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THE SENATE OF MARYLAND Annapolis, Maryland 21401

Testimony of Senator Jill P. Carter In <u>Favor</u> of SB0918 - Human Services – Trauma–Informed Care – Commission and Training Before the Judicial Proceedings Committee on March 6, 2020

Mr. Chairman, Vice chair, and Members of the Committee:

According to a 2017 analysis of national data, more than 40 percent of children in Maryland have experienced a traumatic event. Such events range from the death or incarceration of a parent, or a drug addiction or mental health problem of a family member. These experiences can undermine children's long-term health and well-being; they also can increase a child's risk for smoking, alcoholism, and other unhealthy behaviors, and for experiencing depression, and various chronic diseases.

Senate Bill 918 attempts to help mitigate the effects of these experiences by transforming the State of Maryland into a more trauma-responsive state. The bill does this by establishing the Commission on Trauma-Informed Care - a task force charged with coordinating a statewide initiative to prioritize the trauma-responsive and trauma-informed delivery of State services that impact children, youth, and families.

Per the bill, the Commission, in collaboration with the Maryland Department of Health, will identify goals, data, and metrics to aid in the development of a statewide strategy. The bill will also require those state agencies that engage children and families to be trained in identifying childhood trauma and responding to that trauma appropriately and effectively, and to submit annual reports to the Commission.

This approach has proven successful in states that have adopted this trauma-awareness model, such as Delaware and Tennessee. Maryland should be added to the list. Studies show that effectively treated trauma can help change a child's trajectory in life for the better, which is something we should want for all of Maryland's children.

For these reasons, I urge a favorable report on Senate Bill 918 from this committee.

Very Truly Yours,

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Jill P. Carter