

I am 61 years old and by all rights, I should be dead, My addiction history starts back in 1974, I had some issues with my father so I became a teenager with very low self-esteem. I took my first hit of LSD at 14 .from then on it was one thing after another, My search to escape the pain seemed endless. By 20 years old I was staying clean I did not even drink. Then I met someone that introduced me to Heroin, from then on I was in and out of methadone clinics, over the years, I was a guinea pig for naltrexone. It did not work. at 34 I had my son and then stayed clean for 10 years. But then a friend had some pills and I fell off the wagon again ., I got back on methadone again and finally I was so tired of being a slave to opiates and opiates. I tapered down and jumped off methadone back to codeine pills .. then a friend told me about kratom 2015. I was down to 2 pills in 3 days due to the kratom. I am living clean and well now .yes I take kratom ..I have severe anxiety and depression. Kratom helps me stay level and live my life as happily as I can. I am a grandmother now. I love my life and kratom is partially responsible for this. I am your sister, your mother, your aunt, your grandmother. I do believe Kratom should be regulated and should not be purchased by young adults under the age of 18. I do not get hallucinations, I do not get seizures, what I do get is a sense of happiness and well being ..I can actually; look at things in a more positive light. Kratom is saving my life on a daily basis. I am asking you please do not ban kratom, so many people depend on it daily to lead happy healthy lives.

Thanks so much for your time and consideration.

A PHILADELPHIA PA RESIDENT