SENATE BILL 815

J1 8lr3118 **CF HB 726** By: Senators Exum and Kelley Introduced and read first time: February 7, 2008 Assigned to: Rules Re-referred to: Finance, February 14, 2008 Committee Report: Favorable with amendments Senate action: Adopted Read second time: March 20, 2008 CHAPTER AN ACT concerning Health Care Facilities - Individuals with Mental Disorders - Patient Rights FOR the purpose of establishing certain rights for individuals in certain facilities; establishing that certain individuals, guardians, and persons may file certain complaints in a certain court; requiring that certain complainants who are granted injunctive relief be awarded certain costs and attorney's fees; defining certain terms; and generally relating to patient rights in certain facilities. BY repealing and reenacting, with amendments, Article – Health – General Section 10–701 Annotated Code of Maryland (2005 Replacement Volume and 2007 Supplement) SECTION 1. BE IT ENACTED BY THE GENERAL ASSEMBLY OF MARYLAND, That the Laws of Maryland read as follows:

Article - Health - General

16 10–701.

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(a) (1) In this subtitle the following words have the meanings indicated.

EXPLANATION: CAPITALS INDICATE MATTER ADDED TO EXISTING LAW.

[Brackets] indicate matter deleted from existing law.

<u>Underlining</u> indicates amendments to bill.

Strike out indicates matter stricken from the bill by amendment or deleted from the law by amendment.



$\frac{1}{2}$	(2) (I) "ADVOCATE" MEANS A PERSON THAT PROVIDES SUPPORT AND GUIDANCE TO AN INDIVIDUAL IN A FACILITY.
3	(II) "ADVOCATE" INCLUDES A FAMILY MEMBER OR FRIEND.
4 5 6	(III) "ADVOCATE" DOES NOT INCLUDE AN ATTORNEY ACTING IN THE CAPACITY OF LEGAL COUNSEL TO AN INDIVIDUAL IN A FACILITY DURING THE TREATMENT AND DISCHARGE PLANNING PROCESS.
7 8 9	(3) "BEHAVIORAL INCENTIVE PROGRAM" MEANS A PROGRAM IN WHICH AN INDIVIDUAL EARNS REWARDS BY MAINTAINING REQUIRED POSITIVE BEHAVIORS OVER A DESIGNATED PERIOD OF TIME.
10 11	[(2)] (4) "Facility" does not include an acute general care hospital that does not have a separately identified inpatient psychiatric service.
12 13	[(3)] (5) (i) "Mental abuse" means any persistent course of conduct resulting in or maliciously intended to produce emotional harm.
14 15	(ii) "Mental abuse" does not include the performance of an accepted clinical procedure.
16 17 18	(b) It is the policy of this State that each mentally ill individual who receives any service in a facility has, in addition to any other rights, the rights provided in this subtitle.
19	(c) Each individual in a facility shall:
20 21 22 23	(1) Receive appropriate humane treatment and services in a manner that restricts the individual's personal liberty within a facility only to the extent necessary and consistent with the individual's treatment needs and applicable legal requirements;
24 25 26	(2) Receive treatment in accordance with the applicable individualized plan of rehabilitation or the individualized treatment plan provided for in $\S 10-706$ of this subtitle;
27 28	(3) Be free from restraints or seclusions except for restraints or seclusions that are:
29 30	(i) Used only during an emergency in which the behavior of the individual places the individual or others at serious threat of violence or injury; and
31	(ii) 1. Ordered by a physician in writing; or
32	2. Directed by a registered nurse if a physician's order is

obtained within 2 hours of the action;

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1		(4)	Be free from physical restraint or hold that:
$\frac{2}{3}$	back;		(i) Places the individual face down with pressure applied to the
4 5	individual's	ability	(ii) Obstructs the airway of the individual or impairs the to breathe;
6			(iii) Obstructs a staff member's view of the individual's face; or
7			(iv) Restricts the individual's ability to communicate distress;
8		(5)	Be free from mental abuse; and
9		(6)	Be protected from harm or abuse as provided in this subtitle.
10 11 12		S, ANI	SUBJECT TO APPLICABLE STATE AND FEDERAL REGULATORY CONSISTENT WITH THE NEED TO MAINTAIN A THERAPEUTIC SACH INDIVIDUAL IN A FACILITY SHALL HAVE THE RIGHT TO:
13		(1)	A SAFE ENVIRONMENT;
14 15 16 17			DICAL CONDITION THAT WILL DETERIORATE FROM FAILURE TO
18 19 20			A COMPREHENSIVE ASSESSMENT THAT INCLUDES OF ANY CO-OCCURRING DISORDERS, OTHER DISABILITIES, STORY OF TRAUMA;
21 22 23 24 25	THIS SUBT	ITLE, THRO	PARTICIPATE IN AND RECEIVE INDIVIDUAL TREATMENT AND IS THAT, IN ADDITION TO THE REQUIREMENTS OF § 10–706 OF SPECIFICALLY ADDRESS THE NEEDS OF THE INDIVIDUAL AS DUGH THE ASSESSMENT CONDUCTED UNDER ITEM (3) OF THIS
26 27	PARTICIPA:	(5) FE IN 7	HAVE AN ADVOCATE THAT IS CHOSEN BY THE INDIVIDUAL TO THE TREATMENT AND DISCHARGE PLANNING PROCESS;
28 29 30			A SELF-DIRECTED PLAN OF ACTIVITIES THAT ARE SOOTHING THE INDIVIDUAL IN ACCORDANCE WITH THE INDIVIDUAL'S ND AVAILABLE ON REASONABLE REQUEST BY THE INDIVIDUAL,

SUCH AS LISTENING TO MUSIC, READING, WRITING, WALKING, AND OTHER

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FORMS OF EXERCISE;

$\frac{1}{2}$	(7) CHOOSE FROM, AND PARTICIPATE IN, THERAPEUTIC PROGRAMS AND ACTIVITIES THAT PROMOTE RECOVERY;
3 4	(8) BE FREE FROM MEDICATION THAT MAY BE USED AS A SUBSTITUTE FOR THERAPEUTIC PROGRAMS;
5 6 7	(9) Refuse psychiatric medication without being subject to punitive measures, including restricting the individual from participating in the facility's behavioral incentive program, if:
8 9	(I) THE INDIVIDUAL IS COMPETENT TO MAKE TREATMENT DECISIONS; AND
10 11	(II) TREATMENT IS NOT AUTHORIZED UNDER § 10–708 OF THIS SUBTITLE;
12 13 14	(10) HAVE TREATMENT PREFERENCES OUTLINED IN AN ADVANCE DIRECTIVE FOR MENTAL HEALTH SERVICES AS PROVIDED UNDER § 5–602.1 OF THIS ARTICLE;
15	(11) RELIGIOUS FREEDOM AND PRACTICE;
16 17 18 19	(12) PARTICIPATE IN ANY AVAILABLE PUBLICLY SUPPORTED OF PRIVATELY FINANCED EDUCATIONAL OR BUSINESS CORRESPONDENCE PROGRAMS, RECREATIONAL AND SOCIAL ACTIVITIES, AND COMMUNITY ACTIVITIES PLANNED BY THE FACILITY UNLESS:
20 21	(I) A COURT ORDER LIMITS THE INDIVIDUAL'S ABILITY TO PARTICIPATE; OR
22 23	(II) DOCUMENTED EVIDENCE SHOWS THAT THE INDIVIDUAL'S PRESENT CONDITION PREVENTS THE PARTICIPATION;
24	(13) ACCESS TO A TOILET AT ANY TIME;
25 26 27	(14) REGULAR PHYSICAL EXERCISE AND DAILY FRESH AIR BREAKS, UNLESS PROHIBITED BY SEVERE WEATHER CONDITIONS OR AN INDIVIDUAL'S PHYSICAL MEDICAL CONDITION; AND

28 (15) Adaptive devices if an individual is in a facility for 29 at least 90 consecutive days, including prescription eyeglasses, 30 hearing aids, dentures, walkers, wheelchairs, and communication 31 devices.

1 2 3 4	(E) (1) IN ADDITION TO ANY INTERNAL COMPLAINT PROCEDURE IMPLEMENTED BY THE FACILITY, AN INDIVIDUAL MAY FILE A CIVIL COMPLAINT, INCLUDING A REQUEST FOR INJUNCTIVE RELIEF, IN A COURT OF COMPETENT JURISDICTION.
5 6 7	(2) AN ACTION UNDER THIS SUBSECTION MAY BE BROUGHT BY AN INDIVIDUAL, GUARDIAN, OR PERSON ACTING ON BEHALF OF SIMILARLY SITUATED INDIVIDUALS.
8 9 10	(3) A COMPLAINANT WHO IS GRANTED INJUNCTIVE RELIEF UNDER THIS SUBSECTION SHALL BE AWARDED REASONABLE COSTS AND ATTORNEY'S FEES.
11 12 13	[(d)] (F) (E) Nothing in subsection (c)(4) of this section shall prohibit staff from using a technique for transitioning the individual to a restraint position that involves momentarily:
14	(1) Placing an individual face down; or
15	(2) Obstructing the view of an individual's face.
16	[(e)] (G) (F) A facility shall:
17 18 19	(1) Have a written policy specifying the method used to ensure that an individual whose primary language or method of communication is nonverbal is able to effectively communicate distress during a physical restraint or hold; and
20 21 22	(2) Ensure that all staff at the facility who are authorized to participate in a physical restraint or hold of individuals are trained in the method specified in the written policy required under item (1) of this subsection.
23 24	[(f)](H) (G) Subject to the provisions of §§ 4–301 through 4–309 of this article, the records of each individual in a facility are confidential.
25 26 27 28 29 30 31	[(g)] (H) (H) (1) Notwithstanding any other provision of law, when the State designated protection and advocacy agency for persons with developmental disabilities has received and documented a request for an investigation of a possible violation of the rights of an individual in a facility that is owned and operated by the Department or under contract to the Department to provide mental health services in the community under this subtitle, the executive director of the protection and advocacy agency or the executive director's designee:
32	(i) Before pursuing any investigation:
33	1. Shall interview the individual whose rights have been

allegedly violated; and

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${1 \atop 2}$	2. Shall attempt to obtain written consent from the individual; and				
$\begin{matrix} 3 \\ 4 \end{matrix}$	(ii) If the individual is unable to give written consent but does not object to the investigation:				
5	1. Shall document this fact; and				
6 7	2. Shall request, in writing, access to the individual records from the Director of the Mental Hygiene Administration.				
8 9 10	(2) On receipt of the request for access to the individual's records, the Director of the Mental Hygiene Administration shall authorize access to the individual's records.				
11 12 13 14 15	(3) After satisfying the provisions of paragraphs (1) and (2) of the subsection, the executive director of the protection and advocacy agency, or the executive director's designee, may pursue an investigation and as part of the investigation, shall continue to have access to the records of the individual whose rights have been allegedly violated.				
16 17 18	[(h)](J) (I) On admission to a facility, an individual shall be informed of the rights provided in this subtitle in language and terms that are appropriate to the individual's condition and ability to understand.				
19 20 21	(2) A facility shall post notices in locations accessible to the individua and to visitors describing the rights provided in this subtitle in language and terms that may be readily understood.				
22 23 24	[(i)] (K) (J) A facility shall implement an impartial, timely complained procedure that affords an individual the ability to exercise the rights provided in this subtitle.				
25 26	SECTION 2. AND BE IT FURTHER ENACTED, That this Act shall take effect October 1, 2008.				
	Approved:				
	Governor.				
	President of the Senate.				