

AFFILIATE OF



AMERICAN COLLEGE  
of NURSE-MIDWIVES

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**Bill:** House Bill 208  
**Title:** Public Schools – Provision of Menstrual Hygiene Products  
**Committee:** House Ways and Means  
**Date:** January 30, 2020  
**Position:** Support

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The Maryland Affiliate of the American College of Nurse Midwives supports *HB 208 – Provision of Menstrual Hygiene Products*. The bill requires public schools to provide hygiene products at no cost to students in all of their restrooms.

We support this legislation because it:

- Ensures all students have access to menstrual hygiene products. This is particularly important for students whose families have low incomes and no means to purchase these products;
- Reduces the amount of time that students miss school because they do not have access to menstrual hygiene products;
- Protects students' health by giving them the products they need to stay clean and healthy; and
- Destigmatizes menstrual hygiene products. These products are now generally only available in the school nurse's office. Menstruation is not an illness. Students should not have to see a health care provider to obtain menstrual hygiene products.

We urge a favorable report. If we can provide any additional information, please let us know by contacting Robyn Elliott at [relliott@policypartners.net](mailto:relliott@policypartners.net) or (443) 926-3443.