

Statement of Maryland Rural Health Association (MRHA)

To the Senate Finance Committee Chair: Senator Pamela Beidle

January 23, 2024

Senate Bill 0228: Maryland Health Benefit Exchange – Qualified Health Plans – Dental

Coverage

POSITION: SUPPORT

Chair Beidle, Vice Chair Klausmeier, and members of the committee, the Maryland Rural Health Association (MRHA) is in SUPPORT of Senate Bill 0228: Maryland Health Benefit Exchange – Qualified Health Plans – Dental Coverage.

Oral health is a largely known health indicator that can lead to the development of diseases such as diabetes, heart disease, and stroke (Healthy People 2030, n.d.). Furthermore, adequate dental care is essential in health preservation, especially for children. According to a 2021 Data Brief published by the National Center for Health Statistics (NCHS), pediatric dental coverage and utilization in the United States has seen a steady decline between 2019-2020. The southern region of the United States saw a 3.4% decrease in pediatric dental utilization, although the disparity was substantially higher for residents living below the federal poverty level. Although the COVID-19 pandemic influenced the decline, it began prior to the pandemic. (Adjaye-Gbewonyo & Black, 2021). With 9.6% of Maryland residents living below the federal poverty line, most of which reside in our rural communities, rural residents will be deeply impacted by the result of this bill (American Community Survey, 2022). This bill will provide families with an additional option to affordable dental coverage for themselves and their children. Dental cavities/tooth decay is the leading chronic illness found in children today and is 100% preventable. Poor oral health can negatively impact child growth and development resulting in lasting consequences that may follow the child into adulthood. MRHA believes that Senate Bill 0228 will have a significantly positive impact on the oral health of its residents.

Sincerely,

Jonathan Dayton, MS, NREMT, CNE, Executive Director jdayton@mdruralhealth.org

Adjaye-Gbewonyo, D., & Black, L. I. (2021). Dental care utilization among children aged 1–17 years: United States, 2019 and 2020. National Center for Health Statistics. https://dx.doi.org/10.15620/cdc:111175

American Community Survey. (2022). Poverty status in the past 12 months: Maryland 2022, table S1701. [Data set]. U.S. Census Bureau. https://data.census.gov/table/ACSST1Y2022.S1701?g=poverty%20line%20maryland&t=Poverty

 $Healthy \ People \ 2030. \ (n.d.) \ Leading \ health \ indicators. \ \underline{https://health.gov/healthypeople/objectives-and-data/leading-health-indicators}$