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By: **Senators Klausmeier, Forehand, Kelley, and Stone**
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CHAPTER_______

1 AN ACT concerning

2 **Health Insurance - Carrier Provider Panels - Participation by Providers**

3 FOR the purpose of requiring a health insurance carrier that uses a provider panel to
4 maintain standards in accordance with certain regulations if the carrier is an
5 insurer, nonprofit health service plan, or dental plan organization; requiring a
6 health insurance carrier that uses a provider panel to adhere to certain
7 standards for accessibility of covered services if the carrier is a health
8 maintenance organization; requiring a health insurance carrier that uses a
9 provider panel to establish procedures to verify with each provider on the
10 carrier's provider panel, at ~~a certain time~~ certain times, whether the provider is
11 accepting new patients and to ~~promptly~~ update certain information on
12 participating providers; ~~requiring the carrier to establish procedures to ensure~~
13 ~~that there is a sufficient number of certain providers on the carrier's provider~~
14 ~~panel to guarantee certain access by an enrollee to covered services; providing~~
15 ~~that it is an unfair trade practice under certain provisions of law for a carrier to~~
16 ~~fail to accurately maintain and provide certain information to enrollees or to fail~~
17 ~~to maintain a certain number of providers on the carrier's provider panel;~~
18 providing that certain provisions of this Act may not be construed to require a
19 carrier to allow a provider to take a certain action; requiring a carrier to update
20 certain provider information within a certain time period; altering the procedure
21 for referral to a specialist who is not part of a carrier's provider panel; requiring
22 a carrier to treat a certain service in a certain manner, for certain purposes;
23 altering a certain definition; requiring the Maryland Insurance Administration,
24 in consultation with certain parties, to adopt certain regulations on or before a
25 certain date, and to take into consideration certain standards and procedures in
26 adopting the regulations; requiring certain insurers, nonprofit health service
27 plans, and dental plan organizations to comply with the regulations on or before
28 a certain date; requiring the Administration, on or before a certain date, to

1 conduct a certain study and report on the findings and recommendations of its
2 study to certain legislative committees; and generally relating to health
3 insurance carrier provider panels.

4 BY repealing and reenacting, with amendments,
5 Article - Insurance
6 Section 15-112(b) and (j) and 15-830
7 Annotated Code of Maryland
8 (2002 Replacement Volume and 2005 Supplement)

9 BY adding to
10 Article - Insurance
11 Section 15-112(m)
12 Annotated Code of Maryland
13 (2002 Replacement Volume and 2005 Supplement)

14 SECTION 1. BE IT ENACTED BY THE GENERAL ASSEMBLY OF
15 MARYLAND, That the Laws of Maryland read as follows:

16 **Article - Insurance**

17 15-112.

18 (b) (1) (I) A carrier that uses a provider panel shall:

19 1. IF THE CARRIER IS AN INSURER, NONPROFIT HEALTH
20 SERVICE PLAN, OR DENTAL PLAN ORGANIZATION, MAINTAIN STANDARDS IN
21 ACCORDANCE WITH REGULATIONS ADOPTED BY THE COMMISSIONER FOR
22 AVAILABILITY OF HEALTH CARE PROVIDERS TO MEET THE HEALTH CARE NEEDS OF
23 ENROLLEES; AND

24 2. IF THE CARRIER IS A HEALTH MAINTENANCE
25 ORGANIZATION, ADHERE TO THE STANDARDS FOR ACCESSIBILITY OF COVERED
26 SERVICES IN ACCORDANCE WITH REGULATIONS ADOPTED UNDER § 19-705.1(B)(1)(II)
27 OF THE HEALTH - GENERAL ARTICLE; AND

28 (II) establish procedures to:

29 ~~(1)~~ 1. review applications for participation on the carrier's provider
30 panel in accordance with this section;

31 ~~(2)~~ 2. notify an enrollee of:

32 ~~(i)~~ A. the termination from the carrier's provider panel of the
33 primary care provider that was furnishing health care services to the enrollee; and

34 ~~(ii)~~ B. the right of the enrollee, on request, to continue to receive
35 health care services from the enrollee's primary care provider for up to 90 days after

1 the date of the notice of termination of the enrollee's primary care provider from the
2 carrier's provider panel, if the termination was for reasons unrelated to fraud, patient
3 abuse, incompetency, or loss of licensure status;

4 ~~(3)~~ 3. notify primary care providers on the carrier's provider panel of
5 the termination of a specialty referral services provider; [and]

6 ~~(4)~~ 4. VERIFY WITH EACH PROVIDER ON THE CARRIER'S PROVIDER
7 PANEL, AT ~~LEAST ANNUALLY~~ THE TIME OF CREDENTIALING AND
8 RECREDENTIALING, WHETHER THE PROVIDER IS ACCEPTING NEW PATIENTS AND
9 ~~PROMPTLY~~ UPDATE THE INFORMATION ON PARTICIPATING PROVIDERS THAT THE
10 CARRIER IS REQUIRED TO PROVIDE UNDER SUBSECTION (J) OF THIS SECTION; AND

11 ~~(5) ENSURE THAT THERE IS A SUFFICIENT NUMBER OF PROVIDERS IN~~
12 ~~EACH SPECIALTY, BOTH ADULT AND PEDIATRIC, ON THE CARRIER'S PROVIDER PANEL~~
13 ~~TO GUARANTEE THAT AN ENROLLEE CAN ACCESS COVERED SERVICES:~~

14 ~~(I) IN AN URBAN AREA, WITHIN 10 MILES OR 30 MINUTES FROM~~
15 ~~THE ENROLLEE'S RESIDENCE; OR~~

16 ~~(II) IN A RURAL AREA, WITHIN 30 MILES OR 30 MINUTES FROM THE~~
17 ~~ENROLLEE'S RESIDENCE; AND~~

18 [(4)] ~~(6)~~ 5. notify a provider at least 90 days before the date of the
19 termination of the provider from the carrier's provider panel, if the termination is for
20 reasons unrelated to fraud, patient abuse, incompetency, or loss of licensure status.

21 (2) THE PROVISIONS OF PARAGRAPH (1)(II)4 OF THIS SUBSECTION MAY
22 NOT BE CONSTRUED TO REQUIRE A CARRIER TO ALLOW A PROVIDER TO REFUSE TO
23 ACCEPT NEW PATIENTS COVERED BY THE CARRIER.

24 (j) (1) A carrier shall make available to prospective enrollees on the
25 Internet and, on request of a prospective enrollee, in printed form:

26 (i) a list of providers on the carrier's provider panel; and

27 (ii) information on providers that are no longer accepting new
28 patients.

29 (2) A carrier shall notify each enrollee at the time of initial enrollment
30 and renewal about how to obtain the following information on the Internet and in
31 printed form:

32 (i) a list of providers on the carrier's provider panel; and

33 (ii) information on providers that are no longer accepting new
34 patients.

35 (3) (i) Information provided in printed form under paragraphs (1) and
36 (2) of this subsection shall be updated at least once a year.

(ii) ~~Information~~ SUBJECT TO SUBSECTION (M) OF THIS SECTION, INFORMATION provided on the Internet under paragraphs (1) and (2) of this subsection shall be updated at least once every 15 days.

(4) A policy, certificate, or other evidence of coverage shall:

(i) indicate clearly the office in the Administration that is responsible for receiving and responding to complaints from enrollees about carriers; and

(ii) include the telephone number of the office and the procedure for filing a complaint.

(M) (1) A CARRIER SHALL UPDATE ITS PROVIDER INFORMATION UNDER SUBSECTION (J)(3)(II) OF THIS SECTION WITHIN 15 WORKING DAYS AFTER RECEIPT OF WRITTEN NOTIFICATION FROM THE PARTICIPATING PROVIDER OF A CHANGE IN THE APPLICABLE INFORMATION.

(2) NOTIFICATION IS PRESUMED TO HAVE BEEN RECEIVED BY A CARRIER:

(I) 3 WORKING DAYS AFTER THE DATE THE PARTICIPATING PROVIDER PLACED THE NOTIFICATION IN THE U.S. MAIL, IF THE PARTICIPATING PROVIDER MAINTAINS THE STAMPED CERTIFICATE OF MAILING FOR THE NOTICE; OR

(II) ON THE DATE RECORDED BY THE COURIER, IF THE NOTIFICATION WAS DELIVERED BY COURIER.

~~(5) IT IS AN UNFAIR TRADE PRACTICE UNDER § 27-102 OF THIS ARTICLE FOR A CARRIER TO:~~

~~(I) FAIL TO ACCURATELY MAINTAIN AND PROVIDE TO ENROLLEES INFORMATION ON WHETHER A PROVIDER IS ACCEPTING NEW PATIENTS; OR~~

~~(II) FAIL TO MAINTAIN A SUFFICIENT NUMBER OF PROVIDERS ON THE CARRIER'S PROVIDER PANEL TO MEET THE REQUIREMENTS OF SUBSECTION (B)(5) OF THIS SECTION.~~

15-830.

(a) (1) In this section the following words have the meanings indicated.

(2) "Carrier" means:

(i) an insurer that offers health insurance other than long-term care insurance or disability insurance;

(ii) a nonprofit health service plan;

(iii) a health maintenance organization;

1 (iv) a dental plan organization; or

2 (v) except for a managed care organization as defined in Title 15,
3 Subtitle 1 of the Health - General Article, any other person that provides health
4 benefit plans subject to State regulation.

5 (3) (i) "Member" means an individual entitled to health care benefits
6 under a policy or plan issued or delivered in the State by a carrier.

7 (ii) "Member" includes a subscriber.

8 (4) "Provider panel" [means those providers with which a carrier
9 contracts to provide services to its members] HAS THE MEANING STATED IN §
10 15-112(A) OF THIS TITLE.

11 (5) "Specialist" means a physician who is certified or trained to practice
12 in a specified field of medicine and who is not designated as a primary care provider
13 by the carrier.

14 (b) (1) Each carrier that does not allow direct access to specialists shall
15 establish and implement a procedure by which a member may receive a standing
16 referral to a specialist in accordance with this subsection.

17 (2) The procedure shall provide for a standing referral to a specialist if:

18 (i) the primary care physician of the member determines, in
19 consultation with the specialist, that the member needs continuing care from the
20 specialist;

21 (ii) the member has a condition or disease that:

22 1. is life threatening, degenerative, chronic, or disabling; and

23 2. requires specialized medical care; and

24 (iii) the specialist:

25 1. has expertise in treating the life-threatening,
26 degenerative, chronic, or disabling disease or condition; and

27 2. is part of the carrier's provider panel.

28 (3) Except as provided in subsection (c) of this section, a standing
29 referral shall be made in accordance with a written treatment plan for a covered
30 service developed by:

31 (i) the primary care physician;

32 (ii) the specialist; and

33 (iii) the member.

1 (4) A treatment plan may:

2 (i) limit the number of visits to the specialist;

3 (ii) limit the period of time in which visits to the specialist are
4 authorized; and

5 (iii) require the specialist to communicate regularly with the
6 primary care physician regarding the treatment and health status of the member.

7 (5) The procedure by which a member may receive a standing referral to
8 a specialist may not include a requirement that a member see a provider in addition
9 to the primary care physician before the standing referral is granted.

10 (c) (1) Notwithstanding any other provision of this section, a member who is
11 pregnant shall receive a standing referral to an obstetrician in accordance with this
12 subsection.

13 (2) After the member who is pregnant receives a standing referral to an
14 obstetrician, the obstetrician is responsible for the primary management of the
15 member's pregnancy, including the issuance of referrals in accordance with the
16 carrier's policies and procedures, through the postpartum period.

17 (3) A written treatment plan may not be required when a standing
18 referral is to an obstetrician under this subsection.

19 (d) (1) Each carrier shall establish and implement a procedure by which a
20 member may request a referral to a specialist who is not part of the carrier's provider
21 panel in accordance with this subsection.

22 (2) The procedure shall provide for a referral to a specialist who is not
23 part of the carrier's provider panel if:

24 (i) the member is diagnosed with a condition or disease that
25 requires specialized medical care; AND

26 (ii) 1. the carrier does not have in its provider panel a specialist
27 with the professional training and expertise to treat the condition or disease; OR

28 2. THE CARRIER CANNOT PROVIDE REASONABLE ACCESS TO
29 A SPECIALIST WITH THE PROFESSIONAL TRAINING AND EXPERTISE TO TREAT THE
30 CONDITION OR DISEASE WITHOUT UNREASONABLE DELAY OR TRAVEL [and

31 (iii) the specialist agrees to accept the same reimbursement as
32 would be provided to a specialist who is part of the carrier's provider panel].

33 (E) FOR PURPOSES OF CALCULATING ANY DEDUCTIBLE, COPAYMENT
34 AMOUNT, OR COINSURANCE PAYABLE BY THE MEMBER, A CARRIER SHALL TREAT
35 SERVICES RECEIVED IN ACCORDANCE WITH SUBSECTION (D) OF THIS SECTION AS IF
36 THE SERVICE WAS PROVIDED BY A PROVIDER ON THE CARRIER'S PROVIDER PANEL.

1 [(e)] (F) A decision by a carrier not to provide access to or coverage of
2 treatment by a specialist in accordance with this section constitutes an adverse
3 decision as defined under Subtitle 10A of this title if the decision is based on a finding
4 that the proposed service is not medically necessary, appropriate, or efficient.

5 [(f)] (G) Each carrier shall file with the Commissioner a copy of each of the
6 procedures required under this section.

7 SECTION 2. AND BE IT FURTHER ENACTED, That:

8 (a) On or before January 1, 2007, the Maryland Insurance Administration, in
9 consultation with the Department of Health and Mental Hygiene's Office of Health
10 Care Quality and other interested and affected parties, shall adopt regulations to
11 implement the provisions of § 15-112(b)(1)(i)1 of the Insurance Article, as enacted by
12 Section 1 of this Act, with respect to insurers, nonprofit health service plans, and
13 dental plan organizations.

14 (b) In developing the regulations required under subsection (a) of this section,
15 the Administration shall take into consideration the standards and procedures
16 adopted by national accrediting organizations for preferred provider organizations
17 and the laws of other states.

18 (c) Each insurer, nonprofit health service plan, and dental plan organization
19 offering preferred provider organization benefit plans in the State shall comply with
20 the regulations on or before July 1, 2007.

21 SECTION 3. AND BE IT FURTHER ENACTED, That, on or before January 1,
22 2008, the Maryland Insurance Administration shall:

23 (1) study the feasibility and desirability of imposing on carriers a network
24 standard for in-network hospital-based physician services; and

25 (2) report on the findings and recommendations of its study, in accordance
26 with § 2-1246 of the State Government Article, to the Senate Finance Committee and
27 the House Health and Government Operations Committee.

28 SECTION ~~2.~~ 4. AND BE IT FURTHER ENACTED, That this Act shall take
29 effect ~~October~~ June 1, 2006.