

## **HB0283**

To Whom It May Concern,

When I was 5 years old, my mother's car was struck by a drunk driver. Being that I'm now 38, this means that the car I was in the back of, didn't have shoulder straps on the seat belt. My body went all the way forward, and all the way back. Shortly after the accident, I started complaining of headaches on a daily basis. This was followed by complaints of neck and back pain. I've suffered ever since. I've been to every type of specialist under the sun, and there is just nothing short of surgery that can help me.

I am in pain every day of my life.

I started taking opioid pain relievers in my early 20's, needing increases in dosage and strength over the years. The pain meds made me throw up, sweat and gain weight. They made me too tired to get out of bed and function. They gave me intense mood swings. I even lost a couple of jobs.

I discovered Kratom about a year ago. After doing extensive research and learning how beneficial this plant is, without the negative side effects of opioids, I decided to get off of my opioid pain meds. With the help of Kratom, I was able to stop taking opioids with zero withdrawal symptoms. I also found that by taking just a couple doses of Kratom per day, I was in less pain than if I had taken Percocet or Norco. When I take kratom, I don't lash out at the drop of a dime. I don't get high at all. I feel less anxious, and my pain is reduced exponentially.

Please do not rob me of the healthiest form of pain relief I've ever found in the last 33 years.

Best Regards,

Daneaia