

Patient's Access to Integrative Healthcare Act
Examples of Professional Resources and Evidence-Based Materials
Submitted by the Maryland Society of Integrative Medicine, Inc.

Integrative medicine and its various fields is highly developed professionally. The following collects some of the major organizations that have been providing CME credits or other training in the field; it would take some time just to explore and get a sense of all of the materials supporting these practices.

Demonstrating that there is a considerable evidence-base for integrative therapies is difficult to do simply as much of the work crosses boundaries and is done under more specific headings, such as environmental or herbal medicine or are developments within each of the medical specialties, such as infectious disease, orthopaedics or cancer treatment. However, the following lists the websites of organizations that offer education and certification, selected textbooks in the field, journals and online resources.

Education and Certification

The following well-established organizations have been offering continuing medical education for decades, have conferences at least annually and extensive on-line learning. Some offer board or other certification programs. This covers many of the major organizations but is by no means a complete list, the field is extensive and there are hundreds of educational programs in more specific methods.

The Academic Consortium for Integrative Medicine & Health
(comprised of most of the major medical schools)

List of upcoming workshops and events

<https://imconsortium.org/events/upcoming-integrative-medicine-health-events/>

There are 23 Fellowship Programs in Integrative Medicine

<https://imconsortium.org/training-jobs/fellowships/>

Fellowships can lead to a recognized board certification, Diplomate in Integrative Medicine

<https://www.abpsus.org/integrative-medicine>

Academy of Integrative Health & Medicine (AIHM)

Conference coursework

https://conference.aihm.org/annual/2019/all_education.cfm

Education and elearning

<https://www.pathlms.com/aihm/>

American Academy of Environmental Medicine

Recent conference coursework

<http://aaemconference.com/fall/congress.php>

Education and elearning

https://www.aemonline.org/online_ed.php

American College for Advancement in Medicine

Upcoming Conference

<https://www.acam.org/page/Events>

eLearning Integrative Medicine Academy

<https://www.acam.org/mpage/BootcampRegister>

International Lyme and Associated Disease Society

<https://www.ilads.org/ilads-conference/boston-2019/>

Physician training program

<https://iladef.org/physician-training-program/>

Institute for Functional Medicine

Certification Program

<https://www.ifm.org/certification-membership/certification-program/>

Conference

<https://www.ifm.org/learning-center/2020-annual-international-conference/>

Education and eLearning

<https://www.ifm.org/learning-center/>

International College of Integrative Medicine

Conference

<https://icimed.com>

On line education, available to members only

University centers of integrative medicine offer their own conferences, for e.g.:

University of Maryland Center for Integrative Medicine

<https://cim.umaryland.edu/Education/>

Andrew Weil Center for Integrative Medicine

<https://integrativemedicine.arizona.edu/education/index.html>

Duke University Integrative Medicine

<https://dukeintegrativemedicine.org>; <https://dukeintegrativemedicine.org/programs-training/>

There are numerous other organizations hosting conferences, for e.g.

<https://www.townsendletter.com/conferencecalendar.htm>

Some private conference organizations host integrative medicine conferences, for example:

Kaerwell

https://kaerwell.com/events/events_page/index/2

Sample Textbooks

Alan Gabby (Nutritional Medicine) https://www.amazon.com/Nutritional-Medicine-Second-Alan-Gabby/dp/1532322097/ref=sr_1_1?crid=2BNLCGB7H4IA1&keywords=alan+gaby+nutritional+medicine&qid=1575824104&srefix=alan+gaby+%2Caps%2C127&sr=8-1

David Rakel (Integrative Medicine) https://www.amazon.com/Integrative-Medicine-David-Rakel-MD/dp/0323358683/ref=sr_1_1?keywords=david+rakel+%28integrative+medicine%29&qid=1575824186&sr=8-1

Benjamin Kligler (Integrative Medicine: Principles for Practice, which also has a CME study guide) https://www.amazon.com/Integrative-Medicine-Principles-Benjamin-Kligler/dp/007140239X/ref=sr_1_fkmr0_1?keywords=benjamin+rake+%28integrative+medicine%29&qid=1575824129&sr=8-1-fkmr0

Spencer and Jacobs (Complementary and Alternative Medicine: An Evidence-Based Approach) https://www.amazon.com/Complementary-Alternative-Medicine-Evidence-Based-Approach/dp/0323020283/ref=sr_1_1?keywords=spencer+and+jacobs+complementary+and+alt+ernative&qid=1575824261&sr=8-1

Lyn Freeman (Mosby's Complementary & Alternative Medicine: A Research-based Approach) https://www.amazon.com/Mosbys-Complementary-Alternative-Medicine-Research-Based/dp/0323053467/ref=sr_1_2?keywords=%28Mosby%27s+Complementary+%26+Alternati+ve+Medicine%3A+A+Research-based+Approach&qid=1575824286&sr=8-2

Marc S. Micozzi (Complementary and Integrative Medicine in Cancer Care and Prevention) https://www.amazon.com/Complementary-Integrative-Medicine-Cancer-Prevention-ebook/dp/B0084Z27RC/ref=sr_1_1?keywords=Complementary+and+Integrative+Medicine+in+Cancer+Care+and+Prevention&qid=1575824368&sr=8-1

Sidney Baker (Textbook of Functional Medicine) https://www.amazon.com/Textbook-Functional-Medicine-Sidney-MacDonald/dp/0977371301/ref=sr_1_3?keywords=Textbook+of+Functional+Medicine&qid=1575824413&sr=8-3

Leonard A. Jason (Handbook of Chronic Fatigue Syndrome) https://www.amazon.com/Handbook-Chronic-Fatigue-Syndrome-Leonard/dp/047141512X/ref=sr_1_3?keywords=Handbook+of+Chronic+Fatigue+Syndrome&qid=1575824459&sr=8-3

Peer Reviewed Journals

There are a wide range of peer-reviewed journals in the field. A few examples include:

The Journal of Alternative and Complementary Medicine: Paradigm, Practice, and Policy
Advancing Integrative Health

<https://home.liebertpub.com/publications/the-journal-of-alternative-and-complementary-medicine/26>

Alternative and Complementary Therapies

<https://home.liebertpub.com/publications/alternative-and-complementary-therapies/3>

Evidence-based Complementary and Alternative Medicine

<https://www.hindawi.com/journals/ecam/>

Resources

There are numerous well-established databases on-line that provide evidence-based research for clinicians. Many of these require paid access so the ability to review these will be limited. To list just a few:

Harvard Maintains a collection of evidenced-base data. Note this also lists books, articles and other resources:

<https://guides.library.harvard.edu/CAM>

The Research Company Natural Medicines Database.

<https://trchealthcare.com/natural-medicines/> \$

Examine.com

<https://examine.com>