

SENATE BILL 622

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By: **Senator Middleton**

Introduced and read first time: January 30, 2014

Assigned to: Finance

A BILL ENTITLED

1 AN ACT concerning

2 **Health Insurance – Step Therapy or Fail–First Protocol**

3 FOR the purpose of requiring the Maryland Health Care Commission to work with
4 certain payors and providers to attain benchmarks for overriding a payor’s step
5 therapy or fail–first protocol; requiring the benchmarks to include, on or before
6 a certain date, establishment, by each payor that requires a step therapy or
7 fail–first protocol, of a process for a provider to override the step therapy or
8 fail–first protocol of the payor; limiting the duration of a step therapy or
9 fail–first protocol imposed by a certain insurer, nonprofit health service plan, or
10 health maintenance organization; prohibiting the insurer, nonprofit health
11 service plan, or health maintenance organization from imposing a step therapy
12 or fail–first protocol on an insured or enrollee under certain circumstances;
13 prohibiting certain provisions of this Act from being construed to require certain
14 coverage; repealing certain obsolete provisions of law; defining certain terms;
15 making certain provisions of this Act applicable to health maintenance
16 organizations; and generally relating to step therapy or fail–first protocols in
17 health insurance policies and contracts.

18 BY repealing and reenacting, with amendments,
19 Article – Health – General
20 Section 19–108.2
21 Annotated Code of Maryland
22 (2009 Replacement Volume and 2013 Supplement)

23 BY adding to
24 Article – Health – General
25 Section 19–706(oooo)
26 Annotated Code of Maryland
27 (2009 Replacement Volume and 2013 Supplement)

28 BY adding to

EXPLANATION: CAPITALS INDICATE MATTER ADDED TO EXISTING LAW.

[Brackets] indicate matter deleted from existing law.



1 Article – Insurance
 2 Section 15–141
 3 Annotated Code of Maryland
 4 (2011 Replacement Volume and 2013 Supplement)

5 SECTION 1. BE IT ENACTED BY THE GENERAL ASSEMBLY OF
 6 MARYLAND, That the Laws of Maryland read as follows:

7 **Article – Health – General**

8 19–108.2.

9 (a) (1) In this section the following words have the meanings indicated.

10 (2) “Health care service” has the meaning stated in § 15–10A–01 of the
 11 Insurance Article.

12 (3) “Payor” means:

13 (i) An insurer or nonprofit health service plan that provides
 14 hospital, medical, or surgical benefits to individuals or groups on an expense–incurred
 15 basis under health insurance policies or contracts that are issued or delivered in the
 16 State;

17 (ii) A health maintenance organization that provides hospital,
 18 medical, or surgical benefits to individuals or groups under contracts that are issued
 19 or delivered in the State; or

20 (iii) A pharmacy benefits manager that is registered with the
 21 Maryland Insurance Commissioner.

22 (4) “Provider” has the meaning stated in § 19–7A–01 of this title.

23 **(5) “STEP THERAPY OR FAIL–FIRST PROTOCOL” HAS THE**
 24 **MEANING STATED IN § 15–141 OF THE INSURANCE ARTICLE.**

25 (b) In addition to the duties stated elsewhere in this subtitle, the
 26 Commission shall work with payors and providers to attain benchmarks for:

27 **(1) [standardizing] STANDARDIZING** and automating the process
 28 required by payors for preauthorizing health care services; **AND**

29 **(2) OVERRIDING A PAYOR’S STEP THERAPY OR FAIL–FIRST**
 30 **PROTOCOL.**

31 (c) The benchmarks described in subsection (b) of this section shall include:

1 (1) On or before October 1, 2012 (“Phase 1”), establishment of online
2 access for providers to each payor’s:

3 (i) List of health care services that require preauthorization;
4 and

5 (ii) Key criteria for making a determination on a
6 preauthorization request;

7 (2) On or before March 1, 2013 (“Phase 2”), establishment by each
8 payor of an online process for:

9 (i) Accepting electronically a preauthorization request from a
10 provider; and

11 (ii) Assigning to a preauthorization request a unique electronic
12 identification number that a provider may use to track the request during the
13 preauthorization process, whether or not the request is tracked electronically, through
14 a call center, or by fax;

15 (3) On or before July 1, 2013 (“Phase 3”), establishment by each payor
16 of an online preauthorization system to approve:

17 (i) In real time, electronic preauthorization requests for
18 pharmaceutical services:

19 1. For which no additional information is needed by the
20 payor to process the preauthorization request; and

21 2. That meet the payor’s criteria for approval;

22 (ii) Within 1 business day after receiving all pertinent
23 information on requests not approved in real time, electronic preauthorization
24 requests for pharmaceutical services that:

25 1. Are not urgent; and

26 2. Do not meet the standards for real-time approval
27 under item (i) of this item; and

28 (iii) Within 2 business days after receiving all pertinent
29 information, electronic preauthorization requests for health care services, except
30 pharmaceutical services, that are not urgent; [and]

31 **(4) ON OR BEFORE JANUARY 1, 2015, ESTABLISHMENT, BY EACH**
32 **PAYOR THAT REQUIRES A STEP THERAPY OR FAIL-FIRST PROTOCOL, OF A**

1 **PROCESS FOR A PROVIDER TO OVERRIDE THE STEP THERAPY OR FAIL-FIRST**
2 **PROTOCOL OF THE PAYOR; AND**

3 ~~[(4)]~~ (5) On or before July 1, 2015, utilization by providers of:

4 (i) The online preauthorization system established by payors;
5 or

6 (ii) If a national transaction standard has been established and
7 adopted by the health care industry, as determined by the Commission, the provider's
8 practice management, electronic health record, or e-prescribing system.

9 (d) The benchmarks described in subsections (b) and (c) of this section do not
10 apply to preauthorizations of health care services requested by providers employed by
11 a group model health maintenance organization as defined in § 19-713.6 of this title.

12 (e) The online preauthorization system described in subsection (c)(3) of this
13 section shall:

14 (1) Provide real-time notice to providers about preauthorization
15 requests approved in real time; and

16 (2) Provide notice to providers, within the time frames specified in
17 subsection (c)(3)(ii) and (iii) of this section and in a manner that is able to be tracked
18 by providers, about preauthorization requests not approved in real time.

19 (f) (1) The Commission shall establish by regulation a process through
20 which a payor or provider may be waived from attaining the benchmarks described in
21 subsections (b) and (c) of this section for extenuating circumstances.

22 (2) For a provider, the extenuating circumstances may include:

23 (i) The lack of broadband Internet access;

24 (ii) Low patient volume; or

25 (iii) Not making medical referrals or prescribing
26 pharmaceuticals.

27 (3) For a payor, the extenuating circumstances may include:

28 (i) Low premium volume; or

29 (ii) For a group model health maintenance organization, as
30 defined in § 19-713.6 of this title, preauthorizations of health care services requested
31 by providers not employed by the group model health maintenance organization.

1 (g) (1) On or before October 1, 2012, the Commission shall reconvene the
2 multistakeholder workgroup whose collaboration resulted in the 2011 report
3 “Recommendations for Implementing Electronic Prior Authorizations”.

4 (2) The workgroup shall:

5 (i) Review the progress to date in attaining the benchmarks
6 described in subsections (b) and (c) of this section; and

7 (ii) Make recommendations to the Commission for adjustments
8 to the benchmark dates.

9 (h) [(1) Payors shall report to the Commission:

10 (i) On or before March 1, 2013, on:

11 1. The status of their attainment of the Phase 1 and
12 Phase 2 benchmarks; and

13 2. An outline of their plans for attaining the Phase 3
14 benchmarks; and

15 (ii) On or before December 1, 2013, on their attainment of the
16 Phase 3 benchmarks.

17 (2) The Commission shall specify the criteria payors must use in
18 reporting on their attainment and plans.

19 (i) (1) On or before March 31, 2013, the Commission shall report to the
20 Governor and, in accordance with § 2–1246 of the State Government Article, the
21 General Assembly, on:

22 (i) The progress in attaining the benchmarks for standardizing
23 and automating the process required by payors for preauthorizing health care services;
24 and

25 (ii) Taking into account the recommendations of the
26 multistakeholder workgroup under subsection (g) of this section, any adjustment
27 needed to the Phase 2 or Phase 3 benchmark dates.

28 (2)] On or before December 31, 2013, and on or before December 31 in
29 each succeeding year through 2016, the Commission shall report to the Governor and,
30 in accordance with § 2–1246 of the State Government Article, the General Assembly
31 on the attainment of the benchmarks for standardizing and automating the process
32 required by payors for preauthorizing health care services.

1 **(2) AN INSURER, A NONPROFIT HEALTH SERVICE PLAN, OR A**
2 **HEALTH MAINTENANCE ORGANIZATION THAT PROVIDES COVERAGE FOR**
3 **PRESCRIPTION DRUGS THROUGH A PHARMACY BENEFITS MANAGER IS SUBJECT**
4 **TO THE REQUIREMENTS OF THIS SECTION.**

5 **(C) IF AN ENTITY SUBJECT TO THIS SECTION IMPOSES A STEP THERAPY**
6 **OR FAIL–FIRST PROTOCOL ON AN INSURED OR ENROLLEE, THE DURATION OF**
7 **THE STEP THERAPY OR FAIL–FIRST PROTOCOL MAY NOT EXCEED:**

8 **(1) ANY PERIOD AGREED TO BY THE INSURED’S OR ENROLLEE’S**
9 **PRESCRIBER AND THE ENTITY TO DETERMINE THE CLINICAL EFFECTIVENESS**
10 **OF THE STEP THERAPY DRUG; OR**

11 **(2) 30 DAYS.**

12 **(D) AN ENTITY SUBJECT TO THIS SECTION MAY NOT IMPOSE A STEP**
13 **THERAPY OR FAIL–FIRST PROTOCOL ON AN INSURED OR ENROLLEE IF:**

14 **(1) THE STEP THERAPY DRUG HAS NOT BEEN APPROVED BY THE**
15 **U.S. FOOD AND DRUG ADMINISTRATION FOR THE MEDICAL CONDITION BEING**
16 **TREATED; OR**

17 **(2) A PRESCRIBER DOCUMENTS AND NOTIFIES THE ENTITY THAT**
18 **A PRESCRIPTION DRUG COVERED BY THE ENTITY:**

19 **(I) WAS ORDERED BY THE PRESCRIBER FOR THE INSURED**
20 **OR ENROLLEE WITHIN THE PAST 365 DAYS; AND**

21 **(II) BASED ON THE PROFESSIONAL JUDGMENT OF THE**
22 **PRESCRIBER, WAS EFFECTIVE IN TREATING THE INSURED’S OR ENROLLEE’S**
23 **DISEASE OR MEDICAL CONDITION.**

24 **(E) THIS SECTION MAY NOT BE CONSTRUED TO REQUIRE COVERAGE**
25 **FOR A PRESCRIPTION DRUG THAT IS NOT:**

26 **(1) COVERED BY THE POLICY OR CONTRACT OF AN ENTITY**
27 **SUBJECT TO THIS SECTION; OR**

28 **(2) OTHERWISE REQUIRED BY LAW TO BE COVERED.**

29 SECTION 2. AND BE IT FURTHER ENACTED, That this Act shall take effect
30 July 1, 2014.