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Education, Health, and Environmental Affairs Committee January 20, 2022 SB299 - Seizure Action Plans – Brynleigh's Act Position: Support

Dear Chairman Pinsky,

I am writing in support of the Maryland Seizure Safe School Act, or be Brynleigh's Act or SB299, which cause for state legislation to ensure all school personnel, including nurses, teachers, and volunteers, are not only prepared the can recognize and respond appropriately in officially to students experiencing seizures. Approximately 1 in 10 people will have a seizure in their lifetime, and 1 in 26 people will go on to develop epilepsy in their lifetime. There are nearly 60,000 people living with epilepsy in the state of Maryland, of which 7900 are children.

Despite the prevalence of epilepsy, seizures and seizure first-aid are still highly misunderstood by the public. Seizures in children can be particularly difficult to recognize. It is critically important that teachers and other school staff know how to recognize and appropriately respond to a seizure should one occur in the classroom, on the school bus, or other specialized school area. Timely response to a seizure is vital- delayed responses can have detrimental outcomes. Waiting for a nurse to arrive at the scene of a child having a seizure is not appropriate or safe. It is not acceptable for the school's nurse to be the only one who has been to respond to a seizure. There is only one nurse per 913 students in the state of Maryland.

As a neurodevelopmental pediatrician and Director of the Tuberous Sclerosis Clinic at Kennedy Krieger Institute, many of my patients are children and adolescents currently attending Maryland public and private schools. Far too often I have heard families share stories of their child experiencing a seizure in school and the less than ideal responses that took place.

Brynleigh's Act will ensure that all school personnel have familiarity with seizure recognition, and in doing so, we will make our children safer. Twelve other states have passed similar bills, and many other states will follow. We hope that Maryland will, as always, lead by example.

I stand with the Epilepsy Foundation in supporting this legislation.

Thank you for your time and support,

Ryan E

Ryan E. Gill, MD Assistant Professor Neurology & Developmental Medicine Director, Tuberous Sclerosis Clinic Kennedy Krieger Institute Johns Hopkins University School of Medicine



Peter B. Crino, MD, PhD Professor and Chairman

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Education, Health and Environmental Affairs Committee February 3, 2022 SB.299 - Seizure Action Plans - Brynleigh's Act Position: Support

Dear Chairman Pinsky,

We are writing in support of the Maryland Seizure Safe School Act, or Brynleigh's Act or SB.299, which calls for state legislation to ensure all school personnel, including nurses, teachers, and volunteers, are not only prepared but can recognize and respond appropriately and efficiently to students experiencing seizures. Approximately 1 in 26 people will develop epilepsy in their lifetime, 1 in 10 people will have a single seizure in their lifetime, and approximately 7900 Maryland children currently have an active epilepsy diagnosis, but there is only one nurse per 913 students. It is of vital importance that school staff know how to recognize and respond to a seizure should one occur in their classroom, school bus, or specialized area. Quick response to a seizure is vital and cannot wait for a nurse to arrive. It is not enough for school nurses to be the only ones with that training. Many students will have their first seizure while in school, so this is not just a matter of following a plan that is already in place.

As Director of the Clinical Center for Adults with Neuro-Developmental Disabilities and the TSC Center of Maryland, many of our patients are adolescents and teenagers currently attending Maryland public and private schools. The need for a school safety plan for seizures is an imperative.

Brynleigh's Act will ensure that all school personnel have some familiarity with seizure recognition, and in doing so, will make all our children safer in their school environment. Twelve other states have passed similar bills, and many other states will follow. We hope that Maryland will, as always, lead by example.

We stand with the Epilepsy Foundation in supporting this legislation.

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Peter B. Crino, MD, PhD Professor and Chairman Department of Neurology Director, Clinical Center for Adults with Neuro-Developmental Disabilities Director, TSC Center of Maryland University of Maryland School of Medicine University of Maryland Medical Center 215-908-928



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Education, Health and Environmental Affairs Committee February 3, 2022 SB.299 - Seizure Action Plans - Brynleigh's Act Position: Support

Dear Chairman Pinsky,

On behalf of the TSC Alliance, I am writing in support of the Maryland's Seizure Safe School Act, "Brynleigh's Act," or SB.299, which calls for state legislation to ensure that all school personnel, including nurses, teachers, and volunteers, are prepared to recognize seizures and are able to respond appropriately and efficiently to students experiencing seizures. Approximately 1 in 26 people will develop epilepsy in their lifetime; 1 in 10 people will have a single seizure in their lifetime; approximately 7,900 Maryland children currently have an active epilepsy diagnosis, but there is only one nurse per 913 students.

Based in Silver Spring, Maryland, the TSC Alliance is the only national organization dedicated to finding a cure for tuberous sclerosis complex (TSC) while improving the lives of those affected. TSC is a lifelong genetic disorder that causes tumors to form in many different organs, primarily in the brain, eyes, heart, kidney, skin, and lungs. The aspects of TSC that most strongly impact quality of life are generally associated with the brain: seizures, developmental delay, intellectual disability, and autism. We estimate over 1,008 individuals in Maryland are affected by TSC. Seizures remain one of the most common neurological features of TSC, occurring in 85% of individuals with TSC. Additionally, more than 50% of individuals with TSC who have epilepsy will not respond to standard antiepileptic medications and have intractable epilepsy.

It is critical to the TSC and epilepsy communities that school staff know how to recognize and respond to a seizure should one occur in their classroom, school bus, or specialized area. Quick response is vital and cannot wait for a school nurse to arrive, making it essential that all school personnel have training and familiarity with seizure recognition. Students with TSC will likely experience multiple seizures while at school, some may require rescue medication.

SB.299 will ensure that all school personnel have some familiarity with seizure recognition, and in doing so, will make all our children safer in their school environment. Twelve other states have passed similar bills, and many other states will follow. We hope that Maryland will, as always, lead by example. We stand with the Epilepsy Foundation in supporting this legislation.

Sincerely,

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Seizure Action Plans save lives Do you have one?

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Dear Chairman Pinsky,

We are writing in support of the Maryland's Seizure Safe School Act "Brynleigh's Act" or SB.299, which calls for state legislation to ensure school personnel, including nurses and teachers, are not only prepared but can also recognize and respond appropriately and efficiently to students experiencing seizures. Although approximately 1 in 26 people will develop epilepsy in their lifetime, 1 in 10 people will have a single seizure in their lifetime, and approximately 7,900 children in Maryland currently have an active epilepsy diagnosis, there is only one nurse per 913 students. It is vitally important for school staff to know how to recognize and respond to a seizure should one occur in the classroom, school bus or specialized area. Quick response to a seizure is crucial and cannot wait for a nurse to arrive. It is not enough for school nurses to be the only ones with this training.

The Seizure Action Plan (SAP) Coalition was formed to educate people with epilepsy, their caregivers and healthcare professionals about seizure emergency rescue protocols and the importance of personalized seizure action plans. The partnering organizations include the <u>Dravet Syndrome Foundation (DSF)</u>, <u>Lennox-Gastaut Syndrome (LGS) Foundation</u> and <u>TSC Alliance®</u>. The mission of DSF is to aggressively raise funds for Dravet syndrome and related epilepsies; support and fund research; increase awareness; and provide support to affected individuals and families. The LGS Foundation is a nonprofit organization dedicated to improving the lives of those impacted by LGS through research, education and family support programs. The TSC Alliance is an internationally recognized nonprofit dedicated to finding a cure for tuberous sclerosis complex, while improving the lives of those affected.

SB.299 will ensure all school personnel have some familiarity with seizure recognition and in doing so will make all our children safer in their school environments. Twelve other states have passed similar bills, and many other states will follow. We appreciate the state of Maryland leads by example. We stand with the Epilepsy Foundation in supporting this legislation.

Sincerely, Dravet Syndrome Foundation Lennox-Gastaut Syndrome Foundation TSC Alliance









Seizure Action Plans save lives Do you have one?

Additional Organizations Signing on to this Letter:

Alliance for Genetic Etiology in Neurodevelopmental Disorders and Autism Autism Science Foundation Batten Disease Support and Research Foundation **BPAN** Warriors CACNA1A **CFC** International Child Neurology Foundation Coalition to Cure CHD2 COMBINEDBrain CureGRIN CureSHANK3 **DEE-P** Connections Doose Syndrome Epilepsy Alliance Dup15Q Alliance FamilieSCN2A **Glut1 Deficiency Foundation** Hope for HIE Hope for Hypothalamic Hamartomas International Foundation for CDKL5 Research

International SCN8A Alliance KCNQ2 Cure KIF1A.org Koolen-de Vries Syndrome Foundation Lightning and Love Foundation Malan Syndrome Foundation Mickie's Miracles NORSE Institute PACS1 Syndrome Research Foundation PCDH19 Alliance Phelan-McDermid Syndrome Foundation Ring 14 USA SLC6A1 Connect SNAP25 Foundation STXBP1 Foundation SynGAP Research Fund SynGAP1 Foundation Tbc1d24 Foundation **TESS Research Foundation** The Brain Recovery Project: Childhood Epilepsy Surgery Foundation The Cute Syndrome Foundation The Epilepsy Foundation Maryland









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