

I am a 42-year old full-time Behavior Specialist residing in NEPA and I have been a responsible consumer of the supplement called kratom for approximately 4 years. I've found kratom (in addition to other natural supplements) provides me with energy, immune, stress, and mood support. I've never felt addicted to the supplement nor "high" from it. Personally, I've spent countless hours of my time researching the supplement and vendors to ensure my safety. I believe regulation in PA using the American Kratom Association's GMP Standards (outlined in the Kratom Consumer Protection Act) will allow vendors and consumers to easily access needed information and safer directions for use. We need to protect the American consumer's right to utilize natural botanicals and herbs while also ensuring consumers are purchasing safe and tested products.

Additionally, I believe the media needs to be cautious and aware of the science behind kratom instead of touting the botanical as a "legal high." I am concerned that consumers who read such misinformation then purchase the product seeking a "legal high" will likely be disappointed by the mild (if noticeable) effects and tend to overuse the product. This could potentially lead to unwanted side effects. My email address is jenwilk77@gmail.com and phone number is 862.251.9124 if you'd like to contact me for further discussion. Thanks for your time and for being open to hearing my story,

Jennifer Wilk

Plymouth, PA