Howdy, my names nick. My story is a long, endless thing that im gonna summarize into a brief journey. I started taking kratom only a year ago, off and on. Ive tried to get my mom to try it, but shes sensitive to trying new things. We both share this belief in, when we find something that works, we stick to it. We both have Crohns disease, since we were 12. And no medicine we try has helped for long, i continue to try humira, and all these things. My mother on the other hand is coming from a place of all those opiate analogs etc. Just very general, ill mention we had to move cause of a 3 year harrassment from our neighbor. As far as medicine, im the mystic of the family, ill be the first to try salvia and bring a new meditation to the table; in other words, there's some headbut moments between mom and i before we agree on a path. But now that we're at that point, where we can use our words to convince each other, and not harm, we're suggesting new ways to cope with stress. New ways to be productive, etc. Thats why kratom, having had a great experience, is another medicine in the arsenal that could and should be utilized. And its something that is such a direct link to nature, that theres no middle man for the body; it quickly gets to work in the body. And thats the best kind of medicine. Soon, i hope to have my mother give it a go, and begin sharing with her the effects and new techniques that will inspire us and help us grow. Thank you -nick