

February 16, 2021

The Honorable Senator Paul Pinsky, Chairperson
EHEA Committee
Maryland Senate
11 Bladen Street
Room 2, West Wing
Annapolis, MD 21401

RE: **SUPPORT FOR SB 568** – Health Care Practitioners - Telehealth - Out-of-State Health Care Practitioners

Dear Chairperson Pinsky and Distinguished Members of the Education, Health, and Environmental Affairs Committee:

I want to thank you for taking my written statement of support for SB 568 on telehealth & out-of-state health care practitioners to be entered into the public hearing record. My name is Sara Pula and I am a Counselor Educator and Clinical Mental Health Counselor who resides and practices in Anne Arundel County, Maryland.

Telebehavioral health modalities are important to me because they allow counselors to reach those who are most in need, while removing barriers to access. This is a social justice issue I care deeply about. We have seen large increases in attendance rates during the pandemic with the offering of telebehavioral health, therefore we know this is a modality that is sorely needed and long overdue.

We are still in the throes of a global pandemic and the need for health care and mental health services has never been greater. COVID-19 has revealed systemic flaws in our mental health services for providers and clients alike. It is imperative that we remove barriers to life saving services in a responsible and urgent manner.

This bill will authorize an out-of-state health care practitioner to provide telebehavioral health services to a patient located in the state in accordance with the state practice act. This legislation also requires the health occupations board to register an out-of-state health care practitioner, allowing for necessary oversight and monitoring of out-of-state practice.

While we are working to upload and implement the Counseling Compact in this state and throughout the U.S., this immediate action, removing barriers to critical supports, is essential for the wellbeing of Maryland residents, families, and a social services system overburdened by staggering need.

I strongly urge you to support telebehavioral health services and SB 568.

Sincerely,

Sara Pula, PhD, LCPC ACS
President-Elect, Maryland Counseling Association
1179 Bay Highlands Drive, Annapolis, MD