



# Maryland Occupational Therapy Association

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PO Box 131 ♦ Stevenson, Maryland 21153 ♦ [mota.memberlodge.org](http://mota.memberlodge.org)

**Committee:** Senate Finance Committee  
**Bill Number:** Senate Bill 502  
**Title:** Health Insurance – Telehealth – Delivery of Mental Health Services – Coverage for Home Settings  
**Hearing Date:** February 19, 2020  
**Position:** Support

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The Maryland Occupational Therapy Association (MOTA) supports *Senate Bill 502 – Health Insurance – Telehealth – Delivery of Mental Health Services – Coverage for Home Settings*. This bill would require the Maryland Medicaid program to reimburse for mental health services delivered through telehealth in an individual’s home and requires insurance carriers who provide coverage for telehealth service to reimburse at the same level as health services provided in person.

MOTA has long supported efforts in Maryland to expand the delivery of occupational therapy services through telehealth. As occupational therapy services are often provided in a client’s home, the use of telehealth in home settings has obvious advantages. It accomplishes in a relatively brief interaction what would otherwise require hours of round-trip travel for the occupational therapist. This in turn reduces staff costs and affords access to services for a greater number of individuals.

In addition, through the use of new technologies such as mobile health devices, occupational therapists are now able to monitor health data, including Activities for Daily Living (ADLs) while a client is in their home, at work, or otherwise in their community. This may inform an occupational therapist of the need to modify services within an individual’s environment. Without the use of telehealth and other technologies, this data would be impossible to collect and an in-person encounter is limited to a “moment in time” when the practitioner is physically present.

Unfortunately, the Maryland Medicaid program does not recognize occupational therapy practitioners as mental health providers. We hope this bill will serve as another opportunity for MOTA to work with the Maryland Department of Health in adopting policies that assist Marylanders with mental health conditions access occupational therapy services in their homes and communities.

Thank you for your consideration of our testimony, and we urge a favorable vote. If we can provide any further information, please contact Rachael Faulkner at [rfaulkner@policypartners.net](mailto:rfaulkner@policypartners.net) or (410) 693-4000.