Unofficial Copy
2004 Regular Session
4lr0623

By: Delegate Rosenberg

Introduced and read first time: February 13, 2004 Assigned to: Health and Government Operations

A BILL ENTITLED

1 AN ACT concerning

2 Medical Advisory Committee on Physical Evaluations for Student Athletes

- 3 FOR the purpose of establishing the Medical Advisory Committee on Physical
- 4 Evaluations for Student Athletes; providing for the membership of the
- 5 Committee; requiring the Committee to advise the Maryland Public Secondary
- 6 Schools Athletic Association on the content and use of a certain physical
- 7 evaluation form; requiring the Committee to review certain physical evaluation
- 8 procedures at least every 3 years and to consider certain information; requiring
- 9 the State Department of Education to adopt certain regulations; defining a
- 10 certain term; and generally relating to the Medical Advisory Committee on
- 11 Physical Evaluations for Student Athletes.
- 12 BY adding to
- 13 Article Education
- 14 Section 7-420
- 15 Annotated Code of Maryland
- 16 (2001 Replacement Volume and 2003 Supplement)

17 Preamble

- WHEREAS, Heart disease, the nations' number one killer, affects youngsters as
- 19 well as adults, and sudden death during an athletic event is a highly-visible tragedy
- 20 that claims the lives of seemingly healthy young people; and
- 21 WHEREAS, A December 2003 study reported in the Journal of the American
- 22 College of Cardiology found that teens and young adults who regularly train and
- 23 compete in sports are more than twice as likely to experience sudden death than
- 24 non-athletes; and
- 25 WHEREAS, Many sudden deaths that occur during an athletic event are caused
- 26 by an asymptomatic heart condition for which there is no obvious warning, but if
- 27 detected, even these conditions can be treated; and
- 28 WHEREAS, The authors of the December 2003 study recommend that athletes
- 29 continue to be screened for underlying heart conditions; and

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1 2	WHEREAS, The current standard of pre-sports physical exams may not go far enough to find heart defects and avert tragedies; and		
	WHEREAS, New forms of ultrasound technology make broader application of cardiac screening practical and feasible from medical, economic, and logistical perspectives; now, therefore,		
6 7	6 SECTION 1. BE IT EN. 7 MARYLAND, That the Law	ACTED BY THE GENERAL ASSEMBLY OF s of Maryland read as follows:	
8	8	Article - Education	
9	9 7-420.		
10 11		TION, "COMMITTEE" MEANS THE MEDICAL ADVISORY CAL EVALUATIONS FOR STUDENT ATHLETES.	
	13 SCHOOLS ATHLETIC AS	IVE DIRECTOR OF THE MARYLAND PUBLIC SECONDARY SOCIATION SHALL ESTABLISH A MEDICAL ADVISORY ALL EVALUATIONS FOR STUDENT ATHLETES.	
15	15 (C) THE COMMIT	TEE SHALL CONSIST OF THE FOLLOWING MEMBERS:	
16 17	16 (1) THE I 17 SCHOOLS ATHLETIC AS	EXECUTIVE DIRECTOR OF THE MARYLAND PUBLIC SECONDARY SOCIATION; AND	
18 19	18 (2) THE I 19 DIRECTOR:	FOLLOWING 16 MEMBERS APPOINTED BY THE EXECUTIVE	
20 21	20 (I) 21 SCHOOLS;	TWO COACHES FROM MARYLAND PUBLIC SECONDARY	
22 23	22 (II) 23 SECONDARY SCHOOLS;	TWO ATHLETIC DIRECTORS FROM MARYLAND PUBLIC	
24 25	24 (III) 25 SCHOOL;	ONE PRINCIPAL FROM A MARYLAND PUBLIC SECONDARY	
26 27	26 (IV) 27 INTERSCHOLASTIC ATH	TWO REPRESENTATIVES FROM THE MARYLAND LETIC ASSOCIATION;	
28	28 (V)	FIVE PHYSICIANS LICENSED IN MARYLAND, INCLUDING:	
29	29	1. ONE PEDIATRICIAN;	
30	30	2. ONE ORTHOPEDIST;	
31	31	3. ONE CARDIOLOGIST;	
32	32	4. ONE EMERGENCY ROOM PHYSICIAN; AND	

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- 1 5. ONE PHYSICIAN SPECIALIZING IN ADOLESCENT 2 MEDICINE; (VI) TWO ATHLETIC TRAINERS PROVIDING ATHLETIC TRAINING 4 SERVICES IN MARYLAND PUBLIC SECONDARY SCHOOLS: AND TWO PHYSICAL THERAPISTS LICENSED IN MARYLAND. 5 (VII) (D) THE COMMITTEE SHALL: 6 7 ADVISE THE MARYLAND PUBLIC SECONDARY SCHOOLS ATHLETIC 8 ASSOCIATION ON THE CONTENT AND USE OF A PRE-PARTICIPATION PHYSICAL 9 EVALUATION FORM: AND (2) REVIEW STUDENT-ATHLETE PRE-PARTICIPATION PHYSICAL 11 EVALUATION PROCEDURES AT LEAST EVERY 3 YEARS. 12 IN CONDUCTING THE REVIEW REQUIRED UNDER SUBSECTION (D)(2) OF 13 THIS SECTION, THE COMMITTEE SHALL CONSIDER: THE APPROPRIATE CONTENT OF A PRE-PARTICIPATION PHYSICAL 14 (1) 15 EVALUATION FORM: THE APPROPRIATE FREQUENCY OF USE OF A PRE-PARTICIPATION (2) 17 PHYSICAL EVALUATION FORM; MANDATING THE USE OF A SPECIFIC PRE-PARTICIPATION PHYSICAL (3) 19 EVALUATION FORM; THE APPROPRIATENESS OF ANY SPORT-SPECIFIC ASSESSMENT OF A 20 (4) 21 STUDENT-ATHLETE'S MUSCULOSKELETAL, CARDIOVASCULAR, AND BODY 22 MATURATION STATUS, AND A DETERMINATION OF THE INDIVIDUALS TO BE 23 AUTHORIZED TO PERFORM THE SPORT-SPECIFIC ASSESSMENT; AND THE EFFECTIVENESS OF REQUIRING STUDENT ATHLETES TO 25 RECEIVE AN ELECTROCARDIOGRAM; AND THE EFFECTIVENESS AND FEASIBILITY OF PROVIDING PARENTAL 27 EDUCATION ON SUDDEN DEATH IN STUDENT ATHLETES THAT IS CAUSED BY HEART 28 CONDITIONS.
- THE DEPARTMENT SHALL ADOPT REGULATIONS TO IMPLEMENT THE 29 (F) 30 PROVISIONS OF THIS SECTION.
- 31 SECTION 2. AND BE IT FURTHER ENACTED, That this Act shall take effect
- 32 October 1, 2004.