

Terri Peters' Bio

Terri L. Peters, R.Ph., PD is the President/CEO/Owner Pharmacist of Quality of Life Pharmacy & Health, Inc. located in Capitol Heights, Maryland, Prince George's County. Terri's credentials designate her as a Registered Pharmacist and Pharmacy Doctor in the State of Maryland.

Terri was born and raised in Philadelphia, Pennsylvania where she graduated from the Philadelphia High School for Girls, a public College prep High school. After graduation, Terri started her pharmacy career in the United States Air Force and served as a pharmacy technician from 1981– 1988. She was an E-5 Staff Sergeant when she left the United States Air Force to pursue her pharmacy degree.

Terri returned to Philadelphia to pursue her dream of becoming a pharmacist and graduated in 1994 with a Bachelor of Science Degree in Professional Pharmacy from The University of the Sciences in Philadelphia (Formerly Philadelphia College of Pharmacy & Science). During her career, Terri has worked as a Pharmacist in Community Pharmacies, Long Term Care Facilities, Hospitals, Independent Pharmacies, Ambulatory Care, and Executive Pharmacy Management.

With an extended career in pharmacy, today, Terri is an Ambulatory Care Clinical Hospital Pharmacist for University of Maryland Capital Region Health, at the Laurel Regional Medical Center. Terri is also President and CEO, and Chief Pharmacist, of a Clinical Disease Management Compounding Specialty Pharmacy. In addition to being a business owner, Terri is well known as a health coach for general health issues, with a specialty in nutrition, diabetes, and weight loss specialist. In 2008, Terri opened Quality of Life Pharmacy & Health Inc. with her husband, also a pharmacist, Dr. Roderick G. Peters, R.Ph., PD, to be at the forefront of improving patient outcomes through specialty compounding and disease management, particularly with the BIPOC community with an emphasis on the Black population and the unique challenges facing this community. Her specialty is custom medication compounding for women's health, hormone replacement therapy, diabetes management, pain management, weight loss Management, vitamin supplementation, and medication therapy management, <https://qolrx.com/>

Terri has served as an associate professor for Experiential Education for Doctor of Pharmacy candidates at Howard University. In 2013, Terri helped establish a pharmacy technician high school-based program while serving as co-chair of the newly formed Pharmacy Advisory Committee Elizabeth Seton College Prep Catholic High School located in Prince George's County. Her community work is extensive and includes serving as a

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member of the Prince George's County Chapter of the National Coalition of 100 Black Women where she chairs the coalition's Health Awareness Committee. Terri is also a member of the Prince George's County Health Coalition. In 2022, Terri was invited and now serves on the Board of Directors of Open My Heart Foundation.

Recent community outreach activities and presentations:

- At the height of the COVID pandemic, Terri provided education on the reality of COVID, provided guidance on prevention and in collaboration with Dorman Group Holdings, distributed over 500 masks.
- Since its inception, Terri has been a regular subject matter guest on the *Health, Wellness & Lifestyle* online TV/Radio program which is hosted by Lynda Dorman (another NCBW-PGC member) and Dr. Donna Christensen, former congresswoman from the US Virgin Islands. (2021-2023)
- COVID-19 Antivirus Arsenal (4/6/20)
- Vaccine & Black Americans - In collaboration with Prince George's County Alumnae Chapter Delta Sigma Theta Sorority Inc. (2/27/21)
- A Real Conversation about Coronavirus 2019 (3/28/21)
- Co-convenor and panel member at the East Coast-West Coast webinar on Sickle Cell hosted by seven chapters of the National Coalition of 100 Black Women (California and Maryland Chapters)
- Hope Connections Health Fair (10/8/22)
- Duval H.S. - Terri's tips for teens (10/13/22)
- Breast and Prostate Cancer Awareness - Cancer & Nutrition (10/22/22)
- Pink Ribbon Breast Cancer Awareness Rally at Doctor's Community Hospital - Introduced the community to National Coalition of 100 Black Women (10/24/22)
- Metabolic Syndrome in collaboration with Sharon Hawks (11/16/22)
- Healthcare Access and Equity - Open My Heart Foundation (2/17/2023)
- Panel discussion (2/17/2023) - Open My Heart Foundation at University of Maryland Capital Regional Hospital – Panel: “Inequity related to Cardiac Care”

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Recent Awards & Honors:

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-Community Service Award from:

Open My Heart Foundation
For Health & Heart Health Education: February 2020

- The Deborah Offer Bulgin Award from:

Women of Virtue- Prince George's County
Excellence in Science & Medicine: March 2023

- The Edna M Jones Award from:

National Coalition of 100 Black Women, Inc.
Community Service Award (Community Health Awareness) April 2023