February 17, 2021

The Honorable Senator Delores Kelley, Chairperson **Finance Committee** Maryland Senate 11 Bladen Street Room 3, East Wing Annapolis, MD 21401

## RE: SUPPORT FOR SB 567 - Telehealth Services - Expansion

Dear Chairperson Kelley and Distinguished Members of the Senate Finance Committee:

I want to thank you for taking my written statement of support for SB 567 on telehealth reimbursement to be entered into the public hearing record. My name is Megan Wainwright and I am a LCPC who resides and practices in Montgomery County, Maryland.

Reimbursement for telebehavioral health modalities is important to me because the onset of this pandemic shook a lot of our clients and each other. Being able to use telebehavioral platforms allowed me to remain in close contact with my clients and their families. Previous to this, in-home therapy was not something a lot of my clients participated in so having an opportunity to do teletherapy with them while they were in the comfort of their homes allowed for a more immersive therapeutic experience. There have been gifts and rewards from having this accessibility heightened that I truly believe would not have happened if this was not an option.

We are still in the throes of a global pandemic and the need for health care and mental health services has never been greater. COVID-19 has revealed systemic flaws in our mental health services for providers and clients alike. It is imperative that we remove barriers to life saving services in a responsible and urgent manner.

This bill will update what Maryland health care services the Medical Assistance Program is required to provide through telehealth by broadening the circumstances under which the Program is required to provide telehealth and telebehavioral health. It is critical to update current Maryland code to align with best practices in our field by requiring certain insurers, nonprofit health service plans, and health maintenance organizations to reimburse health care services provided through telehealth.

While we are working to upload and implement the Counseling Compact in this state and throughout the U.S., this immediate action, removing barriers to critical supports and supporting mental health providers by broadening reimbursements in Maryland, is essential for the wellbeing of residents, families, and a social services system overburdened by staggering need.

I strongly urge you to support SB 567.

Sincerely,

Sincerely,

Megan K Wainwright LCPC Board Approved Supervisor 103 Brookes Ave Gaithersburg, MD 20877