



# Board of Nursing

Larry Hogan, Governor · Boyd K. Rutherford, Lt. Governor · Dennis R. Schrader, Secretary

February 10, 2022

The Honorable Paul G. Pinsky  
Chair, Education, Health, and Environmental Affairs Committee  
2 West, Miller Senate Office Building  
Annapolis, MD 21401-1991

**RE: SB 513 – Health Occupations – Clinical Nurse Specialists – Prescribing Authority – Letter of Support with Amendments**

Dear Chair Pinsky and Committee Members:

The Maryland Board of Nursing (the Board) respectfully submits this letter of support with amendments for SB 513 – Health Occupations – Clinical Nurse Specialists – Prescribing Authority. This bill defines the terms “clinical nurse specialist” and “practice as a clinical nurse specialist” for the purpose of authorizing clinical nurse specialists to prescribe drugs and durable medical equipment under regulations adopted by the State Board of Nursing. This bill alters the definition of “authorized prescriber” for purposes of the Maryland Pharmacy Act. This bill additionally authorizes a licensed physician to personally prepare and dispense a prescription written by a clinical nurse specialist.

Clinical Nurse Specialists (CNSs) are advanced practice registered nurses (APRNs) who use their expertise to assess, diagnose, treat, and manage patients of all health complexities. CNSs must be licensed registered nurses (RNs) with graduate preparation (Master’s or Doctorate) from an accredited clinical nurse specialist program. The current standards of practice for CNSs allow them the flexibility to serve the pediatric, geriatric, and women’s health population; to practice in critical care or emergency room settings; to assess psychiatric evaluations or rehabilitation; to treat pain, wounds, and stress related illnesses.

According to the National Council of State Boards of Nursing (NCSBN), 39 states currently allow independent prescribing for the CNS<sup>1</sup>. A CNS must complete, at a minimum, three separate comprehensive graduate level courses to exercise prescribing and ordering responsibilities. These courses must include advanced health/physical assessment, advanced physiology/pathophysiology, and advanced pharmacology. Additional research into independent practice of the CNS specialty demonstrates the following outcomes: reduced hospital costs and length of stay, reduced frequency of emergency room visits, improved pain management

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<sup>1</sup> CNS Independent Prescribing Map. National Council of State Boards of Nursing (NCSBN). 2021.

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practices, increased patient satisfaction with nursing care, and reduced medical complications in hospitalized patients.<sup>2</sup>

The pandemic has brought many challenges into the healthcare setting, particularly for Marylanders in underserved communities. There have been incredible limitations for healthcare practitioners in being able to provide adequate and expeditious care. The Board believes it is essential to authorize CNSs to practice to the full extent of their education and training. Allowing CNSs the ability to practice independently and autonomously would provide an additional avenue amongst other solutions to increase access to healthcare services for all Marylanders.

Maryland Health Occupations Article Title 8 (Nurse Practice Act) currently authorizes multiple advanced practice registered nurse (APRN) designations to have prescriptive authority. The Board respectfully submits this amendment to broaden the bill language to encompass Title 8.

On page 3. Section 12-101. Lines 23 – 24.

“...advanced practice **REGISTERED** nurse with prescriptive authority under [~~§ 8-508 OR § 8-514~~] **TITLE 8** of this article...”

On page 4. Section 12-102. Lines 4 – 5.

“...**AN ADVANCED PRACTICE REGISTERED NURSE WITH PRESCRIPTIVE AUTHORITY UNDER [~~§ 8-508 OR § 8-514~~] TITLE 8** of this article...”

For the reasons discussed above, the Board of Nursing respectfully submits this letter of support with amendments for SB 513.

I hope this information is useful. For more information, please contact Iman Farid, Health Policy Analyst, at (410) 585 – 1536 ([iman.farid@maryland.gov](mailto:iman.farid@maryland.gov)) or Rhonda Scott, Deputy Director, at (410) 585 – 1953 ([rhonda.scott2@maryland.gov](mailto:rhonda.scott2@maryland.gov)).

Sincerely,



Gary N. Hicks  
Board President

**The opinion of the Board expressed in this document does not necessarily reflect that of the Department of Health or the Administration.**

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<sup>2</sup> Impact of the Clinical Nurse Specialist Role on the Costs and Quality of Health Care. National Association of Clinical Nurse Specialists (NACNS).