

TESTIMONY BEFORE THE MARYLAND SENATE EDUCATION, HEALTH, AND ENVIRONMENTAL AFFAIRS COMMITTEE ON SB 103

January 20th, 2020

Good afternoon! Chairman Pinsky, Vice Chair Kagan and members of the committee.

My journey began three years ago when I began experiencing joint pain and my health began to rapidly decline. From my blood work my GP deduced I had an autoimmune disorder and sent me to a specialist who disavowed her diagnosis and sent me on my way. As my health continued to decline I asked for her to think out of the box suggesting Candida may be playing a role in my declining health. She dismissed me completely and without a diagnosis stated I had Fibromyalgia. She actually said since I do not have a diagnosis, I am diagnosing you with Fibromyalgia.

What I didn't realize at the time was Candida was one player in my complex health picture, which was presented by an integrative doctor. Once in his hands, I had many options presented to me for healing successfully and diagnosing me correctly. I have since regained my health and quality of life.

Thank you for your time.

Sincerely,

Kristina Kent Catto