

I'm the boss! I self-direct!



About Me

I was born very early at 24 weeks. I have Cerebral Palsy, Hydrocephalus, Communication Disorders, and Cognitive disorders. I entered Self Direction directly from High School in 2012. I am now 33 years old. Self-Direction has been a life saver for me and my family! The Self-Direction Act of 2022 advanced my ability to design my services to address my specific needs. I can hire my support personnel and train them to understand me. I live in my own home next to my parents. I use a housing voucher. I love having my own home, but I need 24/7 supports to keep me safe.

Choice & control of my DDA services matter to me!

Thank you for the Self-Direction Act of 2022!



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My DDA Self-Direction funding helps me to ...

- train my employees so they have a greater understanding of how to support me.
- allows me to retain our employees with a competitive salary and benefit package.

Individual & Family Directed Goods and Services (IDFGS)

-allows me to see the dentist with reimbursement from **IDFGS** because the Healthy Smiles program is no longer available to me. All the dentists in my area have stopped accepting this program because Medicaid reimbursement is poor.

- allows me to hire a **Day-to-Day Administrator** to support my family to manage my home. This is the beginning of working toward **sustainability of my program once they are no longer able to help me.**

-allows me to attend classes which help to develop my skills and improve my function in the community. Music and Horse Riding help me manage behavior issues I struggle with.

SDAN

Self-Directed Advocacy Network of Maryland, Inc.