My name is Curtis Little, I'm from Lairdsville Pennsylvania and this is my kratom use testimonial. I started using kratom due to my chronic anxiety and depression brought on by ptsd from my teenage years. Before using kratom I was struggling with controlling my alcohol use and used street and prescription drugs as a way to try and help me forget the issues I was going through. I ended up losing my job due to reoccurring call offs I had made because I was too hungover/strung out to come to work. So after moving back in with my grandparents I began to look for alternative ways to control my mood problems. That's when I stumbled upon kratom and I researched it heavily for weeks before purchasing. Finally I decided to give it a shot and it changed my life forever. It gave me a sense of calmness and clarity but also inspired me to want to do things. It wasn't overwhelming for me but was very effective at stabilizing my mood. It has definitely been a game changer in my life. I no longer use alcohol or street or prescription drugs. Just kratom 3 to 4 times a day at about 5 grams a dose. I feel like a new better version of myself.