J5, J4

ENROLLED BILL

— Finance / Health and Government Operations —

Introduced by Senator Klausmeier

Read and Examined by Proofreaders:

												Proofrea	ader.
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Sealed	with	the	Great	Seal	and	presented	to	the	Governor,	for	his	approval	this
	_ day	of				at				_ 0	'clocl	k,	M.
												Presid	dent.

CHAPTER \_\_\_\_\_

# 1 AN ACT concerning

#### $\mathbf{2}$

# Health Insurance – Utilization Review – Revisions

## FOR the purpose of altering and establishing requirements and prohibitions related to health insurance utilization review; altering requirements related to internal grievance procedures and adverse decision procedures; altering certain reporting requirements on health insurance carriers relating to adverse decisions; establishing requirements on health insurance carriers and health care providers relating to the provision of patient benefit information; and generally relating to health insurance and utilization review.

# 10 BY adding to

- 11 Article Health General
- 12 Section 19–108.5
- 13 Annotated Code of Maryland
- 14 (2023 Replacement Volume)

#### EXPLANATION: CAPITALS INDICATE MATTER ADDED TO EXISTING LAW.

[Brackets] indicate matter deleted from existing law.

<u>Underlining</u> indicates amendments to bill.

Strike out indicates matter stricken from the bill by amendment or deleted from the law by amendment.

Italics indicate opposite chamber/conference committee amendments.



(4lr2880)

- 1 BY repealing and reenacting, without amendments,
- 2 Article Insurance
- 3 Section 15–851 and 15–10B–01(a)
- 4 Annotated Code of Maryland
- 5 (2017 Replacement Volume and 2023 Supplement)
- 6 BY repealing and reenacting, with amendments,
- 7 Article Insurance
- 8 Section 15–854 and 15–10B–06
- 9 Annotated Code of Maryland
- 10 (2017 Replacement Volume and 2023 Supplement)
- 11 (As enacted by Chapters 364 and 365 of the Acts of the General Assembly of 2023)
- 12 BY adding to
- 13 Article Insurance
- 14 Section 15–854.1
- 15 Annotated Code of Maryland
- 16 (2017 Replacement Volume and 2023 Supplement)
- 17 BY repealing and reenacting, with amendments,
- 18 Article Insurance
- 19 Section 15–10A–01, 15–10A–02, 15–10A–04(c), 15–10A–06, 15–10A–08,
- 20 15–10B–01(b), 15–10B–02, 15–10B–05, 15–10B–07, and 15–10B–09.1
- 21 Annotated Code of Maryland
- 22 (2017 Replacement Volume and 2023 Supplement)
- 23 SECTION 1. BE IT ENACTED BY THE GENERAL ASSEMBLY OF MARYLAND,
   24 That the Laws of Maryland read as follows:
- 25

# Article – Health – General

26 **19–108.5**.

27 (A) (1) IN THIS SECTION THE FOLLOWING WORDS HAVE THE MEANINGS 28 INDICATED.

29 (2) "CARRIER" HAS THE MEANING STATED IN § 15–1301 OF THE 30 INSURANCE ARTICLE.

31 (3) "HEALTH CARE PROVIDER" HAS THE MEANING STATED IN § 32 19–108.3 OF THIS SUBTITLE.

(B) (1) ON OR BEFORE JULY 1, 2026, A CARRIER SHALL ESTABLISH AND
 MAINTAIN AN ONLINE PROCESS THAT:

 $\mathbf{2}$ 

LINKS DIRECTLY TO ALL E-PRESCRIBING SYSTEMS AND 1 **(I)**  $\mathbf{2}$ ELECTRONIC HEALTH RECORD SYSTEMS THAT USE THE NATIONAL COUNCIL FOR 3 PRESCRIPTION DRUG PROGRAMS SCRIPT STANDARD AND THE NATIONAL COUNCIL FOR PRESCRIPTION DRUG PROGRAMS REAL TIME BENEFIT STANDARD; 4  $\mathbf{5}$ CAN ACCEPT ELECTRONIC **(II)** PRIOR **AUTHORIZATION** 6 **REQUESTS FROM A HEALTH CARE PROVIDER;** 7 (III) CAN APPROVE ELECTRONIC PRIOR AUTHORIZATION 8 **REQUESTS:** 9 1. FOR WHICH NO ADDITIONAL INFORMATION IS 10 NEEDED BY THE CARRIER TO PROCESS THE PRIOR AUTHORIZATION REQUEST; 11 2. FOR WHICH NO CLINICAL REVIEW IS REQUIRED; AND 123. ТНАТ MEET THE CARRIER'S CRITERIA FOR 13 **APPROVAL; AND** 14(IV) LINKS DIRECTLY TO REAL-TIME PATIENT OUT-OF-POCKET COSTS, INCLUDING COPAYMENT, DEDUCTIBLE, AND COINSURANCE COSTS, AND 15MORE AFFORDABLE MEDICATION ALTERNATIVES MADE AVAILABLE BY THE 16 17CARRIER. 18 (2) **A CARRIER MAY NOT:** 19 **(I)** IMPOSE A FEE OR CHARGE ON A PERSON FOR ACCESSING 20THE ONLINE PROCESS REQUIRED UNDER PARAGRAPH (1) OF THIS SUBSECTION; OR 21(II) ACCESS, WITHOUT HEALTH CARE PROVIDER CONSENT, HEALTH CARE PROVIDER DATA VIA THE ONLINE PROCESS OTHER THAN FOR THE 2223**INSURED OR ENROLLEE.** 24**(C)** ON OR BEFORE JULY 1, 2025, A CARRIER SHALL: 25(1) **ON REQUEST OF A HEALTH CARE PROVIDER, PROVIDE CONTACT** 26INFORMATION FOR EACH THIRD-PARTY VENDOR OR OTHER ENTITY THAT THE 27CARRIER WILL USE TO MEET THE REQUIREMENTS OF SUBSECTION (B) OF THIS 28SECTION; AND 29(2) POST THE CONTACT INFORMATION REQUIRED TO BE PROVIDED UNDER ITEM (1) OF THIS SUBSECTION ON ITS WEBSITE. 30

1 (D) (1) ON OR BEFORE JULY 1, 2026, EACH HEALTH CARE PROVIDER 2 SHALL ENSURE THAT EACH E-PRESCRIBING SYSTEM OR ELECTRONIC HEALTH 3 RECORD SYSTEM OWNED OR CONTRACTED FOR BY THE HEALTH CARE PROVIDER TO 4 MAINTAIN A HEALTH RECORD OF AN INSURED OR ENROLLEE HAS THE ABILITY TO 5 ACCESS, AT THE POINT OF PRESCRIBING:

6 (I) THE ELECTRONIC PRIOR AUTHORIZATION PROCESS 7 ESTABLISHED BY A CARRIER UNDER SUBSECTION (B) OF THIS SECTION; AND

8 (II) THE REAL-TIME PATIENT OUT-OF-POCKET COST 9 INFORMATION AND AVAILABLE MEDICATION ALTERNATIVES REQUIRED UNDER 10 SUBSECTION (B) OF THIS SECTION.

11 (2) THE COMMISSION SHALL ESTABLISH BY REGULATION A PROCESS
 12 THROUGH WHICH A HEALTH CARE PROVIDER MAY REQUEST AND RECEIVE A WAIVER
 13 OF COMPLIANCE FROM THE REQUIREMENTS OF THIS SUBSECTION.

14 (E) (1) ON OR BEFORE JULY 1, 2026, EACH CARRIER, OR A PHARMACY 15 BENEFITS MANAGER ON BEHALF OF THE CARRIER, SHALL:

16(I) PROVIDEREAL-TIMEPATIENT-SPECIFICBENEFIT17INFORMATION TO INSUREDS AND ENROLLEES AND CONTRACTED HEALTH CARE18PROVIDERS, INCLUDING ANY OUT-OF-POCKET COSTS AND MORE AFFORDABLE19MEDICATION ALTERNATIVES OR PRIOR AUTHORIZATION REQUIREMENTS; AND

20 (II) ENSURE THAT THE INFORMATION PROVIDED UNDER ITEM 21 (I) OF THIS PARAGRAPH IS ACCURATE.

22EACH CARRIER, OR A PHARMACY BENEFITS MANAGER ON BEHALF (2) 23OF THE CARRIER, SHALL MAKE AVAILABLE THE INFORMATION REQUIRED TO BE PROVIDED UNDER PARAGRAPH (1) OF THIS SUBSECTION TO THE HEALTH CARE 2425THE POINT OF PRESCRIBING IN AN ACCESSIBLE AND PROVIDER AT UNDERSTANDABLE FORMAT, SUCH AS THROUGH THE HEALTH CARE PROVIDER'S 2627E-PRESCRIBING SYSTEM OR ELECTRONIC HEALTH RECORD SYSTEM THAT THE 28CARRIER, PHARMACY BENEFITS MANAGER, OR DESIGNATED SUBCONTRACTOR HAS ADOPTED THAT USES THE NATIONAL COUNCIL FOR PRESCRIPTION DRUG 29**PROGRAMS SCRIPT STANDARD AND THE NATIONAL COUNCIL FOR PRESCRIPTION** 30 DRUG PROGRAMS REAL TIME BENEFIT STANDARD FROM WHICH THE HEALTH 3132CARE PROVIDER MAKES THE REQUEST.

33

Article – Insurance

34 15-851.

4

1	(a) (1)	This section applies to:
$2 \\ 3 \\ 4$		(i) insurers and nonprofit health service plans that provide coverage e disorder benefits or prescription drugs under individual, group, or urance policies or contracts that are issued or delivered in the State; and
$5\\6\\7$		(ii) health maintenance organizations that provide coverage for order benefits or prescription drugs under individual or group contracts delivered in the State.
	0	An insurer, a nonprofit health service plan, or a health maintenance provides coverage for substance use disorder benefits under the medical scription drugs through a pharmacy benefits manager is subject to the his section.
$\begin{array}{c} 12 \\ 13 \end{array}$	(b) An errequirement for a	entity subject to this section may not apply a prior authorization prescription drug:
14	(1)	when used for treatment of an opioid use disorder; and
15	(2)	that contains methadone, buprenorphine, or naltrexone.
16	15-854.	
17	(a) (1)	This section applies to:
18 19 20		(i) insurers and nonprofit health service plans that provide coverage rugs through a pharmacy benefit under individual, group, or blanket policies or contracts that are issued or delivered in the State; and
21 22 23	prescription drugs are issued or deliv	(ii) health maintenance organizations that provide coverage for s through a pharmacy benefit under individual or group contracts that rered in the State.
$24 \\ 25 \\ 26 \\ 27$	manager or that c	An insurer, a nonprofit health service plan, or a health maintenance provides coverage for prescription drugs through a pharmacy benefits ontracts with a private review agent under Subtitle 10B of this article is airements of this section.
$\begin{array}{c} 28\\ 29 \end{array}$	(3) in § 15–101 of the	This section does not apply to a managed care organization as defined Health – General Article.
$30 \\ 31 \\ 32$		(i) If an entity subject to this section requires a prior authorization drug, the prior authorization request shall allow a health care provider er a prescription drug is to be used to treat a chronic condition.

1 (ii) If a health care provider indicates that the prescription drug is 2 to treat a chronic condition, an entity subject to this section may not request a 3 reauthorization for a repeat prescription for the prescription drug for 1 year or for the 4 standard course of treatment for the chronic condition being treated, whichever is less.

5 (2) For a prior authorization that is filed electronically, the entity shall 6 maintain a database that will prepopulate prior authorization requests with an insured's 7 available insurance and demographic information.

8 (c) [If an entity subject to this section denies coverage for a prescription drug, the 9 entity shall provide a detailed written explanation for the denial of coverage, including 10 whether the denial was based on a requirement for prior authorization.

11 (d)] (1) On receipt of information documenting a prior authorization from the 12 insured or from the insured's health care provider, an entity subject to this section shall 13 honor a prior authorization granted to an insured from a previous entity for at least the 14 [initial 30] LESSER OF 90 days [of an insured's prescription drug benefit coverage under 15 the health benefit plan of the new entity] OR THE LENGTH OF THE COURSE OF 16 TREATMENT.

17 (2) During the time period described in paragraph (1) of this subsection, an 18 entity may perform its own review to grant a prior authorization for the prescription drug.

[(e)] (D) (1) An entity subject to this section shall honor a prior authorization
 issued by the entity for a prescription drug AND MAY NOT REQUIRE A HEALTH CARE
 PROVIDER TO SUBMIT A REQUEST FOR ANOTHER PRIOR AUTHORIZATION FOR THE
 PRESCRIPTION DRUG:

(i) if the insured changes health benefit plans that are both covered
by the same entity and the prescription drug is a covered benefit under the current health
benefit plan; or

(ii) except as provided in paragraph (2) of this subsection, when the
dosage for the approved prescription drug changes and the change is consistent with federal
Food and Drug Administration labeled dosages.

29 (2) [An] EXCEPT AS PROVIDED IN § 15–851 OF THIS SUBTITLE, AN 30 entity may [not be required to honor] REQUIRE a prior authorization for a change in dosage 31 for an opioid under this subsection.

32 [(f)] (E) (1) If an entity under this section implements a new prior 33 authorization requirement for a prescription drug, the entity shall provide notice of the new 34 requirement at least [30] 60 days before the implementation of a new prior authorization 35 requirement:

1 [(1)] (I) in writing to any insured who is prescribed the prescription drug; 2 and

3 [(2)] (II) either in writing or electronically to all contracted health care 4 providers.

5 (2) THE NOTICE REQUIRED UNDER PARAGRAPH (1) OF THIS 6 SUBSECTION SHALL INDICATE THAT THE INSURED MAY REMAIN ON THE 7 PRESCRIPTION DRUG AT THE TIME OF REAUTHORIZATION IN ACCORDANCE WITH 8 SUBSECTION (G) OF THIS SECTION.

9 [(g)] (F) (1) Except as provided in paragraph (2) of this subsection, an entity 10 subject to this section may not require more than one prior authorization if two or more 11 tablets of different dosage strengths of the same prescription drug are:

12 (i) prescribed at the same time as part of an insured's treatment 13 plan; and

- 14
- (ii) manufactured by the same manufacturer.

15 (2) This subsection does not prohibit an entity from requiring more than 16 one prior authorization if the prescription is for two or more tablets of different dosage 17 strengths of an opioid that is not an opioid partial agonist.

18(G)(1)THIS SUBSECTION DOES NOT APPLY WITH RESPECT TO A19REAUTHORIZATION OF A PRESCRIPTION DRUG REQUESTED BY A PROVIDER20EMPLOYED BY A GROUP MODEL HEALTH MAINTENANCE ORGANIZATION, AS DEFINED21IN § 19–713.6 OF THE HEALTH – GENERAL ARTICLE.

22 (2) AN ENTITY SUBJECT TO THIS SECTION MAY NOT ISSUE AN 23 ADVERSE DECISION ON A REAUTHORIZATION FOR THE SAME PRESCRIPTION DRUG 24 OR REQUEST ADDITIONAL DOCUMENTATION FROM THE PRESCRIBER FOR THE 25 REAUTHORIZATION REQUEST IF:

# 26(I)THE PRESCRIPTION DRUG IS A BIOLOGICAL PRODUCT USED27FOR IMMUNOTHERAPY OR:

 28
 <u>1.</u> <u>AN IMMUNE GLOBULIN (HUMAN) AS DEFINED IN 21</u>

 29
 <u>C.F.R. § 640.100; OR</u>

30 <u>2.</u> <u>USED</u> FOR THE TREATMENT OF A MENTAL DISORDER
 31 LISTED IN THE MOST RECENT EDITION OF THE DIAGNOSTIC AND STATISTICAL
 32 MANUAL OF MENTAL DISORDERS PUBLISHED BY THE AMERICAN PSYCHIATRIC
 33 ASSOCIATION;

1 (II) THE ENTITY PREVIOUSLY APPROVED A PRIOR 2 AUTHORIZATION FOR THE PRESCRIPTION DRUG FOR THE INSURED;

3 (III) THE INSURED HAS BEEN TREATED WITH THE
4 PRESCRIPTION DRUG WITHOUT INTERRUPTION SINCE THE INITIAL APPROVAL OF
5 THE PRIOR AUTHORIZATION; AND

6 (HI) (IV) THE PRESCRIBER ATTESTS THAT, BASED ON THE 7 PRESCRIBER'S PROFESSIONAL JUDGMENT, THE PRESCRIPTION DRUG CONTINUES 8 TO BE NECESSARY TO EFFECTIVELY TREAT THE INSURED'S CONDITION.

9 (3) (2) IF THE PRESCRIPTION DRUG THAT IS BEING REQUESTED HAS 10 BEEN REMOVED FROM THE FORMULARY OR HAS BEEN MOVED TO A HIGHER 11 DEDUCTIBLE, COPAYMENT, OR COINSURANCE TIER, THE ENTITY SHALL PROVIDE 12 THE INSURED AND INSURED'S HEALTH CARE PROVIDER THE INFORMATION 13 REQUIRED UNDER § 15–831 OF THIS SUBTITLE.

14 **15–854.1.** 

15 (A) (1) IN THIS SECTION THE FOLLOWING WORDS HAVE THE MEANINGS 16 INDICATED.

17 (2) "ACTIVE COURSE OF TREATMENT" MEANS A COURSE OF 18 TREATMENT FOR WHICH AN INSURED IS ACTIVELY SEEING A HEALTH CARE 19 PROVIDER AND FOLLOWING THE COURSE OF TREATMENT.

20

(3) "COURSE OF TREATMENT" MEANS TREATMENT THAT:

21 (I) IS PRESCRIBED TO TREAT OR ORDERED FOR THE 22 TREATMENT OF AN INSURED WITH A SPECIFIC CONDITION;

23(II)IS OUTLINED AND AGREED TO BY THE INSURED AND THE24HEALTH CARE PROVIDER BEFORE THE TREATMENT BEGINS; AND

25

(III) MAY BE PART OF A TREATMENT PLAN.

26 (B) (1) THIS SECTION APPLIES TO:

(I) INSURERS AND NONPROFIT HEALTH SERVICE PLANS THAT
 PROVIDE HOSPITAL, MEDICAL, OR SURGICAL BENEFITS TO INDIVIDUALS OR GROUPS
 ON AN EXPENSE-INCURRED BASIS UNDER HEALTH INSURANCE POLICIES OR
 CONTRACTS THAT ARE ISSUED OR DELIVERED IN THE STATE; AND

1 (II) HEALTH MAINTENANCE ORGANIZATIONS THAT PROVIDE 2 HOSPITAL, MEDICAL, OR SURGICAL BENEFITS TO INDIVIDUALS OR GROUPS UNDER 3 CONTRACTS THAT ARE ISSUED OR DELIVERED IN THE STATE.

4 (2) AN INSURER, A NONPROFIT HEALTH SERVICE PLAN, OR A HEALTH 5 MAINTENANCE ORGANIZATION THAT CONTRACTS WITH A PRIVATE REVIEW AGENT 6 UNDER SUBTITLE 10B OF THIS TITLE IS SUBJECT TO THE REQUIREMENTS OF THIS 7 SECTION.

8 (3) AN INSURER, A NONPROFIT HEALTH SERVICE PLAN, OR A HEALTH 9 MAINTENANCE ORGANIZATION THAT CONTRACTS WITH A THIRD PARTY TO 10 DISPENSE MEDICAL DEVICES, MEDICAL APPLIANCES, OR MEDICAL GOODS FOR THE 11 TREATMENT OF A HUMAN DISEASE OR DYSFUNCTION IS SUBJECT TO THE 12 REQUIREMENTS OF THIS SECTION.

13 (C) (1) NOTWITHSTANDING § 15–854 OF THIS SUBTITLE AS IT APPLIES TO 14 COVERAGE FOR PRESCRIPTION DRUGS, AN ENTITY SUBJECT TO THIS SECTION 15 SHALL APPROVE A REQUEST FOR THE PRIOR AUTHORIZATION OF A COURSE OF 16 TREATMENT, INCLUDING FOR CHRONIC CONDITIONS, REHABILITATIVE SERVICES, 17 SUBSTANCE USE DISORDERS, AND MENTAL HEALTH CONDITIONS, THAT IS:

18(I)FOR A PERIOD OF TIME THAT IS AS LONG AS NECESSARY TO19AVOID DISRUPTIONS IN CARE; AND

20(II) DETERMINED IN ACCORDANCE WITH APPLICABLE21COVERAGE CRITERIA, THE INSURED'S MEDICAL HISTORY, AND THE HEALTH CARE22PROVIDER'S RECOMMENDATION.

23 (2) FOR NEW ENROLLEES, AN ENTITY SUBJECT TO THIS SECTION MAY 24 NOT DISRUPT OR REQUIRE REAUTHORIZATION FOR AN ACTIVE COURSE OF 25 TREATMENT <u>FOR COVERED SERVICES</u> FOR AT LEAST **90** DAYS AFTER THE DATE OF 26 ENROLLMENT.

27 15–10A–01.

28 (a) In this subtitle the following words have the meanings indicated.

29 (b) (1) "Adverse decision" means:

30 (i) a utilization review determination by a private review agent, a
 31 carrier, or a health care provider acting on behalf of a carrier that:

a proposed or delivered health care service covered under
 the member's contract is or was not medically necessary, appropriate, or efficient; and

	10 SENATE BILL 791
1	2. may result in noncoverage of the health care service; or
$2 \\ 3 \\ 4$	<ul> <li>a denial by a carrier of a request by a member for an alternative standard or a waiver of a standard to satisfy the requirements of a wellness program under § 15–509 of this title.</li> </ul>
5 6 7	(2) "ADVERSE DECISION" INCLUDES A UTILIZATION REVIEW DETERMINATION BASED ON A PRIOR AUTHORIZATION OR STEP THERAPY REQUIREMENT.
$8 \\ 9$	[(2)] (3) "Adverse decision" does not include a decision concerning a subscriber's status as a member.
10	(c) "Carrier" means a person that offers a health benefit plan and is:
11	(1) an authorized insurer that provides health insurance in the State;
12	(2) a nonprofit health service plan;
13	(3) a health maintenance organization;
14	(4) a dental plan organization;
$\begin{array}{c} 15\\ 16\\ 17\end{array}$	(5) a self-funded student health plan operated by an independent institution of higher education, as defined in § $10-101$ of the Education Article, that provides health care to its students and their dependents; or
18 19 20	(6) except for a managed care organization as defined in Title 15, Subtitle 1 of the Health – General Article, any other person that provides health benefit plans subject to regulation by the State.
$\begin{array}{c} 21 \\ 22 \end{array}$	(d) "Complaint" means a protest filed with the Commissioner involving an adverse decision or grievance decision concerning the member.
$23 \\ 24 \\ 25 \\ 26$	(e) "Designee of the Commissioner" means any person to whom the Commissioner has delegated the authority to review and decide complaints filed under this subtitle, including an administrative law judge to whom the authority to conduct a hearing has been delegated for recommended or final decision.
$27 \\ 28 \\ 29$	(f) "Grievance" means a protest filed by a member, a member's representative, or a health care provider on behalf of a member with a carrier through the carrier's internal grievance process regarding an adverse decision concerning the member.
30	(g) "Grievance decision" means a final determination by a carrier that arises from

(g) "Grievance decision" means a final determination by a carrier that arises from
 a grievance filed with the carrier under its internal grievance process regarding an adverse
 decision concerning a member.

1 (h) "Health Advocacy Unit" means the Health Education and Advocacy Unit in 2 the Division of Consumer Protection of the Office of the Attorney General established under 3 Title 13, Subtitle 4A of the Commercial Law Article.

- 4 (i) "Health benefit plan" has the meaning stated in § 2–112.2(a) of this article.
- 5 (j) "Health care provider" means:

6 (1) an individual who is licensed under the Health Occupations Article to 7 provide health care services in the ordinary course of business or practice of a profession 8 and is a treating provider of the member; or

9

(2) a hospital, as defined in 19–301 of the Health – General Article.

10 (k) "Health care service" means a health or medical care procedure or service 11 rendered by a health care provider that:

12 (1) provides testing, diagnosis, or treatment of a human disease or 13 dysfunction; [or]

14 (2) dispenses drugs, medical devices, medical appliances, or medical goods 15 for the treatment of a human disease or dysfunction; **OR** 

# 16 (3) PROVIDES ANY OTHER CARE, SERVICE, OR TREATMENT OF 17 DISEASE OR INJURY, THE CORRECTION OF DEFECTS, OR THE MAINTENANCE OF 18 PHYSICAL OR MENTAL WELL-BEING OF INDIVIDUALS.

19 (l) (1) "Member" means a person entitled to health care benefits under a 20 policy, plan, or certificate issued or delivered in the State by a carrier.

- 21 (2) "Member" includes:
- 22 (i) a subscriber; and
- 23 (ii) unless preempted by federal law, a Medicare recipient.
- 24 (3) "Member" does not include a Medicaid recipient.

25 (m) "Member's representative" means an individual who has been authorized by 26 the member to file a grievance or a complaint on the member's behalf.

27 (n) "Private review agent" has the meaning stated in § 15–10B–01 of this title.

28 15–10A–02.

SENATE	BILL	791
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1	(a) Each carrier shall establish an internal grievance process for its members.
$\frac{2}{3}$	(b) (1) An internal grievance process shall meet the same requirements established under Subtitle 10B of this title.
4 5	(2) In addition to the requirements of Subtitle 10B of this title, an internal grievance process established by a carrier under this section shall:
6 7 8	(i) include an expedited procedure for use in an emergency case for purposes of rendering a grievance decision within 24 hours of the date a grievance is filed with the carrier;
9 10	(ii) provide that a carrier render a final decision in writing on a grievance within 30 working days after the date on which the grievance is filed unless:
$\begin{array}{c} 11 \\ 12 \end{array}$	1. the grievance involves an emergency case under item (i) of this paragraph;
$13 \\ 14 \\ 15$	2. the member, the member's representative, or a health care provider filing a grievance on behalf of a member agrees in writing to an extension for a period of no longer than 30 working days; or
$\begin{array}{c} 16 \\ 17 \end{array}$	(iv) of this paragraph; 3. the grievance involves a retrospective denial under item
18 19	(iii) allow a grievance to be filed on behalf of a member by a health care provider or the member's representative;
20 21 22	(iv) provide that a carrier render a final decision in writing on a grievance within 45 working days after the date on which the grievance is filed when the grievance involves a retrospective denial; and
$23 \\ 24 \\ 25$	(v) for a retrospective denial, allow a member, the member's representative, or a health care provider on behalf of a member to file a grievance for at least 180 days after the member receives an adverse decision.
26 27 28 29 30 31 32	(3) For purposes of using the expedited procedure for an emergency case that a carrier is required to include under paragraph (2)(i) of this subsection, the [Commissioner shall define by regulation the standards required for a grievance to be considered an emergency case] CARRIER SHALL INITIATE THE EXPEDITED PROCEDURE FOR AN EMERGENCY CASE IF <u>THE MEMBER OR THE MEMBER'S REPRESENTATIVE</u> <u>REQUESTS THE EXPEDITED REVIEW OR</u> THE HEALTH CARE PROVIDER <u>OR THE</u> <u>MEMBER OR THE MEMBER'S REPRESENTATIVE</u> ATTESTS THAT:
33	(I) THE ADVERSE DECISION WAS RENDERED FOR HEALTH CARE

34 SERVICES THAT ARE PROPOSED BUT HAVE NOT BEEN PROVIDED; AND

1 **(II)** THE SERVICES ARE NECESSARY TO TREAT A CONDITION OR  $\mathbf{2}$ **ILLNESS THAT, WITHOUT IMMEDIATE MEDICAL ATTENTION, WOULD:** 3 1. SERIOUSLY JEOPARDIZE THE LIFE OR HEALTH OF THE MEMBER OR THE MEMBER'S ABILITY TO REGAIN MAXIMUM FUNCTIONS; 4  $\mathbf{5}$ 2. CAUSE THE MEMBER TO BE IN DANGER TO SELF OR 6 **OTHERS; OR** 7 3. CAUSE THE **MEMBER** ТО **CONTINUE** USING 8 INTOXICATING SUBSTANCES IN AN IMMINENTLY DANGEROUS MANNER. 9 (c) Except as provided in subsection (d) of this section, the carrier's internal 10 grievance process shall be exhausted prior to filing a complaint with the Commissioner under this subtitle. 11 12(d) (1)A member, the member's representative, or a health care (i) provider filing a complaint on behalf of a member may file a complaint with the 1314Commissioner without first filing a grievance with a carrier and receiving a final decision 15on the grievance if: 16 the carrier waives the requirement that the carrier's 1. internal grievance process be exhausted before filing a complaint with the Commissioner; 1718 the carrier has failed to comply with any of the 2. 19requirements of the internal grievance process as described in this section; or 203. the member, the member's representative, or the health care provider provides sufficient information and supporting documentation in the 2122complaint that demonstrates a compelling reason to do so. 23The Commissioner shall define by regulation the standards that (ii) 24the Commissioner shall use to decide what demonstrates a compelling reason under subparagraph (i) of this paragraph. 2526Subject to subsections (b)(2)(ii) and (h) of this section, a member, a (2)member's representative, or a health care provider may file a complaint with the 2728Commissioner if the member, the member's representative, or the health care provider does 29not receive a grievance decision from the carrier on or before the 30th working day on which 30 the grievance is filed. 31Whenever the Commissioner receives a complaint under paragraph (1) (3)

or (2) of this subsection, the Commissioner shall notify the carrier that is the subject of the complaint within 5 working days after the date the complaint is filed with the Commissioner.

1	(e) Each carrier shall:
$\frac{2}{3}$	(1) file for review with the Commissioner and submit to the Health Advocacy Unit a copy of its internal grievance process established under this subtitle; and
45	(2) file any revision to the internal grievance process with the Commissioner and the Health Advocacy Unit at least 30 days before its intended use.
$6 \\ 7$	(f) (1) For nonemergency cases, when a carrier renders an adverse decision, the carrier shall:
8 9	[(1)] (I) inform the member, the member's representative, or the health care provider acting on behalf of the member of the adverse decision:
10	[(i)] <b>1.</b> orally by telephone; or
11 12 13	[(ii)] 2. with the affirmative consent of the member, the member's representative, or the health care provider acting on behalf of the member, by text, facsimile, e-mail, an online portal, or other expedited means; and
14 15 16	[(2)] (II) send, within 5 working days after the adverse decision has been made, a written notice to the member, the member's representative, and a health care provider acting on behalf of the member that:
17 18 19 20 21	[(i)] 1. states in detail in clear, understandable language the specific factual bases for the carrier's decision AND THE REASONING USED TO DETERMINE THAT THE HEALTH CARE SERVICE IS NOT MEDICALLY NECESSARY AND DID NOT MEET THE CARRIER'S CRITERIA AND STANDARDS USED IN CONDUCTING THE UTILIZATION REVIEW;
$22 \\ 23 \\ 24$	[(ii)] 2. [references] PROVIDES the specific REFERENCE, LANGUAGE, OR REQUIREMENTS FROM THE criteria and standards, including ANY interpretive guidelines, on which the decision was based, and may not solely use:
25 26 27	A. generalized terms such as "experimental procedure not covered", "cosmetic procedure not covered", "service included under another procedure", or "not medically necessary"; OR
$\frac{28}{29}$	B. LANGUAGE DIRECTING THE MEMBER TO REVIEW THE ADDITIONAL COVERAGE CRITERIA IN THE MEMBER'S POLICY OR PLAN DOCUMENTS;
30 31	[(iii)] <b>3.</b> states the name, business address, and business telephone number of:

1	[1.] A. IF THE CARRIER IS A HEALTH MAINTENANCE
$\frac{2}{3}$	<b>ORGANIZATION,</b> the medical director or associate medical director, as appropriate, who
3	made the decision [if the carrier is a health maintenance organization]; or
4	[2.] B. IF THE CARRIER IS NOT A HEALTH
5	MAINTENANCE ORGANIZATION, the designated employee or representative of the carrier
$\frac{6}{7}$	who has responsibility for the carrier's internal grievance process [if the carrier is not a health maintenance organization] AND THE PHYSICIAN WHO IS REQUIRED TO MAKE
$7 \\ 8$	ALL ADVERSE DECISIONS AS REQUIRED IN § 15–10B–07(A) OF THIS TITLE;
9 10	[(iv)] 4. gives written details of the carrier's internal grievance process and procedures under this subtitle; and
11	[(v)] <b>5.</b> includes the following information:
12	[1.] A. that the member, the member's representative, or a
13	health care provider on behalf of the member has a right to file a complaint with the
14	Commissioner within 4 months after receipt of a carrier's grievance decision;
15	[2.] <b>B.</b> that a complaint may be filed without first filing a
16	grievance if the member, the member's representative, or a health care provider filing a
$\frac{17}{18}$	grievance on behalf of the member can demonstrate a compelling reason to do so as determined by the Commissioner;
$\frac{19}{20}$	[3.] C. the Commissioner's address, telephone number, and facsimile number;
20	
21	[4.] D. a statement that the Health Advocacy Unit is
$\frac{22}{23}$	available to assist the member or the member's representative in both mediating and filing a grievance under the carrier's internal grievance process; and
20	a grievance under the carrier's internal grievance process, and
24	[5.] E. the address, telephone number, facsimile number,
25	and electronic mail address of the Health Advocacy Unit.
26	(2) THE BUSINESS TELEPHONE NUMBER INCLUDED IN THE NOTICE AS
27	REQUIRED UNDER PARAGRAPH (1)(II)3 OF THIS SUBSECTION MUST BE A DEDICATED
28	NUMBER FOR ADVERSE DECISIONS AND MAY NOT BE THE GENERAL CUSTOMER CALL
29	NUMBER FOR THE CARRIER.
30	(g) If within 5 working days after a member, the member's representative, or a
$\frac{31}{32}$	health care provider, who has filed a grievance on behalf of a member, files a grievance with the carrier and if the carrier does not have sufficient information to complete its
32 33	with the carrier, and if the carrier does not have sufficient information to complete its internal grievance process, the carrier shall:

33 internal grievance process, the carrier shall:

1 (1) AFTER CONFIRMING THROUGH A COMPLETE REVIEW OF ANY 2 INFORMATION ALREADY SUBMITTED BY THE HEALTH CARE PROVIDER:

3 (I) notify the member, the member's representative, or the health 4 care provider that it cannot proceed with reviewing the grievance unless additional 5 information is provided;

6 (II) REQUEST THE SPECIFIC INFORMATION, INCLUDING ANY 7 LAB OR DIAGNOSTIC TEST OR OTHER MEDICAL INFORMATION THAT MUST BE 8 SUBMITTED TO COMPLETE THE INTERNAL GRIEVANCE PROCESS; AND

# 9 (III) PROVIDE THE SPECIFIC REFERENCE, LANGUAGE, OR 10 REQUIREMENTS FROM THE CRITERIA AND STANDARDS USED BY THE CARRIER TO 11 SUPPORT THE NEED FOR THE ADDITIONAL INFORMATION; and

12 (2) assist the member, the member's representative, or the health care 13 provider in gathering the necessary information without further delay.

14 (h) A carrier may extend the 30-day or 45-day period required for making a final 15 grievance decision under subsection (b)(2)(ii) of this section with the written consent of the 16 member, the member's representative, or the health care provider who filed the grievance 17 on behalf of the member.

18 (i) (1) For nonemergency cases, when a carrier renders a grievance decision,19 the carrier shall:

(i) document the grievance decision in writing after the carrier has
provided oral communication of the decision to the member, the member's representative,
or the health care provider acting on behalf of the member; and

(ii) send, within 5 working days after the grievance decision has been
made, a written notice to the member, the member's representative, and a health care
provider acting on behalf of the member that:

states in detail in clear, understandable language the
 specific factual bases for the carrier's decision AND THE REASONING USED TO
 DETERMINE THAT THE HEALTH CARE SERVICE IS NOT MEDICALLY NECESSARY AND
 DID NOT MEET THE CARRIER'S CRITERIA AND STANDARDS USED IN CONDUCTING
 UTILIZATION REVIEW;

2. [references] PROVIDES the specific REFERENCE,
 LANGUAGE, OR REQUIREMENTS FROM THE criteria and standards, including ANY
 interpretive guidelines USED BY THE CARRIER, on which the grievance decision was
 based;

1 3. states the name, business address, and business telephone  $\mathbf{2}$ number of: 3 IF THE CARRIER IS A HEALTH MAINTENANCE A. 4 **ORGANIZATION**, the medical director or associate medical director, as appropriate, who made the grievance decision; or  $\mathbf{5}$ 6 В. IF THE CARRIER IS NOT A HEALTH MAINTENANCE 7 ORGANIZATION, the designated employee or representative of the carrier who has responsibility for the carrier's internal grievance process [if the carrier is not a health 8 maintenance organization] AND THE DESIGNATED EMPLOYEE OR REPRESENTATIVE'S 9 10 TITLE AND CLINICAL SPECIALTY; and 11 4. includes the following information: 12A. that the member or the member's representative has a 13right to file a complaint with the Commissioner within 4 months after receipt of a carrier's grievance decision; 14 the Commissioner's address, telephone number, and 15B. 16facsimile number; 17С. a statement that the Health Advocacy Unit is available to 18assist the member or the member's representative in filing a complaint with the 19 Commissioner; and 20the address, telephone number, facsimile number, and D. 21electronic mail address of the Health Advocacy Unit. 22(2) THE BUSINESS TELEPHONE NUMBER INCLUDED IN THE NOTICE AS 23**REQUIRED UNDER PARAGRAPH (1)(II)3 OF THIS SUBSECTION MUST BE A DEDICATED** 24NUMBER FOR GRIEVANCE DECISIONS AND MAY NOT BE THE GENERAL CUSTOMER 25CALL NUMBER FOR THE CARRIER. 26[A] TO SATISFY THE REQUIREMENTS OF THIS SUBSECTION, **[**(2)**] (3)** A carrier may not use solely in [a] THE WRITTEN notice sent under paragraph (1) of this 27subsection: 2829**(I)** generalized terms such as "experimental procedure not covered", "cosmetic procedure not covered", "service included under another procedure", or "not 30 medically necessary" [to satisfy the requirements of this subsection]; OR 3132LANGUAGE DIRECTING THE MEMBER TO REVIEW THE **(II)** ADDITIONAL COVERAGE CRITERIA IN THE MEMBER'S POLICY OR PLAN DOCUMENTS. 33

1 (j) (1) For an emergency case under subsection (b)(2)(i) of this section, within 2 1 day after a decision has been orally communicated to the member, the member's 3 representative, or the health care provider, the carrier shall send notice in writing of any 4 adverse decision or grievance decision to:

 $\mathbf{5}$ 

(i) the member and the member's representative, if any; and

6 (ii) if the grievance was filed on behalf of the member under 7 subsection (b)(2)(iii) of this section, the health care provider.

8 (2) A notice required to be sent under paragraph (1) of this subsection shall 9 include the following:

10 (i) for an adverse decision, the information required under 11 subsection (f) of this section; and

12 (ii) for a grievance decision, the information required under 13 subsection (i) of this section.

(k) (1) Each carrier shall include the information required by subsection
[(f)(2)(iii), (iv), and (v)] (F)(1)(II)3, 4, AND 5 of this section in the policy, plan, certificate,
enrollment materials, or other evidence of coverage that the carrier provides to a member
at the time of the member's initial coverage or renewal of coverage.

18 (2) Each carrier shall include as part of the information required by 19 paragraph (1) of this subsection a statement indicating that, when filing a complaint with 20 the Commissioner, the member or the member's representative will be required to 21 authorize the release of any medical records of the member that may be required to be 22 reviewed for the purpose of reaching a decision on the complaint.

(l) (1) Nothing in this subtitle prohibits a carrier from delegating its internal
grievance process to a private review agent that has a certificate issued under Subtitle 10B
of this title and is acting on behalf of the carrier.

26 (2) If a carrier delegates its internal grievance process to a private review 27 agent, the carrier shall be:

(i) bound by the grievance decision made by the private reviewagent acting on behalf of the carrier; and

30 (ii) responsible for a violation of any provision of this subtitle 31 regardless of the delegation made by the carrier under paragraph (1) of this subsection.

32 15–10A–04.

1 (c) (1) It is a violation of this subtitle for a carrier to fail to fulfill the carrier's 2 obligations to provide or reimburse for health care services specified in the carrier's policies 3 or contracts with members.

4 (2) If, in rendering an adverse decision or grievance decision, a carrier fails 5 to fulfill the carrier's obligations to provide or reimburse for health care services specified 6 in the carrier's policies or contracts with members, the Commissioner may:

7 (i) issue an administrative order that requires the carrier to:

8 1. cease inappropriate conduct or practices by the carrier or
9 any of the personnel employed or associated with the carrier;

10

2. fulfill the carrier's contractual obligations;

113.provide a health care service or payment that has been12denied improperly; or

take appropriate steps to restore the carrier's ability to
provide a health care service or payment that is provided under a contract; or

15 (ii) impose any penalty or fine or take any action as authorized:

16 1. for an insurer, nonprofit health service plan, or dental 17 plan organization, under this article; or

18 2. for a health maintenance organization, under the Health
19 - General Article or under this article.

20 (3) In addition to paragraph (1) of this subsection, it is a violation of this 21 subtitle, if the Commissioner, in consultation with an independent review organization, 22 medical expert, the Department, or other appropriate entity, determines that the criteria 23 and standards used by a health maintenance organization to conduct utilization review are 24 not[:

- 25 (i) objective;
- 26 (ii) clinically valid;
- 27 (iii) compatible with established principles of health care; or

(iv) flexible enough to allow deviations from norms when justified on
a case by case basis] IN ACCORDANCE WITH <u>§ 15–10B–06</u> § 15–10B–05 OF THIS TITLE.

30 15–10A–06.

$rac{1}{2}$	(a) On <b>f</b> a quarterly <b>f</b> AN ANNUAL basis, each carrier shall submit to the Commissioner, on the form the Commissioner requires, a report that describes:
3	(1) the activities of the carrier under this subtitle, including:
4	(i) the outcome of each grievance filed with the carrier;
$5 \\ 6$	(ii) the number and outcomes of cases that were considered emergency cases under § $15-10A-02(b)(2)(i)$ of this subtitle;
7 8	(iii) the time within which the carrier made a grievance decision on each emergency case;
9 10	(iv) the time within which the carrier made a grievance decision on all other cases that were not considered emergency cases;
11 12 13	(v) the number of grievances filed with the carrier that resulted from an adverse decision involving length of stay for inpatient hospitalization as related to the medical procedure involved; [and]
14 15 16 17 18	(vi) the number of adverse decisions issued by the carrier under § 15–10A–02(f) of this subtitle, <del>THE TYPE OF UTILIZATION REVIEW PROCESS USED, IF</del> APPLICABLE, WHETHER THE ADVERSE DECISION INVOLVED A PRIOR AUTHORIZATION OR STEP THERAPY PROTOCOL, and the type of service at issue in the adverse decisions; [and]
19 20	<del>(VII)</del> THE TIME WITHIN WHICH THE CARRIER MADE THE ADVERSE DECISIONS UNDER EACH TYPE OF SERVICE AT ISSUE IN THE ADVERSE DECISIONS;
$\begin{array}{c} 21 \\ 22 \end{array}$	<del>(VIII)</del> THE NUMBER OF ADVERSE DECISIONS OVERTURNED AFTER A RECONSIDERATION REQUEST UNDER § 15–10B–06 OF THIS TITLE; AND
$\begin{array}{c} 23\\ 24 \end{array}$	(IX) (VIII) THE NUMBER OF REQUESTS MADE AND GRANTED UNDER § 15–831(C)(1) AND (2) OF THIS TITLE; AND
$25 \\ 26 \\ 27$	(2) the number and outcome of all other cases that are not subject to activities of the carrier under this subtitle that resulted from an adverse decision involving the length of stay for inpatient hospitalization as related to the medical procedure involved.
28	(b) The Commissioner shall:
29	(1) compile an annual summary report based on the information provided:
30	(i) under subsection (a) of this section; and

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1 (ii) by the Secretary under § 19–705.2(e) of the Health – General 2 Article; [and]

# 3 (2) REPORT ANY VIOLATIONS OR ACTIONS TAKEN UNDER § 4 15–10B–11 OF THIS TITLE; AND

5 [(2)] (3) provide copies of the summary report to the Governor and, 6 subject to § 2–1257 of the State Government Article, to the General Assembly.

7 15–10A–08.

8 (a) On or before November 1, 1999, and each November 1 thereafter, the Health 9 Advocacy Unit shall publish an annual summary report and provide copies of the report to 10 the Governor and, subject to § 2–1257 of the State Government Article, the General 11 Assembly.

12 (b) (1) The annual summary report required under subsection (a) of this 13 section shall be on the grievances and complaints filed with or referred to a carrier, the 14 Commissioner, the Health Advocacy Unit, or any other federal or State government agency 15 or unit under this subtitle during the previous fiscal year.

16 (2) In consultation with the Commissioner and any affected State 17 government agency or unit, the Health Advocacy Unit shall:

(i) evaluate the effectiveness of the internal grievance process andcomplaint process available to members; and

(ii) include in the annual summary report the results of the
 evaluation and any proposed changes TO THE LAW that it considers necessary TO ENSURE
 COMPLIANCE WITH THE PURPOSES OF THE LAW.

23 15–10B–01.

24 (a) In this subtitle the following words have the meanings indicated.

- 25 (b) (1) "Adverse decision" means a utilization review determination made by a 26 private review agent that a proposed or delivered health care service:
- (i) is or was not medically necessary, appropriate, or efficient; and
  - 28
- (ii) may result in noncoverage of the health care service.

29 (2) "ADVERSE DECISION" INCLUDES A UTILIZATION REVIEW 30 DETERMINATION BASED ON A PRIOR AUTHORIZATION OR STEP THERAPY 31 REQUIREMENT.

1 **[**(2)**] (3)** "Adverse decision" does not include a decision concerning a  $\mathbf{2}$ subscriber's status as a member. 3 15-10B-02. 4 The purpose of this subtitle is to:  $\mathbf{5}$ promote the delivery of quality health care in a cost effective manner (1)6 THAT ENSURES TIMELY ACCESS TO HEALTH CARE SERVICES: 7(2)foster greater coordination, COMMUNICATION, AND TRANSPARENCY 8 between payors, **PATIENTS**, and providers conducting utilization review activities; 9 protect patients, business, and providers by ensuring that private (3)10 review agents are qualified to perform utilization review activities and to make informed 11 decisions on the appropriateness of medical care; and 12(4)ensure that private review agents maintain the confidentiality of 13medical records in accordance with applicable State and federal laws. 1415-10B-05. 15In conjunction with the application, the private review agent shall submit (a) 16 information that the Commissioner requires including: 17(1)a utilization review plan that includes: 18the specific criteria and standards to be used in conducting (i) utilization review of proposed or delivered health care services; 19 20those circumstances, if any, under which utilization review may (ii) 21be delegated to a hospital utilization review program; and 22(iii) if applicable, any provisions by which patients, <u>OR</u> physicians, <del>or</del> hospitals, OR OTHER HEALTH CARE PROVIDERS may seek reconsideration; 2324(2)the type and qualifications of the personnel either employed or under contract to perform the utilization review; 2526a copy of the private review agent's internal grievance process if a (3)27carrier delegates its internal grievance process to the private review agent in accordance 28with § 15–10A–02(l) of this title; 29(4)the procedures and policies to ensure that a representative of the 30 private review agent is reasonably accessible to patients and health care providers 7 days a week, 24 hours a day in this State; 31

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1 (5) if applicable, the procedures and policies to ensure that a representative 2 of the private review agent is accessible to health care providers to make all determinations 3 on whether to authorize or certify an emergency inpatient admission, or an admission for 4 residential crisis services as defined in § 15–840 of this title, for the treatment of a mental, 5 emotional, or substance abuse disorder within 2 hours after receipt of the information 6 necessary to make the determination;

7 (6) the policies and procedures to ensure that all applicable State and 8 federal laws to protect the confidentiality of individual medical records are followed;

9 (7) a copy of the materials designed to inform applicable patients and 10 providers of the requirements of the utilization review plan;

11 (8) a list of the third party payors for which the private review agent is 12 performing utilization review in this State;

(9) the policies and procedures to ensure that the private review agent has
 a formal program for the orientation and training of the personnel either employed or under
 contract to perform the utilization review;

16 (10) a list of the persons involved in establishing the specific criteria and 17 standards to be used in conducting utilization review, INCLUDING EACH PERSON'S 18 BOARD CERTIFICATION OR PRACTICE SPECIALTY, LICENSURE CATEGORY, AND 19 TITLE WITHIN THE PERSON'S ORGANIZATION; and

(11) certification by the private review agent that the criteria and standards
 to be used in conducting utilization review are GENERALLY RECOGNIZED BY HEALTH
 CARE PROVIDERS PRACTICING IN THE RELEVANT CLINICAL SPECIALTIES AND ARE:

- 23 (i) objective;
- 24 (ii) clinically valid;
- 25
- [(iii) compatible with established principles of health care; and
- 26 (iv) flexible enough to allow deviations from norms when justified on 27 a case by case basis;]

# 28 (III) REFLECTED IN <u>PUBLISHED</u> PEER–REVIEWED SCIENTIFIC 29 STUDIES AND MEDICAL LITERATURE;

- 30 (IV) DEVELOPED BY:
- 311.ANONPROFITHEALTHCAREPROVIDER32PROFESSIONAL MEDICAL OR CLINICAL SPECIALTY SOCIETY, INCLUDING THROUGH

1 THE USE OF PATIENT PLACEMENT CRITERIA AND CLINICAL PRACTICE GUIDELINES; 2 OR

2. FOR CRITERIA NOT WITHIN THE SCOPE OF A NONPROFIT HEALTH CARE PROVIDER PROFESSIONAL MEDICAL OR CLINICAL SPECIALTY SOCIETY, AN ORGANIZATION THAT WORKS DIRECTLY WITH HEALTH CARE PROVIDERS IN THE SAME SPECIALTY FOR THE DESIGNATED CRITERIA WHO ARE EMPLOYED OR ENGAGED WITHIN THE ORGANIZATION OR OUTSIDE THE ORGANIZATION TO DEVELOP THE CLINICAL CRITERIA, IF THE ORGANIZATION:

9 A. DOES NOT RECEIVE DIRECT PAYMENTS BASED ON THE 10 OUTCOME OF THE UTILIZATION REVIEW; AND

11B.DEMONSTRATES THAT ITS CLINICAL CRITERIA ARE12CONSISTENT WITH CRITERIA AND STANDARDS GENERALLY RECOGNIZED BY HEALTH13CARE PROVIDERS PRACTICING IN THE RELEVANT CLINICAL SPECIALTIES;

14 (V) RECOMMENDED BY FEDERAL AGENCIES;

15 (VI) APPROVED BY THE FEDERAL FOOD AND DRUG 16 ADMINISTRATION AS PART OF DRUG LABELING;

(VII) TAKING INTO ACCOUNT THE NEEDS OF ATYPICAL PATIENT
 POPULATIONS AND DIAGNOSES, INCLUDING THE UNIQUE NEEDS OF CHILDREN AND
 ADOLESCENTS;

(VIII) SUFFICIENTLY FLEXIBLE TO ALLOW DEVIATIONS FROM
 NORMS WHEN JUSTIFIED ON A CASE-BY-CASE BASIS, INCLUDING THE NEED TO USE
 AN OFF-LABEL PRESCRIPTION DRUG;

23

(IX) ENSURING QUALITY OF CARE OF HEALTH CARE SERVICES;

24(X) REVIEWED, EVALUATED, AND UPDATED AT LEAST25ANNUALLY AND AS NECESSARY TO REFLECT ANY CHANGES; AND

26 (XI) IN COMPLIANCE WITH ANY OTHER CRITERIA AND 27 STANDARDS REQUIRED FOR COVERAGE UNDER THIS TITLE, INCLUDING 28 COMPLIANCE WITH § 15–802(D) OF THIS TITLE FOR THE TREATMENT OF SUBSTANCE 29 USE DISORDERS.

30 (b) [On the written request of any person or health care facility, the] **THE** private 31 review agent shall [provide 1 copy of]:

1 (1) POST ON ITS WEBSITE OR THE CARRIER'S WEBSITE the specific 2 criteria and standards to be used in conducting utilization review of proposed or delivered 3 services and any subsequent revisions, modifications, or additions to the specific criteria 4 and standards to be used in conducting utilization review of proposed or delivered services 5 [to the person or health care facility making the request]; AND

6 (2) ON THE REQUEST OF A PERSON, INCLUDING A HEALTH CARE 7 FACILITY, PROVIDE A COPY OF THE INFORMATION SPECIFIED UNDER ITEM (1) OF 8 THIS SUBSECTION TO THE PERSON MAKING THE REQUEST.

9 (c) The private review agent may charge a reasonable fee for a **HARD** copy of the 10 specific criteria and standards or any subsequent revisions, modifications, or additions to 11 the specific criteria to any person or health care facility requesting a copy under subsection 12 [(b)] (B)(2) of this section.

13 (d) A private review agent shall advise the Commissioner, in writing, of a change14 in:

15 (1) ownership, medical director, or chief executive officer within 30 days of 16 the date of the change;

17 (2) the name, address, or telephone number of the private review agent 18 within 30 days of the date of the change; or

19 (3) the private review agent's scope of responsibility under a contract.

20 15–10B–06.

21 (a) (1) Except as **OTHERWISE** provided in [paragraph (4) of] this subsection, 22 a private review agent shall:

(i) make all initial determinations on whether to authorize or certify
 a nonemergency course of treatment OR HEALTH CARE SERVICE, INCLUDING
 PHARMACEUTICAL SERVICES NOT SUBMITTED ELECTRONICALLY, for a patient within
 2 working days after receipt of the information necessary to make the determination;

(ii) make all determinations on whether to authorize or certify an
extended stay in a health care facility or additional health care services within 1 working
day after receipt of the information necessary to make the determination; [and]

(III) MAKE ALL DETERMINATIONS TO AUTHORIZE OR CERTIFY A
 REQUEST FOR ADDITIONAL VISITS OR DAYS OF CARE SUBMITTED AS PART OF AN
 EXISTING COURSE OF TREATMENT OR TREATMENT PLAN WITHIN 1 WORKING DAY
 AFTER RECEIPT OF THE INFORMATION NECESSARY TO MAKE THE DETERMINATION;
 AND

1 [(iii)] (IV) promptly notify the health care provider of the 2 determination.

3 (2) [If within 3 calendar days after] **AFTER** receipt of the initial request 4 for health care services **AND CONFIRMING THROUGH A COMPLETE REVIEW OF** 5 **INFORMATION ALREADY SUBMITTED BY THE HEALTH CARE PROVIDER, IF** the private 6 review agent **DETERMINES THAT THE PRIVATE REVIEW AGENT** does not have sufficient 7 information to make a determination, the private review agent shall **PROMPTLY, BUT NOT** 8 **LATER THAN 3 CALENDAR DAYS AFTER RECEIPT OF THE INITIAL REQUEST,** inform 9 the health care provider that additional information must be provided **BY SPECIFYING:** 

# 10 (I) THE INFORMATION, INCLUDING ANY LAB OR DIAGNOSTIC 11 TEST OR OTHER MEDICAL INFORMATION, THAT MUST BE SUBMITTED TO COMPLETE 12 THE REQUEST; AND

13(II) THE CRITERIA AND STANDARDS TO SUPPORT THE NEED FOR14ADDITIONAL INFORMATION.

15 [(3)] (B) If a private review agent requires prior authorization for an 16 emergency inpatient admission, or an admission for residential crisis services as defined in 17 § 15–840 of this title, for the treatment of a mental, emotional, or substance abuse disorder, 18 the private review agent shall:

19 [(i)] (1) make all determinations on whether to authorize or certify 20 an inpatient admission, or an admission for residential crisis services as defined in § 21 15–840 of this title, within 2 hours after receipt of the information necessary to make the 22 determination; [and]

# (2) IF ADDITIONAL INFORMATION IS NEEDED, PROMPTLY REQUEST THE SPECIFIC INFORMATION NEEDED, INCLUDING ANY LAB OR DIAGNOSTIC TEST OR OTHER MEDICAL INFORMATION; AND

26 [(ii)] (3) promptly notify the health care provider of the 27 determination.

[(4)] (C) (1) For a step therapy exception request submitted electronically in accordance with a process established under § 15–142(f) of this title or a prior authorization request submitted electronically for pharmaceutical services, a private review agent shall make a determination:

32 (i) in real time if:

1. no additional information is needed by the private review
 agent to process the request; and

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2.the request meets the private review agent's criteria for approval; or if a request is not approved IN REAL TIME under item (i) of this (ii) paragraph, within 1 [business] WORKING day after the private review agent receives all of the information necessary to make the determination. (2) IF ADDITIONAL INFORMATION IS NEEDED TO MAKE Α DETERMINATION AFTER CONFIRMING THROUGH A COMPLETE REVIEW OF THE INFORMATION ALREADY SUBMITTED BY THE HEALTH CARE PROVIDER, THE PRIVATE REVIEW AGENT SHALL REQUEST THE INFORMATION PROMPTLY, BUT NOT LATER THAN 3 CALENDAR DAYS AFTER RECEIPT OF THE INITIAL REQUEST, BY SPECIFYING: **(I)** THE INFORMATION, INCLUDING ANY LAB OR DIAGNOSTIC TEST OR OTHER MEDICAL INFORMATION, THAT MUST BE SUBMITTED TO COMPLETE THE REQUEST; AND **(II)** THE CRITERIA AND STANDARDS TO SUPPORT THE NEED FOR THE ADDITIONAL INFORMATION. **A** EXCEPT AS PROVIDED IN SUBSECTIONS (G) AND (H) OF **(**D**)** (1) **(I)** THIS SECTION, A PRIVATE REVIEW AGENT SHALL MAKE INITIAL DETERMINATIONS ON WHETHER TO AUTHORIZE OR CERTIFY AN EMERGENCY COURSE OF TREATMENT OR HEALTH CARE SERVICE FOR A MEMBER WITHIN 24 HOURS AFTER THE INITIAL REQUEST AFTER RECEIPT OF THE INFORMATION NECESSARY TO MAKE THE **DETERMINATION. (II)** IF THE PRIVATE REVIEW AGENT DETERMINES THAT ADDITIONAL INFORMATION IS NEEDED AFTER CONFIRMING THROUGH A COMPLETE REVIEW OF THE INFORMATION ALREADY SUBMITTED BY THE HEALTH CARE **PROVIDER, THE PRIVATE REVIEW AGENT SHALL:** 1. PROMPTLY REQUEST THE SPECIFIC INFORMATION NEEDED, INCLUDING ANY LAB OR DIAGNOSTIC TEST OR OTHER MEDICAL **INFORMATION; AND** 2. PROMPTLY, BUT NOT LATER THAN 2 HOURS AFTER RECEIPT OF THE INFORMATION, NOTIFY THE HEALTH CARE PROVIDER OF AN AUTHORIZATION OR CERTIFICATION DETERMINATION WHEN MADE BY THE PRIVATE **REVIEW AGENT.** (2) A PRIVATE REVIEW AGENT SHALL INITIATE THE EXPEDITED PROCEDURE FOR AN EMERGENCY CASE IF THE PATIENT OR THE PATIENT'S

1REPRESENTATIVE REQUESTS OR IFTHE HEALTH CARE PROVIDER ATTESTS THAT2THE SERVICES ARE NECESSARY TO TREAT A CONDITION OR ILLNESS THAT, WITHOUT3IMMEDIATE MEDICAL ATTENTION, WOULD:

4 (I) SERIOUSLY JEOPARDIZE THE LIFE OR HEALTH OF THE 5 MEMBER OR THE MEMBER'S ABILITY TO REGAIN MAXIMUM FUNCTIONS;

- 6
- (II) CAUSE THE MEMBER TO BE IN DANGER TO SELF OR OTHERS;
- 7 **OR**

8 (III) CAUSE THE MEMBER TO CONTINUE USING INTOXICATING 9 SUBSTANCES IN AN IMMINENTLY DANGEROUS MANNER.

10 (E) IF A PRIVATE REVIEW AGENT FAILS TO MAKE A DETERMINATION WITHIN 11 THE TIME LIMITS REQUIRED UNDER THIS SECTION, THE REQUEST SHALL BE 12 DEEMED APPROVED.

[(b)] (F) (1) If an initial determination is made by a private review agent not to authorize or certify a health care service and the health care provider believes the determination warrants an immediate reconsideration, a private review agent [may] SHALL provide the health care provider the opportunity to speak with the physician that rendered the determination, by telephone on an expedited basis, within a period of time not to exceed 24 hours of the health care provider seeking the reconsideration.

19 (2) IF THE PHYSICIAN IS UNABLE TO IMMEDIATELY SPEAK WITH THE 20 HEALTH CARE PROVIDER SEEKING THE RECONSIDERATION, THE PHYSICIAN SHALL 21 PROVIDE THE HEALTH CARE PROVIDER WITH THE FOLLOWING CONTACT 22 INFORMATION FOR THE HEALTH CARE PROVIDER TO USE TO CONTACT THE 23 PHYSICIAN:

24(I)A DIRECT TELEPHONE NUMBER THAT IS NOT THE GENERAL25CUSTOMER CALL NUMBER; OR

# 26 (II) A MONITORED E–MAIL ADDRESS THAT IS DEDICATED TO 27 COMMUNICATION RELATED TO UTILIZATION REVIEW.

[(c)] (G) For emergency inpatient admissions, a private review agent may not render an adverse decision solely because the hospital did not notify the private review agent of the emergency admission within 24 hours or other prescribed period of time after that admission if the patient's medical condition prevented the hospital from determining:

32 (1) the patient's insurance status; and

33 (2) if applicable, the private review agent's emergency admission 34 notification requirements.

1 [(d)] (H) (1) Subject to paragraph (2) of this subsection, a private review 2 agent may not render an adverse decision as to an admission of a patient during the first 3 24 hours after admission when:

4 (i) the admission is based on a determination that the patient is in 5 imminent danger to self or others;

6 (ii) the determination has been made by the patient's physician or 7 psychologist in conjunction with a member of the medical staff of the facility who has 8 privileges to make the admission; and

- 9 (iii) the hospital immediately notifies the private review agent of:
- 10 1. the admission of the patient; and
- 11

2. the reasons for the admission.

12 (2) A private review agent may not render an adverse decision as to an 13 admission of a patient to a hospital for up to 72 hours, as determined to be medically 14 necessary by the patient's treating physician, when:

- (i) the admission is an involuntary admission under §§ 10–615 and
  10–617(a) of the Health General Article; and
- 17

- (ii) the hospital immediately notifies the private review agent of:
- 18 1. the admission of the patient; and
- 19 2. the reasons for the admission.

[(e)] (I) (1) A private review agent that requires a health care provider to submit a treatment plan in order for the private review agent to conduct utilization review of proposed or delivered services for the treatment of a mental illness, emotional disorder, or a substance abuse disorder:

24 (i) shall accept:

1. the uniform treatment plan form adopted by the
Commissioner under § 15–10B–03(d) of this subtitle as a properly submitted treatment
plan form; or

28 2. if a service was provided in another state, a treatment plan 29 form mandated by the state in which the service was provided; and

30 (ii) may not impose any requirement to:

	30	SENATE BILL 791
1		1. modify the uniform treatment plan form or its content; or
2		2. submit additional treatment plan forms.
$\frac{3}{4}$	(: subsection:	2) A uniform treatment plan form submitted under the provisions of this
5		(i) shall be properly completed by the health care provider; and
6		(ii) may be submitted by electronic transfer.
7	15–10B–07.	
$8\\9\\10$		Except as provided in paragraphs (2) and (3) of this subsection, all points shall be made by a <b>LICENSED</b> physician, or a panel of other appropriate reviewers with at least one physician on the panel, who is:
$\begin{array}{c} 11 \\ 12 \end{array}$	under review;	(I) board certified or eligible in the same specialty as the treatment AND
$\begin{array}{c} 13\\14 \end{array}$	SERVICE OR 7	(II) KNOWLEDGEABLE ABOUT THE REQUESTED HEALTH CARE TREATMENT THROUGH ACTUAL CLINICAL EXPERIENCE.
15 16 17 18	substance abu a panel of oth	2) When the health care service under review is a mental health or se service, the adverse decision shall be made by a <b>LICENSED</b> physician, or er appropriate health care service reviewers with at least one <b>LICENSED</b> octed by the private review agent who:
19 20	treatment und	(i) is board certified or eligible in the same specialty as the er review; or
$\begin{array}{c} 21 \\ 22 \end{array}$	substance abu	(ii) is actively practicing or has demonstrated expertise in the se or mental health service or treatment under review.
23 24 25 26 27	adverse decisi care service KNOWLEDGE	B) When the health care service under review is a dental service, the on shall be made by a licensed dentist, or a panel of other appropriate health reviewers with at least one licensed dentist on the panel WHO IS ABLE ABOUT THE REQUESTED HEALTH CARE SERVICE OR TREATMENT TUAL CLINICAL EXPERIENCE.
28 29 30 31	appropriate he agent in a ma	ll adverse decisions shall be made by a physician or a panel of other ealth care service reviewers who are not compensated by the private review nner that violates § 19–705.1 of the Health – General Article or that deters medically appropriate care.

1 (c) Except as provided in subsection (d) of this section, if a course of treatment 2 has been preauthorized or approved for a patient, a private review agent may not 3 retrospectively render an adverse decision regarding the preauthorized or approved 4 services delivered to that patient.

5 (d) A private review agent may retrospectively render an adverse decision 6 regarding preauthorized or approved services delivered to a patient if:

7 (1) the information submitted to the private review agent regarding the 8 services to be delivered to the patient was fraudulent or intentionally misrepresentative;

9 (2) critical information requested by the private review agent regarding 10 services to be delivered to the patient was omitted such that the private review agent's 11 determination would have been different had the agent known the critical information; or

12 (3) the planned course of treatment for the patient that was approved by 13 the private review agent was not substantially followed by the provider.

14 (e) If a course of treatment has been preauthorized or approved for a patient, a 15 private review agent may not revise or modify the specific criteria or standards used for the 16 utilization review to make an adverse decision regarding the services delivered to that 17 patient.

18 15–10B–09.1.

19 A grievance decision shall be made based on the professional judgment of:

(1) (i) a LICENSED physician who is board certified or eligible in the
 same specialty as the treatment under review AND KNOWLEDGEABLE ABOUT THE
 REQUESTED HEALTH CARE SERVICE OR TREATMENT THROUGH ACTUAL CLINICAL
 EXPERIENCE; or

(ii) a panel of other appropriate health care service reviewers with
at least one LICENSED physician on the panel who is board certified or eligible in the same
specialty as the treatment under review AND KNOWLEDGEABLE ABOUT THE
REQUESTED HEALTH CARE SERVICE OR TREATMENT THROUGH ACTUAL CLINICAL
EXPERIENCE;

(2) when the grievance decision involves a dental service, a licensed
 dentist, or a panel of appropriate health care service reviewers with at least one dentist on
 the panel who is a licensed dentist, who shall consult with a dentist who is board certified
 or eligible in the same specialty as the service under review AND KNOWLEDGEABLE
 ABOUT THE REQUESTED HEALTH CARE SERVICE OR TREATMENT THROUGH ACTUAL
 CLINICAL EXPERIENCE; or

1 (3)when the grievance decision involves a mental health or substance  $\mathbf{2}$ abuse service: 3 (i) a licensed physician who: 4 1. is board certified or eligible in the same specialty as the treatment under review; or  $\mathbf{5}$ 6 2.is actively practicing or has demonstrated expertise in the 7 substance abuse or mental health service or treatment under review; or 8 (ii) a panel of other appropriate health care service reviewers with 9 at least one **LICENSED** physician, selected by the private review agent who: 10 1. is board certified or eligible in the same specialty as the 11 treatment under review; or 122. is actively practicing or has demonstrated expertise in the 13 substance abuse or mental health service or treatment under review. 14 SECTION 2. AND BE IT FURTHER ENACTED, That: The Maryland Health Care Commission and the Maryland Insurance 15(a) 16Administration, in consultation with health care practitioners and payors of health care services, jointly shall conduct a study on the development of standards for the 1718implementation of payor programs to modify prior authorization requirements for prescription drugs, medical care, and other health care services based on health care 19 practitioner-specific criteria. 2021 The study conducted under subsection (a) of this section shall include, through (b)22an examination of literature review and legislatively or voluntarily established programs 23that have been implemented or are being considered in other states, an analysis of: 24(1)adjustments to payor prior authorization requirements based on a 25health care practitioner's: 26(i) prior approval rates; 27(ii) ordering and prescribing patterns; and 28participation in a payor's two-sided incentive arrangement or a (iii) 29capitation program; and 30 (2)any other information or metrics necessary to implement the payor 31 programs.

32

1 (c) On or before December 1, 2024, the Maryland Health Care Commission and 2 the Maryland Insurance Administration jointly shall submit a report to the General 3 Assembly, in accordance with § 2–1257 of the State Government Article, with the findings 4 and recommendations from the study, including recommendations for legislative initiatives 5 necessary for the establishment of payor programs modifying prior authorization 6 requirements based on health care practitioner–specific criteria.

7 SECTION 3. AND BE IT FURTHER ENACTED, That:

8 (a) The Maryland Health Care Commission <del>and the Maryland Insurance</del> 9 Administration jointly shall establish a workgroup to, in consultation with the Maryland 10 Insurance Administration, shall:

11 (1) assess monitor the progress toward implementing the requirements in 12 § 19–108.5 of the Health – General Article, as enacted by Section 1 of this Act, including 13 monitoring any federal or State developments relating to the requirements; and

14 (2) review issues or recommendations from other states that are 15 implementing a real-time benefit requirement, including establishing a link at the point of 16 prescribing for any available coupons.

17 (b) On or before December 1, 2025, the Maryland Health Care Commission and 18 the Maryland Insurance Administration jointly shall submit a report to shall inform the 19 General Assembly, in accordance with § 2–1257 of the State Government Article, with of 20 any findings and recommendations from the workgroup relating to the implementation of 21 § 19–108.5 of the Health – General Article, as enacted by Section 1 of this Act.

22 SECTION 4. AND BE IT FURTHER ENACTED, That Section 1 of this Act shall take 23 effect January 1, 2025.

SECTION 5. AND BE IT FURTHER ENACTED, That, except as provided in Section
 4 of this Act, this Act shall take effect July 1, 2024.

Approved:

Governor.

President of the Senate.

Speaker of the House of Delegates.