## HB0283

After an unsuccessful back surgery, my wife was stuck in the vicious cycle of pain management, narcotic medications and the opioid crisis. She unfortunately continued to experience chronic pain from degenerative disc disease, herniated discs, spinal stenosis, nerve damage and foot drop neuropathy. When we couldn't afford to go through with the suggested spinal fusion or implantation of a spinal cord stimulator, pain killers were the only option given. But then they took them away. The withdrawals from the prescription medications the doctors gave her (and then took away) were horrible, and it broke my heart to see her forced to go through that. The pain was debilitating and some days she couldn't even stand for more than a moment at a time; everyday tasks were challenging and exhausting, emotionally and physically. She began using Kratom and it helped her through the awful withdrawals, and significantly reduced her level of pain to the point that she is able to get back to doing what she loves, teaching kids how to ride horses, even though she thought that may never happen. With less pain and a clearer head, Kratom has truly given her her life back.