

## **HB0283**

My name is Sara, and kratom saved my life. Not just my life though. My son's life, because he has a mom who's sober and present. My fiancé's life, because he uses our leaf too, and it makes us better people. My mom's life, because she can sleep at night knowing her daughter is safe and alive.

If I'm being honest, I don't think I'd have accomplished much without tea. Without it I have no energy, no ambition. My bones ache and my brain is a constant repeat of anxiety and depressive thoughts. Kratom saved me from going on suboxone maintenance, which is amazing because the percentage of people who successfully get off it is 5% or less. Kratom means I can take it or leave it, but I would never leave it. I worked a rigorously difficult manufacturing job until recently and I would've never survived it without the extra boost I get from tea.