERVICES AND

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1		(IV)	THE NUMBER AND PERCENT OF REQUESTED SERVICES
2	DENIED WITH AN	API	PROVAL FOR A LOWER LEVEL OF CARE OF A DIFFERENT
3	PRESCRIPTION DR	lUG;	
4		(T.T)	THE MANDED AND DEDCEME OF DECLIFORED CERTIFICAC
4		(V)	THE NUMBER AND PERCENT OF REQUESTED SERVICES
5 c			NONCOVERED SERVICE, MEDICAL NECESSITY CRITERIA,
6	<i>'</i>		CTICATIVE SERVICE, INCOMPLETE SUBMISSION, DUPLICATE
7	SUBMISSION, OK A	in r / 1	DDITIONAL REASON; AND
8		(VI)	FOR CONCURRENT OR CONTINUING REVIEW, THE AVERAGE
9	NUMBER OF DAYS	ÀUTI	IORIZED FOR EACH REVIEW PERIOD AND AVERAGE INTERVAL
10	FOR REQUIRING R	EVIE	W, EXPRESSED IN THE NUMBER OF DAYS;
11			ALS AND APPEALS OF ADVERSE AND COVERAGE DECISIONS
12	BY PARITY ACT CI	LASS I	FICATION, INCLUDING:
13		(I)	THE NUMBER AND PERCENT OF DENIALS OF A REQUESTED
14	SERVICE;	(1)	THE NUMBER TWO PERCENT OF DENTEDS OF TRIDECESTED
17	SERVICE,		
15		(II)	THE NUMBER AND PERCENT OF DECISIONS FOR WHICH A
16	PEER-TO-PEER R	EVIE	V WAS REQUESTED;
17		` /	THE NUMBER AND PERCENT OF DECISIONS THAT WERE
18	APPEALED AND TI	IE RI	SULT OF THE APPEAL; AND
19		(IV)	THE NUMBER AND PERCENT OF DECISIONS THAT WENT TO
20		` /	THE ADMINISTRATION AND THE RESULT OF THE APPEAL;
20		V 111	THE TENTH THE RESCET OF THE MILE,
21	(5)	NETV	VORK UTILIZATION REPORTED SEPARATELY FOR MENTAL
22	HEALTH BENEFITS	s, su	BSTANCE USE BENEFITS, AND MEDICAL/SURGICAL BENEFITS,
23	INCLUDING THE N	IUMB	ER AND PERCENT OF CLAIMS PAID FOR OUT-OF-NETWORK
24	USE OF:		
		<i>(</i> -)	
25	•	(I)	OUTPATIENT VISITS;
26		(II)	INPATIENT HOSPITALIZATION; AND
20		(11)	THE THOSE HADDATION, AND
27	,	(III)	NONHOSPITAL RESIDENTIAL FACILITIES; AND
		` /	
28	(6)	DET/	HLS ON CLAIM REIMBURSEMENT, INCLUDING:
		<i>(</i> -)	
29		(I)	CLAIM EXPENSES FOR EACH MEMBER FOR EACH MONTH
30	FOR MENTAL		LTH BENEFITS, SUBSTANCE USE BENEFITS, AND

1	(H) THE AVERAGE REIMBURSEMENT RATE FOR PSYCHIATRISTS
2	AND NONPSYCHIATRIST PHYSICIANS FOR EACH EVALUATION AND MANAGEMENT
3	Common Procedural Technology code;
	()
4	(HI) THE NETWORK PROVIDER REIMBURSEMENT RATE
5	METHODOLOGY BY PARITY ACT CLASSIFICATION AND THE AUDITS CONDUCTED TO
6	ASSESS COMPLIANCE WITH THE RATE METHODOLOGY; AND
7	(IV) THE METHODOLOGY FOR DETERMINING THE ALLOWABLE
8	AMOUNT FOR OUT-OF-NETWORK MENTAL HEALTH BENEFITS, SUBSTANCE USE
9	BENEFITS, AND MEDICAL/SURGICAL BENEFITS, INCLUDING ANY REDUCTIONS MADE
10	IN ALLOWABLE AMOUNTS FOR SPECIFIED PROVIDERS OR SERVICES AND THE AUDITS
11	CONDUCTED TO ASSESS COMPLIANCE WITH METHODOLOGIES.
11	CONDUCTED TO RESERVE COMPLETIVED WITH METHODOBOGIES.
12	(E) THE REPORTS REQUIRED UNDER SUBSECTIONS (C) AND (D) OF THIS
13	SECTION SHALL:
14	(1) BE SUBMITTED ON A STANDARD FORM DEVELOPED BY THE
15	COMMISSIONER;
16	(2) BE SUBMITTED BY THE CARRIER THAT ISSUES OR DELIVERS THE
17	HEALTH BENEFIT PLAN;
18	(3) BE PREPARED IN COORDINATION WITH ANY ENTITY THE CARRIER
19	CONTRACTS WITH TO PROVIDE MENTAL HEALTH BENEFITS AND SUBSTANCE
20	DISORDER BENEFITS;
21	(4) CONTAIN A STATEMENT, SIGNED BY THE CARRIER'S CHIEF
22	EXECUTIVE OFFICER, ATTESTING TO THE ACCURACY OF THE INFORMATION
23	CONTAINED IN THE REPORT;
0.4	(F) DE MADE ANAMA DI EMO ALL DI ANAMEMBERG AND DENERICIA DI G
24	(5) BE MADE AVAILABLE TO ALL PLAN MEMBERS AND BENEFICIARIES
25	ON THE CARRIER'S WEBSITE AND ON REQUEST;
0.0	(C) DE AVAILABLE DO DLAN MEMBERG AND DHE BURLIG ON DHE
26	(6) BE AVAILABLE TO PLAN MEMBERS AND THE PUBLIC ON THE
27	CARRIER'S WEBSITE IN A SUMMARY FORM DEVELOPED BY THE COMMISSIONER; AND
28	(7) EXCLUDE ANY IDENTIFYING INFORMATION OF ANY PLAN
20 29	MEMBERS.
49	WIDWIDDING.
30	(F) THE COMMISSIONER SHALL:

1		(1)	REVIEW EACH REPORT SUBMITTED IN ACCORDANCE WITH
2	SUBSECTIO	ONS ((C) AND (D) OF THIS SECTION TO ASSESS EACH CARRIER'S
3	COMPLIAN	CE WIT	THE PARITY ACT;
4		(2)	NOTIFY A CARRIER OF ANY NONCOMPLIANCE WITH THE PARITY
5	ACT;	` '	
6		(3)	REQUIRE THE CARRIER TO ADDRESS ANY NONCOMPLIANCE WITH
7	THE PARIT	YACT	WITHIN 90 DAYS AFTER THE CARRIER IS NOTIFIED UNDER ITEM (2)
8	OF THIS SU	BSECT	YON;
9		(4)	REQUIRE THE CARRIER TO SEND NOTIFICATION TO MEMBERS AND
0	BENEFICIA	RIES C	OF THE CARRIER'S NONCOMPLIANCE;
1		(5)	REQUIRE REIMBURSEMENT TO MEMBERS AND BENEFICIARIES
2	FOR COSTS	S INCU	RRED AS A RESULT OF ANY NONCOMPLIANCE WITH THE PARITY
13	ACT; AND		
4		(6)	AS APPROPRIATE, IMPOSE A PENALTY FOR EACH VIOLATION.
5	(G)	(1)	THE COMMISSIONER SHALL IMPOSE A PENALTY OF \$5,000 FOR
6	EACH DAY	FOR W	WHICH A CARRIER FAILS TO SUBMIT A REPORT REQUIRED UNDER
7	SUBSECTION	ON (C) (OR (D) OF THIS SECTION.
18		(2)	THE PENALTIES COLLECTED UNDER PARAGRAPH (1) OF THIS
9	SUBSECTION	ON SHA	LL BE USED BY THE COMMISSIONER ONLY FOR ENFORCEMENT OF
20	A CARRIER	'S COM	IPLIANCE WITH THE PARITY ACT.
21	(H)	THE	Commissioner shall:
22		(1)	ON OR BEFORE DECEMBER 31, 2019, CREATE A STANDARD FORM
23	FOR ENTIT	TES TO	SUBMIT THE REPORTS IN ACCORDANCE WITH SUBSECTION (E)(1)
24	OF THIS SE	CTION	; AND
25		(2)	ON OR BEFORE DECEMBER 31, 2019, CREATE A SUMMARY FORM
26	FOR ENTIT	TES TO	POST WITH THEIR REPORTS IN ACCORDANCE WITH SUBSECTION
27	(E)(6) OF T	THIS SE	CTION.
28	(I)	On c	OR BEFORE DECEMBER 31, 2019, THE COMMISSIONER SHALL, IN
29	CONSULTA	TION	WITH INTERESTED STAKEHOLDERS, ADOPT REGULATIONS TO
30	IMPLEMEN	TTHIS	SECTION.

31 <u>SECTION 2. AND BE IT FURTHER ENACTED, That the Laws of Maryland read</u> 32 as follows:

Article - Insurance 1 2 15 - 802.3 In this section the following words have the meanings indicated. (a) (1) "Alcohol misuse" has the meaning stated in § 8–101 of the Health – 4 (2)5 General Article. "ASAM CRITERIA" MEANS THE MOST RECENT EDITION OF THE 6 AMERICAN SOCIETY OF ADDICTION MEDICINE TREATMENT CRITERIA FOR 7 ADDICTIVE, SUBSTANCE-RELATED, AND CO-OCCURRING CONDITIONS THAT 8 9 ESTABLISHES GUIDELINES FOR PLACEMENT, CONTINUED STAY AND TRANSFER OR DISCHARGE OF PATIENTS WITH ADDICTION AND CO-OCCURRING CONDITIONS. 10 11 [(3)] **(4)** "Drug misuse" has the meaning stated in § 8–101 of the Health 12 - General Article. 13 [(4)] **(5)** "Grandfathered health plan coverage" has the meaning stated in 45 C.F.R. § 147.140. 14 15 [(5)] **(6)** "Health benefit plan": 16 for a group or blanket plan, has the meaning stated in § 15–1401 (i) of this title: and 17 18 (ii) for an individual plan, has the meaning stated in § 15–1301 of this title. 19 20 "Managed care system" means a system of cost containment [(6)] **(7)** methods that a carrier uses to review and preauthorize a treatment plan developed by a 21health care provider for a covered individual in order to control utilization, quality, and 2223 claims. 24[(7)] **(8)** "Partial hospitalization" means the provision of medically directed intensive or intermediate short-term treatment: 2526 (i) to an insured, subscriber, or member; 27 in a licensed or certified facility or program; (ii) 28 for mental illness, emotional disorders, drug misuse, or alcohol (iii) 29 misuse; and 30 (iv) for a period of less than 24 hours but more than 4 hours in a day.

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may not be less than 60 days.

1 2	article.	[(8)]	(9)	"Small employer" has the meaning stated in § 31–101 of this
3 4 5 6		ies to e delive	each in ery in t	ception of small employer grandfathered health plan coverage, this dividual, group, and blanket health benefit plan that is delivered he State by an insurer, a nonprofit health service plan, or a health n.
7 8 9	(c) benefits for disorder, or	the dia	agnosis	nefit plan subject to this section shall provide at least the following and treatment of a mental illness, emotional disorder, drug use isorder:
10 11	including ho	(1) ospital		ient benefits for services provided in a licensed or certified facility, ent and residential treatment center benefits;
12		(2)	partia	al hospitalization benefits; and
13 14 15	_		ion, op	tient and intensive outpatient benefits, including all office visits, ioid treatment services, medication evaluation and management, uropsychological testing for diagnostic purposes.
16 17 18			t of me	enefits under this section are required only for expenses arising ntal illnesses, emotional disorders, drug misuse, or alcohol misuse gment of health care providers:
19 20	misuse is tro	eatable	(i) e; and	the mental illness, emotional disorder, drug misuse, or alcohol
21			(ii)	the treatment is medically necessary.
22		(2)	The b	enefits required under this section:
23 24	emotional d	isorder	(i) rs, drug	shall be provided as one set of benefits covering mental illnesses, g misuse, and alcohol misuse;
25 26	C.F.R. § 259	90.712((ii) a) thro	shall comply with 45 C.F.R. § 146.136(a) through (d) and 29 ugh (d);
27 28	under a mai	naged o	(iii) care sy	subject to paragraph (3) of this subsection, may be delivered stem; and
29			(iv)	for partial hospitalization under subsection (c)(2) of this section,

- 1 (3)The benefits required under this section may be delivered under a 2 managed care system only if the benefits for physical illnesses covered under the health 3 benefit plan are delivered under a managed care system. 4 **(4)** The processes, strategies, evidentiary standards, or other factors used 5 to manage the benefits required under this section must be comparable as written and in 6 operation to, and applied no more stringently than, the processes, strategies, evidentiary 7 standards, or other factors used to manage the benefits for physical illnesses covered under the health benefit plan. 8 9 An insurer, nonprofit health service plan, or health maintenance 10 organization Imay not charge a copayment for methadone maintenance treatment that is 11 greater than 50% of the daily cost for methadone maintenance treatment] SHALL USE THE ASAM CRITERIA FOR ALL MEDICAL NECESSITY AND UTILIZATION MANAGEMENT 12 13 DETERMINATIONS FOR SUBSTANCE USE DISORDER BENEFITS. 14 An entity that issues or delivers a health benefit plan subject to this section 15 shall provide on its [Web site] WEBSITE and annually in print to its insureds or members: 16 notice about the benefits required under this section and the federal 17 Mental Health Parity and Addiction Equity Act; and 18 (2)notice that the insured or member may contact the Administration for 19 further information about the benefits. 20An entity that issues or delivers a health benefit plan subject to this section (f) 21shall: 22(1) post a release of information authorization form on its [Web site] 23WEBSITE; and 24(2)provide a release of information authorization form by standard mail 25within 10 business days after a request for the form is received. 2615-10A-02. 27Each carrier shall establish an internal grievance process for its members. (a) 28 An internal grievance process shall meet the same
- 30 (2) In addition to the requirements of Subtitle 10B of this title, an internal 31 grievance process established by a carrier under this section shall:

established under Subtitle 10B of this title.

1	(i) include an expedited procedure for use in an emergency case for
3	purposes of rendering a grievance decision within 24 hours of the date a grievance is filed with the carrier;
4 5	(ii) provide that a carrier render a final decision in writing on a grievance within 30 working days after the date on which the grievance is filed unless:
6 7	1. the grievance involves an emergency case under item (i) of this paragraph;
8 9 10	2. the member, the member's representative, or a health care provider filing a grievance on behalf of a member agrees in writing to an extension for a period of no longer than 30 working days; or
11 12	3. the grievance involves a retrospective denial under item (iv) of this paragraph;
13 14	(iii) allow a grievance to be filed on behalf of a member by a health care provider or the member's representative;
15 16 17	(iv) provide that a carrier render a final decision in writing on a grievance within 45 working days after the date on which the grievance is filed when the grievance involves a retrospective denial; and
18 19 20	(v) for a retrospective denial, allow a member, the member's representative, or a health care provider on behalf of a member to file a grievance for at least 180 days after the member receives an adverse decision.
21 22 23 24	(3) For purposes of using the expedited procedure for an emergency case that a carrier is required to include under paragraph (2)(i) of this subsection, the Commissioner shall define by regulation the standards required for a grievance to be considered an emergency case.
25 26 27	(c) Except as provided in subsection (d) of this section, the carrier's internal grievance process shall be exhausted prior to filing a complaint with the Commissioner under this subtitle.
28 29 30 31	(d) (1) (i) A member, the member's representative, or a health care provider filing a complaint on behalf of a member may file a complaint with the Commissioner without first filing a grievance with a carrier and receiving a final decision on the grievance if:
32 33	1. the carrier waives the requirement that the carrier's internal grievance process be exhausted before filing a complaint with the Commissioner;
34 35	2. the carrier has failed to comply with any of the requirements of the internal grievance process as described in this section; or

1	3. the member, the member's representative, or the health
$\frac{1}{2}$	care provider provides sufficient information and supporting documentation in the
3	complaint that demonstrates a compelling reason to do so.
9	tomplante that admonstrates a compening reason to access
4	(ii) The Commissioner shall define by regulation the standards that
5	the Commissioner shall use to decide what demonstrates a compelling reason under
6	subparagraph (i) of this paragraph.
7	(2) Subject to subsections (b)(2)(ii) and (h) of this section, a member, a
8	member's representative, or a health care provider may file a complaint with the
9	Commissioner if the member, the member's representative, or the health care provider does
10	not receive a grievance decision from the carrier on or before the 30 th working day on which
11	the grievance is filed.
10	(9) 117 (1 (2 : : : : : : : : : : : : : : : : : :
12	(3) Whenever the Commissioner receives a complaint under paragraph (1)
13	or (2) of this subsection, the Commissioner shall notify the carrier that is the subject of the
14	complaint within 5 working days after the date the complaint is filed with the
15	Commissioner.
16	(e) Each carrier shall:
10	(6) Bach carrier shan.
17	(1) file for review with the Commissioner and submit to the Health
18	Advocacy Unit a copy of its internal grievance process established under this subtitle; and
10	Travocacy Cliff a copy of its internal grievance process established under time subtitle, and
19	(2) file any revision to the internal grievance process with the
20	Commissioner and the Health Advocacy Unit at least 30 days before its intended use.
	commissioner and the recard real codes, commission and real codes and codes are codes and codes and codes are codes are codes and codes are codes and codes are codes are codes and codes are codes are codes are codes and codes are codes
21	(f) For nonemergency cases, when a carrier renders an adverse decision, the
22	carrier shall:
23	(1) document the adverse decision in writing after the carrier has provided
24	oral communication of the decision to the member, the member's representative, or the
25	health care provider acting on behalf of the member; and
26	(2) send, within 5 working days after the adverse decision has been made
27	a written notice to the member, the member's representative, and a health care provided
28	acting on behalf of the member that:
29	(i) states in detail in clear, understandable language the specific
30	factual bases for the carrier's decision;
31	(ii) references the specific criteria and standards, including
32	interpretive guidelines, on which the decision was based, and may not solely use
33	generalized terms such as "experimental procedure not covered", "cosmetic procedure not
34	covered", "service included under another procedure", or "not medically necessary";

1 2	(iii) e	states the name, business address, and business telephone
3	=======================================	the medical director or associate medical director, as
4	appropriate, who made the	decision if the carrier is a health maintenance organization; or
5	1 1 '1''' C	the designated employee or representative of the carrier
6 7	health maintenance organi	the carrier's internal grievance process if the carrier is not a ization;
8 9	(iv) and procedures under this	gives written details of the carrier's internal grievance process subtitle; and
10	(v) i	ncludes the following information:
11	=	that the member, the member's representative, or a health
12		he member has a right to file a complaint with the Commissioner
13	within 4 months after rece	ipt of a carrier's grievance decision;
14	<i>ु</i> च	2. that a complaint may be filed without first filing a
15	grievance if the member, t	the member's representative, or a health care provider filing a
16		e member can demonstrate a compelling reason to do so as
17	determined by the Commis	esioner;
18	<u>.</u> €	3. the Commissioner's address, telephone number, and
19	facsimile number;	
20	<u> </u>	1. a statement that the Health Advocacy Unit is available to
21		nember's representative in both mediating and filing a grievance
22	under the carrier's interna	l grievance process; [and]
23	€	5. the address, telephone number, facsimile number, and
24	electronic mail address of t	the Health Advocacy Unit; AND
25	•	G. FOR A COVERAGE DECISION FOR MENTAL HEALTH
26	BENEFITS OR SUBSTAN	CE USE DISORDER BENEFITS, NOTICE REGARDING THE
27	BENEFITS REQUIRED UN	DER § 15–802 OF THIS ARTICLE AND THE FEDERAL MENTAL
28	HEALTH PARITY AND AD	DICTION EQUITY ACT AND NOTICE THAT THE MEMBER MAY
29	CONTACT THE COMMISSION	IONER FOR FURTHER INFORMATION ABOUT BENEFITS.
30		orking days after a member, the member's representative, or a
31		has filed a grievance on behalf of a member, files a grievance
32		ne carrier does not have sufficient information to complete its
33	internal grievance process,	the carrier shall:

1	(1) notify the member, the member's representative, or the health care
2	provider that it cannot proceed with reviewing the grievance unless additional information
3	is provided; and
4	(2) assist the member, the member's representative, or the health care
5	provider in gathering the necessary information without further delay.
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6	(h) A carrier may extend the 30-day or 45-day period required for making a final
7	grievance decision under subsection (b)(2)(ii) of this section with the written consent of the
8	member, the member's representative, or the health care provider who filed the grievance
9	on behalf of the member.
10	(i) (1) For nonemergency cases, when a carrier renders a grievance decision,
11	the carrier shall:
11	viio carrior sitari.
12	(i) document the grievance decision in writing after the carrier has
13	provided oral communication of the decision to the member, the member's representative,
14	or the health care provider acting on behalf of the member; and
	,
15	(ii) send, within 5 working days after the grievance decision has been
16	made, a written notice to the member, the member's representative, and a health care
17	provider acting on behalf of the member that:
18	1. states in detail in clear, understandable language the
19	specific factual bases for the carrier's decision;
20	2. references the specific criteria and standards, including
21	interpretive guidelines, on which the grievance decision was based;
22	3. states the name, business address, and business telephone
23	number of:
0.4	A (1 1: 1 1: (1: 1 1: (
24	A. the medical director or associate medical director, as
25	appropriate, who made the grievance decision if the carrier is a health maintenance
26	organization; or
27	B. the designated employee or representative of the carrier
28	who has responsibility for the carrier's internal grievance process if the carrier is not a
29	health maintenance organization; and
30	4. includes the following information:
90	-1. morados mo tonowing intormation.
31	A. that the member or the member's representative has a
32	right to file a complaint with the Commissioner within 4 months after receipt of a carrier's
33	grievance decision;

1	B. the Commissioner's address, telephone number, and
2	facsimile number;
3	C. a statement that the Health Advocacy Unit is available to
4	assist the member or the member's representative in filing a complaint with the
5	Commissioner; [and]
_	
6	D. the address, telephone number, facsimile number, and
7	electronic mail address of the Health Advocacy Unit; AND
8	E. FOR A COVERAGE DECISION FOR MENTAL HEALTH
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_	BENEFITS OR SUBSTANCE USE DISORDER BENEFITS, NOTICE REGARDING THE BENEFITS REQUIRED UNDER § 15-802 OF THIS ARTICLE AND THE FEDERAL MENTAL
LO L1	HEALTH PARITY AND ADDICTION EQUITY ACT AND NOTICE THAT THE MEMBER MAY
$\lfloor 2 \rfloor$	CONTACT THE COMMISSIONER FOR FURTHER INFORMATION ABOUT BENEFITS.
	CONTACT THE COMMISSIONER FOR FURTHER INFORMATION ABOUT BENEFITS.
13	(2) A carrier may not use solely in a notice sent under paragraph (1) of this
4	subsection generalized terms such as "experimental procedure not covered", "cosmetic
15	procedure not covered", "service included under another procedure", or "not medically
6	necessary" to satisfy the requirements of this subsection.
L7	(j) (1) For an emergency case under subsection (b)(2)(i) of this section, within
18	1 day after a decision has been orally communicated to the member, the member's
19	representative, or the health care provider, the carrier shall send notice in writing of any
20	adverse decision or grievance decision to:
21	(i) the member and the member's representative, if any; and
	(,
22	(ii) if the grievance was filed on behalf of the member under
23	subsection (b)(2)(iii) of this section, the health care provider.
24	(2) A notice required to be sent under paragraph (1) of this subsection shall
25	include the following:
26	(i) for an adverse decision, the information required under
27	subsection (f) of this section; and
- •	2.102001011 (2) 01 01112 20001011, 011101
28	(ii) for a grievance decision, the information required under
29	subsection (i) of this section.
30	(k) (1) Each carrier shall include the information required by subsection
31	(f)(2)(iii), (iv), and (v) of this section in the policy, plan, certificate, enrollment materials, or
32	other evidence of coverage that the carrier provides to a member at the time of the member's
33	initial coverage or renewal of coverage.

- (2) Each carrier shall include as part of the information required by paragraph (1) of this subsection a statement indicating that, when filing a complaint with the Commissioner, the member or the member's representative will be required to authorize the release of any medical records of the member that may be required to be reviewed for the purpose of reaching a decision on the complaint.
 - (1) Nothing in this subtitle prohibits a carrier from delegating its internal grievance process to a private review agent that has a certificate issued under Subtitle 10B of this title and is acting on behalf of the carrier.
- 9 (2) If a carrier delegates its internal grievance process to a private review 10 agent, the carrier shall be:
- 11 (i) bound by the grievance decision made by the private review 12 agent acting on behalf of the carrier; and
- 13 (ii) responsible for a violation of any provision of this subtitle
 14 regardless of the delegation made by the carrier under paragraph (1) of this subsection.
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- 16 (a) (1) Each carrier shall establish an internal appeal process for use by its
 17 members, its members' representatives, and health care providers to dispute coverage
 18 decisions made by the carrier.
- 19 The carrier may use the internal grievance process established under 20 Subtitle 10A of this title to comply with the requirement of paragraph (1) of this subsection.
- 21 (b) A carrier under this section shall render a final decision in writing to a member, a member's representative, and a health care provider acting on behalf of the member within 60 working days after the date on which the appeal is filed.
 - (c) Except as provided in subsection (d) of this section, the carrier's internal appeal process shall be exhausted prior to filing a complaint with the Commissioner under this subtitle.
 - (d) A member, a member's representative, or a health care provider filing a complaint on behalf of a member may file a complaint with the Commissioner without first filing an appeal with a carrier only if the coverage decision involves an urgent medical condition, as defined by regulation adopted by the Commissioner, for which care has not been rendered.
 - (e) (1) Within 30 calendar days after a coverage decision has been made, a carrier shall send a written notice of the coverage decision to the member and the member's representative, if any, and, in the case of a health maintenance organization, the treating health care provider.

1	(2) Notice of the coverage decision required to be sent under paragraph (1)
2	of this subsection shall:
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3	(i) state in detail in clear, understandable language, the specific
4	factual bases for the carrier's decision; and
5	(ii) include the following information:
C	1 that the manhon the manhon's nonnegantative and health
6	1. that the member, the member's representative, or a health
1	care provider acting on behalf of the member has a right to file an appeal with the carrier;
8	2. that the member, the member's representative, or a health
9	care provider acting on behalf of the member may file a complaint with the Commissioner
10	without first filing an appeal, if the coverage decision involves an urgent medical condition
11	for which care has not been rendered;
12	3. the Commissioner's address, telephone number, and
13	facsimile number:
10	iacsimine irumber,
14	4. that the Health Advocacy Unit is available to assist the
15	member or the member's representative in both mediating and filing an appeal under the
16	earrier's internal appeal process; [and]
17	
17	5. the address, telephone number, facsimile number, and
18	electronic mail address of the Health Advocacy Unit; AND
19	6. FOR A COVERAGE DECISION FOR MENTAL HEALTH
20	BENEFITS OR SUBSTANCE USE DISORDER BENEFITS, NOTICE REGARDING THE
21	BENEFITS REQUIRED UNDER § 15-802 OF THIS ARTICLE AND THE FEDERAL MENTAL
22	HEALTH PARITY AND ADDICTION EQUITY ACT AND NOTICE THAT THE MEMBER MAY
23	CONTACT THE COMMISSIONER FOR FURTHER INFORMATION ABOUT BENEFITS.
24	(f) (1) Within 30 calendar days after the appeal decision has been made, each
25	carrier shall send to the member, the member's representative, and the health care
26	provider acting on behalf of the member a written notice of the appeal decision.
27	(2) Notice of the appeal decision required to be sent under paragraph (1) of
28	this subsection shall:
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29	(i) state in detail in clear, understandable language the specific
30	factual bases for the carrier's decision; and
31	(ii) include the following information:

1	1. that the member, the member's representative, or a health
2	care provider acting on behalf of the member has a right to file a complaint with the
3	Commissioner within 4 months after receipt of a carrier's appeal decision;
4	2. the Commissioner's address, telephone number, and
5	facsimile number;
C	9
6	3. a statement that the Health Advocacy Unit is available to
7	assist the member in filing a complaint with the Commissioner; [and]
8	4. the address, telephone number, facsimile number, and
9	electronic mail address of the Health Advocacy Unit; AND
O	of contonic man address of the Hearth Havocacy Ching have
10	5. FOR A COVERAGE DECISION FOR MENTAL HEALTH
11	BENEFITS, NOTICE REGARDING THE BENEFITS REQUIRED UNDER § 15–802 OF THIS
12	ARTICLE AND THE FEDERAL MENTAL HEALTH PARITY AND ADDICTION EQUITY ACT
13	AND NOTICE THAT THE MEMBER MAY CONTACT THE COMMISSIONER FOR FURTHER
14	INFORMATION ABOUT BENEFITS.
15	(g) The Commissioner may request the member that filed the complaint or a
16	legally authorized designee of the member to sign a consent form authorizing the release
17	of the member's medical records to the Commissioner or the Commissioner's designee that
18	are needed in order for the Commissioner to make a final decision on the complaint.
10	
19	(h) (1) A carrier shall have the burden of persuasion that its coverage decision
20	or appeal decision, as applicable, is correct:
21	(i) during the review of a complaint by the Commissioner or a
22	designee of the Commissioner; and
23	(ii) in any hearing held in accordance with Title 10, Subtitle 2 of the
24	State Government Article to contest a final decision of the Commissioner made and issued
25	under this subtitle.
26	(2) As part of the review of a complaint, the Commissioner or a designee of
27	the Commissioner may consider all of the facts of the case and any other evidence that the
28	Commissioner or designee of the Commissioner considers appropriate.
29	(i) The Commissioner shall:
40	(i) The Commissioner shan.
30	(1) make and issue in writing a final decision on all complaints filed with
31	the Commissioner under this subtitle that are within the Commissioner's jurisdiction; and
32	(2) provide notice in writing to all parties to a complaint of the opportunity
33	and time period for requesting a hearing to be held in accordance with Title 10, Subtitle 2

$\frac{1}{2}$	of the State Government Article to contest a final decision of the Commissioner made and issued under this subtitle.
3 4 5	SECTION 3. AND BE IT FURTHER ENACTED, That Section 2 of this Act shall take effect January 1, 2020, and shall apply to all policies, contracts, and health benefit plans issued, delivered, or renewed in the State on or after January 1, 2020.
6 7	SECTION 4. AND BE IT FURTHER ENACTED, That, except as provided in Section 3 of this Act, this Act shall take effect October 1, 2019.
8 9 10	SECTION 2. AND BE IT FURTHER ENACTED, That this Act shall apply to all policies, contracts, and health benefit plans issued, delivered, or renewed in the State on or after January 1, 2020.
11 12	SECTION 3. AND BE IT FURTHER ENACTED, That this Act shall take effect January 1, 2020.
	Approved:
	Governor.
	President of the Senate.
	Speaker of the House of Delegates.