

HOUSE BILL 375

F1, F2

3lr1726

By: **Delegate Attar**

Introduced and read first time: January 26, 2023

Assigned to: Appropriations and Ways and Means

Committee Report: Favorable with amendments

House action: Adopted

Read second time: March 10, 2023

CHAPTER _____

1 AN ACT concerning

2 **Education – Coaches – Mental Health ~~First Aid~~ Training**

3 FOR the purpose of requiring the State Department of Education, in collaboration with the
4 Maryland Department of Health, each county board of education, and the Maryland
5 Public Secondary Schools Athletic Association, to develop guidelines for public
6 schools to train coaches ~~in providing mental health first aid to recognize indicators~~
7 of mental illness and behavioral distress in students; requiring each public school in
8 the State that offers a mainstream athletic program to provide a certain mental
9 health ~~first aid~~ training to coaches; requiring the Maryland Higher Education
10 Commission, in collaboration with the Maryland Department of Health, to develop
11 guidelines for public institutions of higher education to train coaches ~~in providing~~
12 ~~mental health first aid to recognize indicators of mental illness and behavioral~~
13 distress in students; requiring a public institution of higher education that offers an
14 athletic program to provide a certain mental health first aid training to coaches; and
15 generally relating to coaches and mental health ~~first aid~~ training.

16 BY adding to
17 Article – Education
18 Section 7–452 and 15–130.1
19 Annotated Code of Maryland
20 (2022 Replacement Volume)

21 SECTION 1. BE IT ENACTED BY THE GENERAL ASSEMBLY OF MARYLAND,
22 That the Laws of Maryland read as follows:

EXPLANATION: CAPITALS INDICATE MATTER ADDED TO EXISTING LAW.

[Brackets] indicate matter deleted from existing law.

Underlining indicates amendments to bill.

~~Strike out~~ indicates matter stricken from the bill by amendment or deleted from the law by amendment.



Article – Education

7-452.

(A) ~~(1) IN THIS SECTION, THE FOLLOWING WORDS HAVE THE MEANINGS INDICATED.~~

~~(2) “MAINSTREAM MAINSTREAM ATHLETIC PROGRAM” MEANS AN INTRAMURAL OR INTERSCHOLASTIC ATHLETIC ACTIVITY THAT IS DEVELOPED AND OFFERED TO STUDENTS IN ACCORDANCE WITH CRITERIA ESTABLISHED BY THE STATE BOARD.~~

~~(3) “MENTAL HEALTH FIRST AID” MEANS:~~

~~(i) RECOGNIZING AND RESPONDING TO INDICATORS OF MENTAL ILLNESS AND BEHAVIORAL DISTRESS, INCLUDING DEPRESSION, TRAUMA, VIOLENCE, YOUTH SUICIDE, AND SUBSTANCE ABUSE; AND~~

~~(ii) IDENTIFYING PROFESSIONAL RESOURCES TO HELP STUDENTS IN CRISIS.~~

(B) THE DEPARTMENT, IN COLLABORATION WITH THE MARYLAND DEPARTMENT OF HEALTH, EACH COUNTY BOARD, AND THE MARYLAND PUBLIC SECONDARY SCHOOLS ATHLETIC ASSOCIATION, SHALL DEVELOP GUIDELINES FOR PUBLIC SCHOOLS TO TRAIN COACHES ~~IN PROVIDING MENTAL HEALTH FIRST AID TO STUDENTS~~ TO RECOGNIZE INDICATORS OF MENTAL ILLNESS AND BEHAVIORAL DISTRESS IN STUDENTS, INCLUDING:

(1) DEPRESSION;

(2) TRAUMA;

(3) VIOLENCE;

(4) YOUTH SUICIDE; AND

(5) SUBSTANCE ABUSE.

(C) EACH PUBLIC SCHOOL IN THE STATE THAT OFFERS A MAINSTREAM ATHLETIC PROGRAM SHALL PROVIDE ~~MENTAL HEALTH FIRST AID TRAINING~~ TRAINING IN ACCORDANCE WITH THE GUIDELINES DEVELOPED UNDER SUBSECTION (B) OF THIS SECTION TO EACH COACH PARTICIPATING IN THE MAINSTREAM ATHLETIC PROGRAM.

1 15-130.1.

2 (A) ~~(1) IN THIS SECTION, THE FOLLOWING WORDS HAVE THE MEANINGS~~
3 ~~INDICATED.~~

4 ~~(2) "ATHLETIC ATHLETIC PROGRAM" MEANS ANY INTERCOLLEGIATE~~
5 ~~ATHLETIC PROGRAM AT A PUBLIC INSTITUTION OF HIGHER EDUCATION IN THE~~
6 ~~STATE.~~

7 ~~(3) "MENTAL HEALTH FIRST AID" MEANS:~~

8 ~~(i) RECOGNIZING AND RESPONDING TO INDICATORS OF~~
9 ~~MENTAL ILLNESS AND BEHAVIORAL DISTRESS, INCLUDING DEPRESSION, TRAUMA,~~
10 ~~VIOLENCE, YOUTH SUICIDE, AND SUBSTANCE ABUSE; AND~~

11 ~~(ii) IDENTIFYING PROFESSIONAL RESOURCES TO HELP~~
12 ~~STUDENTS IN CRISIS.~~

13 (B) THE COMMISSION, IN COLLABORATION WITH THE MARYLAND
14 DEPARTMENT OF HEALTH, SHALL DEVELOP GUIDELINES FOR PUBLIC
15 INSTITUTIONS OF HIGHER EDUCATION TO TRAIN COACHES ~~IN PROVIDING MENTAL~~
16 ~~HEALTH FIRST AID TO STUDENTS~~ TO RECOGNIZE INDICATORS OF MENTAL ILLNESS
17 AND BEHAVIORAL DISTRESS IN STUDENTS, INCLUDING:

18 (1) DEPRESSION;

19 (2) TRAUMA;

20 (3) VIOLENCE;

21 (4) YOUTH SUICIDE; AND

22 (5) SUBSTANCE ABUSE.

23 (C) A PUBLIC INSTITUTION OF HIGHER EDUCATION THAT OFFERS AN
24 ATHLETIC PROGRAM SHALL PROVIDE ~~MENTAL HEALTH FIRST AID TRAINING~~
25 TRAINING IN ACCORDANCE WITH THE GUIDELINES DEVELOPED UNDER SUBSECTION
26 (B) OF THIS SECTION TO EACH COACH PARTICIPATING IN THE ATHLETIC PROGRAM.

27 SECTION 2. AND BE IT FURTHER ENACTED, That this Act shall take effect July
28 1, 2023.