



**Department of Neurology**

Pediatric Neurology and Epilepsy

Suite 2158 / 200 North Wolfe Street  
David M. Rubenstein Child Health Building  
Johns Hopkins Hospital  
Baltimore, Maryland 21287

Appointments: (410) 955-4259  
Fax: (410) 614-2297  
E-mail: [ekossoff@jhmi.edu](mailto:ekossoff@jhmi.edu)

**Eric H. Kossoff, M.D.**

January 27, 2020

To whom it may concern,

I am a pediatric epilepsy specialist at Johns Hopkins Hospital and member of the John M. Freeman Pediatric Epilepsy Center. I am writing in support of the Maryland Seizure Safe School Act, or Brynleigh Act, which calls for state legislation to ensure all school personnel, including nurses, teachers, and volunteers, are not only prepared but can recognize and respond appropriately and efficiently to students experiencing seizures. Approximately 1 in 26 people will develop epilepsy in their lifetime, 1 in 10 people will have a single seizure in their lifetime, and approximately 7900 Maryland children currently have an active epilepsy diagnosis, but there is only one nurse per 913 students.

It is of vital importance that school staff know how to recognize and respond to a seizure should one occur in their classroom, school bus, or specialized area. Quick response to a seizure is vital, and cannot wait for a nurse to arrive. It is not enough for school nurses to be the only ones with that training. Many students will have their first seizure while in school, so this is not just a matter of following a plan that is already in place.

The Brynleigh Act will ensure that all school personnel have some familiarity with seizure recognition, and in doing so, will make all our children safer in their school environment. Four other states have passed similar bills, and many other states will follow. We hope that Maryland will, as always, lead by example. I stand with the Epilepsy Foundation in supporting this legislation.

Sincerely,

A handwritten signature in black ink, appearing to read "Eric H. Kossoff". The signature is fluid and cursive, with a large, sweeping flourish at the end.

Eric H. Kossoff, M.D.  
Professor, Neurology and Pediatrics  
Medical Director, Ketogenic Diet Program  
Director, Child Neurology Training Program