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By: Delegates Hubbard, Costa, Cullison, Kach, Lee, Pena-Melnyk, Reznik, and Tarrant

Introduced and read first time: February 14, 2011 Assigned to: Rules and Executive Nominations

A BILL ENTITLED

1 AN ACT concerning

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Mental Hygiene Administration - Facilities - Trauma-Informed Care

FOR the purpose of requiring certain facilities to provide staff with certain training and to conform with certain trauma-informed care principles; requiring certain individuals to report certain abuse under certain circumstances; requiring certain facilities to report complaints of certain sexual abuse and sexual harassment to the State designated protection and advocacy system; requiring a law enforcement agency to submit certain findings to the State designated protection and advocacy system under certain circumstances; requiring the Mental Hygiene Administration to develop certain policies and to develop and oversee certain training and education related to trauma-informed care: prohibiting State facilities from locating male and female bedrooms on the same hallway and requiring the facilities to provide for a certain barrier; requiring State facilities to use certain screening tools in a certain manner; requiring State facilities to make certain reassignments under certain circumstances; requiring State facilities to establish a certain female—only unit; requiring State facilities to provide certain patients with certain treatment and education related to sexual abuse; requiring State facilities to ensure that certain staff certain training related to trauma recovery: requiring Administration to request technical assistance from a certain group to implement certain provisions of this Act; requiring the Administration to convene a certain committee to provide certain advice and make certain recommendations; requiring the Administration to make a certain report to the Governor and General Assembly on or before a certain date; making certain technical changes; defining certain terms; and generally relating to mental health facilities and trauma-informed care.

BY repealing and reenacting, with amendments,

Article-Health-General

29 Section 10–701 and 10–705

$\frac{1}{2}$	Annotated Code of Maryland (2009 Replacement Volume and 2010 Supplement)			
3	Preamble			
4 5	WHEREAS, The Mental Hygiene Administration has a duty to protect patients in State–operated or licensed facilities from abuse and sexual harassment; and			
6 7 8 9	WHEREAS, There are high rates of trauma histories involving sexual abuse and exploitation among individuals receiving public mental health services, leaving these individuals vulnerable to further victimization and hindering their ability to recover; and			
10 11	WHEREAS, It is the mission of the Mental Hygiene Administration to provide services in a safe and supportive environment; now, therefore,			
12 13	SECTION 1. BE IT ENACTED BY THE GENERAL ASSEMBLY OF MARYLAND, That the Laws of Maryland read as follows:			
14	Article – Health – General			
15	10–701.			
16	(a) (1) In this subtitle the following words have the meanings indicated.			
17 18	(2) (i) "Advocate" means a person who provides support and guidance to an individual in a facility.			
19	(ii) "Advocate" includes a family member or friend.			
20 21 22	(iii) "Advocate" does not include an attorney acting in the capacity of legal counsel to an individual in a facility during the treatment planning and discharge planning process.			
23 24	(3) "Facility" does not include an acute general care hospital that does not have a separately identified inpatient psychiatric service.			
25 26	(4) (i) "Mental abuse" means any persistent course of conduct resulting in or maliciously intended to produce emotional harm.			
27 28	(ii) "Mental abuse" does not include the performance of an accepted clinical procedure.			
29 30 31	(5) (i) "Prone restraint" means restricting the free movement of all or a portion of an individual's body through the use of physical force or mechanical devices while the individual is in a prone position.			

1 2 3	(ii) "Prone restraint" does not include a technique for transitioning an individual to a restraint position that involves momentarily placing the individual face down.
$\frac{4}{5}$	(6) "STATE FACILITY" MEANS A FACILITY THAT IS MAINTAINED UNDER THE DIRECTION OF THE MENTAL HYGIENE ADMINISTRATION.
6 7	(7) "TRAUMA-INFORMED CARE" MEANS MENTAL HEALTH TREATMENT THAT INCLUDES:
8 9 10	(I) AN APPRECIATION FOR THE HIGH PREVALENCE OF TRAUMA EXPERIENCED BY INDIVIDUALS RECEIVING MENTAL HEALTH SERVICES;
11 12 13 14	(II) AN UNDERSTANDING OF THE NEUROLOGICAL, BIOLOGICAL, PSYCHOLOGICAL, AND SOCIAL EFFECTS OF TRAUMA AND VIOLENCE, INCLUDING SEXUAL ABUSE AND EXPLOITATION, ON AN INDIVIDUAL; AND
15 16 17	(III) AN UNDERSTANDING OF THE ENVIRONMENT, PRACTICES, AND TREATMENTS THAT MAY NEED TO BE MODIFIED TO ADDRESS TRAUMA ISSUES.
18 19 20	(b) It is the policy of this State that each individual with a mental disorder who receives any service in a facility has, in addition to any other rights, the rights provided in this subtitle.
21	(c) Each individual in a facility shall:
22 23 24 25	(1) Receive appropriate humane treatment and services in a manner that restricts the individual's personal liberty within a facility only to the extent necessary and consistent with the individual's treatment needs and applicable legal requirements;
26 27 28	(2) Receive treatment in accordance with the applicable individualized plan of rehabilitation or the individualized treatment plan provided for in § 10–706 of this subtitle;
29 30	(3) Be free from restraints or seclusions except for restraints or seclusions that are:
31 32	(i) Used only during an emergency in which the behavior of the individual places the individual or others at serious threat of violence or injury; and

Ordered by a physician in writing; or

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(ii)

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$\frac{1}{2}$	2. Directed by a registered nurse if a physician's order is obtained within 2 hours of the action;			
3	(4)	Be free from prone restraint;		
4	(5)	Be free from restraint that:		
5		(i) Applies pressure to the individual's back;		
6 7	individual's ability	(ii) Obstructs the airway of the individual or impairs the y to breathe;		
8		(iii) Obstructs a staff member's view of the individual's face; or		
9		(iv) Restricts the individual's ability to communicate distress;		
10	(6)	Be free from mental abuse;		
11	(7)	Be protected from harm or abuse as provided in this subtitle;		
12 13 14 15	(8) Except as provided in subsection [(d)] (E) of this section, and subject to subsection [(j)] (K) of this section, have the right to an advocate of the individual's choice TO participate in the treatment planning and discharge planning process; and			
16 17 18 19		Subject to the provisions of § 10–708 of this subtitle, if the advance directive for mental health services provided for in § rticle, receive treatment in accordance with the preferences in the		
20	(D) A FA	CILITY SHALL ENSURE THAT:		
21 22 23		ALL STAFF RECEIVE TRAINING IN TRAUMA-INFORMED CARE ATE COMPETENCY IN PROVIDING TRAUMA-INFORMED CARE N 3 MONTHS OF BEING HIRED AND ON AN ANNUAL BASIS;		
24 25 26	(2) REVIEWED AND PRINCIPLES; ANI	REVISED TO CONFORM WITH TRAUMA-INFORMED CARE		
27 28 29		THE PHYSICAL ENVIRONMENT OF THE FACILITY IS ASSESSED ALLY AND MODIFIED IF NECESSARY TO ENSURE CONFORMITY NFORMED CARE PRINCIPLES.		

1 2 3	[(d)] (E) Notwithstanding the provisions of subsection (c)(8) of this section, a facility may prohibit an advocate from participating in the treatment planning or discharge planning process for an individual if:			
4 5	(1) (i) The individual is a minor or an adult under guardianship in accordance with § 13–705 of the Estates and Trusts Article; and			
6 7	individual has req	(ii) uested	The parent of the minor or the legal guardian of the that the advocate not participate; or	
8	(2)	The a	advocate has engaged in behavior that:	
9 10	facility; or	(i)	Is disruptive to the individual, other patients, or staff at the	
11 12	or staff at the facil	(ii) ity.	Poses a threat to the safety of the individual, other patients,	
13	[(e)] (F)	A fac	ility shall:	
14 15 16	<u> </u>	orimai	a written policy specifying the method used to ensure that an ry language or method of communication is nonverbal is able te distress during a physical restraint or hold; and	
17 18 19		hysica	re that all staff at the facility who are authorized to l restraint or hold of individuals are trained in the method policy required under item (1) of this subsection.	
20 21	[(f)] (G) the records of each	_	ect to the provisions of §§ 4–301 through 4–309 of this article, idual in a facility are confidential.	
22 23 24 25 26 27 28	[(g)] (H) (1) Notwithstanding any other provision of law, when the State designated protection and advocacy agency [for persons with developmental disabilities] has received and documented a request for an investigation of a possible violation of the rights of an individual in a facility that is owned and operated by the Department or under contract to the Department to provide mental health services in the community under this subtitle, the executive director of the protection and advocacy agency or the executive director's designee:			
29		(i)	Before pursuing any investigation:	
30 31	allegedly violated;	and	1. Shall interview the individual whose rights have been	
32 33	individual; and		2. Shall attempt to obtain written consent from the	

1 If the individual is unable to give written consent but does (ii) 2 not object to the investigation: 3 Shall document this fact; and 1. 4 2. Shall request, in writing, access to the individual's 5 records from the Director of the Mental Hygiene Administration. 6 On receipt of the request for access to the individual's records, the 7 Director of the Mental Hygiene Administration shall authorize access to the 8 individual's records. 9 (3)After satisfying the provisions of paragraphs (1) and (2) of this subsection, the executive director of the protection and advocacy agency, or the 10 executive director's designee, may pursue an investigation and, as part of that 11 12 investigation, shall continue to have access to the records of the individual whose rights have been allegedly violated. 13 14 On admission to a facility, an individual shall be informed of the rights provided in this subtitle in language and terms that are appropriate to the 15 16 individual's condition and ability to understand. 17 A facility shall post notices in locations accessible to the individual and to visitors describing the rights provided in this subtitle in language and terms 18 19 that may be readily understood. 20 A facility shall implement an impartial, timely complaint 21procedure that affords an individual the ability to exercise the rights provided in this 22subtitle. 23[(j)] **(K)** This section may not be construed to: 24Grant the advocate of an individual legal authority that the advocate does not otherwise have under law to make decisions on behalf of the 2526 individual regarding treatment or discharge; 27 Grant the advocate access to the medical records of the individual 28or other confidential information that the advocate does not otherwise have access to 29 under law; or

Limit the legal authority that an attorney or other person

otherwise has under law to participate in the treatment planning and discharge

planning process or to otherwise act on behalf of an individual in a facility.

33 10–705.

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$\frac{1}{2}$	(a) (1) HAVE THE MEAN		nis [section, "abuse"] SECTION THE FOLLOWING WORDS NDICATED.	
3	(2)	(I)	"ABUSE" means cruel or inhumane treatment that causes:	
4		[(i)]	1. Any physical injury; or	
5		[(ii)]	2. Any of the following kinds of sexual abuse:	
6 7	Criminal Law Art	icle [.];	[1.] A. A sexual act, as defined in § 3–301 of the	
8 9	Criminal Law Art	icle [.];	[2.] B. Sexual contact, as defined in § 3–301 of the AND	
10 11	the Criminal Law	Article	[3.] C. Vaginal intercourse, as defined in § 3–301 of e.	
12 13 14	[(2)] (II) [In this section, "abuse"] "ABUSE" does not include the performance of an accepted medical procedure that a physician orders in a manner that is consistent with the provisions of this subtitle.			
15 16 17 18 19	REQUESTS FOR	A SE SEXUA	TUAL HARASSMENT" MEANS INTIMIDATION, BULLYING, OR XUAL NATURE OR UNWELCOME SEXUAL ADVANCES, L FAVORS, AND OTHER VERBAL OR PHYSICAL CONDUCT E THAT TENDS TO CREATE A HOSTILE OR OFFENSIVE	
20 21 22 23	WHO RECEIVES A	OR A	erson who believes that an individual in a facility has been NY EMPLOYEE OF A FACILITY OR OF THE DEPARTMENT PLAINT OF ABUSE, OR WHO OBSERVES OR HAS REASON TO HAS OCCURRED, shall promptly report the alleged abuse to:	
24		(i)	An appropriate law enforcement agency; or	
25 26	report the alleged	(ii) abuse	The administrative head of the facility, who promptly shall to an appropriate law enforcement agency.	
27	(2)	A rep	oort:	
28		(i)	May be oral or written; and	
29 30	provide.	(ii)	Shall contain as much information as the reporter is able to	

1 2 3	(3) A STATE FACILITY SHALL REPORT COMPLAINTS OF SEXUAL ABUSE AND SEXUAL HARASSMENT TO THE STATE DESIGNATED PROTECTION AND ADVOCACY SYSTEM.			
4	(c)	(1)	The	law enforcement agency shall:
5			(i)	Investigate thoroughly each report of an alleged abuse; and
6 7	victim.		(ii)	Attempt to [insure] ENSURE the protection of the alleged
8		(2)	The	investigation shall include:
9 10	abuse, if an	у;	(i)	A determination of the nature, extent, and cause of the
11			(ii)	The identity of the alleged abuser; and
12			(iii)	Any other pertinent fact or matter.
13 14 15 16	(d) As soon as possible, but no later than 10 working days after the completion of the investigation, the law enforcement agency shall submit a written report of its findings to the State's Attorney, THE STATE DESIGNATED PROTECTION AND ADVOCACY SYSTEM, and the administrative head of the facility.			
17 18	(e) of the Court	_		hall have the immunity from liability described under § 5–626 al Proceedings Article for:
19		(1)	Mak	ing a report under this section;
20 21	section; or	(2)	Part	icipating in an investigation arising out of a report under this
22 23	this section	(3)	Part	icipating in a judicial proceeding arising out of a report under
24	(F)	THE	ADMI	INISTRATION SHALL ENSURE THAT STATE FACILITIES:
25 26 27	AND RES			ELOP UNIFORM POLICIES AND PROCEDURES ON MAKING TO ALLEGATIONS OF SEXUAL ABUSE OR SEXUAL
28 29 30			AINTS	URE THAT STAFF DO NOT DISCOURAGE PATIENTS FROM ABOUT SEXUAL ABUSE OR SEXUAL HARASSMENT AND DO NISH PATIENTS FOR MAKING THE COMPLAINTS;

- 1 (3) DEVELOP AND OVERSEE TRAINING FOR STAFF ON HOW TO DENTIFY AND PREVENT SEXUAL ABUSE AND SEXUAL HARASSMENT, HOW TO
- 3 RESPOND TO COMPLAINTS, AND HOW TO SUPPORT VICTIMS IN AN APPROPRIATE
- 4 MANNER; AND
- 5 (4) DEVELOP AND OVERSEE PATIENT EDUCATION ON 6 IDENTIFYING SEXUAL ABUSE AND SEXUAL HARASSMENT AND ON REPORTING 7 INCIDENTS OF SEXUAL ABUSE AND SEXUAL HARASSMENT.
- 8 (G) (1) A STATE FACILITY MAY NOT LOCATE MALE AND FEMALE 9 BEDROOMS ON THE SAME HALLWAY AND SHALL PROVIDE FOR A BARRIER TO 10 PREVENT UNAUTHORIZED ACCESS TO THE BEDROOM HALLWAY OF THE 11 OPPOSITE GENDER.
- 12 (2) IN PROVIDING ANY PHYSICAL MODIFICATIONS THAT MAY BE 13 REQUIRED UNDER PARAGRAPH (1) OF THIS SUBSECTION, A FACILITY SHALL 14 MAXIMIZE THE USE OF EXISTING RESOURCES AND INFRASTRUCTURE.
 - (H) EACH STATE FACILITY SHALL:
- 16 (1) USE EVIDENCE-BASED SCREENING TOOLS TO IDENTIFY ON
 17 ADMISSION A PATIENT'S RISK OF BEING A VICTIM OF SEXUAL OR PHYSICAL
 18 ABUSE, OR BEING A SEXUAL OR PHYSICAL ABUSER, AND SHALL MAKE ANY UNIT
 19 AND ROOM ASSIGNMENT BASED ON THE ASSESSMENT OF RISK;
- 20 (2) REASSIGN ANY PATIENT ACCUSED OF SEXUAL ASSAULT
 21 PROMPTLY TO ANOTHER UNIT AND ENSURE THAT, REGARDLESS OF THE
 22 OUTCOME OF THE INVESTIGATION, ANY ALLEGED VICTIM AND THE ALLEGED
 23 ASSAILANT ARE NOT HOUSED IN THE SAME UNIT AT ANY TIME;
- 24 (3) HAVE AT LEAST ONE FEMALE-ONLY UNIT AVAILABLE ON A VOLUNTARY BASIS TO ANY FEMALE PATIENT AND ASSIGN ONLY FEMALE STAFF TO THE UNIT;
- 27 (4) PROVIDE A PATIENT WHO HAS A HISTORY OF SEXUAL TRAUMA
 28 WITH EVIDENCE-BASED TREATMENT AND EDUCATION TO REDUCE THE
 29 LIKELIHOOD OF THE PATIENT BEING THE VICTIM OF REPEATED SEXUAL ABUSE;
 30 AND
- 31 (5) ENSURE THAT DESIGNATED CLINICAL STAFF ARE TRAINED IN 32 AT LEAST ONE TRAUMA RECOVERY MODALITY THAT IS CONSIDERED TO BE A 33 BEST PRACTICE.

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1	(a) The I	Menta	l Hygiene Administration shall request technical assistance	
2	from the National Association of State Mental Health Program Directors to implement			
3	the requirements of	of Sect	ion 1 of this Act.	
4 5 6		stratio	Mental Hygiene Administration shall convene a committee to on on the development and implementation of Section 1 of this nal recommendations as appropriate.	
7	(2)	The	committee convened under paragraph (1) of this subsection	
8	shall include representatives from:			
Ü	SHOUL HIGHWAY TOPIC	201100		
9		(i)	The Maryland Disability Law Center;	
10		(ii)	On Our Own of Maryland;	
11		(iii)	The Mental Health Association of Maryland;	
12		(iv)	The Maryland Coalition Against Sexual Assault; and	
13		(v)	The Office of the State's Attorney.	
14 15 16 17	(c) On or before June 1, 2012, the Mental Health Administration shall report to the Governor and, in accordance with § 2–1246 of the State Government Article, the General Assembly on the implementation of Section 1 of this Act and any further recommendations made by the committee convened under subsection(b) of this section			
18	SECTION 3	. ANI	BE IT FURTHER ENACTED, That this Act shall take effect	
19	October 1, 2011.			