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By: Senators Craig, Bromwell, Young, Hollinger, Hafer, Dorman, Roesser, Astle, and Dyson Dyson, Teitelbaum, Della, Derr, and Trotter Introduced and read first time: January 27, 1997 Assigned to: Finance

Committee Report: Favorable with amendments Senate action: Adopted Read second time: March 4, 1997

CHAPTER _____

1 AN ACT concerning

2 Health Insurance - Diabetes Equipment, Supplies, and Self-Management Training 3 Coverage

4 FOR the purpose of requiring certain insurers, nonprofit health service plans, and health

- 5 maintenance organizations to provide coverage for certain diabetes equipment,
- 6 supplies, and outpatient self-management training and educational services under
- 7 certain circumstances; authorizing an insurer, nonprofit health service plan, or
- 8 health maintenance organization to impose certain deductibles or coinsurance
- 9 requirements under certain circumstances; prohibiting an insurer, nonprofit health
- 10 service plan, or health maintenance organization from reducing or eliminating
- 11 coverages under their health insurance policies or contracts as a result of this Act;
- 12 providing for the application of this Act; providing for a delayed effective date; and
- 13 generally relating to requiring certain insurers, nonprofit health service plans, and
- 14 health maintenance organizations to provide coverage for certain diabetes
- 15 equipment, supplies, and outpatient self-management training and educational
- 16 services under certain circumstances.

17 BY adding to

- 18 Article Insurance
- 19 Section 15-822
- 20 Annotated Code of Maryland
- 21 (1995 Volume and 1996 Supplement)
- 22 (As enacted by Chapter _____ (H.B. 11) of the Acts of the General Assembly of
- 23 1997)
- 24 BY adding to
- 25 Article Health General

2 1 Section 19-706(n) 2 Annotated Code of Maryland (1996 Replacement Volume and 1996 Supplement) 3 4 SECTION 1. BE IT ENACTED BY THE GENERAL ASSEMBLY OF 5 MARYLAND, That the Laws of Maryland read as follows: Article - Insurance 6 7 15-822. 8 (A) THIS SECTION APPLIES TO: 9 (1) INSURERS AND NONPROFIT HEALTH SERVICE PLANS THAT PROVIDE 10 HOSPITAL, MEDICAL, OR SURGICAL BENEFITS TO INDIVIDUALS OR GROUPS ON AN 11 EXPENSE-INCURRED BASIS UNDER HEALTH INSURANCE POLICIES THAT ARE ISSUED 12 OR DELIVERED IN THE STATE; AND (2) HEALTH MAINTENANCE ORGANIZATIONS THAT PROVIDE HOSPITAL, 13

14 MEDICAL, OR SURGICAL BENEFITS TO INDIVIDUALS OR GROUPS UNDER
15 CONTRACTS THAT ARE ISSUED OR DELIVERED IN THE STATE.

(B) AN ENTITY SUBJECT TO THIS SECTION SHALL PROVIDE COVERAGE FOR
ALL MEDICALLY APPROPRIATE AND NECESSARY DIABETES EQUIPMENT, DIABETES
SUPPLIES, AND DIABETES OUTPATIENT SELF-MANAGEMENT TRAINING AND
EDUCATIONAL SERVICES, INCLUDING MEDICAL NUTRITION THERAPY, THAT THE
INSURED'S OR ENROLLEE'S TREATING PHYSICIAN OR OTHER APPROPRIATELY
LICENSED HEALTH CARE PROVIDER, OR A PHYSICIAN WHO SPECIALIZES IN THE
TREATMENT OF DIABETES, CERTIFIES ARE NECESSARY FOR THE TREATMENT OF:

23 (1) INSULIN-USING DIABETES;

24 (2) NONINSULIN-USING DIABETES; OR

25 (3) ELEVATED BLOOD GLUCOSE LEVELS INDUCED BY PREGNANCY.

(C) IF CERTIFIED AS NECESSARY UNDER SUBSECTION (B) OF THIS SECTION,
THE DIABETES OUTPATIENT SELF-MANAGEMENT TRAINING AND EDUCATIONAL
SERVICES, INCLUDING MEDICAL NUTRITION THERAPY, TO BE PROVIDED TO THE
INSURED OR ENROLLEE SHALL BE PROVIDED THROUGH A PROGRAM SUPERVISED
BY AN APPROPRIATELY LICENSED, REGISTERED, OR CERTIFIED HEALTH CARE
PROVIDER WHOSE SCOPE OF PRACTICE INCLUDES DIABETES EDUCATION OR
MANAGEMENT.

(D) (1) SUBJECT TO PARAGRAPH (2) OF THIS SUBSECTION, THE COVERAGE
REQUIRED UNDER THIS SECTION MAY BE SUBJECT TO THE ANNUAL DEDUCTIBLES
OR COINSURANCE REQUIREMENTS IMPOSED BY AN ENTITY SUBJECT TO THIS
SECTION FOR SIMILAR COVERAGES UNDER THE SAME HEALTH INSURANCE POLICY
OR CONTRACT.

38 (2) THE ANNUAL DEDUCTIBLES OR COINSURANCE REQUIREMENTS
39 IMPOSED UNDER PARAGRAPH (1) OF THIS SUBSECTION FOR THE COVERAGE
40 REQUIRED UNDER THIS SECTION MAY NOT BE GREATER THAN THE ANNUAL

1 DEDUCTIBLES OR COINSURANCE REQUIREMENTS IMPOSED BY THE ENTITY FOR 2 SIMILAR COVERAGES.

3 (E) AN ENTITY SUBJECT TO THIS SECTION MAY NOT REDUCE OR ELIMINATE
4 COVERAGES IN ITS HEALTH INSURANCE POLICIES OR CONTRACTS DUE TO THE
5 REQUIREMENTS OF THIS SECTION.

6 Article - Health - General

7 19-706.

8 (N) THE PROVISIONS OF § 15-822 OF THE INSURANCE ARTICLE SHALL APPLY9 TO HEALTH MAINTENANCE ORGANIZATIONS.

10 SECTION 2. AND BE IT FURTHER ENACTED, That this Act shall apply to all 11 policies or health benefit plans issued, delivered, or renewed in the State on or after the 12 effective date of this Act.

SECTION 3. AND BE IT FURTHER ENACTED, That this Act shall take effectJanuary 1, 1998.

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