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WOMEN LEGISLATORS OF MARYLAND
THE MARYLAND GENERAL ASSEMBLY

March 3, 2026

To: Delegate Heather Bagnall, Chair

Delegate Bonnie Cullison, Vice Chair

Health Committee

The Maryland Women's Caucus proudly supports HB 1357 – Consumer Protection – Menstrual Hygiene Products – Labeling Requirements.

HB 1357 requires manufacturers of menstrual hygiene products sold in Maryland to disclose a full list of ingredients on product packaging. This legislation is a critical step toward transparency and accountability within the menstrual product industry.

Consumers deserve to know what they are putting in and on their bodies. Clear and comprehensive ingredient labeling empowers individuals to make informed purchasing decisions and helps prevent allergic reactions, skin irritation, and other adverse health effects that may result from undisclosed chemicals. Transparent labeling also allows consumers and healthcare providers to quickly identify potential causes of allergic or harmful reactions, protecting women and individuals with sensitivities from unnecessary health risks.

Beyond individual safety, this requirement strengthens public health protections. In the event of a manufacturing error or contamination—such as the unintended inclusion of a toxic or allergenic substance—accessible ingredient lists would allow for faster identification, response, and mitigation. This not only reduces potential harm but also encourages manufacturers to uphold higher standards of quality control and accountability.

Menstrual products are essential health items. Ensuring full ingredient disclosure promotes equity in women's health by providing the same transparency expected in other consumer goods. Women should not have to question whether the products they rely on each month contain harmful or undisclosed substances.

For these reasons, the Maryland Women's Caucus respectfully urges a favorable report on HB 1357.