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Senator Pamela Beidle, Chair

www.marylandpsychology.org

January 31, 2025

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Finance Committee Miller Senate Office Building, 3 East Annapolis, MD 21401

Senator Antonio Hayes, Vice Chair

January 31, 2025

Dear Chair Beidle, Vice Chair Hayes, and Members of the Committee:

RE: SB 328 Marvland Medical Assistance Program and Health Insurance - Annual Behavioral Health Wellness Visits **Position: SUPPORT** 

Dear Chair, Vice-Chair and Members of the Committee:

The Maryland Psychological Association, (MPA), which represents over 1,000 doctoral level psychologists throughout the state, asks the Senate Finance Committee to FAVORABLY report on SB 328.

Mental health and substance abuse are just as critical to overall well-being as physical health, yet they remain underdiagnosed and undertreated. Requiring insurance companies to cover annual mental health and substance abuse screenings—just as they do for physical exams—would lead to early detection, timely intervention, and reduced long-term healthcare costs. Untreated mental health and substance use disorders contribute to increased emergency room visits, lost productivity, and higher rates of disability, placing a significant burden on individuals, families, and the healthcare system. By ensuring preventive coverage, we can promote early care, reduce stigma, and improve public health outcomes, ultimately creating a healthier, more productive society.

We urge the Committee to issue a favorable report on SB 328. If we can be of any further assistance, please do not hesitate to contact MPA's Legislative Chair, Dr. Stephanie Wolf, JD, Ph.D. at mpalegislativecommittee@gmail.com.

Respectfully submitted,

David Goode-Cross, Ph.D. David Goode-Cross, Ph.D. President

Stephanie Wolf, JD, Ph.D. Stephanie Wolf, JD, Ph.D. Chair, MPA Legislative Committee

Richard Bloch, Esq., Counsel for Maryland Psychological Association cc: Barbara Brocato & Dan Shattuck, MPA Government Affairs