

My Successes in SDS



Self-Direction is important to me because...I have become healthier and happier. I exercise more, eat better foods, and am taking fewer meds. That's because my staff are trained by and work for me, not a manager in a building far away. I have learned to swim, ride horses and now work out at a gym. I have had meaningful volunteer experiences at a horse stable, and at a local humane society. I have made new friends in my community. This is my good life!

*Choice and Control Matter
Matter to Me!*



My primary concern is the DDA policy now requiring that only "providers"--not my staff--can offer third shift/overnight care. I need this support as I am Deaf Blind & nonverbal. And a provider will charge much more per hour than my staff make now. This rule will force me back into provider-directed care, b/c it's all or nothing, says DDA. If I have one shift per day with a provider, ALL shifts must be with a provider. And I already have been in two agencies and left because of health and safety concerns. This will be the end of my good life in self-direction. Help!

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