Chapter 211

# (House Bill 455)

AN ACT concerning

Health Insurance – <del>Coverage for</del> Mental Health Benefits and Substance Use Disorder Benefits – <del>Treatment Criteria</del> <u>Reports on Nonquantitative Treatment</u> Limitations and Data

FOR the purpose of requiring certain carriers, on or before a certain date each year dates, to submit a report to the Maryland Insurance Commissioner to demonstrate the carrier's compliance with the federal Mental Health Parity and Addiction Equity Act; requiring certain carriers to identify a certain number of health benefit plans that meet certain criteria and conduct a certain comparative analysis; requiring certain carriers, on or before a certain date each year dates, to submit a report to the Commissioner on certain data for certain benefits by certain classification; requiring the reports to include certain information and be submitted in a certain manner; requiring the reports to be prepared in coordination with certain entities, contain a certain statement, and be made available to certain persons in a certain manner; requiring the reports to exclude certain identifiable information; authorizing certain carriers to submit a certain request to the Commissioner that the disclosure of certain information be denied under certain authority of the Public Information Act; requiring the Commissioner to review certain requests and notify a carrier if certain information will be disclosed; requiring a carrier to disclose certain information to certain members; requiring the Commissioner to review the reports, notify a carrier of noncompliance with certain federal law in a certain manner before issuing a certain order, and require allow the carrier to submit a certain plan or take certain actions under certain circumstances; requiring within a certain period of time; authorizing the Commissioner to impose certain penalties; requiring that certain funds be deposited by the Commissioner into a certain fund; requiring the Commissioner, on or before a certain date, to develop certain forms and, in consultation with certain persons, adopt certain regulations; establishing the Parity Enforcement and Education Fund as a special, nonlapsing fund; specifying the purposes of the Fund; requiring the Commissioner to administer the Fund; requiring the State Treasurer to hold the Fund and the Comptroller to account for the Fund; specifying the contents of the Fund; specifying the purpose for which the Fund may be used; providing for the investment of money in and expenditures from the Fund; requiring the interest earnings of the Fund to be credited to the Fund; exempting the Fund from a certain provision of law requiring interest earnings on State money to accrue to the General Fund of the State; requiring certain carriers to include a certain statement in a certain notice of an adverse decision or grievance by a carrier: requiring certain carriers to include a certain statement in a certain notice of a coverage decision or an appeal decision by a carrier; defining certain terms; providing for a delayed effective date for certain provisions of this Act; providing for the application of certain provisions of this Act; specifying that the form the Commissioner is required to develop is a certain tool; requiring the Commissioner to

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submit certain reports to certain committees of the General Assembly on or before certain dates; providing for the termination of this Act; and generally relating to coverage for mental health benefits and substance use disorder benefits.

# BY adding to

Article – Insurance Section 15–144 <del>and 15–145</del> Annotated Code of Maryland (2017 Replacement Volume and 2019 Supplement)

# BY repealing and reenacting, without amendments,

Article - State Finance and Procurement

Section 6-226(a)(2)(i)

**Annotated Code of Maryland** 

(2015 Replacement Volume and 2019 Supplement)

# BY repealing and reenacting, with amendments,

Article - State Finance and Procurement

Section 6-226(a)(2)(ii)121. and 122.

**Annotated Code of Maryland** 

(2015 Replacement Volume and 2019 Supplement)

### BY adding to

Article - State Finance and Procurement

Section 6 - 226(a)(2)(ii)123.

**Annotated Code of Maryland** 

(2015 Replacement Volume and 2019 Supplement)

### BY repealing and reenacting, with amendments.

Article - Insurance

Section 15-10A-02 and 15-10D-02

**Annotated Code of Maryland** 

(2017 Replacement Volume and 2019 Supplement)

SECTION 1. BE IT ENACTED BY THE GENERAL ASSEMBLY OF MARYLAND, That the Laws of Maryland read as follows:

## Article - Insurance

#### **15–144.**

- (A) (1) IN THIS SECTION THE FOLLOWING WORDS HAVE THE MEANINGS INDICATED.
  - (2) "CARRIER" MEANS:

- (I) AN INSURER THAT HOLDS A CERTIFICATE OF AUTHORITY IN THE STATE AND PROVIDES HEALTH INSURANCE IN THE STATE;
- (II) A HEALTH MAINTENANCE ORGANIZATION THAT IS LICENSED TO OPERATE IN THE STATE;
- (III) A NONPROFIT HEALTH SERVICE PLAN THAT IS LICENSED TO OPERATE IN THE STATE; OR
- (IV) ANY OTHER PERSON OR ORGANIZATION THAT PROVIDES HEALTH BENEFIT PLANS SUBJECT TO STATE INSURANCE REGULATION.
  - (3) "HEALTH BENEFIT PLAN" MEANS:
- (I) FOR A LARGE GROUP OR BLANKET PLAN, A HEALTH BENEFIT PLAN AS DEFINED IN § 15–1401 OF THIS TITLE;
- (II) FOR A SMALL GROUP PLAN, A HEALTH BENEFIT PLAN AS DEFINED IN § 15–1201 OF THIS TITLE;
  - (III) FOR AN INDIVIDUAL PLAN:
- 1. A HEALTH BENEFIT PLAN AS DEFINED IN § 15-1301(L) OF THIS TITLE; OR
- 2. AN INDIVIDUAL HEALTH BENEFIT PLAN AS DEFINED IN § 15–1301(O) OF THIS TITLE;
- (IV) SHORT–TERM LIMITED DURATION INSURANCE AS DEFINED IN § 15-1301(s) OF THIS TITLE; OR
- (V) A STUDENT HEALTH PLAN AS DEFINED IN § 15-1318(A) OF THIS TITLE.
- (4) "MEDICAL/SURGICAL BENEFITS" HAS THE MEANING STATED IN 45 C.F.R.  $\S$  146.136(A) AND 29 C.F.R.  $\S$  2590.712(A).
- (5) "MENTAL HEALTH BENEFITS" HAS THE MEANING STATED IN 45 C.F.R. § 146.136(A) AND 29 C.F.R. § 2590.712(A).
- (6) "NONQUANTITATIVE TREATMENT LIMITATION" MEANS TREATMENT LIMITATIONS AS DEFINED IN 45 C.F.R. § 146.136(A) AND 29 C.F.R. § 2590.712(A).

- (7) "PARITY ACT" MEANS THE PAUL WELLSTONE AND PETE DOMENICI MENTAL HEALTH PARITY AND ADDICTION EQUITY ACT OF 2008 AND 45 C.F.R. § 146.136 AND 29 C.F.R. § 2590.712.
  - (8) "PARITY ACT CLASSIFICATION" MEANS:
    - (I) INPATIENT IN-NETWORK BENEFITS;
    - (II) INPATIENT OUT-OF-NETWORK BENEFITS;
    - (III) OUTPATIENT IN-NETWORK BENEFITS;
    - (IV) OUTPATIENT OUT-OF-NETWORK BENEFITS;
    - (V) PRESCRIPTION DRUG BENEFITS; AND
    - (VI) EMERGENCY CARE BENEFITS.
- (9) "Substance use disorder benefits" has the meaning stated in 45 C.F.R. § 146.136(a) and 29 C.F.R. § 2590.712(a).
- (B) THIS SECTION APPLIES TO A CARRIER THAT DELIVERS OR ISSUES FOR DELIVERY A HEALTH BENEFIT PLAN IN THE STATE.
- (C) (1) ON OR BEFORE MARCH 1 EACH YEAR, BEGINNING IN 2021, 2022, AND MARCH 1, 2024, EACH CARRIER SUBJECT TO THIS SECTION SHALL:
- (I) IDENTIFY THE FIVE HEALTH BENEFIT PLANS WITH THE HIGHEST ENROLLMENT FOR EACH PRODUCT OFFERED BY THE CARRIER IN THE INDIVIDUAL, SMALL, AND LARGE GROUP MARKETS; AND
- (II) SUBMIT A REPORT TO THE COMMISSIONER TO DEMONSTRATE THE CARRIER'S COMPLIANCE WITH THE PARITY ACT.
- (2) THE REPORT SUBMITTED UNDER PARAGRAPH (1) OF THIS SUBSECTION SHALL INCLUDE THE FOLLOWING INFORMATION FOR THE HEALTH BENEFIT PLANS IDENTIFIED UNDER ITEM (1)(I) OF THIS SUBSECTION:
- (I) A DESCRIPTION OF THE PROCESS USED TO DEVELOP OR SELECT THE MEDICAL NECESSITY CRITERIA FOR MENTAL HEALTH BENEFITS AND SUBSTANCE USE DISORDER BENEFITS AND THE PROCESS USED TO DEVELOP OR SELECT THE MEDICAL NECESSITY CRITERIA FOR MEDICAL AND SURGICAL BENEFITS;

- (II) FOR EACH PARITY ACT CLASSIFICATION, IDENTIFICATION OF NONQUANTITATIVE TREATMENT LIMITATIONS THAT ARE APPLIED TO MENTAL HEALTH BENEFITS AND SUBSTANCE USE DISORDER BENEFITS AND MEDICAL AND SURGICAL BENEFITS;
- (III) IDENTIFICATION OF THE DESCRIPTION OF THE NONQUANTITATIVE TREATMENT LIMITATIONS IDENTIFIED UNDER ITEM (II) OF THIS PARAGRAPH IN DOCUMENTS AND INSTRUMENTS UNDER WHICH THE PLAN IS ESTABLISHED OR OPERATED; AND
- (IV) THE RESULTS OF THE COMPARATIVE ANALYSIS AS DESCRIBED UNDER SUBSECTIONS (D) AND (E) OF THIS SECTION.
- (D) (1) A CARRIER SUBJECT TO THIS SECTION SHALL CONDUCT A COMPARATIVE ANALYSIS FOR THE NONQUANTITATIVE TREATMENT LIMITATIONS IDENTIFIED UNDER SUBSECTION (C)(2)(II) OF THIS SECTION AS NONQUANTITATIVE TREATMENT LIMITATIONS ARE:
  - (I) WRITTEN; AND
  - (II) IN OPERATION.
- TREATMENT LIMITATIONS IDENTIFIED UNDER SUBSECTION (C)(2)(II) OF THIS SECTION SHALL DEMONSTRATE THAT THE PROCESSES, STRATEGIES, EVIDENTIARY STANDARDS, OR OTHER FACTORS USED IN APPLYING THE MEDICAL NECESSITY CRITERIA AND EACH NONQUANTITATIVE TREATMENT LIMITATION TO MENTAL HEALTH BENEFITS AND SUBSTANCE USE DISORDER BENEFITS IN EACH PARITY ACT CLASSIFICATION ARE COMPARABLE TO, AND ARE APPLIED NO MORE STRINGENTLY THAN, THE PROCESSES, STRATEGIES, EVIDENTIARY STANDARDS, OR OTHER FACTORS USED IN APPLYING THE MEDICAL NECESSITY CRITERIA AND EACH NONQUANTITATIVE TREATMENT LIMITATION TO MEDICAL AND SURGICAL BENEFITS WITHIN THE SAME PARITY ACT CLASSIFICATION.
- (E) IN PROVIDING THE ANALYSIS REQUIRED UNDER SUBSECTION (D) OF THIS SECTION, A CARRIER SHALL:
- (1) IDENTIFY THE FACTORS USED TO DETERMINE THAT A NONQUANTITATIVE TREATMENT LIMITATION WILL APPLY TO A BENEFIT, INCLUDING:
  - (I) THE SOURCES FOR THE FACTORS;

- (II) THE FACTORS THAT WERE CONSIDERED BUT REJECTED;
  AND
- (III) IF A FACTOR WAS GIVEN MORE WEIGHT THAN ANOTHER, THE REASON FOR THE DIFFERENCE IN WEIGHTING;
- (2) IDENTIFY AND DEFINE THE SPECIFIC EVIDENTIARY STANDARDS USED TO DEFINE THE FACTORS AND ANY OTHER EVIDENCE RELIED ON IN DESIGNING EACH NONQUANTITATIVE TREATMENT LIMITATION;
- (3) INCLUDE THE RESULTS OF THE AUDITS, REVIEWS, AND ANALYSES PERFORMED ON THE NONQUANTITATIVE TREATMENT LIMITATIONS IDENTIFIED UNDER SUBSECTION (C)(2)(II) OF THIS SECTION TO CONDUCT THE ANALYSIS REQUIRED UNDER SUBSECTION (D)(2) OF THIS SECTION FOR THE PLANS AS WRITTEN;
- (4) INCLUDE THE RESULTS OF THE AUDITS, REVIEWS, AND ANALYSES PERFORMED ON THE NONQUANTITATIVE TREATMENT LIMITATIONS IDENTIFIED UNDER SUBSECTION (C)(2)(II) OF THIS SECTION TO CONDUCT THE ANALYSIS REQUIRED UNDER SUBSECTION (D)(2) OF THIS SECTION FOR THE PLANS AS IN OPERATION;
- (5) IDENTIFY THE MEASURES USED TO ENSURE COMPARABLE DESIGN AND APPLICATION OF NONQUANTITATIVE TREATMENT LIMITATIONS THAT ARE IMPLEMENTED BY THE CARRIER AND ANY ENTITY DELEGATED BY THE CARRIER TO MANAGE MENTAL HEALTH BENEFITS, SUBSTANCE USE DISORDER BENEFITS, OR MEDICAL/SURGICAL BENEFITS ON BEHALF OF THE CARRIER;
- 6) DISCLOSE THE SPECIFIC FINDINGS AND CONCLUSIONS REACHED BY THE CARRIER THAT INDICATE THAT THE HEALTH BENEFIT PLAN IS IN COMPLIANCE WITH THIS SECTION AND THE PARITY ACT AND ITS IMPLEMENTING REGULATIONS, INCLUDING 45 C.F.R. 146.136 AND 29 C.F.R. 2590.712 AND ANY OTHER RELATED FEDERAL REGULATIONS FOUND IN THE CODE OF FEDERAL REGULATIONS; AND
- (I) LIST ALL MENTAL HEALTH BENEFITS, SUBSTANCE USE DISORDER BENEFITS, AND MEDICAL/SURGICAL BENEFITS OFFERED BY THE CARRIER AND THE PLACEMENT OF EACH BENEFIT IN THE APPLICABLE PARITY ACT CLASSIFICATION OR SUBCLASSIFICATION:
- (II) LIST ALL MENTAL HEALTH BENEFITS AND SUBSTANCE USE DISORDER BENEFITS THAT ARE EXCLUDED FROM COVERAGE BY THE CARRIER AND A DETAILED EXPLANATION FOR THE EXCLUSION:

- (III) LIST ALL NONQUANTITATIVE TREATMENT LIMITATIONS THAT APPLY TO MENTAL HEALTH BENEFITS, SUBSTANCE USE DISORDER BENEFITS, AND MEDICAL/SURGICAL BENEFITS OFFERED BY THE CARRIER BY CLASSIFICATION AND IDENTIFY THE DESCRIPTION OF THE NONQUANTITATIVE TREATMENT LIMITATIONS IN THE CARRIER'S PLAN DOCUMENTS:
- (IV) LIST THE FACTORS CONSIDERED IN THE DESIGN OF EACH NONQUANTITATIVE TREATMENT LIMITATION LISTED UNDER ITEM (III) OF THIS PARAGRAPH, INCLUDING:
- 1. THE TITLE AND QUALIFICATIONS OF THE EMPLOYEE
  WHO MAKES THE DECISIONS RELATED TO THE ADOPTION AND IMPLEMENTATION OF
  THE FACTORS:
- 2. A DESCRIPTION OF HOW THE FACTORS WERE USED TO APPLY EACH NONQUANTITATIVE TREATMENT LIMITATION TO MENTAL HEALTH BENEFITS, SUBSTANCE USE DISORDER BENEFITS, AND MEDICAL/SURGICAL BENEFITS;
- 3. AN EXPLANATION ABOUT WHETHER ANY FACTOR WAS GIVEN MORE WEIGHT THAN ANOTHER FACTOR: AND
- 4. IF A FACTOR WAS GIVEN MORE WEIGHT THAN ANOTHER FACTOR, THE REASON FOR THE DIFFERENCE IN WEIGHTING;
- (V) IDENTIFY THE SOURCES USED TO DEFINE OR ESTABLISH A THRESHOLD FOR APPLYING THE FACTORS LISTED UNDER ITEM (IV) OF THIS PARAGRAPH. INCLUDING:
- 1. AN IDENTIFICATION OF EACH PROCESS, STRATEGY, OR EVIDENTIARY STANDARD USED TO DESIGN THE NONQUANTITATIVE TREATMENT LIMITATION; AND
- 2. AN EXPLANATION OF THE PROCESS AND FACTORS RELIED ON FOR ESTABLISHING ANY VARIATION IN THE APPLICATION OF A GUIDELINE OR STANDARD FOR MENTAL HEALTH BENEFITS, SUBSTANCE USE DISORDER BENEFITS, AND MEDICAL/SURGICAL BENEFITS;
- (VI) INCLUDE A COMPARATIVE ANALYSIS THAT DEMONSTRATES
  THAT, AS WRITTEN, THE PROCESSES, STRATEGIES, EVIDENTIARY STANDARDS, AND
  ANY OTHER FACTORS USED TO DESIGN AND APPLY EACH NONQUANTITATIVE
  TREATMENT LIMITATION ARE COMPARABLE TO AND APPLIED NO MORE

STRINGENTLY TO MENTAL HEALTH BENEFITS AND SUBSTANCE USE DISORDER BENEFITS THAN MEDICAL/SURGICAL BENEFITS. INCLUDING:

1. THE ANALYSIS, AUDIT, OR METHOD USED TO ASSESS COMPARABILITY AND NO-MORE-STRINGENT APPLICATION IN THE DESIGN AND APPLICATION OF EACH NONQUANTITIATIVE TREATMENT LIMITATION: AND

2. THE IDENTIFICATION OF MEASURES THAT WERE USED TO ENSURE COMPARABLE DESIGN AND APPLICATION OF NONQUANTITATIVE TREATMENT LIMITATIONS THAT ARE IMPLEMENTED BY THE CARRIER AND ANY ENTITY DELEGATED TO MANAGE MENTAL HEALTH BENEFITS, SUBSTANCE USE DISORDER BENEFITS, OR MEDICAL/SURGICAL BENEFITS ON BEHALF OF THE CARRIER:

(VII) INCLUDE A COMPARATIVE ANALYSIS THAT DEMONSTRATES, FOR THE PLAN IN OPERATION, THAT THE PROCESSES, STRATEGIES, AND EVIDENTIARY STANDARDS USED TO IMPLEMENT EACH NONQUANTITATIVE TREATMENT LIMITATION ARE COMPARABLE TO THE PROCESSES, STRATEGIES, AND EVIDENTIARY STANDARDS USED TO IMPLEMENT EACH NONQUANTITATIVE TREATMENT LIMITATION TO MEDICAL/SURGICAL BENEFITS AND ARE APPLIED NO MORE STRINGENTLY TO MENTAL HEALTH BENEFITS AND SUBSTANCE USE DISORDER BENEFITS THAN TO MEDICAL/SURGICAL BENEFITS, INCLUDING:

1. THE ANALYSIS, AUDIT, OR METHOD USED TO ASSESS COMPARABILITY AND NO-MORE-STRINGENT APPLICATION IN THE IMPLEMENTATION OF EACH NONQUANTITATIVE TREATMENT LIMITATION;

2. THE IDENTIFICATION OF MEASURES THAT WERE USED TO ENSURE COMPARABLE IMPLEMENTATION OF NONQUANTITATIVE TREATMENT LIMITATIONS BY THE CARRIER AND ANY ENTITY DELEGATED TO MANAGE MENTAL HEALTH BENEFITS, SUBSTANCE USE DISORDER BENEFITS, OR MEDICAL/SURGICAL BENEFITS ON BEHALF OF THE CARRIER; AND

3. THE NUMBER OF CLAIMS SUBMITTED IN THE IMMEDIATELY PRECEDING PLAN YEAR FOR MENTAL HEALTH BENEFITS, SUBSTANCE USE DISORDER BENEFITS, AND MEDICAL/SURGICAL BENEFITS BY CLASSIFICATION AND THE NUMBER AND RATE OF CLAIMS DENIED FOR EACH BENEFIT BY CLASSIFICATION; AND

(VIII) (7) IDENTIFY THE PROCESS USED TO COMPLY WITH THE PARITY ACT DISCLOSURE REQUIREMENTS FOR MENTAL HEALTH BENEFITS, SUBSTANCE USE DISORDER BENEFITS, AND MEDICAL/SURGICAL BENEFITS, INCLUDING:

 $\pm$  (I) THE CRITERIA FOR A MEDICAL NECESSITY DETERMINATION;

## 2. (II) REASONS FOR A DENIAL OF BENEFITS; AND

- 3. (III) IN CONNECTION WITH A MEMBER'S REQUEST FOR GROUP PLAN INFORMATION AND FOR PURPOSES OF FILING AN INTERNAL COVERAGE OR GRIEVANCE MATTER AND APPEALS, PLAN DOCUMENTS THAT CONTAIN INFORMATION ABOUT PROCESSES, STRATEGIES, EVIDENTIARY STANDARDS, AND ANY OTHER FACTORS USED TO APPLY A NONQUANTITATIVE TREATMENT LIMITATION.
- (D) (F) ON OR BEFORE MARCH 1 EACH YEAR, BEGINNING IN 2021, 2022, AND MARCH 1, 2024, EACH CARRIER SUBJECT TO THIS SECTION SHALL SUBMIT A REPORT FOR THE HEALTH BENEFIT PLANS IDENTIFIED UNDER SUBSECTION (C)(1)(I) OF THIS SECTION TO THE COMMISSIONER ON THE CARRIER'S FOLLOWING DATA FOR THE IMMEDIATELY PRECEDING CALENDAR YEAR FOR MENTAL HEALTH BENEFITS, SUBSTANCE USE DISORDER BENEFITS, AND MEDICAL/SURGICAL BENEFITS BY PARITY ACT CLASSIFICATION; INCLUDING:
- (1) THE FREQUENCY, REPORTED BY NUMBER AND RATE, WITH WHICH THE HEALTH BENEFIT PLAN RECEIVED, APPROVED, AND DENIED PRIOR AUTHORIZATION REQUESTS FOR MENTAL HEALTH BENEFITS, SUBSTANCE USE DISORDER BENEFITS, AND MEDICAL AND SURGICAL BENEFITS IN EACH PARITY ACT CLASSIFICATION DURING THE IMMEDIATELY PRECEDING CALENDAR YEAR; AND
- (2) THE NUMBER OF CLAIMS SUBMITTED FOR MENTAL HEALTH BENEFITS, SUBSTANCE USE DISORDER BENEFITS, AND MEDICAL AND SURGICAL BENEFITS IN EACH PARITY ACT CLASSIFICATION DURING THE IMMEDIATELY PRECEDING CALENDAR YEAR AND THE NUMBER AND RATES OF, AND REASONS FOR, DENIAL OF CLAIMS.
- (1) THE DELIVERY OF MENTAL HEALTH AND SUBSTANCE USE DISORDER SERVICES, INCLUDING THE TOTAL NUMBER OF MEMBERS WHO RECEIVED SERVICES FOR A COVERED BENEFIT UNDER §§ 15–802 AND 15–840 OF THIS TITLE, REPORTED SEPARATELY FOR A PRIMARY DIAGNOSIS OF MENTAL ILLNESS OR MENTAL DISORDER AND A PRIMARY DIAGNOSIS OF ALCOHOL OR DRUG MISUSE BASED ON THE FOLLOWING LEVELS OF CARE:
  - (I) OUTPATIENT;
  - (II) INTENSIVE OUTPATIENT;

- (III) OPIOID TREATMENT SERVICES;
- (IV) PARTIAL HOSPITALIZATION;
- (V) RESIDENTIAL TREATMENT;
- (VI) INPATIENT TREATMENT; AND
- (VII) RESIDENTIAL CRISIS SERVICES;
- (2) THE TOTAL NUMBER OF MEMBERS RECEIVING SERVICES FOR WHICH DATA IS PROVIDED UNDER ITEM (1) OF THIS SUBSECTION CALCULATED PER 1.000 MEMBERS:
- (3) UTILIZATION MANAGEMENT REQUIREMENTS AND PLAN DECISIONS RELATED TO PRIOR AUTHORIZATION AND CONCURRENT OR CONTINUING REVIEW BY PARITY ACT CLASSIFICATION, INCLUDING:
- (I) THE NUMBER AND PERCENTAGE OF COVERED SERVICES
  AND PRESCRIPTION DRUGS SUBJECT TO EACH LEVEL OF REVIEW;
- (II) THE NUMBER AND PERCENTAGE OF REQUESTED SERVICES
  AND PRESCRIPTION DRUGS APPROVED AT EACH LEVEL OF REVIEW:
- (III) THE NUMBER AND PERCENTAGE OF REQUESTED SERVICES
  AND PRESCRIPTION DRUGS DENIED AT EACH LEVEL OF REVIEW;
- (IV) THE NUMBER AND PERCENTAGE OF REQUESTED SERVICES
  DENIED WITH AN APPROVAL FOR A LOWER LEVEL OF CARE OR A DIFFERENT
  PRESCRIPTION DRUG:
- (V) THE NUMBER AND PERCENTAGE OF REQUESTED SERVICES
  DENIED BASED ON NONCOVERED SERVICE, MEDICAL NECESSITY CRITERIA,
  EXPERIMENTAL OR INVESTIGATIVE SERVICE, INCOMPLETE SUBMISSION,
  DUPLICATE SUBMISSION, OR ANY ADDITIONAL REASON; AND
- (VI) FOR CONCURRENT OR CONTINUING REVIEW, THE AVERAGE NUMBER OF DAYS AUTHORIZED FOR EACH REVIEW PERIOD AND AVERAGE INTERVAL FOR REQUIRING REVIEW, EXPRESSED IN THE NUMBER OF DAYS;
- (4) DENIALS AND APPEALS OF ADVERSE AND COVERAGE DECISIONS
  REPORTED SEPARATELY FOR MENTAL HEALTH BENEFITS, SUBSTANCE USE

DISORDER BENEFITS, AND MEDICAL/SURGICAL BENEFITS BY PARITY ACT CLASSIFICATION. INCLUDING:

- (I) THE NUMBER AND PERCENTAGE OF DENIALS OF A REQUESTED SERVICE:
- (II) THE NUMBER AND PERCENTAGE OF DECISIONS FOR WHICH A PEER-TO-PEER REVIEW WAS REQUESTED;
- (HI) THE NUMBER AND PERCENTAGE OF DECISIONS THAT WERE APPEALED AND THE RESULT OF THE APPEALS: AND
- (IV) THE NUMBER AND PERCENTAGE OF DECISIONS THAT WENT TO EXTERNAL REVIEW AT THE ADMINISTRATION AND THE RESULT OF THE APPEALS:
- (5) NETWORK UTILIZATION REPORTED SEPARATELY FOR MENTAL HEALTH BENEFITS, SUBSTANCE USE DISORDER BENEFITS, AND MEDICAL/SURGICAL BENEFITS, INCLUDING THE NUMBER AND PERCENTAGE OF CLAIMS PAID FOR IN-NETWORK AND OUT-OF-NETWORK USE OF:
  - (I) OUTPATIENT VISITS:
  - (H) OUTPATIENT FACILITY SERVICES;
  - (III) INPATIENT HOSPITALIZATION; AND
  - (IV) NONHOSPITAL RESIDENTIAL FACILITIES; AND
  - (6) DETAILS ON CLAIM REIMBURSEMENT, INCLUDING:
- (I) ANNUAL CLAIM EXPENSES CALCULATED AS AN AVERAGE OF ALL MEMBER PAYMENTS FOR EACH MEMBER FOR EACH MONTH FOR MENTAL HEALTH BENEFITS, SUBSTANCE USE DISORDER BENEFITS, AND MEDICAL/SURGICAL BENEFITS:
- (II) THE AVERAGE PAYMENT RATE FOR PSYCHIATRISTS AND NONPSYCHIATRIST PHYSICIANS FOR EACH EVALUATION AND MANAGEMENT COMMON PROCEDURAL TECHNOLOGY CODE AND THE PERCENTAGE REDUCTIONS OR INCREASES IN RELATION TO THE MEDICARE FEE SCHEDULE FOR PSYCHIATRISTS AND NONPSYCHIATRIST PHYSICIANS FOR EACH CODE;
- (HI) THE NETWORK PROVIDER REIMBURSEMENT RATE METHODOLOGY BY PARITY ACT CLASSIFICATION AND THE AUDITS CONDUCTED TO ASSESS PARITY ACT COMPLIANCE OF THE RATE METHODOLOGY; AND

- (IV) THE METHODOLOGY FOR DETERMINING THE ALLOWABLE AMOUNT FOR OUT-OF-NETWORK MENTAL HEALTH BENEFITS, SUBSTANCE USE DISORDER BENEFITS, AND MEDICAL/SURGICAL BENEFITS, INCLUDING ANY REDUCTIONS MADE IN ALLOWABLE AMOUNTS FOR SPECIFIED PROVIDERS OR SERVICES AND THE AUDITS CONDUCTED TO ASSESS COMPLIANCE WITH METHODOLOGIES.
- (E) (G) THE REPORTS REQUIRED UNDER SUBSECTIONS (C) AND (D) (F) OF THIS SECTION SHALL:
- (1) BE SUBMITTED ON A STANDARD FORM DEVELOPED BY THE COMMISSIONER;
- (2) BE SUBMITTED BY THE CARRIER THAT ISSUES OR DELIVERS THE HEALTH BENEFIT PLAN;
- (3) BE PREPARED IN COORDINATION WITH ANY ENTITY THE CARRIER CONTRACTS WITH TO PROVIDE MENTAL HEALTH BENEFITS AND SUBSTANCE USE DISORDER BENEFITS;
- (4) CONTAIN A STATEMENT, SIGNED BY THE CARRIER'S CHIEF EXECUTIVE A CORPORATE OFFICER, ATTESTING TO THE ACCURACY OF THE INFORMATION CONTAINED IN THE REPORT;
- (5) BE MADE AVAILABLE TO ALL PLAN MEMBERS AND BENEFICIARIES ON THE CARRIER'S WEBSITE AND ON REQUEST:
- (6) BE AVAILABLE TO PLAN MEMBERS AND THE PUBLIC ON THE CARRIER'S WEBSITE IN A SUMMARY FORM <u>THAT REMOVES CONFIDENTIAL OR PROPRIETARY INFORMATION AND IS</u> DEVELOPED BY THE COMMISSIONER <u>IN ACCORDANCE WITH SUBSECTION (M)(2) OF THIS SECTION;</u> AND
- (7) (6) EXCLUDE ANY IDENTIFYING INFORMATION OF ANY PLAN MEMBER.
- (H) (1) A CARRIER SUBMITTING A REPORT UNDER SUBSECTIONS (C) AND (F) OF THIS SECTION MAY SUBMIT A WRITTEN REQUEST TO THE COMMISSIONER THAT DISCLOSURE OF SPECIFIC INFORMATION INCLUDED IN THE REPORT BE DENIED UNDER THE PUBLIC INFORMATION ACT AND, IF SUBMITTING A REQUEST, SHALL:

- (I) <u>IDENTIFY THE PARTICULAR INFORMATION THE</u> DISCLOSURE OF WHICH THE CARRIER REQUESTS BE DENIED; AND
- (II) CITE THE STATUTORY AUTHORITY UNDER THE PUBLIC INFORMATION ACT THAT AUTHORIZES DENIAL OF ACCESS TO THE INFORMATION.
- (2) THE COMMISSIONER MAY REVIEW A REQUEST SUBMITTED UNDER PARAGRAPH (1) OF THIS SUBSECTION ON RECEIPT OF A REQUEST FOR ACCESS TO THE INFORMATION UNDER THE PUBLIC INFORMATION ACT.
- (3) THE COMMISSIONER MAY NOTIFY THE CARRIER THAT SUBMITTED THE REQUEST UNDER PARAGRAPH (1) OF THIS SUBSECTION BEFORE GRANTING ACCESS TO INFORMATION THAT WAS THE SUBJECT OF THE REQUEST.
- (4) A CARRIER SHALL DISCLOSE TO A MEMBER ON REQUEST ANY PLAN INFORMATION CONTAINED IN A REPORT THAT IS REQUIRED TO BE DISCLOSED TO THAT MEMBER UNDER FEDERAL OR STATE LAW.
  - (F) (I) THE COMMISSIONER SHALL:
- (1) REVIEW EACH REPORT SUBMITTED IN ACCORDANCE WITH SUBSECTIONS (C) AND (D) (F) OF THIS SECTION TO ASSESS EACH CARRIER'S COMPLIANCE WITH THE PARITY ACT;
- (2) NOTIFY A CARRIER <u>IN WRITING</u> OF ANY NONCOMPLIANCE WITH THE PARITY <del>ACT;</del> ACT BEFORE ISSUING AN ADMINISTRATIVE ORDER; AND
- (3) REQUIRE THE CARRIER TO ADDRESS ANY NONCOMPLIANCE WITH THE PARITY ACT WITHIN 90 DAYS AFTER THE CARRIER IS NOTIFIED UNDER ITEM (2) OF THIS SUBSECTION;
- (4) REQUIRE THE CARRIER TO SEND NOTIFICATION TO MEMBERS AND BENEFICIARIES OF THE CARRIER'S NONCOMPLIANCE:
- (5) REQUIRE REIMBURSEMENT TO MEMBERS AND BENEFICIARIES FOR COSTS INCURRED AS A RESULT OF ANY NONCOMPLIANCE WITH THE PARITY ACT; AND
  - (6) AS APPROPRIATE, IMPOSE A PENALTY FOR EACH VIOLATION.
- (3) WITHIN 90 DAYS AFTER THE NOTICE OF NONCOMPLIANCE IS ISSUED, ALLOW THE CARRIER TO:

- (I) SUBMIT A COMPLIANCE PLAN TO THE ADMINISTRATION TO COMPLY WITH THE PARITY ACT; AND
- (II) REPROCESS ANY CLAIMS THAT WERE IMPROPERLY DENIED, IN WHOLE OR IN PART, BECAUSE OF THE NONCOMPLIANCE.
- (J) IF THE COMMISSIONER FINDS THAT THE CARRIER FAILED TO SUBMIT A COMPLETE REPORT REQUIRED UNDER SUBSECTION (C) OR (F) OF THIS SECTION, THE COMMISSIONER MAY IMPOSE ANY PENALTY OR TAKE ANY ACTION AS AUTHORIZED:
- (1) FOR AN INSURER, NONPROFIT HEALTH SERVICE PLAN, OR ANY OTHER PERSON SUBJECT TO THIS SECTION, UNDER THIS ARTICLE; OR
- (2) FOR A HEALTH MAINTENANCE ORGANIZATION, UNDER THIS ARTICLE OR THE HEALTH GENERAL ARTICLE.
- (K) IF, AS A RESULT OF THE REVIEW REQUIRED UNDER PARAGRAPH (I)(1) OF THIS SECTION, THE COMMISSIONER FINDS THAT THE CARRIER FAILED TO COMPLY WITH THE PROVISIONS OF THE PARITY ACT, AND DID NOT SUBMIT A COMPLIANCE PLAN TO ADEQUATELY CORRECT THE NONCOMPLIANCE, THE COMMISSIONER MAY:
  - (1) ISSUE AN ADMINISTRATIVE ORDER THAT REQUIRES:
- (I) THE CARRIER OR AN ENTITY DELEGATED BY THE CARRIER TO CEASE THE NONCOMPLIANT CONDUCT OR PRACTICE;
- (II) THE CARRIER TO PROVIDE A PAYMENT THAT HAS BEEN DENIED IMPROPERLY BECAUSE OF THE NONCOMPLIANCE; OR
  - (2) IMPOSE ANY PENALTY OR TAKE ANY ACTION AS AUTHORIZED:
- (I) FOR AN INSURER, NONPROFIT HEALTH SERVICE PLAN, OR ANY OTHER PERSON SUBJECT TO THIS SECTION, UNDER THIS ARTICLE; OR
- (II) FOR A HEALTH MAINTENANCE ORGANIZATION, UNDER THIS ARTICLE OR THE HEALTH GENERAL ARTICLE.
- (L) IN DETERMINING AN APPROPRIATE PENALTY UNDER SUBSECTION (J) OR (K) OF THIS SECTION, THE COMMISSIONER SHALL CONSIDER THE LATE FILING OF A REPORT REQUIRED UNDER SUBSECTION (C) OR (F) OF THIS SECTION AND ANY

PARITY VIOLATION TO BE A SERIOUS VIOLATION WITH A SIGNIFICANTLY DELETERIOUS EFFECT ON THE PUBLIC.

# (C) (1) THE COMMISSIONER SHALL IMPOSE A PENALTY OF:

- (I) AT LEAST \$100 FOR EACH DAY FOR EACH MEMBER AND BENEFICIARY TO WHICH THE FAILURE TO COMPLY APPLIES AND FOR THE DURATION OF THE NONCOMPLIANCE PERIOD BEGINNING ON THE DATE THE PLAN IS ISSUED; AND
- (II) \$5,000 FOR EACH DAY FOR WHICH A CARRIER FAILS TO SUBMIT A COMPLETE REPORT REQUIRED UNDER SUBSECTION (C) OR (D) OF THIS SECTION.
- (2) THE PENALTIES COLLECTED UNDER PARAGRAPH (1) OF THIS SUBSECTION SHALL BE DEPOSITED BY THE COMMISSIONER INTO THE PARITY ENFORCEMENT AND EDUCATION FUND ESTABLISHED UNDER § 15–145 OF THIS SUBTITLE.
- (H) (M) ON OR BEFORE DECEMBER 31, <del>2020</del> <u>2021</u>, THE COMMISSIONER SHALL CREATE:
- (1) A STANDARD FORM FOR ENTITIES TO SUBMIT THE REPORTS IN ACCORDANCE WITH SUBSECTION  $\frac{(E)(1)}{(G)(1)}$  OF THIS SECTION; AND
- (2) A SUMMARY FORM FOR ENTITIES TO POST WITH TO THEIR REPORTS WEBSITES IN ACCORDANCE WITH SUBSECTION (E)(5) (G)(5) OF THIS SECTION.
- (I) (N) ON OR BEFORE DECEMBER 31, 2020 2021, THE COMMISSIONER SHALL, IN CONSULTATION WITH INTERESTED STAKEHOLDERS, ADOPT REGULATIONS TO IMPLEMENT THIS SECTION, INCLUDING TO ENSURE UNIFORM DEFINITIONS AND METHODOLOGY FOR DATA CALCULATIONS REQUIRED IN SUBSECTION (D) OF THIS SECTION AND OTHER REPORTING THE REPORTING REQUIREMENTS ESTABLISHED UNDER THIS SECTION.

#### <del>15 145.</del>

- (A) IN THIS SECTION, "FUND" MEANS THE PARITY ENFORCEMENT AND EDUCATION FUND.
  - (B) THERE IS A PARITY ENFORCEMENT AND EDUCATION FUND.

- (C) THE PURPOSES OF THE FUND ARE TO PROVIDE FUNDING FOR THE ADMINISTRATION TO:
- (1) SUPPORT ADMINISTRATIVE ACTIVITIES TO ENFORCE THE PAUL WELLSTONE AND PETE DOMENICI MENTAL HEALTH PARITY AND ADDICTION EQUITY ACT AND STATE PARITY LAWS; AND
- (2) CONDUCT OUTREACH AND EDUCATION ACTIVITIES TO INFORM CONSUMERS OF THEIR RIGHTS UNDER THE FEDERAL MENTAL HEALTH PARITY AND ADDICTION EQUITY ACT AND STATE PARITY LAWS.
  - (D) THE COMMISSIONER SHALL ADMINISTER THE FUND.
- (E) (1) THE FUND IS A SPECIAL, NONLAPSING FUND THAT IS NOT SUBJECT TO § 7–302 OF THE STATE FINANCE AND PROCUREMENT ARTICLE.
- (2) THE STATE TREASURER SHALL HOLD THE FUND SEPARATELY, AND THE COMPTROLLER SHALL ACCOUNT FOR THE FUND.
  - (F) THE FUND CONSISTS OF:
- (1) MONEY DEPOSITED INTO THE FUND UNDER § 15–144 OF THIS SUBTITLE:
  - (2) MONEY APPROPRIATED IN THE STATE BUDGET TO THE FUND;
  - (3) INTEREST EARNINGS; AND
- (4) ANY OTHER MONEY FROM ANY OTHER SOURCE ACCEPTED FOR THE BENEFIT OF THE FUND.
  - (G) THE FUND MAY BE USED ONLY FOR:
- (1) ADMINISTRATIVE ACTIVITIES TO ENFORCE THE PAUL WELLSTONE AND PETE DOMENICI MENTAL HEALTH PARITY AND ADDICTION EQUITY ACT AND STATE PARITY LAWS: AND
- (2) CONDUCTING OUTREACH AND EDUCATION ACTIVITIES RELATED TO THE FEDERAL MENTAL HEALTH PARITY AND ADDICTION EQUITY ACT AND STATE PARITY LAWS.
- (H) (1) THE STATE TREASURER SHALL INVEST THE MONEY OF THE FUND IN THE SAME MANNER AS OTHER STATE MONEY MAY BE INVESTED.

- (2) ANY INTEREST EARNINGS OF THE FUND SHALL BE CREDITED TO THE FUND.
- (I) EXPENDITURES FROM THE FUND MAY BE MADE ONLY IN ACCORDANCE WITH THE STATE BUDGET.
- (J) THE FUND IS SUBJECT TO AUDIT BY THE OFFICE OF LEGISLATIVE AUDITS AS PROVIDED IN § 2–1220 OF THE STATE GOVERNMENT ARTICLE.
- (K) THE MONEY IN THE FUND SHALL BE USED TO SUPPLEMENT, AND MAY NOT SUPPLANT, MONEY APPROPRIATED FOR THE PURPOSES DESCRIBED IN SUBSECTION (C) OF THIS SECTION.

# **Article - State Finance and Procurement**

6 - 226

- (a) (2) (i) Notwithstanding any other provision of law, and unless inconsistent with a federal law, grant agreement, or other federal requirement or with the terms of a gift or settlement agreement, net interest on all State money allocated by the State Treasurer under this section to special funds or accounts, and otherwise entitled to receive interest earnings, as accounted for by the Comptroller, shall accrue to the General Fund of the State
- (ii) The provisions of subparagraph (i) of this paragraph do not apply to the following funds:
- 121. the Markell Hendricks Youth Crime Prevention and Diversion Parole Fund; [and]
- 122. the Federal Government Shutdown Employee Assistance
  Loan Fund: AND
  - 123. THE PARITY ENFORCEMENT AND EDUCATION FUND.

SECTION 2. AND BE IT FURTHER ENACTED, That the Laws of Maryland read as follows:

#### Article - Insurance

#### 15 10A 02.

(a) Each carrier shall establish an internal grievance process for its members.

- (b) (1) An internal grievance process shall meet the same requirements established under Subtitle 10B of this title.
- (2) In addition to the requirements of Subtitle 10B of this title, an internal grievance process established by a carrier under this section shall:
- (i) include an expedited procedure for use in an emergency case for purposes of rendering a grievance decision within 24 hours of the date a grievance is filed with the carrier:
- (ii) provide that a carrier render a final decision in writing on a grievance within 30 working days after the date on which the grievance is filed unless:
- 1. the grievance involves an emergency case under item (i) of this paragraph;
- 2. the member, the member's representative, or a health care provider filing a grievance on behalf of a member agrees in writing to an extension for a period of no longer than 30 working days; or
- 3. the grievance involves a retrospective denial under item (iv) of this paragraph;
- (iii) allow a grievance to be filed on behalf of a member by a health care provider or the member's representative;
- (iv) provide that a carrier render a final decision in writing on a grievance within 45 working days after the date on which the grievance is filed when the grievance involves a retrospective denial; and
- (v) for a retrospective denial, allow a member, the member's representative, or a health care provider on behalf of a member to file a grievance for at least 180 days after the member receives an adverse decision.
- (3) For purposes of using the expedited procedure for an emergency case that a carrier is required to include under paragraph (2)(i) of this subsection, the Commissioner shall define by regulation the standards required for a grievance to be considered an emergency case.
- (c) Except as provided in subsection (d) of this section, the carrier's internal grievance process shall be exhausted prior to filing a complaint with the Commissioner under this subtitle.
- (d) (1) (i) A member, the member's representative, or a health care provider filing a complaint on behalf of a member may file a complaint with the

Commissioner without first filing a grievance with a carrier and receiving a final decision on the grievance if:

- 1. the carrier waives the requirement that the carrier's internal grievance process be exhausted before filing a complaint with the Commissioner;
- 2. the carrier has failed to comply with any of the requirements of the internal grievance process as described in this section; or
- 3. the member, the member's representative, or the health care provider provides sufficient information and supporting documentation in the complaint that demonstrates a compelling reason to do so.
- (ii) The Commissioner shall define by regulation the standards that the Commissioner shall use to decide what demonstrates a compelling reason under subparagraph (i) of this paragraph.
- (2) Subject to subsections (b)(2)(ii) and (h) of this section, a member, a member's representative, or a health care provider may file a complaint with the Commissioner if the member, the member's representative, or the health care provider does not receive a grievance decision from the carrier on or before the 30th working day on which the grievance is filed.
- (3) Whenever the Commissioner receives a complaint under paragraph (1) or (2) of this subsection, the Commissioner shall notify the carrier that is the subject of the complaint within 5 working days after the date the complaint is filed with the Commissioner.

#### (e) Each carrier shall:

- (1) file for review with the Commissioner and submit to the Health Advocacy Unit a copy of its internal grievance process established under this subtitle; and
- (2) file any revision to the internal grievance process with the Commissioner and the Health Advocacy Unit at least 30 days before its intended use.
- (f) For nonemergency cases, when a carrier renders an adverse decision, the
- (1) document the adverse decision in writing after the carrier has provided oral communication of the decision to the member, the member's representative, or the health care provider acting on behalf of the member; and
- (2) send, within 5 working days after the adverse decision has been made, a written notice to the member, the member's representative, and a health care provider acting on behalf of the member that:

- (i) states in detail in clear, understandable language the specific factual bases for the carrier's decision:
- (ii) references the specific criteria and standards, including interpretive guidelines, on which the decision was based, and may not solely use generalized terms such as "experimental procedure not covered", "cosmetic procedure not covered", "service included under another procedure", or "not medically necessary";
- (iii) states the name, business address, and business telephone number of:
- 1. the medical director or associate medical director, as appropriate, who made the decision if the carrier is a health maintenance organization; or
- 2. the designated employee or representative of the carrier who has responsibility for the carrier's internal grievance process if the carrier is not a health maintenance organization;
- (iv) gives written details of the carrier's internal grievance process and procedures under this subtitle; and
  - (v) includes the following information:
- 1. that the member, the member's representative, or a health care provider on behalf of the member has a right to file a complaint with the Commissioner within 4 months after receipt of a carrier's grievance decision;
- 2. that a complaint may be filed without first filing a grievance if the member, the member's representative, or a health care provider filing a grievance on behalf of the member can demonstrate a compelling reason to do so as determined by the Commissioner;
- 3. the Commissioner's address, telephone number, and facsimile number:
- 4. a statement that the Health Advocacy Unit is available to assist the member or the member's representative in both mediating and filing a grievance under the carrier's internal grievance process; [and]
- 5. the address, telephone number, facsimile number, and electronic mail address of the Health Advocacy Unit; AND
- 6. FOR A COVERAGE DECISION FOR MENTAL HEALTH
  BENEFITS OR SUBSTANCE USE DISORDER BENEFITS, THE FOLLOWING STATEMENT:
  "FEDERAL AND STATE PARITY LAWS GIVE YOU THE RIGHT TO RECEIVE MENTAL

HEALTH AND SUBSTANCE USE DISORDER BENEFITS AT THE SAME LEVEL AS PHYSICAL HEALTH BENEFITS. IF YOU THINK YOUR PLAN IS NOT COVERING MENTAL HEALTH OR SUBSTANCE USE DISORDER BENEFITS AT THE SAME LEVEL, YOU MAY FILE A COMPLAINT WITH THE MARYLAND INSURANCE ADMINISTRATION AND THE HEALTH ADVOCACY UNIT."

- (g) If within 5 working days after a member, the member's representative, or a health care provider, who has filed a grievance on behalf of a member, files a grievance with the carrier, and if the carrier does not have sufficient information to complete its internal grievance process, the carrier shall:
- (1) notify the member, the member's representative, or the health care provider that it cannot proceed with reviewing the grievance unless additional information is provided; and
- (2) assist the member, the member's representative, or the health care provider in gathering the necessary information without further delay.
- (h) A carrier may extend the 30-day or 45-day period required for making a final grievance decision under subsection (b)(2)(ii) of this section with the written consent of the member, the member's representative, or the health care provider who filed the grievance on behalf of the member.
- (i) (1) For nonemergency cases, when a carrier renders a grievance decision, the carrier shall:
- (i) document the grievance decision in writing after the carrier has provided oral communication of the decision to the member, the member's representative, or the health care provider acting on behalf of the member; and
- (ii) send, within 5 working days after the grievance decision has been made, a written notice to the member, the member's representative, and a health care provider acting on behalf of the member that:
- 1. states in detail in clear, understandable language the specific factual bases for the carrier's decision;
- 2. references the specific criteria and standards, including interpretive guidelines, on which the grievance decision was based;
- 3. states the name, business address, and business telephone number of:
- A. the medical director or associate medical director, as appropriate, who made the grievance decision if the carrier is a health maintenance organization; or

- B. the designated employee or representative of the carrier who has responsibility for the carrier's internal grievance process if the carrier is not a health maintenance organization; and
  - 4. includes the following information:
- A. that the member or the member's representative has a right to file a complaint with the Commissioner within 4 months after receipt of a carrier's grievance decision;
- B. the Commissioner's address, telephone number, and facsimile number:
- C. a statement that the Health Advocacy Unit is available to assist the member or the member's representative in filing a complaint with the Commissioner; [and]
- D. the address, telephone number, facsimile number, and electronic mail address of the Health Advocacy Unit; AND
- E. FOR A GRIEVANCE DECISION FOR MENTAL HEALTH BENEFITS OR SUBSTANCE USE DISORDER BENEFITS, THE FOLLOWING STATEMENT: "FEDERAL AND STATE PARITY LAWS GIVE YOU THE RIGHT TO RECEIVE MENTAL HEALTH AND SUBSTANCE USE DISORDER BENEFITS AT THE SAME LEVEL AS PHYSICAL HEALTH BENEFITS. IF YOU THINK YOUR PLAN IS NOT COVERING MENTAL HEALTH OR SUBSTANCE USE DISORDER BENEFITS AT THE SAME LEVEL, YOU MAY FILE A COMPLAINT WITH THE MARYLAND INSURANCE ADMINISTRATION AND THE HEALTH ADVOCACY UNIT."
- (2) A carrier may not use solely in a notice sent under paragraph (1) of this subsection generalized terms such as "experimental procedure not covered", "cosmetic procedure not covered", "service included under another procedure", or "not medically necessary" to satisfy the requirements of this subsection.
- (j) (1) For an emergency case under subsection (b)(2)(i) of this section, within 1 day after a decision has been orally communicated to the member, the member's representative, or the health care provider, the carrier shall send notice in writing of any adverse decision or grievance decision to:
  - (i) the member and the member's representative, if any; and
- (ii) if the grievance was filed on behalf of the member under subsection (b)(2)(iii) of this section, the health care provider.

- (2) A notice required to be sent under paragraph (1) of this subsection shall include the following:
- (i) for an adverse decision, the information required under subsection (f) of this section; and
- (ii) for a grievance decision, the information required under subsection (i) of this section.
- (k) (1) Each carrier shall include the information required by subsection (f)(2)(iii), (iv), and (v) of this section in the policy, plan, certificate, enrollment materials, or other evidence of coverage that the carrier provides to a member at the time of the member's initial coverage or renewal of coverage.
- (2) Each carrier shall include as part of the information required by paragraph (1) of this subsection a statement indicating that, when filing a complaint with the Commissioner, the member or the member's representative will be required to authorize the release of any medical records of the member that may be required to be reviewed for the purpose of reaching a decision on the complaint.
- (l) Nothing in this subtitle prohibits a carrier from delegating its internal grievance process to a private review agent that has a certificate issued under Subtitle 10B of this title and is acting on behalf of the carrier.
- (2) If a carrier delegates its internal grievance process to a private review agent, the carrier shall be:
- (i) bound by the grievance decision made by the private review agent acting on behalf of the carrier; and
- (ii) responsible for a violation of any provision of this subtitle regardless of the delegation made by the carrier under paragraph (1) of this subsection.

#### 15 10D 02.

- (a) (1) Each carrier shall establish an internal appeal process for use by its members, its members' representatives, and health care providers to dispute coverage decisions made by the carrier.
- (2) The carrier may use the internal grievance process established under Subtitle 10A of this title to comply with the requirement of paragraph (1) of this subsection.
- (b) A carrier under this section shall render a final decision in writing to a member, a member's representative, and a health care provider acting on behalf of the member within 60 working days after the date on which the appeal is filed.

- (c) Except as provided in subsection (d) of this section, the carrier's internal appeal process shall be exhausted prior to filing a complaint with the Commissioner under this subtitle
- (d) A member, a member's representative, or a health care provider filing a complaint on behalf of a member may file a complaint with the Commissioner without first filing an appeal with a carrier only if the coverage decision involves an urgent medical condition, as defined by regulation adopted by the Commissioner, for which care has not been rendered.
- (e) (1) Within 30 calendar days after a coverage decision has been made, a carrier shall send a written notice of the coverage decision to the member and the member's representative, if any, and, in the case of a health maintenance organization, the treating health care provider.
- (2) Notice of the coverage decision required to be sent under paragraph (1) of this subsection shall:
- (i) state in detail in clear, understandable language, the specific factual bases for the carrier's decision; and
  - (ii) include the following information:
- 1. that the member, the member's representative, or a health care provider acting on behalf of the member has a right to file an appeal with the carrier;
- 2. that the member, the member's representative, or a health care provider acting on behalf of the member may file a complaint with the Commissioner without first filing an appeal, if the coverage decision involves an urgent medical condition for which care has not been rendered:
- 3. the Commissioner's address, telephone number, and facsimile number:
- 4. that the Health Advocacy Unit is available to assist the member or the member's representative in both mediating and filing an appeal under the carrier's internal appeal process; [and]
- 5. the address, telephone number, facsimile number, and electronic mail address of the Health Advocacy Unit: AND
- 6. FOR A COVERAGE DECISION FOR MENTAL HEALTH
  BENEFITS OR SUBSTANCE USE DISORDER BENEFITS, THE FOLLOWING STATEMENT:
  "FEDERAL AND STATE PARITY LAWS GIVE YOU THE RIGHT TO RECEIVE MENTAL
  HEALTH AND SUBSTANCE USE DISORDER BENEFITS AT THE SAME LEVEL AS

PHYSICAL HEALTH BENEFITS. IF YOU THINK YOUR PLAN IS NOT COVERING MENTAL HEALTH OR SUBSTANCE USE DISORDER BENEFITS AT THE SAME LEVEL, YOU MAY FILE A COMPLAINT WITH THE MARYLAND INSURANCE ADMINISTRATION AND THE HEALTH ADVOCACY UNIT.".

- (f) (1) Within 30 calendar days after the appeal decision has been made, each carrier shall send to the member, the member's representative, and the health care provider acting on behalf of the member a written notice of the appeal decision.
- (2) Notice of the appeal decision required to be sent under paragraph (1) of this subsection shall:
- (i) state in detail in clear, understandable language the specific factual bases for the carrier's decision; and
  - (ii) include the following information:
- that the member, the member's representative, or a health care provider acting on behalf of the member has a right to file a complaint with the Commissioner within 4 months after receipt of a carrier's appeal decision;
- 2. the Commissioner's address, telephone number, and facsimile number;
- 3. a statement that the Health Advocacy Unit is available to assist the member in filing a complaint with the Commissioner; [and]
- 4. the address, telephone number, facsimile number, and electronic mail address of the Health Advocacy Unit; AND
- 5. FOR AN APPEAL DECISION FOR MENTAL HEALTH BENEFITS OR SUBSTANCE USE DISORDER BENEFITS, THE FOLLOWING STATEMENT: "FEDERAL AND STATE PARITY LAWS GIVE YOU THE RIGHT TO RECEIVE MENTAL HEALTH AND SUBSTANCE USE DISORDER BENEFITS AT THE SAME LEVEL AS PHYSICAL HEALTH BENEFITS. IF YOU THINK YOUR PLAN IS NOT COVERING MENTAL HEALTH OR SUBSTANCE USE DISORDER BENEFITS AT THE SAME LEVEL, YOU MAY FILE A COMPLAINT WITH THE MARYLAND INSURANCE ADMINISTRATION AND THE HEALTH ADVOCACY UNIT."
- (g) The Commissioner may request the member that filed the complaint or a legally authorized designee of the member to sign a consent form authorizing the release of the member's medical records to the Commissioner or the Commissioner's designee that are needed in order for the Commissioner to make a final decision on the complaint.

- (h) (1) A carrier shall have the burden of persuasion that its coverage decision or appeal decision, as applicable, is correct:
- (i) during the review of a complaint by the Commissioner or a designee of the Commissioner; and
- (ii) in any hearing held in accordance with Title 10, Subtitle 2 of the State Government Article to contest a final decision of the Commissioner made and issued under this subtitle.
- (2) As part of the review of a complaint, the Commissioner or a designee of the Commissioner may consider all of the facts of the case and any other evidence that the Commissioner or designee of the Commissioner considers appropriate.

### (i) The Commissioner shall:

- (1) make and issue in writing a final decision on all complaints filed with the Commissioner under this subtitle that are within the Commissioner's jurisdiction; and
- (2) provide notice in writing to all parties to a complaint of the opportunity and time period for requesting a hearing to be held in accordance with Title 10, Subtitle 2 of the State Government Article to contest a final decision of the Commissioner made and issued under this subtitle.

SECTION 3. AND BE IT FURTHER ENACTED, That Section 2 of this Act shall take effect January 1, 2021, and shall apply to all policies, contracts, and health benefit plans issued, delivered, or renewed in the State on or after January 1, 2021.

SECTION 2. AND BE IT FURTHER ENACTED, That the standard form the Maryland Insurance Commissioner is required to develop under § 15–144(m)(1) of the Insurance Article, as enacted by Section 1 of this Act, for the report required under § 15–144(c) of the Insurance Article, as enacted by Section 1 of this Act, shall be the National Association of Insurance Commissioners' Data Collection Tool for Mental Health Parity Analysis, Nonquantitative Treatment Limitations and any amendments by the Commissioner to the tool necessary to incorporate the requirements of § 15–144(c), (d), and (e) of the Insurance Article, as enacted by Section 1 of this Act.

SECTION 3. AND BE IT FURTHER ENACTED, That the Maryland Insurance Commissioner shall submit to the General Assembly an interim report on or before December 1, 2023, and a final report on or before December 1, 2025, in accordance with § 2–1257 of the State Government Article, that:

- (1) <u>summarize the findings of the Commissioner after reviewing the</u> reports required under Section 1 of this Act; and
  - (2) make specific recommendations regarding:

- (i) the information gained from the reports;
- (ii) the value of and need for ongoing compliance and data reporting;
- (iii) the frequency of reporting in subsequent years and whether to report on an annual or biennial basis; and
- (iv) based on the carrier reports and other guidance from federal regulators and other states, any changes in the reporting and data requirements that should be implemented in subsequent years, including frequency and content and whether additional nonquantitative treatment limitations should be included in the reporting and data requirements.

SECTION 4. AND BE IT FURTHER ENACTED, That, except as provided in Section 3 of this Act, this Act shall take effect October 1, 2020. It shall remain in effect for a period of 6 years and, at the end of September 30, 2026, this Act, with no further action required by the General Assembly, shall be abrogated and of no further force and effect.

Enacted under Article II, § 17(c) of the Maryland Constitution, May 8, 2020.