By: Senator Simonaire

Introduced and read first time: January 13, 2025 Assigned to: Education, Energy, and the Environment

Committee Report: Favorable with amendments Senate action: Adopted Read second time: February 25, 2025

CHAPTER _____

1 AN ACT concerning

2 Education – Youth Suicide Prevention School Program – Revisions

FOR the purpose of altering the requirements of the Youth Suicide Prevention School
 Program to increase pupil awareness of the relationship between gambling and
 youth suicide; and generally relating to the Youth Suicide Prevention School
 Program.

- 7 BY repealing and reenacting, with amendments,
- 8 Article Education
- 9 Section 7–501 and 7–504
- 10 Annotated Code of Maryland
- 11 (2022 Replacement Volume and 2024 Supplement)
- 12 Preamble

WHEREAS, Researchers at the National Institutes of Health found in 2024 that rates of preteen suicide (ages 8–12) have been increasing by approximately 8% annually since 2008; and

- 16 WHEREAS, The Centers for Disease Control and Prevention found that suicide was 17 the second leading cause of death among individuals between the ages of 10–14 and 25–34, 18 and the third leading cause of death among individuals between 15–24; and
- 19 WHEREAS, Research out of the University of Glasgow in 2023 has shown that 20 gambling is linked to a heightened risk of suicide attempts among young adults (ages

EXPLANATION: CAPITALS INDICATE MATTER ADDED TO EXISTING LAW.

[Brackets] indicate matter deleted from existing law.

<u>Underlining</u> indicates amendments to bill.

Strike out indicates matter stricken from the bill by amendment or deleted from the law by amendment.



1 16-24) who experienced an increase in severity of gambling problems and were 2.74 times
2 more likely to attempt suicide than those whose gambling was unchanged; and

3 WHEREAS, The first of Maryland's six casinos opened in 2008 with slot machines, 4 table games for casinos were approved in 2012, and sports betting has been available online 5 and on mobile apps since 2022; and

6 WHEREAS, The Maryland Youth Risk Behavior Survey showed that youth gambling 7 is increasing as 17.5% of high school students reported gambling in the last year compared 8 to two years ago when 15.3% reported gambling; and

9 WHEREAS, The Maryland Center of Excellence on Problem Gambling showed that 10 five of seven Maryland youth focus groups mentioned advertising as one of the biggest 11 reasons people gamble and Maryland youth are exposed to this general advertising on a 12 consistent basis; and

13 WHEREAS, The Maryland Youth Suicide Prevention School Program must continue 14 to adapt to the growing challenges facing youth suicide, especially with the increased 15 creation of conventional and online gambling in the State; and

16 WHEREAS, The Blueprint for Maryland's Future works to help combat youth 17 suicide by recognizing student behavioral health issues and students experiencing trauma 18 or violence out of school and includes ways to provide these students with behavioral health 19 services; now, therefore,

SECTION 1. BE IT ENACTED BY THE GENERAL ASSEMBLY OF MARYLAND,
 That the Laws of Maryland read as follows:

22

Article – Education

23 7-501.

24 The General Assembly finds and declares that:

(1) A statewide Youth Suicide Prevention School Program is essential to
 address the continuing problem of youth suicide throughout the State;

27 (2) The youth suicide problem often exists in combination with other 28 problems, including drug abuse [and], alcohol use, AND GAMBLING ADDICTION;

29 (3) A SUICIDE PREVENTION PROGRAM FOR YOUNG PEOPLE MUST 30 <u>SHOULD PROMOTE</u> <u>RECOGNIZE</u> <u>RECOGNIZING</u> STUDENT BEHAVIORAL HEALTH 31 ISSUES, <u>RECOGNIZE</u> <u>RECOGNIZING</u> STUDENTS EXPERIENCING TRAUMA OR 32 VIOLENCE OUT OF SCHOOL, AND <u>REFER</u> <u>REFERRING</u> STUDENTS TO BEHAVIORAL 33 HEALTH SERVICES;

 $\mathbf{2}$

1 [(3)] (4) A suicide prevention program for young people must emphasize 2 a partnership between educational programs at the State and local levels and community 3 suicide prevention and crisis center agencies;

4 **[**(4)**] (5)** It is of vital importance that a statewide Youth Suicide 5 Prevention School Program be established with shared responsibility at both the State and 6 county levels, and that this cooperation shall be a major tool in efforts to achieve the 7 successful prevention of youth suicide; and

8 [(5)] (6) County suicide prevention and crisis center agencies along with 9 local education agencies are best suited for developing and implementing programs for 10 statewide youth suicide prevention.

 $11 \quad 7-504.$

(a) (1) The Department shall adopt regulations that set eligibility guidelines
 for State funding of Youth Suicide Prevention School Programs under this subtitle.

14 (2) The regulations shall:

(i) Establish procedures for developing local programs, in
 cooperation with local education agencies, youth service bureaus, and community mental
 health centers; and

18 (ii) Establish standards and policies for programs to offer:

191.Individual, family, and group counseling related to youth20suicide prevention;

21 2. Referral, crisis intervention, and information for students, 22 parents, and school personnel; and

Training for school personnel, and others responsible for
 counseling or supervising student activities.

25 (b) A Youth Suicide Prevention School Program established under this subtitle 26 shall plan, fund, and implement educational programs, which may include any of the 27 following:

(1) Classroom instruction designed to achieve any of the followingobjectives:

30 (i) Encourage sound decision making and promote ethical31 development;

32 (ii) Increase pupils' awareness of the relationship between drug and 33 alcohol use, **GAMBLING**, and youth suicide;

$\frac{1}{2}$	ii) facts about youth suid	
$\frac{3}{4}$	(iv services;	<i>i</i>) Inform pupils of available community youth suicide prevention
$5 \\ 6$	(v counselors, and pupil	1 /
$7 \\ 8$	(v youth suicide prevent	i) Further cooperative efforts of school personnel and community ion program personnel;
9 10	(2) School or community based alternative programs outside of the classroom, including:	
11	(i)	Positive peer group programs;
$\frac{12}{13}$	(ii professional counselo	
14	(ii	i) Programs to collect data on youth suicide attempts;
15	(iv	v) Intervention and follow–up;
$\begin{array}{c} 16 \\ 17 \end{array}$	(v) Mental health programs to promote mental health awareness and encourage pupils to seek help as soon as it is needed; and	
18	(v	i) Parent education and training programs; and
19	(3) Te	eacher training programs.
20	(c) Any prog	gram established under this subtitle shall:
21 22	(1) Assist in increasing the awareness, among school personnel and community leaders, of the incidence of teenage suicide;	
$\frac{23}{24}$	(2) Ti teenage suicide preve	cain school personnel in individual and schoolwide strategies for ntion;
25 26	(3) Develop and implement school-based teenage suicide prevention programs and pilot projects;	
27 28	(4) Develop and implement school-based pilot mental health programs and peer-to-peer support to address the needs of students suffering from mental illness; and	

4

1 (5) Through cooperative efforts, utilize community resources in the 2 development and implementation of teenage suicide prevention programs under this 3 subtitle.

4 (d) The Department may assist local school systems in implementing pilot 5 peer-to-peer mental health awareness programs.

6 SECTION 2. AND BE IT FURTHER ENACTED, That this Act shall take effect July 7 1, 2025.

Approved:

Governor.

President of the Senate.

Speaker of the House of Delegates.