
By: Delegate Bonsack

Requested: August 30, 1995

Introduced and read first time: January 10, 1996

Assigned to: Environmental Matters

A BILL ENTITLED

1 AN ACT concerning

2 **Utilization Review - Health Benefits and Hospitals - Prohibition**

3 FOR the purpose of repealing certain provisions of law regarding utilization review and
4 private review agents; prohibiting the review of the allocation of certain health care
5 resources for certain purposes; prohibiting hospitals from conducting certain
6 utilization review programs; providing for certain exceptions; and generally relating
7 to a prohibition against utilization review.

8 BY repealing

9 Article 48A - Insurance Code
10 Section 354CC, 354HH, 470V, 470Y, 477DD, and 477-II
11 Annotated Code of Maryland
12 (1994 Replacement Volume and 1995 Supplement)

13 BY repealing and reenacting, with amendments,

14 Article 48A - Insurance Code
15 Section 490-O(d)(1)
16 Annotated Code of Maryland
17 (1994 Replacement Volume and 1995 Supplement)

18 BY adding to

19 Article 48A - Insurance Code
20 Section 490FF
21 Annotated Code of Maryland
22 (1994 Replacement Volume and 1995 Supplement)

23 BY repealing and reenacting, with amendments,

24 Article - Health - General
25 Section 4-305(b)(5)
26 Annotated Code of Maryland
27 (1994 Replacement Volume and 1995 Supplement)

28 BY repealing and reenacting, without amendments,

2

1 Article - Health - General
2 Section 19-3B-01(a)
3 Annotated Code of Maryland
4 (1990 Replacement Volume and 1995 Supplement)

5 BY repealing and reenacting, with amendments,

6 Article - Health - General
7 Section 19-213(4), 19-308(b)(2), 19-3B-01(c)(2) and (d)(2), 19-706(k), and
8 19-710(k)
9 Annotated Code of Maryland
10 (1990 Replacement Volume and 1995 Supplement)

11 BY repealing

12 Article - Health - General
13 Section 19-319(d); 19-1301 through 19-1313 and the subtitle "Subtitle 13. Private
14 Review Agents"
15 Annotated Code of Maryland
16 (1990 Replacement Volume and 1995 Supplement)

17 BY renumbering

18 Article - Health - General
19 Section 19-319(e), (f), (g), and (h), respectively
20 to be Section 19-319(d), (e), (f), and (g), respectively
21 Annotated Code of Maryland
22 (1990 Replacement Volume and 1995 Supplement)

23 BY adding to

24 Article - Health - General
25 Section 19-319.3
26 Annotated Code of Maryland
27 (1990 Replacement Volume and 1995 Supplement)

28 SECTION 1. BE IT ENACTED BY THE GENERAL ASSEMBLY OF
29 MARYLAND, That Section(s) 354CC, 354HH, 470V, 470Y, 477DD, and 477-II of
30 Article 48A - Insurance Code of the Annotated Code of Maryland be repealed.

31 SECTION 2. AND BE IT FURTHER ENACTED, That Section(s) 19-319(d); and
32 19-1301 through 19-1313 and the subtitle "Subtitle 13. Private Review Agents" of Article
33 - Health - General of the Annotated Code of Maryland be repealed.

34 SECTION 3. AND BE IT FURTHER ENACTED, That Section(s) 19-319(e), (f),
35 (g), and (h), respectively, of Article - Health - General of the Annotated Code of
36 Maryland be renumbered to be Section(s) 19-319(d), (e), (f), and (g), respectively.

37 SECTION 4. AND BE IT FURTHER ENACTED, That the Laws of Maryland
38 read as follows:

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1 **Article 48A - Insurance Code**

2 490-O.

3 (d) (1) A limited benefits policy:

4 (i) Shall contain an exclusion for services that are not medically
5 necessary or are not covered preventive health services; and

6 (ii) Subject to the approval of the Commissioner, may include other
7 managed care provisions to control costs, including:

8 1. [Utilization review by the insurer or nonprofit health service
9 plan;

10 2.] Second surgical opinions;

11 [3.] 2. A procedure for preauthorization of a medical service
12 the costs of which are anticipated to exceed a minimum threshold amount; and

13 [4.] 3. A panel of preferred providers to provide services at
14 specified levels of reimbursement.

15 490FF.

16 EXCEPT AS REQUIRED UNDER FEDERAL LAW, FOR THE PURPOSE OF MAKING
17 CLAIMS OR PAYMENT DECISIONS, A PERSON MAY NOT REVIEW OR OTHERWISE
18 PARTICIPATE IN A SYSTEM THAT REVIEWS THE APPROPRIATE AND EFFICIENT
19 ALLOCATION OF HOSPITAL OR OTHER HEALTH CARE RESOURCES OR SERVICES
20 THAT ARE GIVEN OR PROPOSED TO BE GIVEN TO A PATIENT.

21 **Article - Health - General**

22 4-305.

23 (b) A health care provider may disclose a medical record without the
24 authorization of a person in interest:

25 (5) If a claim has been or may be filed by, or with the authorization of a
26 patient or recipient on behalf of the patient or recipient, for covered insureds, covered
27 beneficiaries, or enrolled recipients only, to third party payors and their agents, [if the
28 payors or agents have met the applicable provisions of Title 19, Subtitle 13 of the Health
29 - General Article.] including nonprofit health service plans, health maintenance
30 organizations, fiscal intermediaries and carriers, the Department of Health and Mental
31 Hygiene and its agents, the United States Department of Health and Human Services and
32 its agents, or any other person obligated by contract or law to pay for the health care
33 rendered for the sole purposes of:

34 (i) Submitting a bill to the third party payor;

35 (ii) Reasonable prospective, concurrent, or retrospective [utilization
36 review or] predetermination of benefit coverage;

37 (iii) Review, audit, and investigation of a specific claim for payment of
38 benefits; or

4

1 (iv) Coordinating benefit payments in accordance with the provisions
2 of Article 48A of the Code under more than 1 sickness and accident, dental, or hospital
3 and medical insurance policy;

4 19-213.

5 The Commission shall require each facility to give the Commission information that:

6 (4) Includes physician information sufficient to identify practice patterns of
7 individual physicians across all facilities. The names of individual physicians are
8 confidential and are not discoverable or admissible in evidence in a civil or criminal
9 proceeding, and may only be disclosed to the following:

- 10 (i) [The utilization review committee of a Maryland hospital;
11 (ii)] The Medical and Chirurgical Faculty of the State of Maryland; or
12 [(iii)] (II) The State Board of Physician Quality Assurance.

13 19-308.

14 (b) (2) An accredited hospital shall be subject to inspections under this subtitle
15 by the Department for:

16 (i) A complaint investigation in accordance with § 19-309 of this part;

17 (ii) Reviewing compliance with licensure requirements for risk
18 management[, utilization review,] and physician credentialing under § 19-319 of this
19 subtitle; or

20 (iii) Reviewing compliance with a written progress report or other
21 documentation of corrective action in response to a focused survey submitted by the
22 hospital to the Joint Commission on Accreditation of Health Care Organizations in
23 response to a Type I finding that the hospital is only in partial compliance with the
24 patient care standards established by the Joint Commission on Accreditation of Health
25 Care Organizations.

26 19-319.3.

27 EXCEPT AS REQUIRED UNDER FEDERAL LAW, A HOSPITAL MAY NOT CONDUCT
28 UTILIZATION REVIEW OR ANY OTHER PROGRAM OR SYSTEM THAT EVALUATES THE
29 APPROPRIATENESS AND QUALITY OF INPATIENT CARE BY CONDUCTING:

- 30 (1) PREADMISSION REVIEW OF ELECTIVE ADMISSIONS;
31 (2) POSTADMISSION REVIEW OF EMERGENCY ADMISSIONS;
32 (3) CONCURRENT OR RETROSPECTIVE REVIEW OF ALL ADMISSIONS AS
33 APPROPRIATE;
34 (4) PRAUTHORIZATION OF CERTAIN SELECTED PROCEDURES IF
35 PROPOSED TO BE PERFORMED ON AN INPATIENT BASIS;
36 (5) CONTINUED STAY REVIEW BASED ON RECOGNIZED OBJECTIVE
37 CRITERIA;

5

1 (6) DISCHARGE PLANNING REVIEW; OR

2 (7) READMISSION REVIEW.

3 19-3B-01.

4 (a) In this subtitle the following words have the meanings indicated.

5 (c) (2) "An ambulatory surgical facility" does not include:

6 (i) The office of one or more health care practitioners seeking only
7 professional reimbursement for the provisions of medical services, unless:

8 1. The office operates under contract or other agreement with a
9 payor as an ambulatory surgical facility regardless of whether it is paid a technical or
10 facility fee; or

11 2. The office is designated to receive ambulatory surgical
12 referrals in accordance with [utilization review or other] policies adopted by a payor;

13 (ii) Any facility or service owned or operated by a hospital and
14 regulated under Subtitle 2 of this title;

15 (iii) The office of a health care practitioner with not more than one
16 operating room if:

17 1. The office does not receive a technical or facility fee; and

18 2. The operating room is used exclusively by the health care
19 practitioner for patients of the health care practitioner;

20 (iv) The office of a group of health care practitioners with not more
21 than one operating room if:

22 1. The office does not receive a technical or facility fee; and

23 2. The operating room is used exclusively by members of the
24 group practice for patients of the group practice; or

25 (v) An office owned or operated by one or more dentists licensed
26 under the Health Occupations Article.

27 (d) (2) "Freestanding endoscopy facility" does not include:

28 (i) The office of one or more health care practitioners unless:

29 1. The office operates under a contract or other agreement with
30 a payor as a freestanding endoscopy facility regardless of whether it is paid a technical or
31 facility fee; or

32 2. The office is designated to receive endoscopic referrals in
33 accordance with [utilization review or other] policies adopted by a payor; or

34 (ii) Any facility or service operated by a hospital and regulated under
35 Subtitle 2 of this title.

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1 19-706.

2 (k) THE PROVISIONS OF ARTICLE 48A, § 490FF OF THE CODE SHALL APPLY TO
3 HEALTH MAINTENANCE ORGANIZATIONS.

4 (L) (1) A health maintenance organization shall:

5 (i) Classify an obstetrician/gynecologist as a primary care physician; or

6 (ii) Permit a woman to receive an annual visit to an in-network
7 obstetrician/gynecologist for routine gynecological care without requiring the woman to
8 first visit a primary care provider.

9 (2) If a health maintenance organization classifies an
10 obstetrician/gynecologist as a primary care physician as provided underparagraph (1) of
11 this subsection, and a woman does not choose an obstetrician/gynecologist as her primary
12 care provider, the health maintenance organization shall permit the woman to receive an
13 annual visit to an in-network obstetrician/gynecologist for routine gynecological care
14 without requiring the woman to first visit her primary care provider, whether or not the
15 primary care provider is qualified to and regularly provides routine gynecological care.

16 19-710.

17 (k) [(1)] With the approval of the Department, the health maintenance
18 organization shall provide continuous internal peer review for monitoring and evaluating
19 patient records for:

20 [(i)] (1) Quality of care; and

21 [(ii)] (2) Overuse and underuse of provider care[; and

22 (2) The health maintenance organization shall meet the requirements of
23 Subtitle 13 of this title and all regulations for the performance of utilization review].

24 SECTION 5. AND BE IT FURTHER ENACTED, That this Act shall take effect
25 October 1, 1996.