Education Advocacy Coalition

for Students with Disabilities

House Ways and Means Committee
HB 1296: Public School Students—Daily Physical Activity
(Student Health and Fitness Act)
March 3, 2021

Position: Support

The Education Advocacy Coalition for Students with Disabilities (EAC), a coalition of more than 30 organizations and individuals concerned with education policy for students with disabilities in Maryland, supports House Bill 1296, which would require physical education and recess for all students in Maryland schools, including those with disabilities whose education is provided in accordance with an individualized education program (IEP).

Research indicates that regular physical activity, included in the school curriculum, produces physical, psychological and intellectual benefits. This is equally true for students with disabilities.

More than 100,000 students with disabilities are educated in Maryland's public schools. The Individuals with Disabilities Education Act (IDEA), the primary federal law governing the education of students with disabilities, requires the provision of a free appropriate public education in the least restrictive environment in which the student's needs can be met. Physical education, adapted if necessary, is required for children and youth aged three to 21 who require special education services.

We are pleased that HB 1296 requires physical activity to be developmentally appropriate and that the bill addresses the needs of <u>all</u> students, including those with disabilities. The EAC is pleased to support HB 1296.

For more information or if questions, please contact Leslie Seid Margolis, Chairperson, at lesliem@disabilityrightsmd.org or 410-370-5730.

Respectfully submitted,

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