Education Advocacy Coalition

for Students with Disabilities

House Ways and Means Committee
HB 989: Public School Students—Daily Physical Activity
(Student Health and Fitness Act)
February 25, 2022
Position: Support

The Education Advocacy Coalition for Students with Disabilities (EAC), a coalition of approximately 40 organizations and individuals concerned with education policy for students with disabilities in Maryland, supports House Bill 989, which would require physical education and recess for all students in Maryland schools, including those with disabilities whose education is provided in accordance with an individualized education program (IEP).

Research indicates that regular physical activity, included in the school curriculum, produces physical, psychological and intellectual benefits. This is equally true for students with disabilities.

More than 100,000 students with disabilities are educated in Maryland's public schools. The Individuals with Disabilities Education Act (IDEA), the primary federal law governing the education of students with disabilities, requires the provision of a free appropriate public education in the least restrictive environment in which the student's needs can be met. Physical education, adapted if necessary, is required for children and youth aged three to 21 who require special education services.

We are pleased that HB 989 requires physical activity to be developmentally appropriate and that the bill addresses the needs of <u>all</u> students, including those with disabilities. We also appreciate that the bill prohibits routine denial of recess as a means of discipline. The EAC is pleased to support HB 989.

For more information or if questions, please contact Leslie Seid Margolis, Chairperson, at lesliem@disabilityrightsmd.org or 410-370-5730.

Respectfully submitted,

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