Dear HGO Committee,

My name is Mikayla Sizer, and I am a student at the University of Maryland, College Park. As a young voter, it is my duty to stay informed regarding bills that will affect my heath and the health of my future children. It has recently come to my attention that there is a House bill being introduced: HB530 concerning pharmacist administrations of vaccines. I take health care very seriously and believe that these proposed bills will do more harm than good, which is a disservice to our children's health and well-being. If you could please take a moment and hear my dissent, for you represent the people and democracy is the heart of our nation.

By allowing pharmacists to administer vaccinations to children age 9 and up, it discourages preteens and teens to see their family physician which provide more care than just vaccinations (ie. wellness checkups).

The best health outcomes occur when there are parent and doctor involvement together with the child's best interest in mind

Lack of pharmacist training in assessment can lead to *increased risk for vaccine injury*, which can be fatal. Please refer to the attached article on SIRVA.

Pharmacies are profit-driven, which incentives practitioners to roll out increased numbers of vaccines in order to gain profit, with no concern for the health of the child.

I appreciate your time in reading this, and I hope you will consider my perspective when deciding your vote on this bill. Thank you.

Sincerely,

Mikayla Sizer University of Maryland, College Park Bachelors in Kinesiology (2020)

# Getting it in the right spot: Shoulder injury related to vaccine administration (SIRVA) and other injection site events

Ashley Bancsi ; Sherilyn K. D. Houle, BSP, PhD ; Kelly A. Grindrod, BScPharm, PharmD, MSc

# Introduction

Shoulder injury related to vaccine administration, or "SIRVA," is an uncommon but emerging phenomenon caused by an improper technique or landmarking for intramuscular deltoid injections. 1-9 Patients with SIRVA present with shoulder pain and a limited range of motion. Symptoms occur when the patient had no prior shoulder injury or pain, and symptoms do not typically resolve on their own.1-6,9 SIRVA is more painful and debilitating than the typical soreness that many patients feel after an intramuscular deltoid injection.1-6,9 A review of the literature suggests a lack of data about SIRVA, and many cases are likely underreported, leading to an unknown incidence.1 While this injury is rare in Canada, the National Vaccine Injury Compensation Program in the United States added SIRVA to its list of recognized vaccine injuries earlier in 2017.10 Now that most pharmacists in Canada can be authorized to administer vaccines.11 it is important they know how to landmark appropriately to prevent SIRVA, to recognize it in a patient and to know when to refer patients if they suspect this injury. Pharmacists are highly accessible health professionals when it comes to immunization in Canada. For example, 30% of Canadian adults who received an influenza vaccine last year did so in a pharmacy.12 We developed an infographic to guide all health professionals in the proper administration of intramuscular deltoid injections and to help in the prevention and identification of SIRVA (Figure 1). To develop the infographic, we performed a literature search using terms related to SIRVA ("Shoulder injury related to vaccine administration," "shoulder dysfunction after injection," "incorrect vaccine administration," "bursitis," "frozen shoulder" and "rotator cuff tear"), causes of SIRVA ("improper landmarking," "improper injection technique" and "incorrect deltoid injection"), diagnosis of SIRVA ("ultrasound," "imaging" and "differential diagnosis") and other injection site events ("radial nerve injury," "axillary nerve injury," "neuropathy in shoulder," "lipoatrophy," "nodules"

and "cellulitis") in the PubMed, Embase and Google Scholar databases. We also searched for relevant grey literature such as government reports using the Google search engine. What follows is an explanation of what pharmacists need to know to prevent and identify SIRVA.

#### What is SIRVA?

SIRVA is a rare sequela of the body's immune response to direct injection of a vaccine into the shoulder capsule instead of the deltoid muscle.1-6 It causes inflammation in the musculoskeletal structures of the shoulder such as the bursae, tendons and ligaments, resulting in shoulder pain and a limited range of motion that can persist for months without treatment.1-6.9 Patients will often present to a physician months after the injection because of their inability to manage **Figure 1** An infographic to help health professionals prevent shoulder injury related to vaccine administration CPJ/RPC+September/October 2018+VOL151, NO5297

increasing amounts of pain and being unable to perform daily tasks.1-3 These patients are often diagnosed with various complications such as bursitis, rotator cuff tears or frozen shoulder syndrome.1-6,9,13 SIRVA is an emerging topic, as the first case report was published in 2006 by Bodor and Montalvo.4 Recent publications have reported more cases of SIRVA. in which vaccines were injected too high into the shoulder or at an incorrect angle, emphasizing the growing need for awareness.1-6,9,13,14 Of note, SIRVA is not caused by the ingredients in the vaccine itself but by the incorrect placement of the vaccine into the shoulder joint.1-6 Therefore, a review of proper landmarking and injection technique is essential to preventing SIRVA.1-9

#### How to recognize SIRVA

It is common to experience a dull muscle ache after a vaccine injection that disappears within a few days.1,2,4,6 Treatment can include an ice pack or over-the-counter analgesics such as acetaminophen or ibuprofen.2-4 The key to recognizing SIRVA is that the pain will often begin within 48 hours of vaccine administration and will not improve with over-the-counter analgesics. 1,2,4 In fact, months may pass by, and patients will still complain of increasing pain, weakness and impaired mobility/function.1,2,4 Community pharmacists can play a key role in recognizing these patients, as they may request pharmacist assistance in selecting an over-the-counter analgesic. Furthermore, when patients present to the pharmacist complaining of shoulder pain or that they cannot lift their arm to brush their teeth, pharmacists should ask if they had a vaccine in that arm recently and refer them to a physician for diagnosis if SIRVA is suspected.2 Physician assessment and management will typically

include diagnostic imaging such as an ultrasound, corticosteroid injections and physiotherapy.2,6,9

## Other injection site events

SIRVA results from an injection that is administered too high. There are other structures near the deltoid muscle that are at risk when a vaccine is improperly injected. In particular, injections that are below the deltoid can hit the radial nerve, and injections that are too far to the side of the deltoid can hit the axillary nerve.5,7,15,16 When a nerve is hit, the patient will feel a strong shooting and burning pain immediately and may eventually develop paralysis or neuropathy that does not always resolve.5,7,15,16 Therefore, in addition to preventing SIRVA, proper landmarking of the deltoid can also prevent nerve injuries from occurring.5,7,15,16 In addition, health care professionals should choose a needle length based on the weight of the patient.15,17-19 A needle that is too long may pass through the deltoid muscle and hit the bone instead.15,17-19 While the patient will not feel if you hit the bone, the vaccine may not be fully absorbed into the muscle, leading to reduced immunity.15,17-19 In addition, if the needle is too short, the vaccine can be administered subcutaneously instead of intramuscularly, which can sometimes result in decreased immunity as well as nodules, cellulitis or localized lipoatrophy.7,17,19,20 A 2005 survey of Irish general practitioners and nurses discovered that the deltoid region was a popular site for injections, but most health care professionals were unaware of the structures that were at risk from injections in that area such as the axillary nerve or subdeltoid bursa.21 Therefore, all health care professionals who provide injections, including pharmacists, should make landmarking and careful needle length selection a routine part of the injection workflow.

# The pharmacist's role

Pharmacists can play a significant role in preventing SIRVA and other injection site events by reviewing proper landmarking technique. This includes using 2 to 3 finger widths (depending on the size of your fingers) from the acromion process to ensure you inject below the shoulder capsule and identifying the level of the armpit to ensure you inject into the deltoid.7,8,15,18-20 After determining the upper and lower limits, you can use your thumb and forefinger to make a "V" to outline the deltoid and keep the "sweet spot" visible before picking up the needle.20 The injection should always be given at a 90° angle using a darting motion.7,8,15,18-20 In addition, choose a 5/8-inch needle for smaller patients weighing less than 60 kg (130 lb) and a 1-inch needle for patients who weigh 60 to 70 kg (130-152 lb).18 Women weighing 70 to 90 kg (152-200 lb) or

men weighing 70 to 118 kg (152-260 lb) should receive either a 1-inch or 1.5-inch needle.<sub>18</sub> A 1.5-inch needle should be used for women weighing more than 90 kg (200 lb) and men weighing more than 118 kg (260 lb).<sub>18</sub> 298 C P J/R P C • September/October 2018 • V O L 151, N O 5

If you accidentally insert the needle outside the properly landmarked area, you should pull the needle out, apply a new needle tip and try landmarking again. Do not inject. However, if you suspect that you administered the injection into the shoulder capsule, you should inform the patient about SIRVA and its symptoms, so the patient can access care in a timely manner.2 If you suspect that a patient might be suffering from SIRVA, refer them to their physician for diagnosis, as an ultrasound is needed to determine the level and type of damage.1,2,5,9,13 In addition, over-the-counter analgesics will not be effective for patients with SIRVA, as the preferred treatments include corticosteroid injections into the shoulder and physiotherapy.2,6,9

#### **Practice tips**

Prevention of SIRVA and other injection site events is key. Here are some points to remember:

Landmark every patient, never "eyeball it."1-9
Always sit or kneel to inject a seated patient.
Standing above a patient may increase the likelihood that you will inject too high.2,8,20

•• To help decrease the amount of pain the patient experiences, have them sit with their hand placed on their hip with their elbow out and away from the body, as this will relax their deltoid muscle.2,8,20

•• Expose the shoulder completely. When a shirt cannot be removed, roll the sleeve up rather than pull the shirt's neck over the shoulder.2

•• If you hit bone, don't worry. The patient will not feel it, but you should pull the needle back slightly into their muscle before injecting.

•• If you suspect you hit a nerve, pull the needle out completely, landmark properly and try again.

•• If you suspect you inserted the needle too high, pull the needle out before injecting, landmark properly and try again.

•• If you are unsure about a patient's weight, ask them so that you can use the proper needle length.<sub>16,18-20</sub>

•• If you think you injected too high, or you suspect a patient has SIRVA, educate the patient about what SIRVA is and tell them to see a doctor if pain in their shoulder increases or if they lose range of motion after 2 days that does not improve.2

•• Report SIRVA and other injection site events like any other injection reaction. Follow the protocol for your province.18 In conclusion, education and awareness are key to preventing SIRVA and other vaccine injuries related to improper landmarking of the deltoid muscle. The next time you inject a patient, pay attention to your technique. Even the most experienced health care professionals need to polish their skills once in a while. From the University of Waterloo School of Pharmacy, Waterloo, Ontario. Contact kgrindrod@uwaterloo.ca. Acknowledgments: We wish to acknowledge Adrian Poon who designed the infographic. Author Contributions: K. Grindrod conceived of the project. All 3 researchers were involved in drafting the manuscript and approving the final draft. Declaration of Conflicting Interests: The authors have no conflicts of interest to declare. Funding: This work was supported in part by the Ontario College of Pharmacists through funding in support of the Pharmacy5in5 program. ORCID iDs: Ashley Bancsi https://orcid.org/0000-0002-2069-3786 Sherilyn Houle https://orcid.org/0000-0001-5084-4357 References 1. Barnes MG, Ledford C, Hogan K. A "needling" problem: shoulder injury related to vaccine administration. *J Am* Board Fam Med 2012;25(6):919-22. 2. Cross GB, Moghaddas J, Buttery J, et al. Don't aim too high: avoiding shoulder injury related to vaccine administration.

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#### How to Make Immunizations a Pharmacy Profit Center

When Beverly Schaefer became one of the first pharmacists to administer flu shots in 1996, she could never have guessed that twenty years later she'd be administering nearly thirteen thousand immunizations per year.

Schaefer says her pharmacy was the first in the U.S. to offer mass immunizations administered by a pharmacist, and the reason she pioneered the idea came down to a business problem. She had turned down a contract from a major payer and all at once she lost 300 patients. Searching for a way to retain their business even while they were getting their prescriptions somewhere else, she ordered the flu vaccine and posted a sign on her door.

"We were hoping to do 300 flu shots the first year," she said. "We did 1,200. The biggest problem is that we had to go to the bank twice a day because we had so many tens and twenties in the till."

At that time they gave the shots out of a backroom with a table and a couple of chairs. When people came in to get the shots, they kept asking what else the pharmacy was going to offer back there. "It was like a light bulb went off," Schaefer said. "What people want is access to healthcare." Now her pharmacy, Katterman's Sand Point Pharmacy, has become a true immunization destination, offering 28 vaccines year-round. They account for nearly 20 percent of her business and 30 percent of her profit.

"If you want to add profit to your bottom line, increase the number of immunizations that you're doing," Schaefer said. "Every single immunization that you do adds to your bottom line. There are no exceptions."

Marty Feltner, director of immunization services for Kohll's Pharmacy, also pioneered immunization in his home state of Nebraska. As the first pharmacy in the state to offer immunizations, Kohll's has become the immunization leader in the region. "It's another added component to bring in another revenue stream," Feltner said. "When you look at pharmacies today, they're pretty much breakeven pharmacies. So in order to be positive, as far as revenue stream, you've got to think outside the box." Among its eight locations, Kohll's administers 50,000 to 80,000 flu immunizations per year.

Both Katterman's and Kohll's specialize in travel immunizations, which in itself has been a boon for business. People travel from hours away to get travel shots from their pharmacies. Around half of Schaefer's total immunization revenue comes from travel vaccines.

They both believe immunizations have become essential to compete in today's world, especially as a way to differentiate from online and mail-order pharmacies that are capturing more and more of the market share. "You know that [Bezos] family that sends boxes to every house every day across the country?" Schaefer said, whose pharmacy is in Seattle, the location of Amazon's headquarters. "They have to come to my store to get travel immunizations. Because you can't do that by mail. So why not offer a service that mail order will never be able to compete with?"

# A Golden Opportunity

Around 100 million Americans get the flu shot every year, which produces around \$4 billion to \$5 billion in revenue. That's just influenza. Each year, the national chain pharmacies and big-box stores battle to snatch up patients to their immunization programs with aggressive marketing and significant discounts.

Yet the immunization market is still largely untapped. A 2017 report from the Centers for Disease Control and Prevention stated that vaccination rates have a long way to go to meet the Healthy People 2020 goals. And pharmacies can be the prime beneficiaries of this growing demand. Surveys show that patients find pharmacies to be more accessible and convenient than physicians' offices and health clinics. And the majority of people in the U.S. now prefer getting vaccinated at the pharmacy, according to

a survey by PrescribeWellness.

Many independent pharmacies have already caught on to this trend. The 2018 NCPA Digest shows 70 percent of pharmacies offering immunizations. However, that number includes pharmacies that only offer the flu shot. Another estimate says less than a quarter of independents offer immunizations beyond influenza. And the flu shot is only the tip of the immunization iceberg. There's a glacial immunization opportunity beyond influenza waiting to be uncovered. For example, flu shots bring in roughly \$20 of profit a pop. Compare that to meningococcal group B vaccine at \$48, human papillomavirus at \$50, and hepatitis B at \$80, according to one estimate. An independent pharmacy in Louisiana earned nearly \$6,000 in profit from only 70 shots of hep B in the first year of offering the vaccine.

"If you want to add profit to your bottom line, increase the number of immunizations that you're doing. Every single immunization that you do adds to your bottom line. There are no exceptions."

Multiple pharmacy experts say pharmacies that offer expanded immunizations can expect a minimum \$40K per year in additional revenue, but more likely closer to \$90K. One independent pharmacy in Oklahoma gave 1,800 vaccines in one year, earning \$40K in pure profit. Another independent pharmacy in Pennsylvania averaged more than 700 immunizations in its second year, resulting in more than \$16K in profit.

"You do two or three new consultations a day, your profit on just those consultations could potentially pay for that pharmacist just to be there that day," Feltner said. "There are times where we'll get five or seven consultations in one day and have profitability of three or four hundred dollars on just that one-hour appointment depending on the patient's travel designation."

Schaefer said the least amount of profit you'll ever make on a vaccine is \$15 to \$20. You essentially get paid twice, once for the product and once for the service itself. "How many prescriptions do you make fifteen to twenty dollars on?"

Immunizations also provide additional business benefits to indirectly increase revenue and profitability. "What we're finding is that pharmacies and pharmacists who are engaging in immunizations are being approached for other patient care activities," said Mitch Rothholz, chief strategy officer for the American Pharmacists Association (APhA). "Coming in for immunizations is an opportunity to talk about other healthcare services they might need that the pharmacy can provide."

That has been true in Feltner's experience, especially for the shingles vaccine, which is suffering shortages because demand is so high. "You're going to have lots of patients come into the pharmacy who may not be a regular customer and by offering the service you get them in the door," he said. "If we say we offer the shingles vaccine, we may be able to transfer their prescription business over to our pharmacy just by having an immunization program. It just opens more doors."

A broad and lasting benefit, immunizations move your pharmacy in the direction the profession is headed: from medication-focused to patient-focused care. "It's a demonstration of pharmacists as a healthcare provider," Rothholz said. "Because pharmacists are trying to move and expand their services into a more quality patient care delivery activity versus just providing a product. Pharmacists' value to patients and the healthcare team is recognized when patients receive the appropriate medication or healthcare service and achieve the optimal benefit from those services."

The addition of patient-centered services not only sets you up to survive the future of pharmacy, it also helps nurture patient loyalty. It's one of the few opportunities pharmacists have to meet face-to-face with patients. "You'll have a patient for life once you start immunizing," Feltner said. "It's been a very rewarding experience."

## Easy as 1, 2, 3

Many pharmacies don't offer immunizations because the thought of an immunization program is overwhelming. After all, it's a whole new addition that requires you to spend time and money ordering and storing new inventory, marketing new services, and most importantly, fitting it into your already busy workflow.

But Feltner and Schaefer said the difficulty of offering immunizations is a major misconception that keeps too many pharmacies away. In fact, adding an immunization program is really easy, they said.

You simply treat immunizations like prescriptions. When someone asks for an immunization, your process follows just as if they handed you a prescription. You give them a consent form, enter their insurance info, ring them up, and when they get to the front of the queue, the pharmacist brings them to the consultation room and administers the vaccine. "Doing an immunization takes about as much time as filling a new prescription," Schaefer said. "It's like entering a new patient."

Vaccines are ordered from your primary wholesaler (or possibly direct from the manufacturer) and stored in your refrigerator with your insulins and other refrigerated medicine, or they're stored in your freezer. In other words, they fit right in alongside all your other prescription medicines.

But the only way to make the integration seamless is to utilize your employees well. Every part of the process should be conducted by technicians except for reviewing the documentation and administering the vaccine, which doesn't take more than a couple of minutes of the pharmacist's time. If you have a pharmacist who's a recent graduate, consider letting them take the reins. "They've been trained in college to do this," Schaefer said. "Give it to the youngest one and let them be in charge of it if you trust them."

Feltner suggests starting out slow, with the flu, shingles, and pneumonia vaccines, and working your way up from there. "You can get a vaccine program up and running very, very quickly," he said. He and Schaefer both grew their immunization programs gradually, adding vaccines to their repertoire as patients requested them. She suggests trying to expand your program by 10 percent each year, which she promises is achievable. Eventually you may grow your pharmacy into a complete immunization destination. "It just has a way of continuing to grow if you're doing a good job at it," she said.

Before you get started, reach out to other health providers and public health staff in your community, Rothholz said. "Identify what are their and their patients' needs and challenges related to immunizations that your pharmacy could help address."

Six Steps to Get Your Program Off the Ground

- 1. Check laws and regulations
- 2. Get trained and certified
- 3. Talk to other providers to get buy-in, discover needs, and establish a CPA if necessary
- 4. Prepare the pharmacy: create a private space, train staff, order supplies, and put a sign on the door

5. Establish workflow

6. Market the service

# **Potential Challenges**

The biggest obstacle to getting an immunization program off the ground will likely be the legal aspect. Although every state allows pharmacists to administer vaccines, scope of authority varies widely. "The variability in what pharmacists can administer is typically dependent upon the age of the patient, the type of antigens or vaccine, and some other procedural modifications," Rothholz said.

In many states, you have to establish standing protocols or collaborative practice agreements to be able to vaccinate. Most states require pharmacists to complete training on pharmacy-based immunizations. Pharmacies and pharmacists can check with their state pharmacy association or state board of pharmacy to identify the requirements and restrictions related to immunizations before getting started, Rothholz said.

If you need an agreement or protocol, Schaefer recommends coming up with a plan to approach a provider. Choose your provider carefully, maybe starting with the health department. And when you go to make your case, make it all about the patient. "Always, always take the high road," she said. "It's about giving patients easy access to preventive care."

Another potential hurdle you'll want to be ready for is billing. Coverage for vaccines in pharmacies varies from plan to plan, including some under Medicare Part B and others through Part D. Some plans cover the total cost of the vaccine, others require a copay, and others don't cover it at all. If a vaccine is not covered under the patient's pharmacy benefit, Feltner and Schaefer have the patient pay out-of-pocket and self-submit the claim to their medical insurance. However, pharmacies can enroll as a mass-immunization provider and be compensated at the same level as physicians and other providers under Medicare Part B, Rothholz said.

For pharmacies feeling overwhelmed by the thought of starting a program, there are all kinds of resources to help. Start with the APhA's certification program, which has trained more than 340,000 pharmacists. "The program is now considered the gold standard for pharmacy-based immunizations. It's updated, it's in line with CDC recommendations, it's reviewed by immunization experts, and it's recognized by individuals outside of the profession for its quality and content," Rothholz said. In addition, APhA provides access to products and resources to keep up with current recommendations and vaccine information.

For clinical and logistical resources, visit the Immunization Action Coalition (IAC) website (www.immunize.org), which provides protocols, vaccine information statements, consent forms, and a host of other free documents as well as complete guidelines for offering immunizations at the pharmacy. Further resources for everything you need can be found from the APhA, CDC, and the Advisory Committee on Immunization Practices (ACIP).

#### More Than Profit

One of Feltner's favorite parts of immunizations is the opportunity they provide to interact with patients. It's one of the few things that frees him from behind the counter to get that personal touch.

Same goes for Schaefer. "Doing an immunization, it's a very intimate and private moment," she said. "You actually get to know these patients in a different way than you do transacting over the counter."

Immunizations live in that sweet spot of pharmacy practice where healthier patients and a healthier business meet. Research overwhelmingly shows that when pharmacies vaccinate, uptake increases, outcomes improve, and healthcare costs decrease.

"The more often we vaccinate, the more chances we have to decrease disease," Feltner said. "And that's the whole goal is to vaccinate as many people as we can. And it's a great feeling as a pharmacist to immunize someone against a potentially deadly disease."

## 20 Tips to Make Your Immunization Program a Profit Center

Maximize your profit by increasing immunization sales with smart strategies from pharmacy owners who have been doing it for decades. Independent pharmacy owner Beverly Schaefer and director of immunization services Marty Feltner provide tens of thousands of immunizations every year, and their independent pharmacies have become immunization destinations. Use these tips compiled from their expertise and current research to get most money from your immunization program.

## 1. Start the Conversation

Starting the conversation is the most important part of increasing immunizations, Schaefer said. "There's lots of topics that you can choose to start a conversation about immunization—travel, staying healthy, new vaccines. Even if people don't do it right then, it plants a seed in their brain. And it gets word-of-mouth going."

#### 2. Put a Sign on the Door

For Schaefer, a simple sign is the first and most important step in marketing your services. This has been her single most successful strategy for increasing immunizations. On the sign, list all the immunizations you offer. "When we did this, people were totally amazed that we were doing all these shots," she said.

#### 3. Educate Patients

According to the CDC, education remains the largest barrier to immunization coverage. Simply informing patients about the preventable diseases and the vaccines that prevent them is an easy way to increase immunization rates. Use in-store signage, brochures from manufacturers, bag inserts, or a conversation.

#### 4. Make Specific Recommendations

Asking the right patients about the right vaccines will give you a higher conversion rate. That involves identifying eligible patients and recommending the specific vaccine to them directly. For example, if the patient is over 50, simply let them know: Nearly 40 percent of people who have had chickenpox will get shingles. Offer to give them the vaccine right then and there.

#### 5. Target Flu Shot Patients

Patients who get the flu shot have already shown an openness to immunizations, which means they'll be much more inclined to accept further vaccines, according to a 2018 study published in Psychological Science in the Public Interest

(PSPI). When patients come in for flu shots, have them fill out an intake form and ask about the last time they received other recommended vaccines.

# 6. Make Strong Recommendations

The PSPI study also discovered that a strong recommendation from the provider is the single most powerful way to motivate someone to get vaccinated. Instead of asking if they would like the vaccine, tell them they're eligible and that they can get it before they leave the pharmacy.

# 7. Identify Eligible Patients

Most pharmacy systems allow you to create an alert for patients when their profile matches a vaccine need, which most often is based on age. Feltner relies on his employees to know which patients to look for and when to recommend vaccines. "The big key is to delegate and to train your staff on how to recognize someone who is eligible," he said. "Train your staff. Train your staff. Train your staff."

# 8. Utilize Entire Staff

After a visit to a national chain, Feltner realized how effective it is to have every single staff member, no matter their role, ask patients if they've gotten a vaccine. The store's cashier asked every patient at checkout if they had gotten the flu shot. If they said no, she directed them to the pharmacy. "I thought that was eye opening," he said. "That's part of the whole idea of delegating to your entire staff."

# 9. Zero Copay Tactic

This trick has been wildly successful for Feltner: He keeps track of which insurance and government plans offer patients a zero copay for a vaccine. Any time his staff sees a patient with one of those plans, they make the recommendation and let the patient know the vaccine is completely free. At that point, it's an easy sell.

# 10. Co-administration

Co-administering vaccines can also cause an uptick in vaccinations. Patients will be much more likely to receive multiple immunizations if they get them all in one stop rather than returning at another time. As long as the vaccines don't have contraindications, you can safely administer multiple vaccines in one visit. Also consider ordering combination vaccines that contain multiple vaccines in one shot, which are even more convenient for patients and reduce your storage costs.

# 11. Offsite Events

"Pharmacists who are successful in immunizations are not limiting provision of vaccines to the walls of their practice," said Mitch Rothholz, chief strategy offer at APhA. "They're going out to businesses and doing immunizations in the community, whether it be an event or in private businesses." Offsite events not only generate money from vaccines given at the event, they're also a perfect opportunity to recruit new patients to your pharmacy for good. Good offsite opportunities include school systems, health fairs, local businesses, assisted-living communities, apartment-complex communities, police departments, churches, and colleges.

# 12. Employer Partnerships

A huge source of immunization revenue for Feltner's practice site is corporate partnerships. He's developed relationships with several corporations who send their employees overseas. All of those employees go to Kohll's Pharmacy for travel immunizations, which usually involve multiple vaccines.

# 13. On-Air Advertising

Go live on the radio or TV and give flu shots. "Just make it fun," Feltner said. "The big thing I tell pharmacists is make it fun. Then you're having fun immunizing and preventing disease."

## 14. Helping with Costs

The second biggest barrier to immunizations, according to the CDC, is cost. The agency recommends pharmacies consult with local and state public health vaccination programs to learn about publicly funded programs that could help patients with the cost of vaccines. You can also enroll in the Vaccines for Children Program, which provides pharmacies federally purchased vaccines to fully vaccinate eligible children.

## 15. Offer Coupons

Take a page from the national chain pharmacies and big-box stores. Give patients a small voucher or coupon to your front end when they get an immunization from you. The profit you earn from them will outweigh the gift.

#### 16. Fax Physicians

After immunizing a patient, Schaefer sends a fax to the provider. The fax includes the entire list of vaccines she offers, with an X next to the vaccine she administered. That way, the physician will know every vaccine she offers and can refer patients to her in the future.

## 17. Word-of-Mouth

If you offer a top-notch immunization program, your patients and physicians will do the advertising for you. Both Schaefer and Feltner attributed their most successful marketing to word-of-mouth. In fact, Schaefer spends zero dollars on advertising.

## 18. Answering Machine

Use your answering machine to highlight your immunization services. "When you call my store, it's 'Hello, you've reached Katterman's pharmacy, your immunization destination," Schaefer said. "That way they're thinking about immunizations whether they want to or not."

#### 19. Incentivize Your Pharmacists

Schaefer said the high margins on immunizations allow you to pay a bonus to your pharmacists for each immunization they administer. For an immunization that earns \$20, let your pharmacists take two to five bucks of that to give them extra motivation.

#### 20. Travel Tricks

Travel vaccinations come with their own bag of tricks—all of which genuinely help the health of patients.

Hold a consultation with patients to ask where they're going, review their immunization history, and offer them everything they'll need.

Use Travax, an online resource, to identify every vaccine a patient will need for the area they're visiting.

Create a "travel checklist" with OTC items patients may need for the trip, which they can purchase in your front end.

Compile a section in the front end dedicated solely to travel products and walk your patient through it after each consultation. Schaefer said it's not uncommon for patients to spend an extra one to two hundred dollars on her OTC travel products.

Put a sign on your front door: "Are you traveling out of the country? Have you had your hep A, yellow fever, and typhoid shots?"

If a patient comes in asking for a specific travel vaccination, ask where they're traveling. You may be able to offer additional immunizations or travel products.

Get a standing order or collaborative practice agreement to administer prescription travel medicine, like antimalarial drugs.

# Source: <u>https://www.pbahealth.com/how-to-make-immunizations-a-pharmacy-profit-center/?fbclid=lwAR2h1fCobBWU8jpQpnjvgx-IF689FxiGmApv9hWrEpgYjd3dOv0t5eA9gdY</u>

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