

Dear Sir :

My name is Richie Allen. I live in DuBois, Pa. (About 100 miles north of Pittsburgh) I'm 43 years old so I grew up in the era of OxyContin being touted as a "miracle drug" and was being pushed very hard by Purdue and doctors and dentists. My affinity to painkillers started with being prescribed hydrocodone for a broken thumb and then eventually I ended up on OxyContin and so did many of my friends. We started taking it daily to numb the pain in our lives. I eventually grew tired of being sick and tired and decided to transfer over to Methadone in 2000. I stayed on Methadone for the next 14 years. I was arrested for a DUI in 2014 and knew I was going to do 30 days in county jail. Not wanting to be sick, I tapered to 20mg of Methadone and eventually kicked it cold turkey in jail. I would still dabble in pain pills even after the Methadone until about a year ago I discovered Kratom for the first time. Now I have no desire to do any narcotic pain pills and no desire for methadone or Suboxone. I have no desire to drink alcohol either. I use Kratom and cannabis daily to manage my pain and anxiety. Oh I almost forgot the benzos. I was abusing benzodiazepines most of the time I was on the Methadone. I no longer feel the need to be popping Xanax or clonazepam to intensify my high. Simply put, I would be nowhere near where I am today in my recovery if not for kratom. Kratom has given me my life back and allowed me to hold a job, be productive and just all around healthier as a result. Without kratom I'd still be down in a hole trying to dig myself out. Thank you kratom. Thank you for taking the time to read.

Sincerely,

Richie Allen
DuBois, Pa