SENATE BILL 955

(8lr3422)

ENROLLED BILL

-Education, Health, and Environmental Affairs/Ways and Means-

Introduced by Senator Harrington

Read and Examined by Proofreaders:

Proofreader.						
Proofreader.						
presented to the Governor, for his approval this	and	Seal	Great	the	with	Sealed
at o'clock,M.				of	_ day	
President.						

CHAPTER _____

1 AN ACT concerning

Brian Moore Student Health and Fitness Act of Maryland Task Force on Student Physical Fitness in Maryland Public Schools

4	FOR	the purpose of <u>establishing a Task Force on Student Physical Fitness in</u>
5		Maryland Public Schools; providing for the membership and chair of the Task
6		Force; requiring the Department of Legislative Services State Department of
7		<u>Education</u> to provide staff for the Task Force; prohibiting a member of the Task
8		Force from receiving certain compensation but entitling members to
9		reimbursement for certain expenses; providing for the duties of the Task Force;
10		requiring the Task Force to submit a certain report to the Governor and the
11		General Assembly on or before a certain date; providing for the termination of
12		this Act; and generally relating to the Task Force on Student Physical Fitness
13		in Maryland Public Schools requiring that public school students in
14		kindergarten through a certain grade be provided certain minimum levels of a
15		program of physical activity each week; requiring that the program of physical

EXPLANATION: CAPITALS INDICATE MATTER ADDED TO EXISTING LAW.

[Brackets] indicate matter deleted from existing law.

<u>Underlining</u> indicates amendments to bill.

Strike out indicates matter stricken from the bill by amendment or deleted from the law by amendment.

Italics indicate opposite chamber / conference committee amendments.



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1	activity for a certain category of student be consistent with a certain plan for
2	the student; requiring public elementary schools to designate a certain group to
3	plan and coordinate certain activities; requiring students in public high schools
4	to complete a certain amount of physical education in order to graduate;
5	requiring the State Board of Education to adopt certain regulations; providing
6	for certain extensions; and generally relating to student health and fitness.
7	BY repealing and reenacting, without amendments,
8	Article – Education
9	Section 7–205(a)
10	Annotated Code of Maryland
11	(2006 Replacement Volume and 2007 Supplement)
12	BY repealing and reenacting, with amendments,
13	Article – Education
14	Section 7–409
15	Annotated Code of Maryland
16	(2006 Replacement Volume and 2007 Supplement)
17	Preamble
18	WHEREAS, Obesity leads to at least 300,000 deaths among adults in the
19	United States each year due in part to physical inactivity and a poor diet; and
20	WHEREAS, Inadequate participation in physical activity is a significant
21	contributor to the "epidemic of obesity" that has plagued the nation's young people
22	during the past 2 decades; and
23	WHEREAS, Physical activity offers young people many health benefits,
24	including improving aerobic endurance and muscular strength, helping to control
25	weight, building lean muscle and reducing fat, and helping to build greater bone mass,
26	all of which thwart the development of osteoporosis in adulthood and prevent or
27	reduce high blood pressure; and
28	WHEREAS, A growing body of evidence suggests that providing students with
29	more physical education and physical activity opportunities helps reduce the costs
30	
31	schools incur by reducing absenteeism, improving student health, and reducing staff
	schools incur by reducing absenteeism, improving student health, and reducing staff time spent addressing academic performance; and
32	time spent addressing academic performance; and WHEREAS, A growing body of evidence also suggests that improvement in test
33	time spent addressing academic performance; and WHEREAS, A growing body of evidence also suggests that improvement in test scores and overall academic achievement can be linked to increased time in physical
	time spent addressing academic performance; and WHEREAS, A growing body of evidence also suggests that improvement in test
33	time spent addressing academic performance; and WHEREAS, A growing body of evidence also suggests that improvement in test scores and overall academic achievement can be linked to increased time in physical education; and WHEREAS, The National PTA considers "Early Physical Education" a "Parent
33 34	time spent addressing academic performance; and WHEREAS, A growing body of evidence also suggests that improvement in test scores and overall academic achievement can be linked to increased time in physical education; and

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$egin{array}{c} 1 \ 2 \end{array}$	SECTION MARYLAND, Tha	1. BE IT ENACTED BY THE GENERAL ASSEMBLY OF at the Laws of Maryland read as follows :			
$3 \\ 4$	(a) <u>There is a Task Force on Student Physical Fitness in Maryland Public</u> <u>Schools.</u>				
5	(b) <u>The Task Force consists of the following members:</u>				
6 7	(<u>1</u>) the House;	<u>one member of the House of Delegates, appointed by the Speaker of</u>			
8 9	(2) of the Senate;	one member of the Senate of Maryland, appointed by the President			
$\begin{array}{c} 10\\11 \end{array}$	<u>(3)</u> Hygiene, appointe	<u>one</u> representative of the Department of Health and Mental ed by the Secretary of Health and Mental Hygiene; and			
12	<u>(4)</u>	the following members appointed by the Governor:			
13		(i) one representative of the State Department of Education;			
$\begin{array}{c} 14 \\ 15 \end{array}$	Education;	(ii) one representative of the Maryland Association of Boards of			
16		(iii) one representative of the Maryland Association of Counties;			
17		(iv) one representative of the American Diabetes Association;			
18		(v) one representative of the American Heart Association;			
19		(vi) one representative of the American Cancer Society;			
$\begin{array}{c} 20\\ 21 \end{array}$	Association;	(vii) one representative of the Maryland State Teachers			
$\begin{array}{c} 22 \\ 23 \end{array}$	<u>Health & Physica</u>	(viii) one representative of the Personal Development, l Education Teachers Association; and			
$\begin{array}{c} 24 \\ 25 \end{array}$	Association.	(viii) (ix) one representative of the National Parent Teachers			
$\begin{array}{c} 26 \\ 27 \end{array}$	(c) <u>The members of the Task Force shall elect a chair from among the</u> <u>members of the Task Force.</u>				
28 29	(d) <u>The Department of Legislative Services</u> <u>State Department of Education</u> <u>shall provide staff for the Task Force.</u>				

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1	<u>(e)</u>	<u>A member of the Task Force:</u>				
2		(1) may not receive compensation; but				
3 4	<u>State Trave</u>	(2) is entitled to reimbursement for expenses under the Standard l Regulations as provided in the State budget.				
5	<u>(f)</u>	<u>The Task Force shall study:</u>				
6 7 8	-	(1) the advisability of requiring all public schools in the State to minimum amount of physical activity or physical education to students in chool system each week;				
9 10 11	<u>requiring st</u> education ea	(2) <u>the effects on childhood obesity and related health issues of</u> udents to participate in a minimum amount of physical activity or physical ach week;				
$12\\13\\14\\15$	minimum amount of physical activity or physical education for students, how these costs may be minimized, and whether additional outside funding resources are					
16 17 18	<u>State and</u> requiremen	(4) and analyze the results obtained by any local school systems in the other states that have current physical activity or physical education ts.				
$19\\20\\21$	(g) On or before November 20, 2008, the Task Force shall report its findings and recommendations to the Governor and, in accordance with § 2–1246 of the State Government Article, the General Assembly.					
22		Article – Education				
23	7–205.					
$\begin{array}{c} 24 \\ 25 \end{array}$	(a) high school	The promotion of students in a public school and graduation from a public shall be in accordance with:				
26		(1) Policies established by the county board; and				
27		(2) The rules and regulations of the State Board.				
28	7–409.					
29	(a)	[Each] SUBJECT TO SUBSECTIONS (B) AND (C) OF THIS SECTION,				
30		i c school shall have a program of physical education that is given in a				
31	planned an	d sequential manner to all students, kindergarten through grade 12, to				

develop their good health and physical fitness and improve their motor coordination 1 2 and physical skills. 3 (B) **(1)** ALL STUDENTS IN KINDERGARTEN THROUGH GRADE 8 SHALL 4 **BE PROVIDED A DAILY PROGRAM OF PHYSICAL ACTIVITY TOTALING 150** 5 **MINUTES A WEEK AS PROVIDED IN THIS SUBSECTION:** 6 (I) THE PROGRAM SHALL INCLUDE A MINIMUM OF 90 7 MINUTES A WEEK OF PHYSICAL EDUCATION: AND 8 (III) ANY MINUTES NOT CONSISTING OF PHYSICAL 9 EDUCATION SHALL CONSIST OF DEVELOPMENTALLY APPROPRIATE, MODERATE 10 TO VIGOROUS ACTIVITY, INCLUDING RECESS. 11 (2) AS APPLICABLE, A STUDENT'S PROGRAM OF PHYSICAL 12 ACTIVITY SHALL BE CONSISTENT WITH THE STUDENT'S INDIVIDUALIZED 13 EDUCATION PLAN (IEP). 14 (3) EACH PUBLIC ELEMENTARY SCHOOL SHALL DESIGNATE A 15PHYSICAL ACTIVITY LEADERSHIP TEAM TO PLAN AND COORDINATE 16 **OPPORTUNITIES FOR ACTIVITIES THAT MEET THE REQUIREMENTS OF** 17 PARAGRAPH (1)(II) OF THIS SUBSECTION. 18 (C) A STUDENT IN A PUBLIC HIGH SCHOOL SHALL COMPLETE TWO 19 YEARS OF PHYSICAL EDUCATION IN ORDER TO GRADUATE FROM A PUBLIC HIGH 20 SCHOOL. 21 (D) THE STATE BOARD SHALL ADOPT REGULATIONS NECESSARY TO 22**IMPLEMENT THE PROVISIONS OF THIS SECTION.** 23 **[(b)] (E)** The Department shall employ a full-time director of physical 24 education. SECTION 2. AND BE IT FURTHER ENACTED, That any county school system 25that does not meet the requirements of this Act by October 1, 2008 may apply to the 26 State Department of Education for an extension on compliance with this Act. If 2728granted, an extension shall terminate at the end of July 1, 2011. SECTION 3. AND BE IT FURTHER ENACTED, That a county school system 29 30 that receives an extension under Section 2 of the Act shall have a plan to ensure the county school system's full compliance with the requirements of this Act by July 1, 31 2011. 32 SECTION 4. 2. AND BE IT FURTHER ENACTED, That this Act shall take 33

effect October July 1, 2008. It shall remain effective for a period of 1 year and, at the

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- end of June 30, 2009, with no further action required by the General Assembly, this Act shall be abrogated and of no further force and effect. 1
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Approved:

Governor.

President of the Senate.

Speaker of the House of Delegates.