

Hello,

First, thank you for taking the time to read my email. I am writing to you to share my personal story with you of how kratom has helped me to get my life back. I am almost 39 years old. I struggled with abusing opiates almost my entire adult life. 3 years ago I found kratom. I do not give all of my success to kratom because I have done and continue to do the work on myself to stay sober, but kratom absolutely helped me. I am now a wonderful mother, I volunteer at my church, I go to school full time for behavioral science with a 4.0 GPA, and work full time at a residential treatment facility for children with severe trauma and behavioral issues, and most of all I am happy and complete. Kratom is not what the media makes it out to be. It has helped immensely with my anxiety and depression. This is the first time in my life I have been off of ALL medications. I have NEVER felt any kind of "high" from Kratom. I am 100% in support of regulation and further testing of kratom. There are some people, as with anything, that have bad intentions and will make it hard for those doing the right thing. I kindly ask you to do more research and consider regulations and testing rather than simply making it illegal. I know literally thousands of people, and know of many more than that, that have been able to regain their lives with the help of this plant. It is a plant, not a synthetic drug as many believe. In its pure, unadulterated form its effects are similar to coffee, as they are in the same family. I have used it for over 3 years and have never had a single adverse effect. I get regular bloodwork done due to other medical issues, and all of my labs have improved since quitting pharmaceuticals and starting kratom. I can stop when I choose. It has truly helped me change my life. I would love to share more of my experience and ask you to please consider my testimony. Also, the American Kratom Association has scientific evidence to support the safety of pure, unadulterated kratom. I thank you so much for taking the time to hear me out. Please e mail me if you have any questions or comments.

Respectfully,
Sarah Seibel