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By: Delegates Pena-Melnyk, R. Lewis, Stein, and Wilson

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Committee Report: Favorable with amendments House action: Adopted Read second time: March 3, 2021

CHAPTER _____

1 AN ACT concerning

$\mathbf{2}$

Preserve Telehealth Access Act of 2021

3 FOR the purpose of altering the health care services the Maryland Medical Assistance Program, subject to a certain limitation, is required to provide through telehealth: 4 $\mathbf{5}$ altering the circumstances under which the Program is required to provide health 6 care services through telehealth; requiring that certain services provided under the 7 Program include counseling and treatment for certain disorders and conditions; 8 prohibiting the Program from requiring a Program recipient to use telehealth under 9 certain circumstances; requiring, for a certain time period, the Program to provide 10 certain reimbursement for certain health care services provided through telehealth 11 on a certain basis and at a certain rate; authorizing the Maryland Department of 12Health to adopt certain regulations relating to telehealth services provided to 13Program recipients; requiring the Department to include certain health care providers when specifying by regulation the types of health care providers eligible to 1415receive certain reimbursement; repealing certain authorization of the Department relating to the coverage of and reimbursement for health care services that are 16 17delivered through store and forward technology or remote patient monitoring; 18 establishing, for a certain purpose and certain standards, that a health care service 19 provided through telehealth is equivalent to the same health care service when 20provided through an in-person consultation; prohibiting the Program or a certain organization from imposing as a condition of reimbursement of a health care service 2122delivered through telehealth that the health care service be provided by a certain 23vendor; authorizing requiring the Maryland Department of Health to apply to the 24Centers for Medicare and Medicaid Services for a certain amendment to certain

EXPLANATION: CAPITALS INDICATE MATTER ADDED TO EXISTING LAW.

[Brackets] indicate matter deleted from existing law.

Underlining indicates amendments to bill.

Strike out indicates matter stricken from the bill by amendment or deleted from the law by amendment.



1 waivers obtain certain federal authority necessary to implement certain $\mathbf{2}$ requirements of this Act; repealing certain authorization provided to the Department 3 to require submission of a certain form to the Department; repealing a certain 4 requirement that the Department apply for a certain amendment to certain waivers $\mathbf{5}$ to implement a certain pilot program relating to the provision of certain telehealth 6 services; repealing a requirement that the Department administer the pilot program. $\overline{7}$ collect certain data, and submit certain reports to the General Assembly; 8 establishing that a certain requirement relating to coverage of certain health care 9 services delivered through telehealth include coverage for the treatment for 10 substance use disorders and mental health conditions; altering a provision of law requiring certain insurers, nonprofit health service plans, and health maintenance 11 12organizations to reimburse certain health care services provided through telehealth 13 to require certain reimbursement to be provided, for a certain time period, in a 14certain manner and at a certain rate; prohibiting certain insurers, nonprofit health 15service plans, and health maintenance organizations from requiring an insured 16 patient to use telehealth in lieu of in-person service delivery for certain services; 17repealing the requirement that the Department study and submit a certain report 18 to the General Assembly; prohibiting certain insurers, nonprofit health service 19 plans, and health maintenance organizations from imposing, as a condition of 20reimbursement of a health care service delivered through telehealth, that the health 21care service be provided by a certain health care provider vendor; revising, restating, 22and recodifying certain provisions of law relating to the Program and coverage and 23reimbursement of services provided through telemedicine and telehealth; repealing the termination date of certain provisions of law relating to the Maryland Medical 2425Assistance Program and coverage for telehealth; requiring the Maryland Health 26Care Commission, in consultation with certain State agencies, to submit a certain 27report to certain committees of the General Assembly on or before a certain date; 28establishing certain requirements for the report; establishing certain requirements 29on the Commission when completing the report; declaring the intent of the General 30 Assembly; defining certain terms; altering certain definitions; providing for the application of this Act; providing for the construction of certain provisions of this Act; 31 32and generally relating to the coverage and reimbursement of health care services 33 delivered through telehealth.

- 34 BY repealing and reenacting, without amendments,
- 35 Article Health General
- 36 Section 15–103(a)(1)
- 37 Annotated Code of Maryland
- 38 (2019 Replacement Volume and 2020 Supplement)
- 39 BY repealing and reenacting, with amendments,
- 40 Article Health General
- 41 Section 15–103(a)(2)(xv), <u>15–105.2</u>, and 15–141.2
- 42 Annotated Code of Maryland
- 43 (2019 Replacement Volume and 2020 Supplement)
- 44 BY repealing and reenacting, with amendments,

$ \begin{array}{c} 1 \\ 2 \\ 3 \\ 4 \end{array} $	Article – Insurance Section 15–139 Annotated Code of Maryland (2017 Replacement Volume and 2020 Supplement)
5	BY repealing
6	<u>Chapter 17 of the Acts of the General Assembly of 2020</u>
7	Section 3
8	BY repealing and reenacting, with amendments,
9	Chapter 17 of the Acts of the General Assembly of 2020
10	Section 4
11	BY repealing
12	<u>Chapter 18 of the Acts of the General Assembly of 2020</u>
13	Section 3
14	BY repealing and reenacting, with amendments,
15	Chapter 18 of the Acts of the General Assembly of 2020
16	Section 4

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Preamble

18 WHEREAS, A state of emergency and catastrophic health emergency was 19 proclaimed on March 5, 2020 to control and prevent the spread of COVID-19 within the 20 State, and the state of emergency and catastrophic health emergency continue to exist; and

WHEREAS, To respond to the state of emergency and to continue to deliver care to patients with ongoing conditions, health care practitioners were authorized to deliver telehealth care services at sites at which patients are located; and

WHEREAS, The expansion of telehealth capabilities, including audio-only services, was instrumental in maintaining patient care without the risk of infection and provided ways for patients to receive care who were experiencing general difficulty in accessing in-person care; and

WHEREAS, Telehealth was shown to be effective in reducing disparities in access to those in underserved urban and rural areas by bridging communication gaps, allowing for the continuation of care, and reducing patient and clinician exposure to the coronavirus; and

WHEREAS, To enable the use of interactive audio telecommunications or electronic technology to deliver health care services and protect the public health, welfare, and safety, it is necessary to continue to preserve accommodations granted during the coronavirus pandemic; and

36 WHEREAS, It is critical that health care practitioners licensed, certified, or

1 otherwise authorized by law to provide health care services be allowed in Maryland to 2 provide those services through telehealth, including audio-only calls, provided that they 3 are held to the same standards of practice that are applicable to in-person health care 4 settings; and

5 WHEREAS, To effectively advance health equity in Maryland, it is necessary to 6 ensure that individuals with limited access to health care services can benefit from the 7 expansion of telehealth; now, therefore,

8 SECTION 1. BE IT ENACTED BY THE GENERAL ASSEMBLY OF MARYLAND,
9 That the Laws of Maryland read as follows:

Article - Health - General

11 15 - 103.12The Secretary shall administer the Maryland Medical Assistance (a) (1)13Program. 14 (2)The Program: 15(xv) Shall provide, subject to the limitations of the State budget, 16[mental] health CARE services appropriately delivered through telehealth to a patient in [the patient's home setting] ACCORDANCE WITH § 15–141.2 OF THIS SUBTITLE; and 171815 - 105.2. 19 [(a)] The Program shall reimburse health care providers in accordance with the 20requirements of Title 19, Subtitle 1, Part IV of this article. 21In this subsection the following words have the meanings (b) (1)(i) 22indicated. 23"Health care provider" means a person who is licensed, certified, (ii) or otherwise authorized under the Health Occupations Article to provide health care in the 2425ordinary course of business or practice of a profession or in an approved education or 26training program. 27"Telemedicine" means, as it relates to the delivery of (iii) 1. health care services, the use of interactive audio, video, or other telecommunications or 2829electronic technology: 30 By a health care provider to deliver a health care service А. that is within the scope of practice of the health care provider at a site other than the site 3132 at which the patient is located; and

В.

That enables the patient to see and interact with the

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1	health care provider at the time the health care service is provided to the patient.
2	2. <u>"Telemedicine" does not include:</u>
$\frac{3}{4}$	<u>A.</u> <u>An audio–only telephone conversation between a health</u> <u>care provider and a patient;</u>
$5 \\ 6$	<u>B.</u> <u>An electronic mail message between a health care provider</u>
$7 \\ 8$	<u>C.</u> <u>A facsimile transmission between a health care provider</u> <u>and a patient.</u>
9 10 11 12	(2) To the extent authorized by federal law or regulation, the provisions of $\S 15-139(c)$ through (f) of the Insurance Article relating to coverage of and reimbursement for health care services delivered through telemedicine shall apply to the Program and managed care organizations in the same manner they apply to carriers.
$13 \\ 14 \\ 15 \\ 16$	(3) Subject to the limitations of the State budget and to the extent authorized by federal law or regulation, the Department may authorize coverage of and reimbursement for health care services that are delivered through store and forward technology or remote patient monitoring.
17 18 19	(4) (i) <u>The Department may specify by regulation the types of health</u> <u>care providers eligible to receive reimbursement for health care services provided to</u> <u>Program recipients under this subsection.</u>
$20 \\ 21 \\ 22$	(ii) If the Department specifies by regulation the types of health care providers eligible to receive reimbursement for health care services provided to Program recipients under this subsection, the types of health care providers specified shall include:
23	<u>1.</u> <u>Primary care providers; and</u>
$24 \\ 25 \\ 26 \\ 27$	2. Psychiatrists and psychiatric nurse practitioners, as defined in § 10–601 of this article, who are providing Assertive Community Treatment or mobile treatment services to Program recipients located in a home or community-based setting.
28 29 30 31 32	(iii) For the purpose of reimbursement and any fidelity standards established by the Department, a health care service provided through telemedicine by a psychiatrist or a psychiatric nurse practitioner described under subparagraph (ii)2 of this paragraph is equivalent to the same health care service when provided through an in-person consultation.
$33 \\ 34 \\ 35$	(5) The Department may require a health care provider to submit a registration form to the Department that includes information required for the processing of claims for reimbursement for health care services provided to Program recipients under

	6	HOUSE BILL 123
1	this subsection.	
2	<u>(6)</u>	The Department shall adopt regulations to carry out this subsection.]
3	15-141.2.	
4 5 6	services through the	In this section, "telehealth" means a mode of delivering health care e use of telecommunications technologies by a health care practitioner Gerent physical location than the health care practitioner.]
7 8	(1) INDICATED.	IN THIS SECTION THE FOLLOWING WORDS HAVE THE MEANINGS
9 10 11	HEALTH CARE PR	"DISTANT SITE" MEANS A SITE AT WHICH THE DISTANT SITE ACTITIONER PROVIDER IS LOCATED AT THE TIME THE HEALTH PROVIDED THROUGH TELEHEALTH.
$12 \\ 13 \\ 14 \\ 15$	PRACTITIONER PR	"DISTANT SITE PROVIDER" MEANS THE HEALTH CARE <u>COVIDER</u> WHO PROVIDES MEDICALLY NECESSARY SERVICES TO A RIGINATING SITE FROM A DIFFERENT PHYSICAL LOCATION THAN THE PATIENT.
16 17 18		"Health-care-practitioner" means an individual who is rified to provide health care services under the Health ticle.
19	<u>(4)</u>	"HEALTH CARE PROVIDER" MEANS:
20 21 22 23	AUTHORIZED UND CARE IN THE ORD	(I) <u>A PERSON WHO IS LICENSED, CERTIFIED, OR OTHERWISE</u> ER THE HEALTH OCCUPATIONS ARTICLE TO PROVIDE HEALTH INARY COURSE OF BUSINESS OR PRACTICE OF A PROFESSION OR EDUCATION OR TRAINING PROGRAM;
$\begin{array}{c} 24 \\ 25 \end{array}$	-	(II) <u>A mental health and substance use disorder</u> ed in accordance with § 7.5–401 of this article;
26 27 28	ARTICLE TO PRO	(III) <u>A person licensed under Title 7, Subtitle 9 of this</u> vide services to an individual with a developmental ecipient of individual support services; or
29 30 31	-	(IV) A PROVIDER AS DEFINED UNDER § 16–201.4 OF THIS IDE SERVICES TO AN INDIVIDUAL RECEIVING LONG-TERM CARE
32	(5)	"ORIGINATING SITE" MEANS THE LOCATION OF THE PROGRAM

1 RECIPIENT AT THE TIME THE HEALTH CARE SERVICE IS PROVIDED THROUGH 2 TELEHEALTH.

3 "REMOTE PATIENT MONITORING SERVICES" MEANS THE USE OF (6) 4 SYNCHRONOUS OR ASYNCHRONOUS DIGITAL TECHNOLOGIES THAT COLLECT OR MONITOR MEDICAL, PATIENT-REPORTED, AND OTHER FORMS OF HEALTH CARE $\mathbf{5}$ 6 DATA FOR PROGRAM RECIPIENTS AT AN ORIGINATING SITE AND ELECTRONICALLY 7 TRANSMIT THAT DATA TO A DISTANT SITE PROVIDER TO ENABLE THE DISTANT SITE 8 PROVIDER TO ASSESS, DIAGNOSE, CONSULT, TREAT, EDUCATE, PROVIDE CARE 9 MANAGEMENT, SUGGEST SELF-MANAGEMENT, OR MAKE RECOMMENDATIONS 10 **REGARDING THE PROGRAM RECIPIENT'S HEALTH CARE.**

11[(2)] (7)(I) "TELEHEALTH" MEANS THE DELIVERY OF12MEDICALLY NECESSARY SOMATIC, DENTAL, OR BEHAVIORAL HEALTH SERVICES TO13A PATIENT AT AN ORIGINATING SITE BY A DISTANT SITE PROVIDER THROUGH THE14USE OF TECHNOLOGY-ASSISTED COMMUNICATION.

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- (II) "Telehealth" includes [synchronous]:
- 16 **1. SYNCHRONOUS** and asynchronous interactions;

172.Audio-only conversations between a health18CARE PRACTITIONER AND PATIENT USING TELECOMMUNICATIONS TECHNOLOGY19FROM JULY 1, 2021, TO JUNE 30, 2023, BOTH INCLUSIVE, AN AUDIO-ONLY20TELEPHONE CONVERSATION BETWEEN A HEALTH CARE PROVIDER AND A PATIENT21THAT RESULTS IN THE DELIVERY OF A BILLABLE, COVERED HEALTH CARE SERVICE;22AND

- **3. REMOTE PATIENT MONITORING SERVICES.**
- 24 [(3)] (III) "Telehealth" does not include the provision of health care 25 services solely through [audio-only calls,] e-mail messages[,] or facsimile transmissions:

261.EXCEPT AS PROVIDED IN SUBPARAGRAPH (II)2 OF27THIS PARAGRAPH, AN AUDIO-ONLY TELEPHONE CONVERSATION;

- 28 <u>2.</u> <u>AN E-MAIL MESSAGE; OR</u>
- 29 <u>**3.**</u> <u>**A** FACSIMILE TRANSMISSION</u>.

30 **[**(b) (1) On or before December 1, 2020, the Department shall apply to the 31 Centers for Medicare and Medicaid Services for an amendment to any of the State's § 1115 32 waivers necessary to implement a pilot program to provide telehealth services to Program 33 recipients regardless of the Program recipient's location at the time telehealth services are

1 provided.

2 (2) Telehealth services available under the pilot program shall be limited 3 to chronic condition management services.

4 (c) If the amendment applied for under subsection (b) of this section is approved, 5 the Department shall administer the pilot program.

6 (d) The Department shall collect outcomes data on recipients of telehealth 7 services under the pilot program to evaluate the effectiveness of the pilot program.

8 (e) On or before December 1, 2020, and every 6 months thereafter until the 9 application described under subsection (b) of this section is approved, the Department shall 10 submit a report to the General Assembly, in accordance with § 2–1257 of the State 11 Government Article, on the status of the application.

12 (f) If the amendment applied for under subsection (b) of this section is approved, 13 on or before December 1 each year following the approval, the Department shall submit a 14 report to the General Assembly, in accordance with § 2–1257 of the State Government 15 Article, on the status of the pilot program.]

16 **(B) THE PROGRAM SHALL:**

17 (1) PROVIDE HEALTH CARE SERVICES APPROPRIATELY DELIVERED
 18 THROUGH TELEHEALTH TO PROGRAM RECIPIENTS REGARDLESS OF THE LOCATION
 19 OF THE PROGRAM RECIPIENT AT THE TIME TELEHEALTH SERVICES ARE PROVIDED;
 20 AND

(2) ALLOW A DISTANT SITE PROVIDER TO PROVIDE HEALTH CARE
 SERVICES TO A PROGRAM RECIPIENT FROM ANY LOCATION AT WHICH THE HEALTH
 CARE SERVICES MAY BE APPROPRIATELY DELIVERED THROUGH TELEHEALTH.

24(C)THE SERVICES REQUIRED TO BE PROVIDED UNDER SUBSECTION (B) OF25THIS SECTION SHALL INCLUDE COUNSELING AND TREATMENT FOR SUBSTANCE USE26DISORDERS AND MENTAL HEALTH CONDITIONS.

27 (D) <u>THE PROGRAM MAY NOT:</u>

28(1)EXCLUDE FROM COVERAGE A HEALTH CARE SERVICE SOLELY29BECAUSE IT IS PROVIDED THROUGH TELEHEALTH AND IS NOT PROVIDED THROUGH30AN IN-PERSON CONSULTATION OR CONTACT BETWEEN A HEALTH CARE PROVIDER31AND A PATIENT; OR

 32
 (2)
 REQUIRE A PROGRAM RECIPIENT TO USE TELEHEALTH IN LIEU

 33
 OF IN-PERSON SERVICE DELIVERY FOR BEHAVIORAL HEALTH SERVICES.

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1	(E) THE PROGRAM MAY UNDERTAKE UTILIZATION REVIEW, INCLUDING
2	PREAUTHORIZATION, TO DETERMINE THE APPROPRIATENESS OF ANY HEALTH CARE
3	SERVICE WHETHER THE SERVICE IS DELIVERED THROUGH AN IN-PERSON
4	CONSULTATION OR THROUGH TELEHEALTH IF THE APPROPRIATENESS OF THE
5	HEALTH CARE SERVICE IS DETERMINED IN THE SAME MANNER.
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6	(F) THE PROGRAM MAY NOT DISTINGUISH BETWEEN PROGRAM
7 8	RECIPIENTS IN RURAL OR URBAN LOCATIONS IN PROVIDING COVERAGE UNDER THE
0	PROGRAM FOR HEALTH CARE SERVICES DELIVERED THROUGH TELEHEALTH.
9	(G) (1) SUBJECT TO PARAGRAPH (3) OF THIS SUBSECTION, THE
10	PROGRAM SHALL REIMBURSE A HEALTH CARE PROVIDER FOR THE DIAGNOSIS,
11	CONSULTATION, AND TREATMENT OF A PROGRAM RECIPIENT FOR A HEALTH CARE
12	SERVICE COVERED BY THE PROGRAM THAT CAN BE APPROPRIATELY PROVIDED
13	THROUGH TELEHEALTH.
14	(2) THIS SUBSECTION DOES NOT REQUIRE THE PROGRAM TO
15	REIMBURSE A HEALTH CARE PROVIDER FOR A HEALTH CARE SERVICE DELIVERED
16	IN PERSON OR THROUGH TELEHEALTH THAT IS:
. –	
17	(I) <u>NOT A COVERED HEALTH CARE SERVICE UNDER THE</u>
18	PROGRAM; OR
19	(II) DELIVERED BY AN OUT-OF-NETWORK PROVIDER UNLESS
$\frac{10}{20}$	THE HEALTH CARE SERVICE IS A SELF–REFERRED SERVICE AUTHORIZED UNDER
$\frac{20}{21}$	THE REGERME SERVICE IS A SEEF REFERENCE SERVICE ACTIONIZED CADER.
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22	(3) (I) FROM JULY 1, 2021, TO JUNE 30, 2023, BOTH INCLUSIVE,
23	WHEN A HEALTH CARE SERVICE IS APPROPRIATELY PROVIDED THROUGH
24	TELEHEALTH, THE PROGRAM SHALL PROVIDE REIMBURSEMENT IN ACCORDANCE
25	WITH PARAGRAPH (1) OF THIS SUBSECTION ON THE SAME BASIS AND AT THE SAME
26	RATE AS IF THE HEALTH CARE SERVICE WERE DELIVERED BY THE HEALTH CARE
27	PROVIDER IN PERSON.
28	(II) THE REIMBURSEMENT REQUIRED UNDER SUBPARAGRAPH
29	(I) OF THIS PARAGRAPH DOES NOT INCLUDE:
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30	<u>1.</u> <u>CLINIC FACILITY FEES UNLESS THE HEALTH CARE</u>
31	SERVICE IS PROVIDED BY A HEALTH CARE PROVIDER NOT AUTHORIZED TO BILL A
32	PROFESSIONAL FEE SEPARATELY FOR THE HEALTH CARE SERVICE; OR
33	2. ANY ROOM AND BOARD FEES.

1	(H) (1) THE DEPARTMENT MAY SPECIFY IN REGULATION THE TYPES OF
$\frac{2}{3}$	HEALTH CARE PROVIDERS ELIGIBLE TO RECEIVE REIMBURSEMENT FOR HEALTH CARE SERVICES PROVIDED TO PROGRAM RECIPIENTS UNDER THIS SECTION.
J	CARE SERVICES FROVIDED TO I ROGRAM RECIFIENTS UNDER THIS SECTION.
4	(2) IF THE DEPARTMENT SPECIFIES BY REGULATION THE TYPES OF
5	HEALTH CARE PROVIDERS ELIGIBLE TO RECEIVE REIMBURSEMENT FOR HEALTH
6	CARE SERVICES PROVIDED TO PROGRAM RECIPIENTS UNDER THIS SUBSECTION,
7	THE REGULATIONS SHALL INCLUDE ALL TYPES OF HEALTH CARE PROVIDERS THAT
8	APPROPRIATELY PROVIDE TELEHEALTH SERVICES.
9	(3) FOR THE PURPOSE OF REIMBURSEMENT AND ANY FIDELITY
10	STANDARDS ESTABLISHED BY THE DEPARTMENT, A HEALTH CARE SERVICE PROVIDED THROUGH TELEHEALTH IS EQUIVALENT TO THE SAME HEALTH CARE
$\frac{11}{12}$	SERVICE WHEN PROVIDED THROUGH AN IN–PERSON CONSULTATION.
14	SERVICE WHEN I ROVIDED THROUGH AN IN-I ERSON CONSULTATION.
13	(I) SUBJECT TO SUBSECTION (G)(2) OF THIS SECTION, THE PROGRAM OR A
14	MANAGED CARE ORGANIZATION THAT PARTICIPATES IN THE PROGRAM MAY NOT
15	IMPOSE AS A CONDITION OF REIMBURSEMENT OF A COVERED HEALTH CARE
16	SERVICE DELIVERED THROUGH TELEHEALTH THAT THE HEALTH CARE SERVICE BE
17	PROVIDED BY A THIRD-PARTY VENDOR DESIGNATED BY THE PROGRAM.
10	
$\frac{18}{19}$	(J) <u>THE DEPARTMENT MAY ADOPT REGULATIONS TO CARRY OUT THIS</u> SECTION.
19	SECTION.
20	(C) (K) THE DEPARTMENT SHALL APPLY OBTAIN ANY FEDERAL
$\frac{1}{21}$	AUTHORITY NECESSARY TO IMPLEMENT THE REQUIREMENTS OF THIS SECTION,
22	INCLUDING APPLYING TO THE CENTERS FOR MEDICARE AND MEDICAID SERVICES
23	FOR AN AMENDMENT TO ANY OF THE STATE'S § 1115 WAIVERS NECESSARY TO
24	IMPLEMENT THE REQUIREMENTS OF THIS SECTION OR THE STATE PLAN.
25	(L) <u>THIS SECTION MAY NOT BE CONSTRUED TO SUPERSEDE THE AUTHORITY</u>
26	OF THE HEALTH SERVICES COST REVIEW COMMISSION TO SET THE APPROPRIATE
27	RATES FOR HOSPITALS, INCLUDING SETTING THE HOSPITAL FACILITY FEE FOR
28	HOSPITAL-PROVIDED TELEHEALTH.
29	Article – Insurance
20	15 190
30	15 - 139.

31 (a) (1) In this section, "telehealth" means, as it relates to the delivery of health 32 care services, the use of interactive audio, video, or other telecommunications or electronic 33 technology by a licensed health care provider to deliver a health care service within the 34 scope of practice of the health care provider at a location other than the location of the 35 patient.

1	(2) "Telehealth" includes :
$\frac{2}{3}$	(I) the delivery of mental health care services to a patient in the patient's home setting; AND
4 5 6 7 8	(II) AN AUDIO-ONLY CONVERSATION BETWEEN A HEALTH CARE PROVIDER AND A PATIENT USING TELECOMMUNICATIONS TECHNOLOGY, FROM JULY 1, 2021, TO JUNE 30, 2023, BOTH INCLUSIVE, AN AUDIO-ONLY TELEPHONE CONVERSATION BETWEEN A HEALTH CARE PROVIDER AND A PATIENT THAT RESULTS IN THE DELIVERY OF A BILLABLE, COVERED HEALTH CARE SERVICE.
9	(3) "Telehealth" does not include:
$10 \\ 11 \\ 12$	(i) [an EXCEPT AS PROVIDED IN PARAGRAPH (2) OF THIS SUBSECTION, AN audio-only telephone conversation between a health care provider and a patient;
$\begin{array}{c} 13\\14 \end{array}$	(ii)] an electronic mail message between a health care provider and a patient; or
$\begin{array}{c} 15\\ 16 \end{array}$	f(iii) a facsimile transmission between a health care provider and a patient.
17	(b) This section applies to:
18 19 20	(1) insurers and nonprofit health service plans that provide hospital, medical, or surgical benefits to individuals or groups on an expense-incurred basis under health insurance policies or contracts that are issued or delivered in the State; and
$21 \\ 22 \\ 23$	(2) health maintenance organizations that provide hospital, medical, or surgical benefits to individuals or groups under contracts that are issued or delivered in the State.
24	(c) (1) An entity subject to this section:
$\begin{array}{c} 25\\ 26 \end{array}$	(i) shall provide coverage under a health insurance policy or contract for health care services appropriately delivered through telehealth; and
27 28 29	(ii) may not exclude from coverage a health care service solely because it is provided through telehealth and is not provided through an in-person consultation or contact between a health care provider and a patient <u>; AND</u>
30 31	(III) WHEN PROVIDING THE COVERAGE REQUIRED UNDER THIS SUBSECTION, MAY NOT REQUIRE AN INSURED PATIENT TO USE TELEHEALTH IN LIEU

	12 HOUSE BILL 123
1	OF IN-PERSON SERVICE DELIVERY FOR BEHAVIORAL HEALTH SERVICES.
$2 \\ 3 \\ 4$	(2) The health care services appropriately delivered through telehealth shall include counseling <u>AND TREATMENT</u> for substance use disorders <u>AND MENTAL</u> <u>HEALTH CONDITIONS</u> .
$5 \\ 6$	(d) (1) An <u>SUBJECT TO PARAGRAPH (2) OF THIS SUBSECTION, AN</u> entity subject to this section:
7 8	(1) shall reimburse a health care provider for the diagnosis, consultation, and treatment of an insured patient for a health care service :
9 10	(I) covered under a health insurance policy or contract that can be appropriately provided through telehealth; AND
11	(II) WHEN APPROPRIATELY PROVIDED THROUGH TELEHEALTH,
12	ON THE SAME BASIS AND AT THE SAME RATE AS IF THE HEALTH CARE SERVICE WERE
13	DELIVERED BY THE HEALTH CARE PROVIDER IN PERSON;
14	(2) (II) is not required to:
$\begin{array}{c} 15\\ 16\\ 17\end{array}$	(i) <u>1.</u> reimburse a health care provider for a health care service delivered in person or through telehealth that is not a covered benefit under the health insurance policy or contract; or
18 19	$\frac{(ii)}{2.}$ reimburse a health care provider who is not a covered provider under the health insurance policy or contract; and
$20 \\ 21 \\ 22$	(3) (III) (i) 1. may impose a deductible, copayment, or coinsurance amount on benefits for health care services that are delivered either through an in-person consultation or through telehealth;
$\begin{array}{c} 23 \\ 24 \end{array}$	(ii) <u>2.</u> may impose an annual dollar maximum as permitted by federal law; and
25	(iii) <u>3.</u> may not impose a lifetime dollar maximum.
26	(2) (I) FROM JULY 1, 2021, TO JUNE 30, 2023, BOTH INCLUSIVE,
27	WHEN A HEALTH CARE SERVICE IS APPROPRIATELY PROVIDED THROUGH
28	TELEHEALTH, AN ENTITY SUBJECT TO THIS SECTION SHALL PROVIDE
29	REIMBURSEMENT IN ACCORDANCE WITH PARAGRAPH (1)(I) OF THIS SUBSECTION
30	ON THE SAME BASIS AND AT THE SAME RATE AS IF THE HEALTH CARE SERVICE WERE
31	DELIVERED BY THE HEALTH CARE PROVIDER IN PERSON.

1	(II) THE REIMBURSEMENT REQUIRED UNDER SUBPARAGRAPH
2	(I) OF THIS PARAGRAPH DOES NOT INCLUDE:
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3	1. <u>CLINIC FACILITY FEES UNLESS THE HEALTH CARE</u>
4	SERVICE IS PROVIDED BY A HEALTH CARE PROVIDER NOT AUTHORIZED TO BILL A
5	PROFESSIONAL FEE SEPARATELY FOR THE HEALTH CARE SERVICE; OR
0	
6	2. <u>ANY ROOM AND BOARD FEES.</u>
7	(III) THIS PARAGRAPH MAY NOT BE CONSTRUED TO SUPERSEDE
8	THE AUTHORITY OF THE HEALTH SERVICES COST REVIEW COMMISSION TO SET THE
9	APPROPRIATE RATES FOR HOSPITALS, INCLUDING SETTING THE HOSPITAL
10	FACILITY FEE FOR HOSPITAL–PROVIDED TELEHEALTH.
11	(E) SUBJECT TO SUBSECTION (D)(9) (D)(1)(1) OF THIS SECTION AN ENTITY
	(E) SUBJECT TO SUBSECTION $(D)(2)$ (D)(1)(II) OF THIS SECTION, AN ENTITY
12	SUBJECT TO THIS SECTION MAY NOT IMPOSE AS A CONDITION OF REIMBURSEMENT
13	OF A <u>COVERED</u> HEALTH CARE SERVICE DELIVERED THROUGH TELEHEALTH THAT
14	THE HEALTH CARE SERVICE BE PROVIDED BY A HEALTH CARE PROVIDER THIRD
15	PARTY VENDOR DESIGNATED BY THE ENTITY.
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16	[(e)] (F) An entity subject to this section may undertake utilization review,
17	including preauthorization, to determine the appropriateness of any health care service
18	whether the service is delivered through an in-person consultation or through telehealth
19	if the appropriateness of the health care service is determined in the same manner.
20	[(f)] (G) A health insurance policy or contract may not distinguish between
$\frac{20}{21}$	patients in rural or urban locations in providing coverage under the policy or contract for
22	health care services delivered through telehealth.
	nearth eare services derivered unough terenearth.
23	[(g)] (H) A decision by an entity subject to this section not to provide coverage
2 4	for telehealth in accordance with this section constitutes an adverse decision, as defined in
25	15-10A-01 of this title, if the decision is based on a finding that telehealth is not medically
26	necessary, appropriate, or efficient.
27	Chapter 17 of the Acts of 2020
28	SECTION 3. AND BE IT FURTHER ENACTED, That:
29	(a) The Maryland Department of Health shall study whether, under the
30	Maryland Medical Assistance Program, substance use disorder services may be
31	appropriately provided through telehealth to a patient in the patient's home setting.
32	(b) On or before December 1, 2021, the Maryland Department of Health shall
33	submit a report to the General Assembly, in accordance with § 2-1257 of the State

	14 HOUSE BILL 123
$\frac{1}{2}$	<u>Government Article, that includes any findings and recommendations from the study</u> required under subsection (a) of this section, including:
$\frac{3}{4}$	(1) the types of substance use disorder services, if any, that may be appropriately provided through telehealth to a patient in the patient's home setting; and
$5\\6\\7$	(2) any technological or other standards needed for the provision of appropriate and quality substance use disorder services to a patient in the patient's home setting.]
8 9 10 11 12 13 14	SECTION 4. AND BE IT FURTHER ENACTED, That this Act is an emergency measure, is necessary for the immediate preservation of the public health or safety, has been passed by a yea and nay vote supported by three-fifths of all the members elected to each of the two Houses of the General Assembly. [Sections 2 and 3] SECTION 3 shall remain effective through June 30, 2025, and, at the end of June 30, 2025, [Sections 2 and 3] SECTION 3, with no further action required by the General Assembly, shall be abrogated and of no further force and effect.
15	Chapter 18 of the Acts of 2020
16	SECTION 3. AND BE IT FURTHER ENACTED, That:
$17 \\ 18 \\ 19$	(a) <u>The Maryland Department of Health shall study whether, under the</u> <u>Maryland Medical Assistance Program, substance use disorder services may be</u> <u>appropriately provided through telehealth to a patient in the patient's home setting.</u>
20 21 22 23	(b) On or before December 1, 2021, the Maryland Department of Health shall submit a report to the General Assembly, in accordance with § 2–1257 of the State Government Article, that includes any findings and recommendations from the study required under subsection (a) of this section, including:
$\begin{array}{c} 24 \\ 25 \end{array}$	(1) the types of substance use disorder services, if any, that may be appropriately provided through telehealth to a patient in the patient's home setting; and
26 27 28	(2) any technological or other standards needed for the provision of appropriate and quality substance use disorder services to a patient in the patient's home setting.]
29 30 31 32 33 34 35	SECTION 4. AND BE IT FURTHER ENACTED, That this Act is an emergency measure, is necessary for the immediate preservation of the public health or safety, has been passed by a yea and nay vote supported by three—fifths of all the members elected to each of the two Houses of the General Assembly. [Sections 2 and 3] SECTION 3 shall remain effective through June 30, 2025, and, at the end of June 30, 2025, [Sections 2 and 3] SECTION 3, with no further action required by the General Assembly, shall be abrogated and of no further force and effect.

1 <u>SECTION 2. AND BE IT FURTHER ENACTED, That:</u>

 $\mathbf{2}$ On or before December 1, 2022, the Maryland Health Care Commission, in (a) 3 consultation with, as appropriate, the Maryland Health Services Cost Review Commission, 4 the Maryland Department of Health, and the Maryland Insurance Administration, shall submit a report to the Senate Finance Committee and the House Health and Government $\mathbf{5}$ Operations Committee, in accordance with § 2–1257 of the State Government Article, on 6 the impact of providing telehealth services in accordance with the provisions of this Act. 7 8 Unless otherwise indicated in this section, the Maryland Health Care (b) 9 Commission shall consider both audio-only and audio-visual technologies for purposes of 10 reporting on the impact of providing telehealth services as required by this section. 11 The report shall include: (c) 12 (1)an analysis of: 13the impact of the use of telehealth on disparities in access to (i) health care services including primary care and behavioral health services; 14 15whether different communities and patient populations have (ii) differences in take-up rates of telehealth services; and 1617 (iiii) the comparative effectiveness of telehealth and in-person visits 18 on the total costs of care and patient outcomes of care; 19 (2)a study on the alignment of telehealth with new models of care that addresses: 2021(i) opportunities for using telehealth to improve patient-centered 22<u>care;</u> 23health care services for which telehealth can substitute for (ii) 24in-person care while maintaining the standard of care, including the use of remote patient 25monitoring for somatic and behavioral health care services; and 26(iii) the impact of alternative care delivery models on telehealth 27coverage and reimbursement; 28an assessment on the efficiency and effectiveness of telehealth and (3)29in-person visits that includes: 30 a review of peer-reviewed research on the impact of different (i) 31communication technologies on patient health including patient retention rates and 32reduced barriers to care: a survey of health care providers as defined under § 15–141.2 of 33 (ii)

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1	<u>the Health – General Article as enacted by this Act;</u>	
$2 \\ 3 \\ 4$	(iii) <u>a review of the resources required to sustainably provide</u> <u>telehealth services for the continuum of health care providers, including private and small</u> <u>practices;</u>	
$5 \\ 6$	(4) an assessment of patient awareness of and satisfaction with telehealth coverage and care that includes:	
7	(i) the availability and appropriate uses of telehealth services;	
8 9	(ii) <u>the privacy risks and benefits of telehealth services and the</u> strategies needed to navigate privacy issues; and	
10 11	(iii) <u>barriers to care and levels of patient engagement that have been</u> <u>addressed by audio–only and audio–visual telehealth;</u>	
12	(5) <u>a review of the appropriateness of:</u>	
$13 \\ 14 \\ 15 \\ 16$	telecommunications services used for patient check-ins to in-person evaluation and management services as defined in the Berenson-Eggers type of service typology for	
17 18	<u>(ii)</u> <u>inclusion of clinic hospital facility fees in reimbursement for</u> <u>hospital–provided telehealth; and</u>	
$\begin{array}{c} 19\\ 20 \end{array}$	(iii) <u>the use of telehealth to satisfy network access standards required</u> <u>under § 15–112(b) of the Insurance Article; and</u>	
21	(6) the study or analysis of any other issues identified by the Commission.	
22	(d) <u>The report shall include recommendations on:</u>	
23	(1) <u>coverage of telehealth services; and</u>	
24	(2) payment levels for telehealth services relative to in-person care.	
$\frac{25}{26}$	(e) (1) <u>The Maryland Health Care Commission shall complete the report using</u> research methods appropriate for the issues identified in this section and available funding.	
27 28 29 30 31	(2) To carry out the health care provider survey required under subsection (c)(3)(ii) of this section, the Maryland Health Care Commission shall develop survey questions and work with the health occupations boards and other appropriate entities within the Maryland Department of Health to send out information regarding the survey by means of:	

1	<u>(i)</u>	<u>renewal notices;</u>
2	<u>(ii)</u>	<u>newsletters;</u>
3	<u>(iii)</u>	<u>e-mail blasts;</u>
4	<u>(iv)</u>	website postings; or
5	<u>(v)</u>	any combination thereof.
$6 \\ 7$	<u>SECTION 3, AND</u> Assembly that:) BE IT FURTHER ENACTED, That it is the intent of the General
8 9 10 11	Commission completes t	and no later than June 30, 2023, while the Maryland Health Care the study and submits the report required under Section 2 of this the General Assembly for the adoption of comprehensive telehealth
$12 \\ 13 \\ 14 \\ 15 \\ 16$	<u>audio–visual technology</u> <u>Act, and all applicable ex</u>	the Maryland Medical Assistance Program continue to reimburse or covered health care services provided through audio–only and in accordance with the requirements of Sections 1 and 2 of this executive orders and waivers issued in accordance with Chapters 13 General Assembly of 2020; and
17 18 19 20 21 22 23 24	of this Act, continue to provided through audi requirements of Section insurers, nonprofit healt Declaration of State of	insurers, nonprofit health service plans, and health maintenance abject to § 15–139 of the Insurance Article, as enacted by Section 1 reimburse health care providers for covered health care services to-only and audio-visual technology in accordance with the a 1 of this Act and all applicable accommodations made by the ch service plans, and health maintenance organizations during the Emergency and Existence of Catastrophic Health Emergency – arch 5, 2020, and its renewals;
$25 \\ 26 \\ 27$	utilization and coverage	Maryland Health Care Commission use the data collected from of telehealth as provided for in item (1) of this section to complete er Section 2 of this Act; and
28 29 30 31	establish comprehensive	<u>State to use the report required under Section 2 of this Act to e telehealth policies for implementation after the Declaration of Existence of Catastrophic Health Emergency – COVID–19 issued as renewals expire.</u>
32	SECTION 2, 4. A	ND BE IT FURTHER ENACTED, That this Act shall apply to all
$\frac{33}{34}$		health benefit plans issued, delivered, or renewed in the State on or aly $1, 2021$.

1 October 1, 2021 July 1, 2021.

Approved:

Governor.

Speaker of the House of Delegates.

President of the Senate.