

Please reconsider banning kratom!! My name is Jorie Kotowsky, I'm a chronic pain patient and have been since I was 11 years old. I have had an opiate prescription since the age of 11 for my chronic migraines. I also was a figure skater and have had a ton of broken bones and other injury over my 15 plus year figure skating career. On February 12, 2008 I got in a car accident that changed my life. I ended up having to have a spinal fusion, steel today, fake discs, screws, all of that. I also had a lamonectomy, which is where to move around your nerves. 6 month later I developed complex regional pain syndrome in my right ankle/foot area. I've been on crutches since then, and have to wear a CAM Boot 24/7. This combine with other chronic issues such as Crohn's diseases, arthritis, fibromyalgia and everything else, I was getting 116 mgs of dilaudid a day prescribed to me. Needless to say I became physically dependent on them, then later flat out addicted. I got clean at the end of October in 2014. That's a small bit of my back story. Not only was on i tons of things for pain, including muscle relaxers, things for my nerves etc, and my pain pills (diluadid), I was on 13 psych meds alone, which caused me to get horrible serotonin syndrome in March of 2018. I was on life support for almost 2 weeks. My heart rate went up in the 210s, 200s, my blood pressure was 200/180. All of these things led me to find kratom. Now since consuming kratom, I am off of most of that stuff. I'm healthier then I've been in over a decade. Kratom helps with my pain more then any opiate ever did, and I'm 100 percent with it, and coherent with kratom. I can not say the same with my other medications. It helps me not only with my horrific pain, but things like my horrible anxiety, depression, complex PTSD, agoraphobia and so much more. I can take my service dogs for crutches around the neighborhood, I can play with her, I can take her to training every Wednesday and Saturday for over an hour! And do it by myself, with out taking a break every 3 seconds. Kratom has given me my life back. Please please please reconsider. Also, look up the American kratom association. They have great information and people you can get in contact with with any question you may have,

Thank you

Jorie Kotowsky

You can use both, or one of em. Whatever you thinks is best!

Love you!

Jorie

