

MARYLAND MILITARY COALITION

Serving Veterans through Legislative Advocacy

February 14, 2024

Honorable Josline A. Pena-Melnyk Chair, House Health and Government Operations Room 241 House Office Building Annapolis, Maryland 21401

HB 408 – Mental Health Law – County Mental Health Advisory Committees – Membership - Request for a FAVORABLE Report

Dear Chair Pena-Melnyk and Members of the Health and Government Operations Committee

On behalf of the Maryland Military Coalition and as its Communications Director, I am providing written testimony in support of HB 408. I also currently serve on the Governors Challenge for Suicide Prevention.

This bill alters the membership of a county's mental health advisory committee by including an *individual with experience with mental health care for veterans*, or someone currently serving. Having served on active duty for 30 years, after being a military spouse, I know the challenges facing the military community. These include: long hours and high task demands, repeated exposure to trauma, danger and loss, frequent moves, spousal job loss when going through a permanent change of station move, frequent school moves for children and repeated, long deployments requiring single parenting. These stressors are similar for families of national guard members as well as federal reservist who can be called up to active duty. These stressors are unique from other regular "jobs", and include the family members, not just the service member.

The addition of a provider with experience in mental health care or the inclusion of someone currently serving makes sense. Who better to scrutinize or encourage program interventions and support services to ensure that they meet the needs of those currently serving or those who have previously served? And finally, in the current fiscal challenges of the state, this bill is procedural and has no financial requirements.

Maryland is home to 34,444 active-duty service members, 14,292 active-duty spouses and 25,642 reservists/national guard members with 28,019 family members¹. These are Department of Defense numbers and do not reflect the 1,200 U.S. Public Health Service or NOAA officers and their families, who also live with similar duty situations. In addition, there are 355,787 veteran

¹ Military One Source, as of December 31, 2022

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households². County mental health advisory committees should include someone with experience providing mental health services to this specific segment of the population.

The Maryland Military Coalition, is a voluntary, non-partisan organization representing 21 veteran service organizations who, in turn, serve over 150,000 Maryland uniformed services men and women and their families. The Coalition *strongly supports* HB 408 County Mental Health Advisory Committees - Membership and asks for your **FAVORABLE report.**

We thank Delegate Bagnall for her sponsorship of this important legislation and her continued support of the uniformed service community.

Respectfully,

Lynn A. Nash, PhD, RN, PHCNS-BC, FAAN

CAPT (R), U.S. Public Health Service

Communications Director

Maryland Military Coalition Member Organizations Follow

² VA Claim Insider, August 10, 2023

Member Organizations, Maryland Military Coalition

James J. Monahon	Jus J. May
Air Force Sergeants Association	American Military Society
Elwood Raghael Stay American Minority Veterans Research Project	a a
American Minority Veterans Research Project	Association of the United States Navy
Synu a. Dask	William B. Fites
Commissioned Officers Association of the	Disabled American Veterans
US Public Health Service	
Distinguished Flying Cross Association	Pleasala J. Calling
Distinguished Flying Cross Association	Fleet Reserve Association
Steldon Heading	Sture & Blooders
Jewish War Veterans of the USA	Maryland Air National Guard Retirees'
$C = u\Omega\Omega$	Association
Surnett K. Pohert	Robert J. Worter
Maryland Veterans Chamber of Commerce	Military Officers Association of America
Military Order of the Purple Heart	
Winitary Order of the Fulpie Heart	Montford Point Marines of America
ML Mesee National Association for Black Veterans	Naval Enlisted Reserve Association
Christian andreases NOAA Association of Commissioned Officers	Reserve Organization of America
Catherine L. M. Straw	
Society of Military Widows	National Active and Retired Federal Employees Veterans Affairs Directorate, NARFE MD
Veterans of Foreign Wars	