

Re: Senate Bill 362

Primary and Secondary Virtual Schools

OPPOSE

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### Testimony

Good afternoon,

I am writing in support of the ESMEC BVP.

This program has been a positive experience for my child. My son has ADHD. His health conditions improved as he started this program. As a BVP student he does not have to take his medicine anymore. (He needs to take his medication if he goes to school in person). No meds mean no side effects to him. When he had been taking medication, he suffered from short and interrupted 6 hours night sleep, loose of appetite, and spikes of aggression.

As a student of BVP, my son can manage his own schedule and takes the small brakes when he needs them. (Children with ADHD have a short attention span and can't sit still for a long period of time). The quality of his sleep approved a lot. Now he has no trouble to fall asleep and can go for 8-9 hours uninterrupted. He has a perfect appetite now. As a 5'8 tall 14 years old boy he finally was able to hit 100 pounds mark. His spikes of anger are gone as well.

As a student of BVP my child is able to learn and to be a part of educational system, but without taking medication. I am appreciated that. It is important to me, as a mother, to raise not only educated but also a healthy child.

I hope that my son will be able to continue his education as BVP student in the future.

Sincerely,

Maria Marysheva