



**TESTIMONY FOR HB0165  
GENERAL PROVISIONS – STANDARD TIME – YEAR–ROUND DAYLIGHT-SAVING  
TIME**

**Bill Sponsor:** Delegate Crosby

**Committee:** Health and Government Operations

**Organization Submitting:** Maryland Legislative Coalition

**Person Submitting:** Cecilia Plante, co-chair

**Position:** **FAVORABLE WITH AMENDMENTS**

I am submitting this testimony in favor of HB0165 on behalf of the Maryland Legislative Coalition. The Maryland Legislative Coalition is an association of activists - individuals and grassroots groups in every district in the state. We are unpaid citizen lobbyists and our Coalition supports well over 30,000 members.

Our members were excited to see that the General Assembly would finally look at the cost of changing the clock every spring and fall. It increases the number of heart attacks and traffic accidents as people adjust to a temporary sleep deficit. It is dangerous and unnecessary and universally hated by school children, parents and working people.

We do note that this change is dependent on having all of the states that border Maryland, as well as the District of Columbia conform. This is unnecessary. Arizona already does not change their clock every year, whereas all the states bordering Arizona do. We believe that this change should be made without waiting for other states and the District to agree.

We support this bill and recommend a **FAVORABLE WITH AMENDMENTS** report in committee.