# HOUSE BILL 457

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5lr1224 CF SB 350

### By: **Delegate Wolek** Introduced and read first time: January 20, 2025 Assigned to: Ways and Means

# A BILL ENTITLED

## 1 AN ACT concerning

# Primary and Secondary Education – Educator Professional Development – Course on Student Well–Being and Flourishing

- FOR the purpose of requiring the State Department of Education to develop and offer a
  continuing professional development course on student well-being and flourishing
  to school personnel and administrators on or before a certain date; and generally
  relating to an educator professional development course on student well-being and
  flourishing.
- 9 BY adding to
- 10 Article Education
- 11 Section 6–130
- 12 Annotated Code of Maryland
- 13 (2022 Replacement Volume and 2024 Supplement)
- SECTION 1. BE IT ENACTED BY THE GENERAL ASSEMBLY OF MARYLAND,
   That the Laws of Maryland read as follows:
- Article Education
  6-130.
  (A) (1) ON OR BEFORE JULY 1, 2026, THE DEPARTMENT SHALL DEVELOP
  AND OFFER A CONTINUING PROFESSIONAL DEVELOPMENT COURSE ON STUDENT
  WELL-BEING AND FLOURISHING.
  (2) THE COURSE SHALL BE MADE AVAILABLE:

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- (I) TO ALL SCHOOL PERSONNEL AND ADMINISTRATORS; AND

EXPLANATION: CAPITALS INDICATE MATTER ADDED TO EXISTING LAW. [Brackets] indicate matter deleted from existing law.



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(II) THROUGH ASYNCHRONOUS INSTRUCTION.

2 (B) THE COURSE UNDER THIS SECTION SHALL BE OFFERED AT A 3 COMPARABLE RATE TO CONTINUING PROFESSIONAL DEVELOPMENT COURSES FOR 4 LICENSED PERSONNEL THAT CONTAIN THE SAME NUMBER OF PROFESSIONAL 5 DEVELOPMENT POINTS.

6 (C) (1) THE COURSE DEVELOPED BY THE DEPARTMENT UNDER THIS 7 SECTION SHALL CONSIST OF INSTRUCTION ON UNDERSTANDING THE EIGHT 8 DIMENSIONS OF WELL-BEING IDENTIFIED BY THE FEDERAL SUBSTANCE ABUSE AND 9 MENTAL HEALTH SERVICES ADMINISTRATION AND APPLYING THOSE LESSONS TO 10 INCREASING STUDENT WELL-BEING THROUGH PEDAGOGY.

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### (2) THE COURSE SHALL INCLUDE INSTRUCTION ON:

12 (I) SOCIAL WELL-BEING, INCLUDING THE IMPORTANCE OF 13 DIFFERENT TYPES OF RELATIONSHIPS FOR A STUDENT, AND A PEDAGOGICAL 14 APPROACH THAT HELPS STUDENTS BUILD FRIENDSHIPS AND A SENSE OF 15 BELONGING AND COMMUNITY IN THE CLASSROOM;

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### (II) ENVIRONMENTAL WELL–BEING, INCLUDING:

17 **1.** THE IMPORTANCE OF A STUDENT'S CONNECTION TO 18 NATURE AND THE OUTDOORS, AND TEACHING THAT SUPPORTS LEARNING 19 OUTDOORS; AND

20 **2.** THE IMPORTANCE OF A STUDENT FEELING SAFE TO 21 THE STUDENT'S OVERALL WELL–BEING, AND A PEDAGOGY THAT SUPPORTS THAT 22 FEELING;

(III) PHYSICAL WELL-BEING, INCLUDING THE IMPORTANCE OF A
HEALTHY BODY TO A STUDENT'S OVERALL WELL-BEING, AND A PEDAGOGY THAT
ENHANCES GOOD PHYSICAL HEALTH HABITS;

(IV) EMOTIONAL WELL-BEING, INCLUDING THE IMPORTANCE
OF A STUDENT'S ABILITY TO EXPRESS FEELINGS, ADJUST TO EMOTIONAL
CHALLENGES, COPE WITH LIFE'S STRESSORS, AND ENJOY LIFE, AND A PEDAGOGY
THAT SUPPORTS THESE SKILLS, INCLUDING THROUGH THE USE OF CONTEMPLATIVE
SCIENCE;

(V) SPIRITUAL WELL-BEING, INCLUDING THE IMPORTANCE OF
 A STUDENT'S SENSE OF MEANING, PURPOSE, AND CHARACTER, AND A PEDAGOGY
 FOCUSED ON ENHANCING THOSE SENSES;

1 (VI) OCCUPATIONAL WELL-BEING, INCLUDING THE 2 IMPORTANCE OF WORK TO A STUDENT'S WELL-BEING, AND A PEDAGOGY THAT 3 ENHANCES A STUDENT'S UNDERSTANDING OF A PROFESSIONAL LIFE;

4 (VII) INTELLECTUAL WELL-BEING, INCLUDING THE 5 IMPORTANCE OF A STUDENT'S ABILITY TO KEEP AN ACTIVE BRAIN, CULTIVATE 6 PERSONAL INTERESTS, AND PURSUE LIFELONG LEARNING, AND A PEDAGOGY THAT 7 ENHANCES A STUDENT'S UNDERSTANDING AND DEVELOPMENT OF A WHOLE SELF; 8 AND

9 (VIII) FINANCIAL WELL-BEING, INCLUDING THE IMPORTANCE OF 10 A STUDENT'S UNDERSTANDING OF FINANCIAL PROCESSES AND FINANCIAL 11 RESOURCES, AND A PEDAGOGY THAT SUPPORTS THAT UNDERSTANDING.

12 SECTION 2. AND BE IT FURTHER ENACTED, That this Act shall take effect July 13 1, 2025.